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Lyfe By Soul Garden Bistro

- 🚺 Scan the QR C<u>ode 🥒</u>
- Order your favourite food
- 3 Bon Appétit



Pay Less And Eat More, Order Directly From Our Website.



Recommended

Potato Wedges	200.00
Bruschetta	250.00
Greek Super Food Salad	350.00
Mediterranean Bowl	350.00
Arrabiata (Red) Pasta	350.00
Veg Exotic Peri Peri Pizza	600.00
French Fries	200.00
Vodka (Pink) Pasta	350.00
Manchow Soup	170.00
Roasted Pumpkin Soup	170.00
Malai Masala Tikka	350.00
Bhel Puri Chaat	180.00
Ultra Low Carb Keto Pizza	700.00
Ghuguni Samosa Chaat	250.00
Veg Burnt Garlic Fried Rice	275.00
Chilli Cheese Multigrain Burger	300.00
Crispy Lotus Stem	350.00
Khow Suey With Gf 5 Grain Noodles	500.00
Chilli Paneer Dry	300.00

Veg Schezwan Fried Rice	275.00
Agli Olio Pasta	350.00
Keto Cauliflower Pilaf	275.00
Corn & Cheese Momo	220.00
Chilli Paneer Gravy	300.00
Falafal Pita Wrap	300.00

Lyfe Soups

Split Your Soup Into 2 Bowl	40.00
Cream Of Broccoli Soup	200.00
Tomato & Basil Soup	170.00
Manchow Soup	170.00
Veg Clear Soup	170.00
Roasted Pumpkin Soup	170.00

40.00

Lyte Bowl

Mexican Vegan Salad	300.00
Fattoush Salad	300.00
Crispy Paneer Ranch Salad	300.00
Kebab Cobb Salad	300.00
Kale Ceaser Salad	300.00

Herbed Cous-Cous Salad	300.00

Mega Bowl

Shroomami Bowl	350.00
Paneer & Bean Burrito Bowl	350.00
Spicy Cashew Veggie Bowl	350.00
Greek Super Food Salad	350.00
ForagerS Warm Bowl	350.00
Mediterranean Bowl	350.00

<u>Lyfe Breads &</u> <u>Toasties</u>

Soul Garden Multigrain Burger	300.00
Hummus & Pita	250.00
Chilli Cheese Multigrain Burger	300.00
Veg Grill Cheese Multigrain Sandwich	300.00
Chilli Cheese Toast	250.00
Crostini	250.00
Falafal Pita Wrap	300.00
Buritto Wrap	300.00
Paneer Bhurji Ciabatta Sandwich	300.00

Bombay Ciabatta Sandwich

300.00

Bruschetta	250
Lavash With Hummus	250
Tomato Basil Foccacia Sandwich	300
Quesadilla	300
Cheesy Garlic Flat Bread	350
Soul Garden Bis Favorites	
Half & Half Pizza	700
Pizza Milano	600
Pizza Verde	600
Ultra Low Carb Keto Pizza	700
Truffle Funghi Pizza	700
Bell Pepper Pomodoro Pizza	600
Veg Exotic Peri Peri Pizza	600
Quatro Formaggi Pizza	600
	500
Italian Margherita Pizza	500

