

E-TALKING
BEST
FOR YOU

Talented

C1 Advancement Test

[view](#)



GETTING START

What do you do for a living?

How do you spend your spare time?

What are you good at doing?

Activity 1: becoming successful

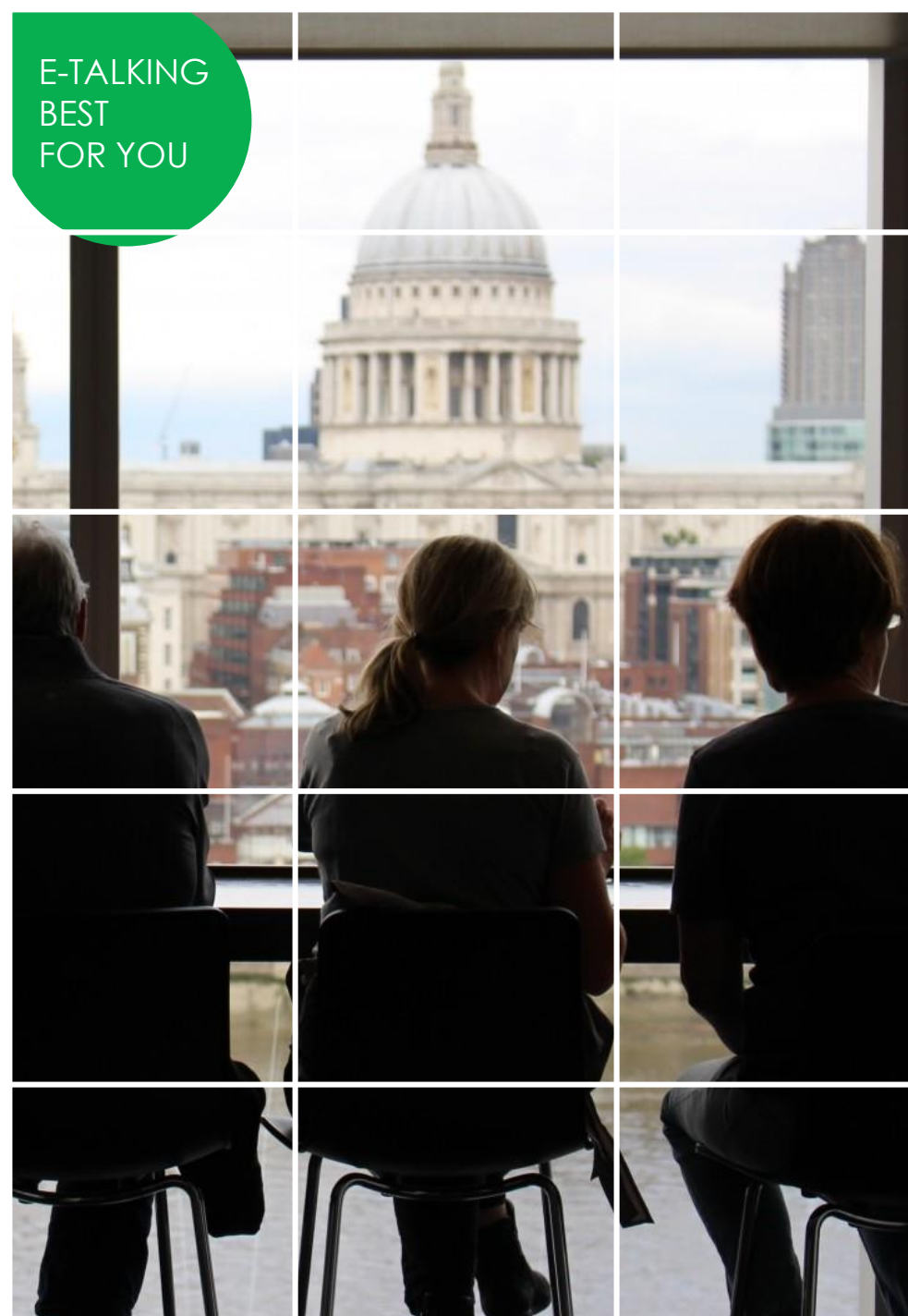
In your opinion, what does it take to do the following things?

- Play a sport to a high standard
- Succeed in business
- Speak a foreign language fluently
- Manage people effectively

Activity 2: talking about skills

What transferable skills do you have that would be relevant to these jobs?

- A high-rise window cleaner
- A landscape gardener
- The mayor of a small town
- A writer



Reading time: A Star is Made

Swedish-born Anders Ericsson, a psychology professor at Florida State University, is leader of a group of scholars trying to answer an important question: when someone is very good at something, what actually makes them good?

Early experiments by Ericsson suggested that the best way to learn was a process known as 'deliberate practice'. This is more than simply repeating a task. Rather, it involves setting specific goals, getting immediate feedback and concentrating equally on technique and results.





Reading time

Ericsson and his colleagues therefore began studying expert performers in a wide range of pursuits, from soccer and surgery to piano playing and software design. They've come to a rather startling conclusion: practice really does make perfect. What we call 'talent' is highly overrated, as expert performers are nearly always made, not born.

Reading time

The research also suggests that when it comes to choosing a life path, you should do what you love. People often give up trying to do things they like, telling themselves they simply don't possess the talent. But what they really lack is the will to succeed and to put in the deliberate practice that would make them better. Ericsson's conclusions, if accurate, suggest that students should follow their interests earlier in their schooling to build up experience and receive meaningful feedback.

Comprehension questions :

What are the three things that make up 'deliberate practice'?

Why do people give up trying to do things they like?

What does Ericsson's research suggest students do?

Why?



DISCUSSION

What do you think about the ideas in the reading?

Do you agree with Ericsson's point of view?

Why or why not?



SPEAKING TASK

Think of someone who is very successful.

How did they succeed?

In what ways have you been successful?

How do you explain your success?

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ASSESSMENT

Part 1: Grammar

Complete Jamie's profile using the present perfect simple or progressive.

I _____ always _____ (be) interested in painting but I
_____ only _____ (do) it seriously for about five years. During
that time, I _____ (complete) various courses in techniques and
materials and I _____ (win) a few prizes in regional competitions.
I'm not rich, but since last year I _____ (advertise) my work on
the Internet and I now sell enough of my work to make a living.



Part 2: Vocabulary

Match the verbs with the correct endings.

Set get have follow receive have

1. _____ feedback
2. _____ specific goals
3. _____ your interests
4. _____ the will to succeed
5. _____ training
6. _____ high self-esteem



ASSESSMENT

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Thank you !

