

CORNWALL|365

Find & Seek in Cornwall: Itinerary & Experience Suggestions

**BUDE &
NORTH CORNWALL**
PORTH BUD HA'N
TIREDH UGHEL
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Drawn by/Delinys gans Keith Sparrow

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Bude & North Cornwall

Food & Drink

[The Beach House](#) – restaurant, bar, music and private beach access
[Bude Brewery](#) – an independent brewery with a shop and events

Outdoor & Adventure

[Bude Canoe Experience](#) - Canoeing on The Bude Canal, Roadford Lake, Tamar Lake & River Torridge
[Walk Bude](#) – a selection of countryside & coastal walks around Bude
[Shoreline Extreme Sports](#) – coasteering, kayaking, surfing and more!
[Segway Bude](#)
[Tamar Lakes Country Park](#)

Art & Craft

[Cornish Rock Tors](#) – wild swimming, coasteering sea kayaking

[Tintagel Pottery](#) - Traditional ceramic pottery
[Pottery Box](#)- small secluded artist studio, offering workshops
[Atlantic Glass Workshop](#)- workshop, studio and shop.

Heritage & Culture

[Museum of Witchcraft](#) - a museum dedicated to European witchcraft and magic in Bosccastle
[Tintagel Castle](#) - history, myths and stunning scenery
[The Arthurian Centre](#) – a centre dedicated to telling the stories of King Arthur

Performance

[The Crackington Institute](#) – village hall venue with regular events

[Miss Ivy Events](#) - The South West's leading organiser of vintage, lifestyle, pet and artisan events

For accommodation listings & inspiration, please contact [Visit Cornwall](#) & [The Islands' Partnership](#)
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LAUNCESTON & EAST CORNWALL LANNSTEVEAN HA KERNOW EST C|365



Launceston & East Cornwall

Outdoor & Adventure

[New Mills Farm Park](#) – fun family day out at the final stop of the Launceston Steam Railway

[Tamar Otter & Wildlife Centre](#) - 19 acres of landscaped grounds with otters, deer and birds of prey

[Hidden Valley Discovery Park & Gardens](#) – family attraction with a treasure hunt, play area, Forbidden Mansion and more!

Performance

[Sterts Theatre](#) - a natural amphitheatre covered by a giant tent

Art & Craft

[Lakeside Gallery](#) - features the art of Linda and Roger Garland

[Cowslip Farm](#) - Specialising in arts and crafts workshops and classes with fabrics, textiles

and pottery. Cowslip is a working organic farm, with an award winning café, shop and accommodation.

[Calstock Arts](#) - A community arts centre located in a beautifully converted Chapel on the banks of the River Tamar

Food & Drink

[Coombeshead Farm](#) - guesthouse, restaurant and bakery set in grounds and woodlands.

Heritage & Culture

[Launceston Steam Railway](#) - train rides through the unspoilt countryside plus a café and museum onsite

[Dingles Fairground Heritage Centre](#) - fairground rides, games, stalls and displays
[Daphne du Mauriers Smugglers Museum](#) - smuggling artefacts and information

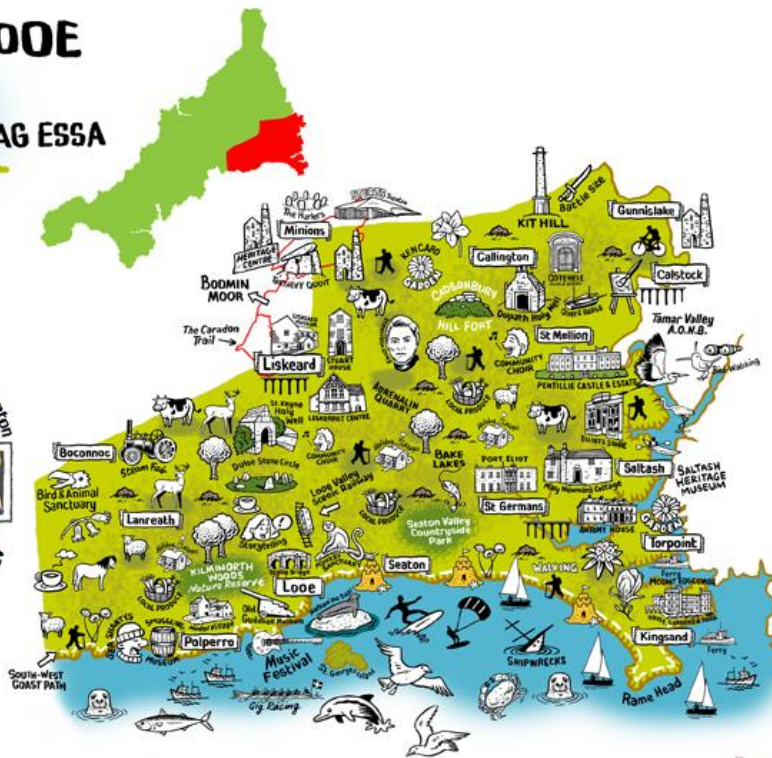
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LISKEARD, LOOE & SALTASH LYSKERRYS, LOGH HAG ESSA

