Table 5
The functional comorbidity index

1	Arthritis (rheumatoid and osteoarthritis)
2	Osteoporosis
3	Asthma
4	Chronic obstructive pulmonary disease (COPD), acquired respiratory distress syndrome (ARDS), or emphysema
5	Angina
6	Congestive heart failure (or heart disease)
7	Heart attack (myocardial infarct)
8	Neurological disease (such as multiple sclerosis or Parkinson's)
9	Stroke or TIA
10	Peripheral vascular disease
11	Diabetes types I and II
12	Upper gastrointestinal disease (ulcer, hernia, reflux).
13	Depression
14	Anxiety or panic disorders
15	Visual impairment (such as cataracts, glaucoma, macular degeneration)
16	HearingiImpairment (very hard of hearing, even with hearing aids)
17	Degenerative disc disease (back disease, spinal stenosis, or severe chronic back pain)
18	Obesity and/or body mass index >30 (weight in kg/height in meters^2)
	height_____(cm or inches?)
	weight_____(kg or lbs?) BMI =

Abbreviations: TIA, transient ischemic attack.