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Lyfe By Soul Garden Bistro

🚺 Scan the QR C<u>ode 🥒</u>

Order your favourite food

🗿 Bon Appétit 🤴



Pay Less And Eat More, Order Directly From Our Website.



Recommended

Kadai Veg	275.00
Potato Wedges	200.00
Crispy Honey Chilli Fries	250.00
Veg Chilli Garlic Noodles	275.00
Manchow Soup	170.00
Veg Burnt Garlic Fried Rice	275.00
Jalapeno Cheese Pops	300.00
French Fries	200.00
Cauliflower Manchurian Gravy	275.00
Veg Clear Soup	170.00
Zucchini Chips	300.00
Alfredo (White) Pasta	350.00
Kadai Paneer	300.00
Veg Fried Rice	275.00
Malai Kofta	325.00
Spicy Bbq Paneer	300.00
Kale Pesto Pasta	400.00

Soul Garden Multigrain Burger	300.00
Roasted Pumpkin Soup	170.00
Veg Tawa Biryani	275.00
Spicy Tofu Bao	250.00
Crispy Lotus Stem	350.00
Tomato & Basil Soup	170.00
Mexican Vegan Salad	300.00
Awadhi Shahi Paneer	325.00
Cauliflower Manchurian Dry	250.00
Ghuguni Samosa Chaat	250.00
Superbo Veg Pizza	600.00
<u>Baked</u>	
Baked Enchiladas	400.00
Spicy Cheesy Fries Baked	400.00
Baked Lasagna	400.00

Glutenfree Breads (Indian)

Amaranth Roti (Gf) - 1 Pc120.00

Italiano Pizzas

Superbo Veg Pizza	600.00
Giardino Pizza	600.00
Mediterraneo Pizza	600.00
Pesto Bufalina Pizza	600.00
Siciliana Pizza	600.00
Capricciosa Pizza	600.00
Celeste Pizza	600.00
Boscailo Pizza	600.00

<u>Lyfe Artisanal Sour-</u> <u>dough Pizzas</u>

Truffle Funghi Pizza	700.00
Pizza Verde	600.00
Ultra Low Carb Keto Pizza	700.00
Veg Exotic Peri Peri Pizza	600.00
Bell Pepper Pomodoro Pizza	600.00

Quatro Formaggi Pizza	600.00
Italian Margherita Pizza	500.00
Half & Half Pizza	700.00
Pizza Milano	600.00
Tandoori Piziallo	600.00

<u>Lyfe Breads &</u> <u>Toasties</u>

Falafal Pita Wrap

Soul Garden Multigrain Burger

Paneer Bhurji Ciabatta Sandwich

Cheesy Garlic Flat Bread

<u>10031163</u>	
Buritto Wrap	300.00
Lavash With Hummus	250.00
Bombay Ciabatta Sandwich	300.00
Tomato Basil Foccacia Sandwich	300.00
Bruschetta	250.00
Chilli Cheese Toast	250.00
Chilli Cheese Multigrain Burger	300.00
Crostini	250.00

300.00

300.00

300.00

350.00

Veg Grill Cheese Multigrain Sandwich	300.00
Hummus & Pita	250.00
Quesadilla	300.00
Lyfe Chaat	
Palak Patta Chaat	200.00
Multi Grain Pav Bhaji	250.00
Dahi Puri Chaat	180.00
Pani Puri Chaat	180.00
Chinese Bhel Chaat	200.00
Bhel Puri Chaat	180.00
Ghuguni Samosa Chaat	250.00
Sev Puri Chaat	180.00
Lyfe Chips	
Potato Wedges	200.00
Abcd Fries	200.00
French Fries	200.00

Lyfe Durum Whea Pasta	<u>at</u>
Kale Pesto Pasta	400.00
Arrabiata (Red) Pasta	350.00
Agli Olio Pasta	350.00
Vodka (Pink) Pasta	350.00
Lyfe Fondue	
Multi Grain Pav Bhaji Fondue	400.00
Cheese Fondue	400.00
Lyfe Indian Dal & Gravy	
Methi Matar Malai	325.00
Paneer Tikka Masala	300.00
Kadai Paneer	300.00
Awadhi Shahi Paneer	325.00
Paneer Lababdar	325.00

Channa Masala

Paneer Butter Masala

Aloo Matar

275.00

275.00

300.00

Malai Kofta	325.00
Paneer Do Pyaza	300.00
Dal Makhni	275.00
Aloo Gobi	275.00
Palak Paneer	325.00
Dum Aloo	275.00
Dal Tadka	250.00
Kadai Veg	275.00
Lyfe Meal Bowls	
Lyfe Meal Bowls Khow Suey With Gf 5 Grain Noodles	500.00
Khow Suey With Gf 5 Grain	500.00
Khow Suey With Gf 5 Grain Noodles	
Khow Suey With Gf 5 Grain NoodlesCombo Pack	400.00
Khow Suey With Gf 5 Grain Noodles Combo Pack Kung Pao Market Bowl	400.00
Khow Suey With Gf 5 Grain Noodles Combo Pack Kung Pao Market Bowl Thai Red Curry With Brown Rice	400.00 500.00 500.00
 Khow Suey With Gf 5 Grain Noodles Combo Pack Kung Pao Market Bowl Thai Red Curry With Brown Rice Garlic Pepper Market Bowl 	400.00 500.00 500.00

