



Hermes Astrology

# The Way of the Superior Man and Astrology

Living from Purpose, Presence, and Polarity

David Deida's *The Way of the Superior Man* has become a modern spiritual classic — a guide not just for men, but for anyone seeking to live with purpose, integrity, and depth. Deida's teachings revolve around one fundamental idea: **to live as a fully awakened being, you must live from your deepest truth** — not from fear, comfort, or societal expectation.

Astrology, when understood as the language of the soul, perfectly complements this teaching. It maps the *energies we embody, the desires we must master, and the direction of our evolution*. By blending Deida's wisdom with astrology, we can see how the birth chart reveals our personal path toward *spiritual mastery, sexual integrity, and purpose-driven living*.

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## 1. The Masculine Path and the Sun: Living from Purpose

At the heart of Deida's philosophy is the idea that the "masculine" essence — in both men and women — is driven by purpose. A superior man lives for his mission first; everything else flows from that center. In astrology, this core is symbolized by the ☽ **Sun** — the radiant source of vitality, will, and meaning.

The Sun in the chart represents your *life direction and creative essence*. When you live aligned with your Sun, you radiate confidence and authenticity. When disconnected from it, you drift into confusion, apathy, or dependence on external validation.

- A **Leo Sun** expresses purpose through creativity and leadership.
- A **Capricorn Sun** finds meaning through mastery and responsibility.
- A **Pisces Sun** channels purpose through compassion and spiritual service.

Deida writes:

"A man's purpose must come before his relationship. If a man gives up his purpose, he stops being masculine."

In astrology, this means that to embody your Sun — to live your chart fully — is to live your purpose. Without it, all other aspects of life lose depth and direction.

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## 2. Mars and Desire: The Power of Directional Energy

Deida emphasizes that masculine energy is directional — it wants to *penetrate the world with consciousness*. In astrology, this drive is represented by ♂ **Mars**, the planet of action, desire, and willpower.

Mars shows how you pursue goals, handle conflict, and channel your sexual energy. It represents *raw life force* — the same energy that fuels both ambition and intimacy.

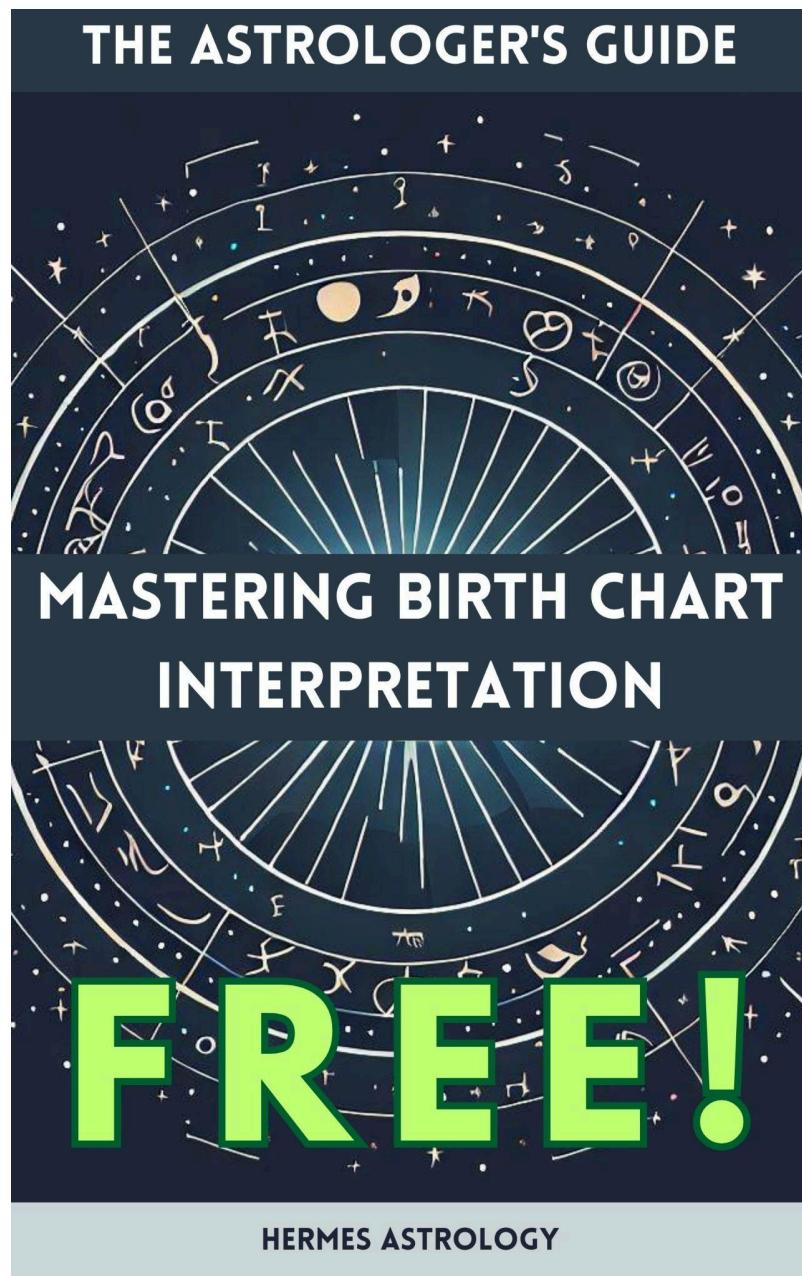
- **Mars in Aries** acts with courage and directness.
- **Mars in Scorpio** seeks intensity, transformation, and depth.
- **Mars in Libra** learns balance between assertion and harmony.

