



Hermes Astrology

The Alchemy of Intuition

Insights from Psychology and Astrology

The Alchemy of Intuition does not present intuition as a talent reserved for the gifted or mystical. It frames intuition as something far more radical and far more threatening to modern systems: **a natural faculty of the soul that has been systematically suppressed.**

Astrology, at its original root, was never about forecasting events. It was a **symbolic technology of remembrance**, a way of mapping how intuition moves through the body, psyche, and time. Long before intuition was dismissed as irrational, it was understood as intelligence operating through symbol, rhythm, and resonance.

What Tiffany McBride calls *alchemy*, astrology has always described as **transmutation through awareness**.

Intuition Is Not Abstract — It Is Embodied

One of the book's central insights is that intuition cannot be accessed through the mind alone. It must be **felt, sensed, and integrated**. This aligns precisely with astrological tradition, where planets are not ideas but **functions of embodied consciousness**.

Intuition does not arrive as a voice from nowhere. It moves through specific channels in the psyche.

Astrologically, intuition lives in the realms of ♐ Neptune, ☽ the Moon, and ☽ Pluto—each representing a different layer of inner knowing.

The Moon governs instinctual perception: the gut feeling, the emotional resonance, the body's immediate yes or no. Neptune governs subtle perception: dreams, symbols, non-ordinary states of awareness. Pluto governs deep intuition: the knowing that comes through death, crisis, and radical honesty.

When these functions are suppressed, intuition becomes distorted or inaccessible. When they are honored, intuition becomes **a grounded form of intelligence**, not fantasy.

Alchemy and the Natal Chart: Stages of Transformation

Alchemy, as presented in McBride's work, follows a clear progression: dissolution, purification, integration. Astrology mirrors this process structurally.

The birth chart does not describe a static personality; it describes **an alchemical sequence the soul is meant to undergo**.

Saturn represents the coagulation of identity—the rules, structures, and conditioning that solidify the ego. Neptune dissolves these structures, often through confusion or longing. Pluto forces the confrontation with what must die so that something truer can emerge.

Intuition awakens most powerfully **after Saturn's structures are questioned, Neptune's illusions are pierced, and Pluto's truth is faced**.

This is why intuition often emerges not in comfort, but in transition.

Jung, the Shadow, and the 12th House

McBride's Jungian lens is essential here. Intuition is not only light—it is shadow-aware. It listens to what has been exiled from consciousness.

Astrologically, this is the territory of the **12th house**: the realm of the unconscious, ancestral memory, and forgotten aspects of the self. Intuition speaks fluently in this space, but modern culture teaches us to fear it.

The 12th house is often misunderstood as weakness or escapism. In truth, it is where intuition becomes transpersonal—where the individual self dissolves into something larger.

Ignoring this realm does not make us rational. It makes us **fragmented**.

The Feminine Principle and Intuitive Suppression

The Alchemy of Intuition repeatedly returns to the idea of sovereignty—especially reclaiming forms of knowing historically labeled unsafe, illogical, or dangerous.

Astrologically, this suppression corresponds to the devaluation of **lunar and Venusian intelligence** in favor of purely Solar or

Mercurial logic. Feeling was severed from knowing. Body wisdom was dismissed as unreliable. Time was linearized, and intuition—cyclical by nature—was marginalized.

Yet intuition never disappeared. It went underground.

Astrology preserved it symbolically, encoding intuitive intelligence in myth, planetary cycles, and archetypes, waiting for a culture ready to remember.

Intuition as Inner Authority

One of the book's most important contributions is its insistence that intuition is not passive or vague. It is **sovereign**.

Astrologically, this aligns with the evolution from external authority (Saturn) to internal authority (Sun integrated with Moon and Neptune). True intuition does not seek permission. It does not argue. It simply knows.

This is why intuition often feels disruptive. It challenges identities built on survival rather than truth.

In astrology, this moment often corresponds to major transits involving Pluto or Uranus—times when the soul refuses to remain silent.

Remembering Is Not Learning Something New

Perhaps the most profound overlap between *The Alchemy of Intuition* and astrology is this: **nothing essential is being added**.

Intuition is not acquired. It is remembered.

The chart does not impose meaning. It reveals what already exists.

Both systems understand that the soul arrived whole—and that forgetting was part of the initiation.

To remember intuition is not to become someone else. It is to return to the rhythm you were always moving in before the world taught you to distrust yourself.

Astrology as a Mirror, Not a Map

When practiced consciously, astrology does not tell you what to do. It shows you **where intuition has been blocked, distorted, or waiting.**

McBride's work reminds us that intuition must be lived, not analyzed. Astrology, at its best, serves the same function: a symbolic mirror that reflects the soul back to itself.

The alchemy happens not in the chart, but in the body that responds to it.

And when intuition is embodied—when it is trusted not as fantasy but as intelligence—the soul remembers something ancient:

You were never disconnected.

You were never broken.

You were only taught to listen elsewhere.

Intuition is not the voice you must find.

It is the voice that has been waiting for you to stop abandoning it.

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About the Author

Trusted Astrology Expert with 15,000+ Followers.

Hermes Astrology is a digital sanctuary where ancient celestial wisdom meets modern self-discovery. Named after Hermes—the divine messenger who bridges worlds—this project seeks to translate the symbolic language of the stars into practical insights for contemporary life.

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