Siciliana Pizza	600.00
Superbo Veg Pizza	600.00

Boscailo Pizza 600.00	Crispy Babycorn Dry 250.00	Baked Lasagna 400.00	
© Celeste Pizza 600.00	Crispy Chilli Momo 250.00	Baked Enchiladas 400.00	Lyfe Platters
● Giardino Pizza 600.00	Onion Rings	Lyfe Chaat	Tandoori Platter 700.00
Mediterraneo Pizza 600.00	Mexican Tacos 300.00	Ghuguni Samosa Chaat 250.00	Paneer Tikka Platter 600.00
Pesto Bufalina Pizza 600.00	Jalapeno Cheese Pops 300.00	Palak Patta Chaat 200.00	Cold Mezze Platter 600.00
Capricciosa Pizza 600.00	Crispy Lotus Stem 350.00	Bhel Puri Chaat 180.00	
	Corn Cheese Hearts 300.00	Multi Grain Pav Bhaji 250.00	Steamed
Lyfe Chips	Zucchini Chips	Dahi Puri Chaat 180.00	Chilli Paneer Bao 250.00
Abcd Fries 200.00	Peri Peri Lotus Stem 350.00	Chinese Bhel Chaat 200.00	● Veg Momo 200.00
Extra 1.00	Nachos With Salsa & Cheese Sauce	Pani Puri Chaat 180.00	Spicy Tofu Bao 250.00
• French Fries 200.00	Lyfe Durum Wheat	Sev Puri Chaat 180.00	Corn & Cheese Momo 220.00
Potato Wedges 200.00	<u>Pasta</u>		Lyfe Meal Bowls
Lyfe Short Eats	Arrabiata (Red) Pasta 350.00	<u>Lyfe Tandoori Tikkas</u> <u>& Kebabs</u>	Noodles Khow Suey With Gf 5 Grain 500.00
Buffallo Potato 250.00	Alfredo (White) Pasta 350.00	Corn & Cheese Kebab 350.00	Garlic Pepper Market Bowl 500.00
Cocktail Samosa 200.00	Kale Pesto Pasta 400.00	Mixed Veg Seekh Kebab 350.00	Kung Pao Market Bowl 500.00
Cauliflower Manchurian Dry 250.00	Vodka (Pink) Pasta 350.00	Hariyali Masala Tikka 350.00	Thai Red Curry With Brown Rice 500.00
Crispy Honey Chilli Fries 250.00	Agli Olio Pasta 350.00	Harabhara Kebab 350.00	Lyfe Fondue
Original Falafal With Hummus 250.00	<u>Baked</u>	Achari Masala Tikka 350.00	Multi Grain Pav Bhaji Fondue 400.00
Spicy Bbq Paneer 300.00	Baked Mac & Cheese 400.00	Malai Masala Tikka 350.00	Cheese Fondue 400.00
Chilli Paneer Dry 300.00	Spicy Cheesy Fries Baked 400.00	Punjabi Masala Tikka 350.00	

Lyfe Stuffed Parathas

Paneer Paratha	300.00
Aloo Paratha	300.00

Mix Veg Paratha
 300.00

<u>Lyfe Indian Dal &</u> <u>Gravy</u>

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Malai Kofta	325.00
Dal Makhni	275.00
Methi Matar Malai	325.00
• Dum Aloo	275.00
Paneer Lababdar	325.00
Channa Masala	275.00
Kadai Paneer	300.00
Aloo Gobi	275.00
Paneer Tikka Masala	300.00

Paneer Butter Masala

Aloo Matar

Kadai Veg

Dal Tadka

Paneer Do Pyaza

300.00

275.00

300.00

275.00

250.00

Awadhi Shahi Paneer	325.00
Palak Paneer	325.00

Lyfe Whole Wheat Breads (Indian)

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Emmer Wheat (Khapli) Phulka - 2 Pc (Low Gi)	150.00
Sesame Roti - 1 Pc	90.00
Pudina Roti - 1 Pc	90.00
Lachha Paratha - 1 Pc	110.00
Butter Roti - 1 Pc	80.00
Kadak Roti - 1 Pc	80.00
Phulka - 2 Pc	60.00
Jeera Roti - 1 Pc	90.00

Glutenfree Breads (Indian)

Ultra Low Carb Keto Phulka - 2 150.00

Amaranth Roti (Gf) - 1 Pc 120.00

Lyfe Rice & Grains

Tawa Pulav	275.00
Peas Pulav	275.00
Steamed Brown Rice	225.00

275.00

Veg Pulav

Boiled Quinoa	275.00	
Steamed Cous Cous	225.00	
Jeera Rice	225.00	
Mexican Rice	275.00	
Keto Cauliflower Pilaf	275.00	
Veg Tawa Biryani	275.00	
Lyfe Oriental		
Stir Fried Exotic Veg In Hot Garlic Sauce	300.00	
Add On 2	60.00	

Stir Fried Exotic Veg In Hot Garlic Sauce	300.00
Add On 2	60.00
Chilli Paneer Gravy	300.00
Veg Burnt Garlic Noodles	275.00
Veg Chilli Garlic Noodles	275.00
Veg Schezwan Fried Rice	275.00
Veg Thai Basil Noodles	275.00
Veg Schezwan Noodles	275.00
Veg Chilli Garlic Fried Rice	275.00
Veg Thai Basil Fried Rice	275.00
Hakka Noodle	275.00
Cauliflower Manchurian Gravy	275.00

275.00

Veg Fried Rice

Crispy Babycorn Gravy	275.00
Veg Burnt Garlic Fried Rice	275.00
Add On	80.00
Paneer In Schezwan Sauce Gravy	300.00
Veg Noodles	275.00
Brocolli In Garlic Pepper Sauce	350.00