When Mars is suppressed, we lose our vitality and clarity. When it's overexpressed, we fall into aggression or domination. Deida's teaching is to *master* this energy — not to repress or indulge it, but to refine it into conscious power.

“Your lust is not the problem; your lack of awareness is.”

In astrological terms, that awareness comes from integrating Mars with Mercury (mind), Venus (love), and the Sun (purpose).

FREE BOOK



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<https://hermesastrology.substack.com/p/your-free-book>

### 3. Venus and the Feminine: The Art of Polarity

Deida teaches that love, intimacy, and sexual attraction are built on **polarity** — the magnetic dance between masculine and feminine energies. This is not about gender, but energy dynamics: one side embodies presence, the other openness; one penetrates, the other receives.

In astrology, ♀ **Venus** represents the feminine principle — love, receptivity, sensuality, beauty, and emotional magnetism. The interplay of **Venus and Mars** in the birth chart describes how we create and maintain polarity in relationships.

- A person with strong **Venus** energy may crave harmony, romance, and emotional closeness.
- A person with strong **Mars** energy seeks challenge, passion, and intensity.
- Balanced Venus–Mars aspects often indicate natural sexual chemistry and creative dynamism.

Deida's superior man learns to meet the feminine (Venus energy) not with fear or control, but with presence and respect. He honors her fluidity and emotion without losing his own center. This is the spiritual dance Venus and Mars have played in every myth — from Shiva and Shakti to Aphrodite and Ares.

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### 4. The Moon and Emotional Awareness

Deida emphasizes that emotional presence is the foundation of masculine maturity. Without it, the masculine becomes rigid, reactive, or emotionally unavailable. In astrology, the ☽ **Moon** symbolizes emotional intelligence, vulnerability, and instinctive response.

Your Moon sign reveals what makes you feel safe and how you process emotion:

- **Moon in Cancer** needs nurturing and empathy.

- **Moon in Capricorn** values control and structure.
- **Moon in Sagittarius** seeks freedom and meaning.

A “superior man,” in Deida’s sense, learns to *feel deeply without being ruled by feeling*. This is lunar mastery: to be emotionally attuned yet grounded — to hold space for your own emotions and those of others without losing balance.

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## 5. Saturn and Integrity: The Discipline of Conscious Living

Deida teaches that spiritual growth requires discipline — the consistent practice of presence, purpose, and integrity. This echoes the astrological lessons of **♄ Saturn**, planet of mastery, boundaries, and responsibility.

Saturn’s placement in the chart shows where we face life’s greatest tests — where we must mature and develop true strength.

- **Saturn in the 10th house** demands integrity in work and purpose.
- **Saturn in the 7th** tests us through relationships and boundaries.
- **Saturn in the 5th** requires disciplined self-expression and creativity.

Deida’s insistence that a man stand firm in his truth — even when it’s uncomfortable — is pure Saturnian wisdom. Saturn rewards those who persist through discomfort to embody inner authority. The superior man, in astrology, is Saturn integrated: self-responsible, grounded, and unshakable in truth.

