red_meat	Would you say you eat red meat regular?
fish	Would you say you eat fish regularly?
poultry	Would you say you eat poultry regularly?
vegetables_daily	Do you eat vegetables daily?
fruit_daily	Do you eat fruit daily?
vegetable_freshness	Are your vegetables fresh?
fruit_freshness	Are your fruits fresh?
fried_foods	Would you say you eat fried food weekly?
over_eat	Would you say you eat until you are too full?
food_variety	Do you eat many different types of foods?
fast_eater	Are you a fast eater…are you the first one done at the table?
proper_potions	Would you say you eat the right amount?
eat_frequently	Do you eat out often?
daily_dessert	Do you eat a dessert most days?
whole_grain_breads	Do you prefer white bread over wheat or whole grain bread?

happiness	Are you a happy person?
smile_frequently	Do you smile often?
enjoy_daily_activities	Are your daily activities enjoyable?
faith	Do you believe that faith is important?
reached_potential	Have you reached your potential?
reach_goals_regularly	Do you reach your goals regularly?
have_inspiring_people	Do you have people who inspire you?
listen_to_music	Do you like to listen to music?
have_hobby	Do you have a hobby?
hours_tv_daily	Do you watch TV more than 5 hours daily?
read_books	Do you like to read books?
daily_newspaper	Do you read a daily newspaper?
watch_sporting_events	Do you like watching sporting events?
consider_news_negative	Do you consider the news too negative most days?
talk_with_friends	Do you like to talk with your friends?
talk_with_family	Do you enjoy family discussions?

happy_with_body_type	Are you happy with your body type?
happy_with_mirror_reflection	Do you like what you see in the mirror?
daily_exercise	Do you exercise daily?
weekly_exercise	Do you exercise weekly?
able_to_walk_distance	Are you able to walk 2 miles?
physical_limitations	Do you have a physical limitation to exercise?
understand_fitness	Are you clear about how to stay fit?
recent_operations	How many operations have you had in the last 5 years?
recent_medical_tests	How many medical tests have you had in the last 5 years?
chronic_medical_problems	Do you have 1 or more chronic medical problems?
desired_life_span	To what age would you like to live?

like_state_residence	Do you like the State you live in?
like_city_residence	Do you like the City you live in?
like_geographical_area	Do you like the geographical area you live in?
like_home	Do you like your house or apartment?
like_working_environment	Do you like your working environment?
prefer_different_home_environment	Do you wish your residential environment was different?
prefer_different_work_environment	Do you wish your working environment was different?
planning_move	Are you planning to move?
planning_job_change	Are you planning to change jobs?
planning_home_renovations	Are you planning renovations to your dwelling?

over_5_friends	Do you have more than 5 friends?
over_5_relatives	Do you have more than 5 relatives?
have_to_many_friends	Do you have too many friends?
have_to_many_relatives	Do you have too many relatives?
close_to_parents	Are you close to your parents?
close_to_aunts_uncles	Are you close to your aunts and uncles?
close_to_siblings	Are you close to your siblings?
close_to_inlaws	Are you close to your spouses family?

sleep_enough	Do you get enough sleep each night?
stay_up_late	Do you stay up late?
wake_during_night	Do you wake during the night?
comfartable_while_sleeping	Are you comfortable while sleeping most nights?
wake_rested	Do you wake refreshed?
take_naps	Do you take naps?
have_dreams	Do you dream?
remember_most_dreams	Do you remember most dreams?
comfortable_bed	Is your bed comfortable?
comfortable_pillow	Is your pillow comfortable?

```
self.name ||= "default"
```

currently_worried	Are you worried today?
worried_as_prior_year	Were you worried as much one year ago as today?
worry_future	Do you worry about your future?
worry_finances	Do you worry about finances?
worry_about_health	Do you worry about your health?
witness_politics	Do you like to witness politics in motion?
count_todays_worries	If you used your fingers to count…how many things worry you today?
easy_life	Is life easy?
	Is life hard?

```
self.red_meat  ||= 0
self.fish  ||= 0
self.poultry  ||= 0
self.vegetables_daily  ||= 0
self.fruit_daily  ||= 0
self.vegetable_freshness  ||= 0
self.fruit_freshness  ||= 0
self.fried_foods  ||= 0
self.over_eat  ||= 0
self.food_variety  ||= 0
self.fast_eater  ||= 0
self.proper_potions  ||= 0
self.eat_frequently  ||= 0
self.daily_dessert  ||= 0
self.whole_grain_breads  ||= 0
self.  ||= 0
self.  ||= 0
self.  ||= 0
self.  ||= 0
self.  ||= 0
self.  ||= 0
self.happiness  ||= 0
self.smile_frequently  ||= 0
self.enjoy_daily_activities  ||= 0
self.faith  ||= 0
self.reached_potential  ||= 0
self.reach_goals_regularly  ||= 0
self.have_inspiring_people  ||= 0
self.listen_to_music  ||= 0
self.have_hobby  ||= 0
self.hours_tv_daily  ||= 0
self.read_books  ||= 0
self.daily_newspaper  ||= 0
self.watch_sporting_events  ||= 0
self.consider_news_negative  ||= 0
self.talk_with_friends  ||= 0
self.talk_with_family  ||= 0
self.  ||= 0
self.  ||= 0
self.  ||= 0
self.happy_with_body_type  ||= 0
self.happy_with_mirror_reflection  ||= 0
self.daily_exercise  ||= 0
self.weekly_exercise  ||= 0
self.able_to_walk_distance  ||= 0
self.physical_limitations  ||= 0
self.understand_fitness  ||= 0
self.recent_operations  ||= 0
self.recent_medical_tests  ||= 0
self.chronic_medical_problems  ||= 0
self.desired_life_span  ||= 0
self.  ||= 0
self.  ||= 0
```

```
self.  ||= 0
self.like_state_residence  ||= 0
self.like_city_residence  ||= 0
self.like_geographical_area  ||= 0
self.like_home  ||= 0
self.like_working_environment  ||= 0
self.prefer_different_home_environment  ||= 0
self.prefer_different_work_environment  ||= 0
self.planning_move  ||= 0
self.planning_job_change  ||= 0
self.planning_home_renovations  ||= 0
self.  ||= 0
self.  ||= 0
self.  ||= 0
self.  ||= 0
self.over_5_friends  ||= 0
self.over_5_relatives  ||= 0
self.have_to_many_friends  ||= 0
self.have_to_many_relatives  ||= 0
self.close_to_parents  ||= 0
self.close_to_aunts_uncles  ||= 0
self.close_to_siblings  ||= 0
self.close_to_inlaws  ||= 0
self.  ||= 0
self.  ||= 0
self.sleep_enough  ||= 0
self.stay_up_late  ||= 0
self.wake_during_night  ||= 0
self.comfartable_while_sleeping  ||= 0
self.wake_rested  ||= 0
self.take_naps  ||= 0
self.have_dreams  ||= 0
self.remember_most_dreams  ||= 0
self.comfortable_bed  ||= 0
self.comfortable_pillow  ||= 0
self.  ||= 0
self.  ||= 0
self.  ||= 0
self.currently_worried  ||= 0
self.worried_as_prior_year  ||= 0
self.worry_future  ||= 0
self.worry_finances  ||= 0
self.worry_about_health  ||= 0
self.witness_politics  ||= 0
self.count_todays_worries  ||= 0
self.easy_life  ||= 0
self.  ||= 0
```