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Liskeard, Looe & Saltash

Food & Drink

[The Sardine Factory](#), Looe- sustainably sourced seafood restaurant and café
[Langmans Restaurant](#)- Gourmet Michelin starred restaurant in Callington
[Couch's Great House](#), Polperro- Fine dining bistro restaurant

Outdoor & Adventure

[Polmartin Riding School](#) – unique horse riding experiences and lessons
[The Monkey Sanctuary, Looe](#) – the home of a large colony of rescued woolly monkeys
[Polperro Model Village](#) - a true village in miniature!
[Cotehele](#) - Tudor house with superb collections, garden, quay and estate.

Performance

[Carnglaze Caverns](#) – family day out with underground caverns, magical woodland walks and a performance venue

Art & Craft

[Painters- Craft Box](#)- Liskeard. supplies art and craft materials and run regular workshops and classes in their studios.
[The Glass Shack](#)- Looe, Glass fusing studio and workshops

Heritage & Culture

[Mount Edgcumbe Country Park](#) – house and gardens to explore plus the lovely [Stables Cafe](#)
[Antony House](#) - 18th-century National Trust house in Cornwall and still home to the Carew Pole family

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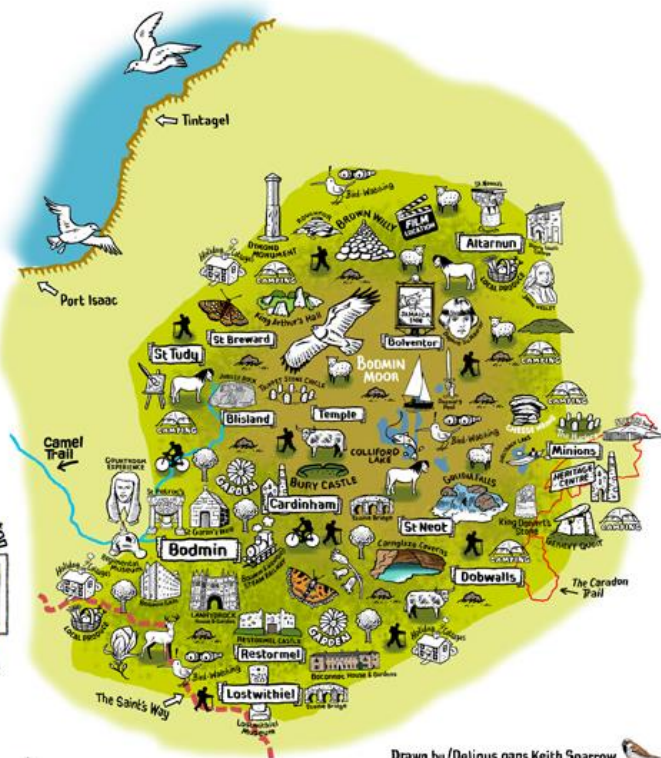
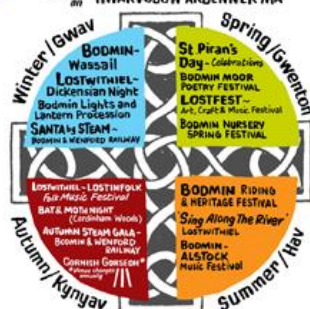
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BODMIN & BODMIN MOOR BOSVENA HA GOON BRENN

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Look For these SPECIAL EVENTS
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Bodmin & Bodmin Moor

Food & Drink

[Camel Valley Vineyard](#) (near Bodmin) – award winning wine, tastings, tours & holiday cottages on site.

