Stop Doing

The High Five: LiftLog

Nothing of note as of yet. This is just a preliminary sprint.

Start Doing

We need to start looking up and doing research on what dev environment we would work in and also how to work in mobile app development.

Keep Doing

Flushing out the different app concepts and present them to the team.

Work Completed/Not Completed

This was a sprint in which we had flushed out our project ideas and how we decided between a wine review app and a exercise logging app.

Work Completion Rate

0 stories were complete during this sprint. This sprint was technically just a research sprint for us and that's why there are 5 sprints in total.