

## EXAMPLES OF ACCESS QUESTIONS

1. What is on your mind now?
2. What are you struggling with most right now?
3. What are you facing now you thought you would never face?
4. What are you feeling now?
5. Are you angry? About what/with whom?
6. What are you afraid of right now?
7. Describe how you see God right now? What do you think He is doing?
8. Where are you finding security right now?
9. When you can't sleep, what thoughts keep you awake?
10. What part of the situation is bothering you the most?
11. What regrets are you struggling with now?
12. What are you most concerned about losing now?
13. What questions do you wish you could ask your spouse, God or others?
14. What are you having the most difficulty controlling right now?