[St Kitts Herbery](#) – a shop full of deliciously scented, herbal toiletries and chocolate, a cocktail & coffee bar and group visits to the herbery.

[Jamaica Inn](#) - Cornwall's most famous smugglers inn offering unique accommodation

Outdoor & Adventure

[Cardinham Woods](#) – walking and cycling trails, bike hire, plus the fabulous [Woods Cafe](#)

[Pencarrow House and Gardens](#) – a Georgian house with 50 acres of Grade 2* Listed Gardens

[intoBodmin](#) - A cultural partnership, promoting Bodmin as an attractive, engaging and inspirational town in the heart of Cornwall

Performance

[Sterts Theatre and Arts Centre](#) - Amphitheatre and café

Art & Craft

[Lyner Valley](#) - on the edge of Bodmin Moor, the valley holds a large amount of artists, handmade Cornish arts and crafts, local markets and produce.

Heritage & Culture

[Bodmin & Wenford Railway](#) - A heritage steam railway that runs for six and a half miles and holds regular events

[Cornwall's Regimental Museum](#) –authentic Grade II listed Victorian Army Keep with objects spanning over 300 years of Cornish military life

[Bodmin Jail](#) - one of Cornwall's top historical sites

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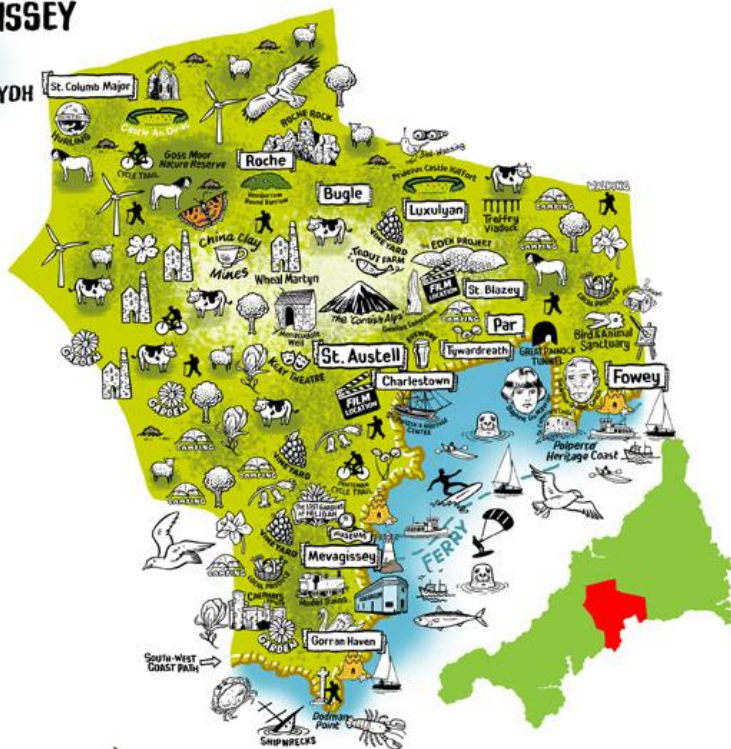
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St Austell, Mevagissey & Fowey

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St Austell, Mevagissey & Fowey

Food & Drink

[Knightor Winery](#) – a working winery with tastings, tours and events

[Colwith Farm Distillery](#) – Cornwall's first plough to bottle distillery

[St Austell Brewery Visitor Centre](#)

Outdoor & Adventure

[The Lost Gardens of Heligan](#) - world-renowned restored productive gardens and pleasure grounds

[Fowey to Mevagissey Ferry](#)

[The Eden Project](#) – a family day out with the largest indoor rainforest in the world

[Pinetum Gardens](#) - a place of tranquillity, peace and remarkable garden scenery

Performance

[St Austell Arts Theatre](#) - Arts centre venue for music and performances

Art & Craft

[Cornwall School of Art, Craft and Jewellery](#) - Offers a large range of classes and workshops.