Veg Burnt Garlic Fried Rice	275.00
Veg Fried Rice	275.00
Brocolli In Garlic Pepper Sauce	350.00
Veg Noodles	275.00
Veg Schezwan Fried Rice	275.00
Chilli Paneer Gravy	300.00
Cauliflower Manchurian Gravy	275.00
Paneer In Schezwan Sauce Gravy	300.00
Veg Burnt Garlic Noodles	275.00
Veg Schezwan Noodles	275.00
Veg Thai Basil Noodles	275.00
Crispy Babycorn Gravy	275.00
Stir Fried Exotic Veg In Hot Garlic Sauce	300.00
Veg Chilli Garlic Noodles	275.00
Lyfe Platters	
Cold Mezze Platter	600.00

Tandoori Platter

Paneer Tikka Platter

700.00

600.00

Lyfe Rice & Grains

Jeera Rice	225.00
Keto Cauliflower Pilaf	275.00
Boiled Quinoa	275.00
Veg Pulav	275.00
Steamed Cous Cous	275.00
Tawa Pulav	275.00
Mexican Rice	275.00
Veg Tawa Biryani	275.00
Steamed Brown Rice	225.00

Lyfe Short Eats

Chilli Paneer Dry	300.00
Onion Rings	300.00
Nachos With Salsa & Cheese Sauce	300.00
Original Falafal With Hummus	250.00
Crispy Lotus Stem	350.00

Mex	tican Tacos	300.00
Spic	cy Bbq Paneer	300.00
Corr	n Cheese Hearts	300.00
Coc	ktail Samosa	200.00
• Zuc	chini Chips	300.00
Cris	py Chilli Momo	250.00
Cris	py Honey Chilli Fries	250.00
Buff	allo Potato	250.00
Jala	peno Cheese Pops	300.00
Cris	py Babycorn Dry	250.00
Cau	liflower Manchurian I	Dry 250.00
Peri	Peri Lotus Stem	350.00

<u>Lyfe Signature Salads</u>

Crispy Paneer Ranch Salad	300.00
Kale Ceaser Salad	300.00
Fattoush Salad	300.00
Mexican Vegan Salad	300.00
Kebab Cobb Salad	300.00

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	Herbed Cous-Cous Salad	300.00
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Lyfe Sizzlers

Paneer Shashlik Sizzler	550.00
Paneer Tikka Sizzler	550.00
Mexican Fajita Sizzler	550.00
Italian Sizzler	550.00

Lyfe Soups

Manchow Soup	170.00
Veg Clear Soup	170.00
Roasted Pumpkin Soup	170.00
Cream Of Broccoli Soup	200.00
■ Tomato & Basil Soup	170.00

Lyfe Stuffed Parathas

Mix Veg Paratha	300.00
Aloo Paratha	300.00
Paneer Paratha	300.00
Gobi Paratha	300.00

<u>Lyfe Tandoori Tikkas</u> <u>& Kebabs</u>

Cauliflower Punjabi Masala Tik- ka 350.00
Mushroom Malai Masala Tikka 350.00
Mushroom Punjabi Masala Tik- ka 350.00
Aloo Malai Masala Tikka 350.00
Mushroom Achari Masala Tikka 350.00
Mixed Veg Seekh Kebab 350.00
Paneer Punjabi Masala Tikka 350.00
Paneer Achari Masala Tikka 350.00
Paneer Hariyali Masala Tikka 350.00
Cauliflower Achari Masala Tikka 350.00
Corn & Cheese Kebab 350.00
Broccoli Malai Masala Tikka 350.00
Cauliflower Hariyali Masala Tik- ka 350.00
Aloo Hariyali Masala Tikka 350.00
Harabhara Kebab 350.00

Mushroom Hariyali Masala Tikka 350.00

Aloo Achari Masala Tikka

350.00

Aloo Punjabi Masala TikkaPaneer Malai Masala Tikka350.00

Lyfe Whole Wheat Breads (Indian)

80.00 Kadak Roti - 1 Pc 90.00 Jeera Roti - 1 Pc 110.00 Lachha Paratha - 1 Pc 90.00 Udina Roti - 1 Pc 80.00 Butter Roti - 1 Pc 60.00 Phulka - 2 Pc Emmer Wheat (Khapli) Phulka -2 Pc (Low Gi) 150.00 90.00 Sesame Roti - 1 Pc

Mega Bowl

Greek Super Food Salad
 Shroomami Bowl
 Paneer & Bean Burrito Bowl
 Spicy Cashew Veggie Bowl
 Mediterranean Bowl
 350.00

• Forager 350.00

Steamed Momos

Chilli Paneer Bao	250.00
Veg Momo	200.00
Corn & Cheese Momo	220.00
Spicy Tofu Bao	250.00

Papad

Roasted Papad	60.00
Kichiya Papad	80.00
■ Kichiya Masala Papad	120.00
Roasted Masala Papad	100.00

Raita

Mix Veg Raita	100.00
Boondi Raita	100.00
Extra	1.00
Plain Curd	80.00

Salad

Cucumber Salad	100.00

Onion Salad 100.00

Lassi

Sweet Lassi	120.00
Salted Buttermilk	90.00
Masala Buttermilk	100.00
Mango Lassi	140.00