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ONA ‡b eng ‡e rda ‡c ONA 9781579655136 050 0 0 TX393 ‡b .M43 2014 ONAA 100 1 Medrich, Alice, ‡e author. 245 1 0 Flavor flours: ‡b A new way to bake with teff, buckwheat, sorghum, other whole and ancient grains, nuts and non-wheat flours / ‡c Alice Medrich. 264 1 New York: ‡b Artisan Books, ‡c [2014] 300 368 pages: ‡b color illustrations; ‡c 26 cm text ‡b txt ‡2 rdacontent unmediated ‡b n ‡2 rdamedia volume ‡b nc ‡2 rdacarrier lncludes index. 505 0 Rice flour Oat flour Corn flour and cornmeal Buckwheat flour Chestnut flour Teff flour Sorghum flour Nut and coconut flours Elements. 520 "In this groundbreaking new work, Alice Medrich applies her legendary skill and impeccable palate to "flavor flours," the name she gives to delicious non-wheat flours, including whole and ancient grains, coconut flour, and nut flours. Medrich shows us how these flours can be used artfully, not just to add starch and bulk in lieu of wheat flour but to contribute an unexpected dimension of flavor to baked goods and desserts, often adding texture and a rich and enticing color as well. Each of the nearly 125 recipes - including Chocolate Chestnut Souffle Cake, Blueberry Corn Flour Cobbler, and Coconut Key Lime Tart - takes desserts to the next level.							
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