[St Austell Arts Centre](#) - 144-seat theatre putting on a year-round programme of professional and community events

Heritage & Culture

[Mevagissey Museum](#) - three floors of exciting and diverse exhibits, including a kids trail and changing themed exhibits

[Caerhays Castle & Estate](#) – beautiful castle and gardens in St Austell

[Charlestown Shipwreck Centre](#)

[Wheal Martyn Museum](#) - The UK's only China Clay mining experience

[Lanhedrock](#) – country house & estate with walks & tasty treats at the Park Cafe

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NEWQUAY, PADSTOW & WADEBRIDGE

TEWYNBLUSTRI, LANNWEDHENEK
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Newquay, Padstow, Wadebridge

Food & Drink

[Trevibban Mill Vineyard & Orchards](#) (near Padstow) - tours, wine tastings & exceptional food.

[Rick Stein Cookery School](#) - Day and evening workshops covering all aspects of cooking
[Newquay Community Orchard](#) – multifunctional communal green space

Outdoor & Adventure

[Newquay Activity Centre](#) - SUP (stand up paddle boarding) and coastal experiences
[Soul Somatics](#) - SUP (stand up paddle boarding) Yoga
[Lusty Glaze Beach](#) - a secluded cove with live music and events
[Old Hill Mountain Bike Park](#) – a new family friendly biking destination
[The Padstow Mystery Treasure Trail](#)
[The Japanese Garden](#)
[Newquay Zoo](#) - home to more than 1,000 of the world's rare and exciting creatures

Performance

[Lane Theatre](#) - a unique venue in the seaside town of Newquay, providing live theatre and entertainment

Heritage & Culture

[Lappa Valley Steam Railway](#)

Art & Craft

[Hawksfield Cornwall](#) – a creative hotspot with a gallery, shops, events, a café and more
[Endelienta](#) - A year-round programme of classical, folk and jazz concerts, workshops, visual art exhibitions, festivals and reflective days
[AFC Fairs](#)- regular antique and craft fairs

Destination

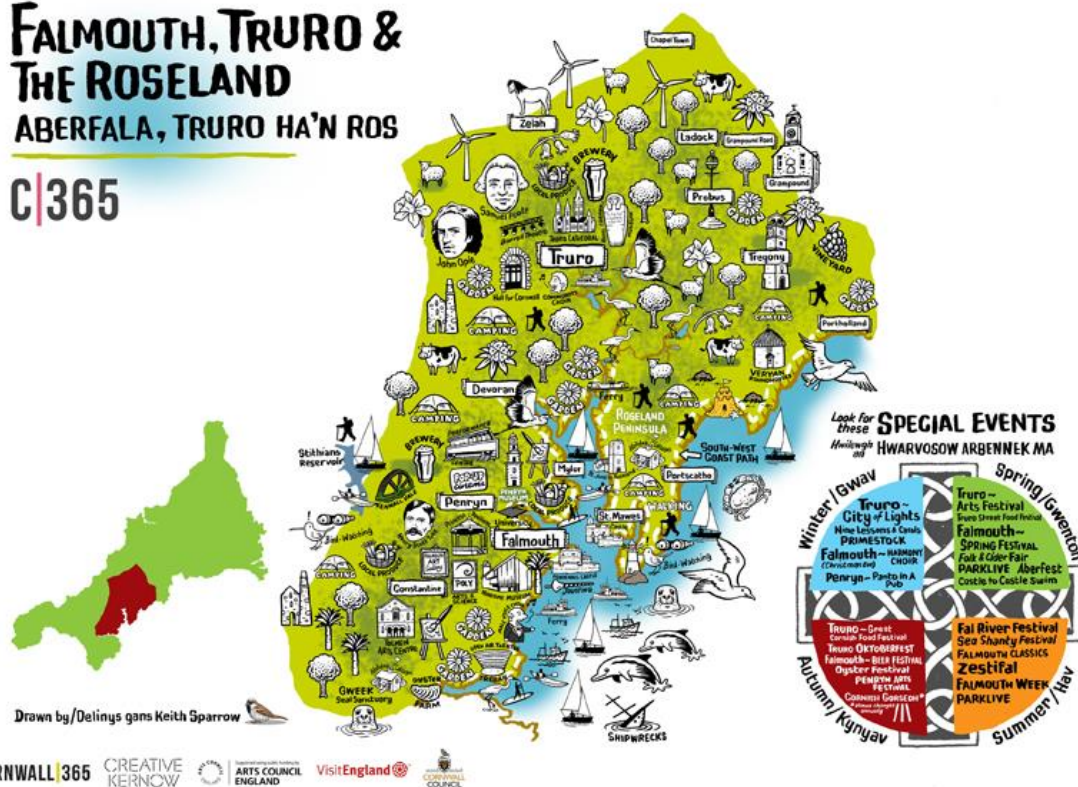
[Bedruthan Hotel & Spa](#) - hotel and spa with regular creative courses and workshops

