

# FREQUENCY

956 2nd Ave, New York, NY 10022 | (864)123-4567 | [frequency.info@gmail.com](mailto:frequency.info@gmail.com)

## MENU

### Starters:

**Pita Chips & Dip**- Crunchy crisp pita chips paired with a dip of your choice. Dips- Cheese, Spinach, Bean: **\$3**

**Potato Chips & Dip**- Perfectly crisp potato chips paired with a dip of your choice. Dips- Cheddar Bacon & Ranch, French Onion, Dill: **\$3**

**Black Bean Quesadilla**- Soft quesadilla with perfectly cooked black beans, red & green peppers, tomatoes, and onions: **\$6.50**

### Drinks:

**Coffee**- Freshly brewed and prepared to your liking. Choose from- Cappuccino, Americano, Espresso, Macchiato, Mocha, or a Latte: **\$4.50**

**Sparkling Water**- Carbonated, purified, and fresh spring water with a side of a lemon or lime: **\$2**

**Homemade Lemonade**- The perfect balance between sweet and sour, our homemade lemonade will lift your spirits with nostalgia: **\$3**

**Tea**- Relaxing, refreshing, and each with their own benefits, Frequency offers a large selection of teas for you to choose from and enjoy: **\$3.50**

- Chamomile (Relaxation)
- Ginger (Gets Rid of Nausea)
- Peppermint (Improve Digestion)
- Passion Flower (If You're Feeling Nervous)
- Lemon Balm (If You're Feeling Down)

### Entrées:

**Ziti with Mushrooms and Greens**- Seasoned ziti noodles cooked with mushrooms and greens, covered with melty mozzarella cheese: **\$8.50**

**Macaroni and Cheese**- Perfectly cheesy baked macaroni & cheese sprinkled with breadcrumbs and a dash of seasoning: **\$7**

**Ham & Brie Sandwich**- Ham, brie cheese, and sweet hot mustard between toasted bread: **\$7.50**

**Parmesan Calzone**- Hearty serving of a crispy calzone filled with melted parmesan cheese, spinach, tomatoes, small chicken slices, and pepperoni: **\$8.50**

**Bacon Burger**- Crispy bacon, sautéed onions, herbs, and jalapeño slices between two freshly baked buns: **\$6**

**Chicken Wrap with Tomatoes**- Chicken grilled to perfection, lettuce, chives, tomatoes, and our special herb seasoning, all wrapped in a soft taco shell: **\$7**

### Dessert:

**Vanilla Cream Puff**- Crispy outside baked to perfection, a fluffy sweet cream on the inside, and a dash of powdered sugar to top it off: **\$5**

**Orange Cocoa Delight**- Small tangy orange cake dipped into milk chocolate and topped with cocoa shreds, along with a slice of orange to the side: **\$5.75**

**Cupcake**- Fresh cupcake baked to perfection accompanied by a not-too-sweet icing. Flavors-Vanilla, Chocolate, Strawberry: **\$4**