Breakfast Serves 1

## Mug Pancake

## Ingredients

- 26 grams salted butter
- 20 grams white granulated sugar
- 60 grams milk
- 50 grams all purpose flour
- 1/2 tsp baking powder
- 1/4 tsp vanilla extract (optional)

## Instructions

Procure a 12 fl. oz., microwave safe coffee mug and a sufficiently precise digital scale. For best results, the measurements in this recipe must be followed very precisely.

- 1. Add the butter to the mug and microwave until completely melted—about 40 seconds in a 1000 W microwave.
- $2.\,$  Add all other ingredients to the mug and mix until just combined. Do not over mix.
- 3. Separate batter from the mug by scraping the bottom and sides with a rubber spatula.
- 4. Tap mug on counter once or twice to settle the batter.
- 5. Microwave uncovered for 1 minute to 1 minute 30 seconds. Do not overcook.
- 6. Let cool and then serve hot, optionally with honey, maple syrup, or butter on top.