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FALMOUTH, TRURO & THE ROSELAND ABERFALA, TRURO HA'N ROS C|365



Falmouth, Truro & the Roseland

Food & Drink

[Nancarrow Farm](#) – an organic farm with events, private dining & feast nights
[Potager Garden](#) - Garden, plant nursery and restaurant. All food is freshly grown and produced on the premises.

Outdoor & Adventure

[Orca Sea Safaris](#)

[Argal Lake](#)

Must visits: [Trebah Garden](#), [Glendurgan](#) and [Trelissick](#)

Performance

[Princess Pavilion Falmouth](#) – performance venue with regular events

[Hall for Cornwall](#) – major theatre (reopens 2020)

[Truro Cathedral](#) - a central hub for Truro events including arts, learning and music

[Old Bakery Studios](#) - Truro's multi-purpose pop up arts venue by the river

[AMATA](#) – university performance centre

[The Tolmen Centre](#) - Volunteer-run arts centre

[The Poly](#) - 19th-century cultural centre with 4 galleries, for live performances, films and art exhibitions

Art & Craft

[John Howard Print](#) - workshops and studio

[Cornish Agate Beachcombing Experience](#) - geology expedition and turn your finds into jewellery

[The Guild of Ten](#)

[Falmouth Art Gallery](#)

Heritage & Culture

[Pendennis Castle](#)

[National Maritime Museum Cornwall](#)

[Royal Cornwall Museum](#)

[St Mawes Castle](#) - English Heritage site and among the best-preserved of Henry VIII's coastal artillery fortresses

Destination

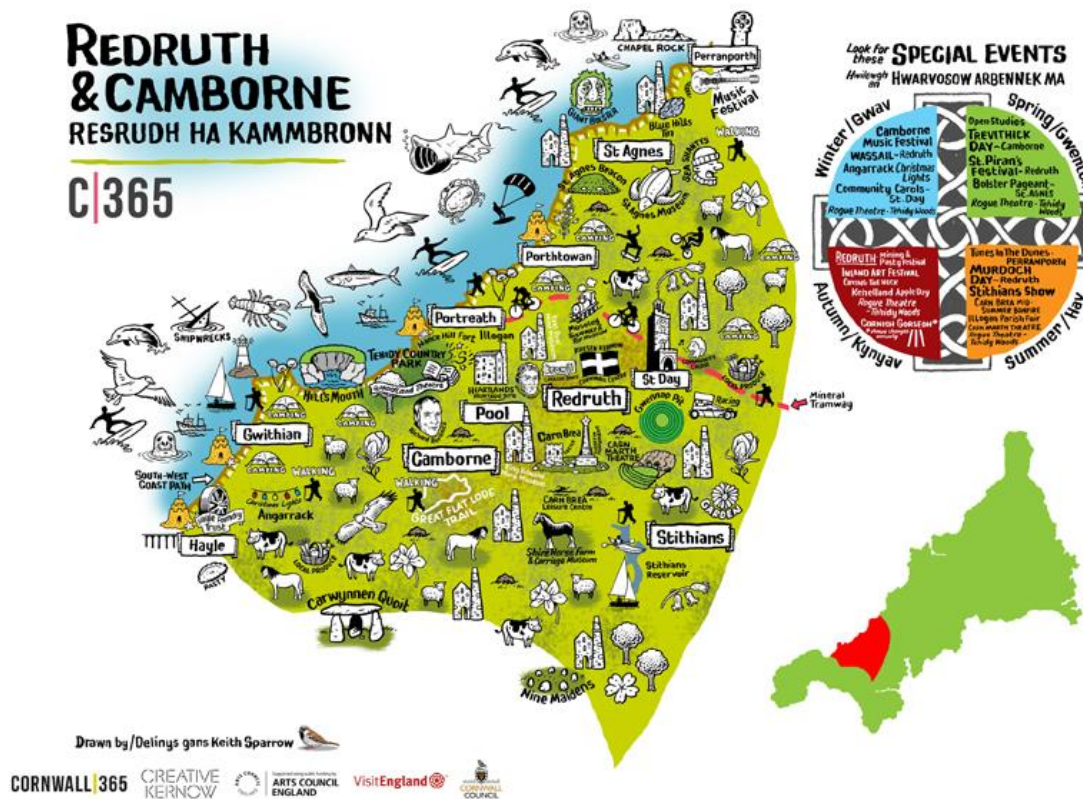
[Jubilee Wharf, Penryn](#) - Art, shopping, [Muddy Beach café](#) and more!