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## 6. Pluto and the Shadow: Transforming Sexual Energy

In *The Way of the Superior Man*, Deida dives into the raw power of sexual desire — how it can enslave or enlighten. This is the domain of **♃ Pluto**, planet of transformation, death, and rebirth.

Pluto in the chart shows where we face our deepest desires and fears — where we must confront the unconscious and reclaim our power.

- **Pluto in Scorpio** intensifies passion, power struggles, and the call for deep intimacy.
- **Pluto in Libra** transforms through relationships.
- **Pluto in Virgo** purifies the body and mind connection.

Deida's teaching mirrors Pluto's process: sexual energy is sacred power. When unconscious, it controls us. When transformed, it becomes fuel for spiritual awakening. This is tantric astrology — Mars' energy fused with Pluto's depth and the Sun's awareness.

“A superior man channels his sexual energy into love, presence, and creation.”

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## 7. The North Node: Evolving into Your Higher Masculine or Feminine

Astrologically, the ☽ **North Node** represents the soul's evolutionary direction — where we are learning to grow beyond old patterns. In Deida's terms, this is the movement from reactive masculinity (driven by ego and fear) toward *embodied presence and service*.

- **North Node in Aries:** developing courage and independence — leading with heart.
- **North Node in Libra:** learning partnership and emotional intelligence.
- **North Node in Capricorn:** mastering self-discipline and responsibility.
- **North Node in Leo:** learning to express authentic confidence and warmth.

The superior man is one who continually moves toward his North Node — not because he seeks perfection, but because he seeks *truthful expansion*.

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## 8. The Spiritual Axis: Sun–Moon Integration

Deida's teachings ultimately point toward *wholeness*: integrating masculine purpose (Sun) with feminine openness (Moon). In astrology, this is the sacred polarity within every chart — the dance between doing and being, consciousness and feeling, light and shadow.

When the Sun and Moon are in harmony, we act with alignment; when they conflict, we feel divided between head and heart.

Living as a “superior man” means bringing these two into union — embodying clarity without coldness, empathy without weakness.

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## Conclusion: The Superior Man as the Awakened Astrologer of His Own Soul

David Deida's *The Way of the Superior Man* and astrology both point toward the same truth: **mastery begins within**. Your chart is not your fate; it's your energetic instruction manual — the terrain through which you learn to embody presence, power, and purpose.

- The **Sun** teaches you to live your truth.
- **Mars** teaches you to act with courage.
- **Venus** teaches you to love without losing yourself.
- **The Moon** teaches you to feel without fear.
- **Saturn** teaches you to live with integrity.
- **Pluto** teaches you to transform desire into awakening.
- **The North Node** shows the direction of your evolution.

To live “the way of the superior man” is to live your chart consciously — to meet life not with resistance, but with full-hearted engagement.

“Live as if your father were dead,” Deida writes — meaning, live from your own authority.

In astrology, that means becoming the ruler of your own chart: not the victim of your transits, but the conscious co-creator of your destiny.

## About the Author

Welcome to Hermes Astrology, where precision and meticulous attention to detail are the cornerstones of our practice. We believe that in the intricate dance of the cosmos, the smallest nuances can hold profound significance. Our commitment to accuracy and detail ensures that every insight and revelation we offer is a reflection of the celestial intricacies that shape your life.

### Our Approach

At Hermes Astrology, we take pride in our unwavering dedication to providing you with the most precise and comprehensive astrological guidance. Our approach involves a deep dive into the cosmos, meticulously charting the positions of celestial bodies and their subtle interplay.

### The Pursuit of Precision

We recognize that every birth chart is a map of your life's journey, and as such, we treat it with the utmost reverence. Our pursuit of precision is not limited to the basics; it extends to every aspect of your chart, including rare planetary configurations and fixed star influences. We believe that even the most seemingly minor celestial events can have a profound impact on your life's trajectory.

### Detail-Oriented Readings

Hermes Astrology is built on a foundation of unrivaled attention to detail. When you consult with us, you can expect in-depth, insightful readings that leave no aspect of your chart unexplored. We unravel the intricacies of your personality, relationships, and life path with meticulous care, ensuring that our insights resonate with your unique experiences.

### Experience the Difference

Discover the difference that precision and detail can make in your astrological journey with Hermes Astrology. Whether you seek clarity on your life's purpose, guidance in relationships, or insight

into your career path, our astrology practice is dedicated to providing you with a profound understanding of your celestial blueprint.

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