

THE PREPARED BIRTH

Educational & Consultative Support Agreement (2026)

Aligned for The Birthing Inn families

Purpose of Services

The Prepared Birth provides individualized childbirth education and consultative support for families planning birth in birth center or hospital settings. Services are educational and advisory in nature and are intended to complement care received from licensed midwives and medical providers, including care at The Birthing Inn (TBI). Provider does not attend births, provide hands-on labor support, offer medical or clinical care, or provide in-home postpartum services.

Scope of Practice

Services may include childbirth education, birth preparation and planning support, education on physiologic birth and common variations, decision-making support and anticipatory guidance, and early postpartum education and referrals (virtual only, when included). Provider does not replace medical care, midwifery care, or doula services.

Services & Fees

Birth Clarity Session — \$350

One 90-minute session (virtual or in person) focused on clarifying values, priorities, and preferences, reviewing common decision points in labor, and understanding birth center and hospital options. If a preparation package is selected, this fee is applied toward the package total.

Prepared Birth Education — \$1,250

Includes one Birth Clarity Session, five hours of private childbirth education (two 2.5-hour sessions), education on labor physiology and common patterns, comfort measures and partner support strategies, shared decision-making education, and limited email support through labor onset.

Guided Birth + Early Postpartum Support — \$2,250

Includes all services in Prepared Birth Education, two prenatal support calls (30 minutes each), one scheduled 15-minute check-in per week for one month in late pregnancy, and early postpartum virtual support consisting of two 20-minute calls per week for two weeks, focused on feeding education, adjustment, and referrals.

Scheduling

Sessions are scheduled by mutual agreement. Services are limited to the timeframes described above. Unused sessions or calls do not roll over.

Payment Terms

Payment is due in full prior to the first scheduled session unless otherwise agreed upon in writing. Accepted forms of payment include Venmo, Zelle, and check. Credit cards are not accepted.

Cancellations & Rescheduling

A minimum of 48 hours' notice is required to reschedule appointments. Missed or late-cancelled appointments may be forfeited. Once services have begun, fees are non-refundable.

Educational Disclaimer

All information provided is educational in nature and does not constitute medical advice. Client remains under the care of their licensed medical or midwifery provider at all times.

Limitation of Services

Provider does not attend births, provide on-call labor support, offer in-home postpartum care, or perform medical or clinical services.

Agreement Acknowledgment

By signing below, Client acknowledges understanding and acceptance of the scope, limitations, and payment terms outlined in this Agreement.

Client Name(s): _____

Signature: _____

Date: _____

Provider

Sarah Schofield
The Prepared Birth
253-212-5293