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Redruth & Camborne

Food & Drink

[Woodfired Canteen](#)

[Healeys Cornish Cyder Farm](#) – family day out with cider tasting, tours, a museum & jam factory!

[Trevaskis Farm](#) - Farm shop, restaurant, walks and pick-your-own fruit.

Outdoor & Adventure

[Mineral Tramways](#)

[Koru kayaking](#)

[King Edward Mine](#) – museum, walks and

[The Croust Hut](#) café

[Carn Marth Amphitheatre](#)- open air theatre venue and countryside walks

[Stithians Lake Country Park](#)

Performance

[Regal Redruth](#) – cinema and live performance venue

[Rogue Theatre](#) - outdoor theatre experiences

[Mount Pleasant Ecological Park](#) - Sustainable community space in the heart of Cornwall

[Driftwood Spas](#) - Pub, restaurant, microbrewery and performance venue

Art & Craft

[Kiwi Print Studio & Workshop](#) – screenprinting workshops in Camborne

[Krowji, Redruth](#) - Cornwall's largest creative hub with studios and a café

Culture & Heritage

[Heartlands](#) - Free, family-friendly 19-acre site with mining attractions, botanical gardens and a beamed cafe

[Cornwall Gold](#)

[East Pool Mine](#) - Cornish Mining World Heritage Site

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Helston & The Lizard Peninsula

Food & Drink

[Roskilly's](#) - organic dairy farm where you can meet the animals & taste their incredible ice cream!

[New Yard Restaurant](#) - restaurant on a 1000 acre estate. It also holds self-catering cottages, a walled garden with a spa, a craft centre selling locally produced arts and crafts and the [Lizard Art Gallery](#).

Outdoor & Adventure

[Cornish Seal Sanctuary](#) - a sanctuary for injured seal pups set in the picturesque Helford Estuary

[Flambards](#) - Theme park offering family fun and exhibitions and sky high thrill rides

Performance

Art & Craft

[Kestle Barton](#) - ancient Cornish farmstead converted into an elegant gallery

[Trelowarren Craft Centre](#)- exhibition and retail space for [Cornwall Craft Association](#) since 1978 situated within a Georgian stable block on the Trelowarren estate.

[CAST, Helston](#) – offers a range of events & workshops plus has a café onsite

Heritage & Culture

[Poldark Mine](#)

[Helston Museum](#)

[Lizard Lighthouse Heritage Centre](#)

