Dinner Serves 10 No Red Meat

## Garlic Chicken Parmesan

## Ingredients

• 3 lb chicken breast

• 3 baby red potatoes

• 10 cloves garlic

• 4 tbsp Irish butter

• 4 tbsp fresh thyme

• 4 tbsp fresh chopped parsley

• freshly grated Parmesan

• olive oil

## Instructions

Procure a medium-large crock-pot and a medium to large skillet.

- 1. Cut the chicken into pieces smaller than a fist, then season the pieces with salt and pepper.
- 2. Heat 1 to 2 tbsp of olive oil in the skillet on medium-high heat.
- 3. Sear the chicken on all sides until golden brown. About 3 minutes per side.
- 4. Wash and quarter the potatoes. Chop the garlic and parsely. Pull the leaves from the thyme. Add all to crock-pot.
- 5. Add the chicken, butter, 4 heaping the of grated parmesan, and 4 the of oil to the crock-pot and season generously with salt and pepper. Mix everything together.
- 6. Set the crock-pot pot to low and cook for 8 hours, occasionally stirring. Alternatively, set to high for 4 hours.
- 7. Garnish with parmesan to taste and serve.