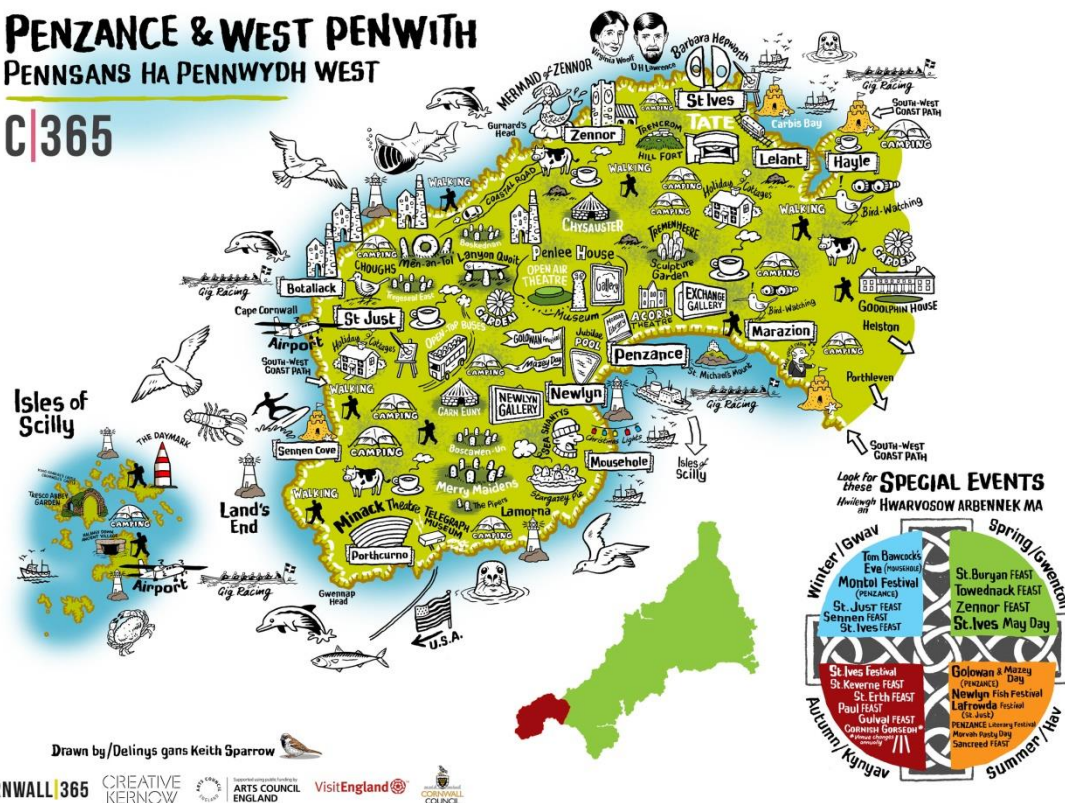
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PENZANCE & WEST PENWITH PENNSANS HA PENNWDYH WEST

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Penzance & West Penwith

Food & Drink

[Polgoon Vineyard & Orchard](#) -

[Fat Hen Foraging tours](#)

Outdoor & Adventure

[St Michael's Way](#)

[Tremenheere Sculpture Gardens](#)

[Jubilee Pool Penzance](#)

[Trenwainton Garden](#) - A country house and garden under the ownership of the National Trust just outside Penzance.

Heritage & Culture

[St Michael's Mount](#) - Beautiful national trust attraction, castle situated atop an island only accessible at low tide, directly across from Marazion.

[Telegraph Museum Porthcurno](#)

[Geevor Tin Mine](#) - An interactive and immersive experience that allows visitors to go underground and gain an insight into Cornwall's mining heritage.

[Lands End Visitors Centre](#) - Situated on the most westerly point of England this centre offers an entertaining day out for the whole family.

Performance

[Minack Theatre](#) - World renowned open air theatre, dramatically carved into the cliff, with views across Porthcurno Bay.

[Penlee Park Open Air Theatre](#) - Set within Penlee Park in Penzance a tranquil open air theatre that seats an audience of 300.

[The Acorn Penzance](#) - a successful performance and events venue.

[St Ives Guildhall](#) - multi-purpose venue in the heart of town offering entertainment all year round

Art & Craft

[Tate St Ives](#) - One of only four Tate's in England, Tate St Ives exhibits a broad range of modern British artwork.

[Newlyn Art Gallery & The Exchange](#)

[Penlee House Gallery & Museum](#)

[Leach Pottery](#) - Founded in 1920 by Bernard Leach the influential and world famous potter, offers a charity funded museum, gallery, studio and shop.

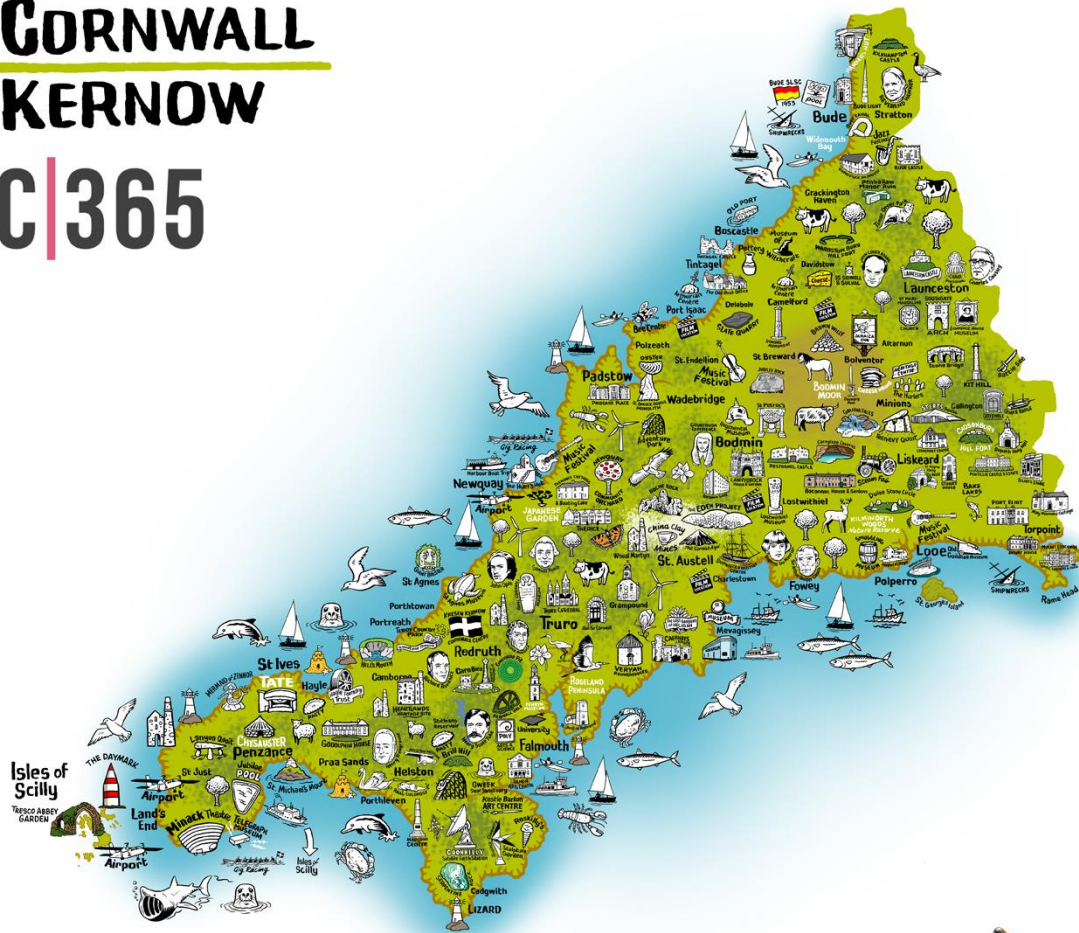
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Food & Drink

[Cornish Wine Tours](#)
[Wild Tipi Feast nights](#)

Heritage & Culture

[Poldark Tours](#)
[C Fylm](#) - Cornwall's film club network
[Cornwall Museums Partnership](#)

Outdoor & Adventure

[Kneehigh Theatre Walk With Me](#)
[Sea Swim Cornwall](#) – Open water swimming holidays
[South West Coast Path](#)
[Cornwall Mining World Heritage Site](#) - the largest industrial World Heritage Site in the UK

Performance

[Miracle Theatre](#) - original, inventive theatre
[Kneehigh Theatre](#)
[Bashstreet Theatre](#)
[Carn to Cove](#) – rural touring scheme, filling village halls and community centres with theatre, dance, poetry and comedy
[Island Cinema](#) – Isles of Scilly outdoor cinema bringing you a unique cinematic experience under the starry Scilly skies
[Wildworks](#) - landscape theatre company

Art & Craft

[Open Studios Cornwall](#) - Artists and craftspeople all over Cornwall throw open the doors to their studios for a week

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