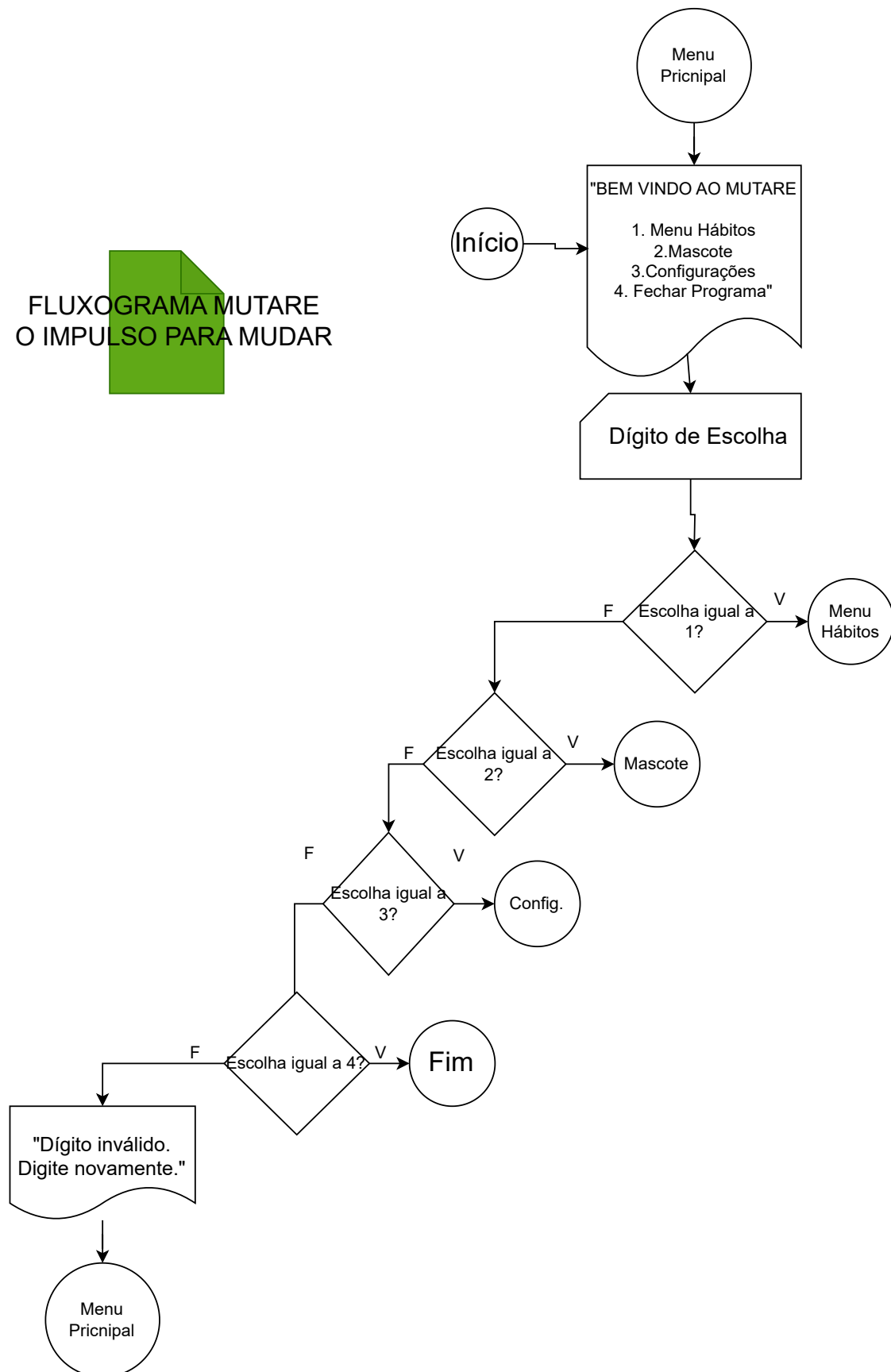
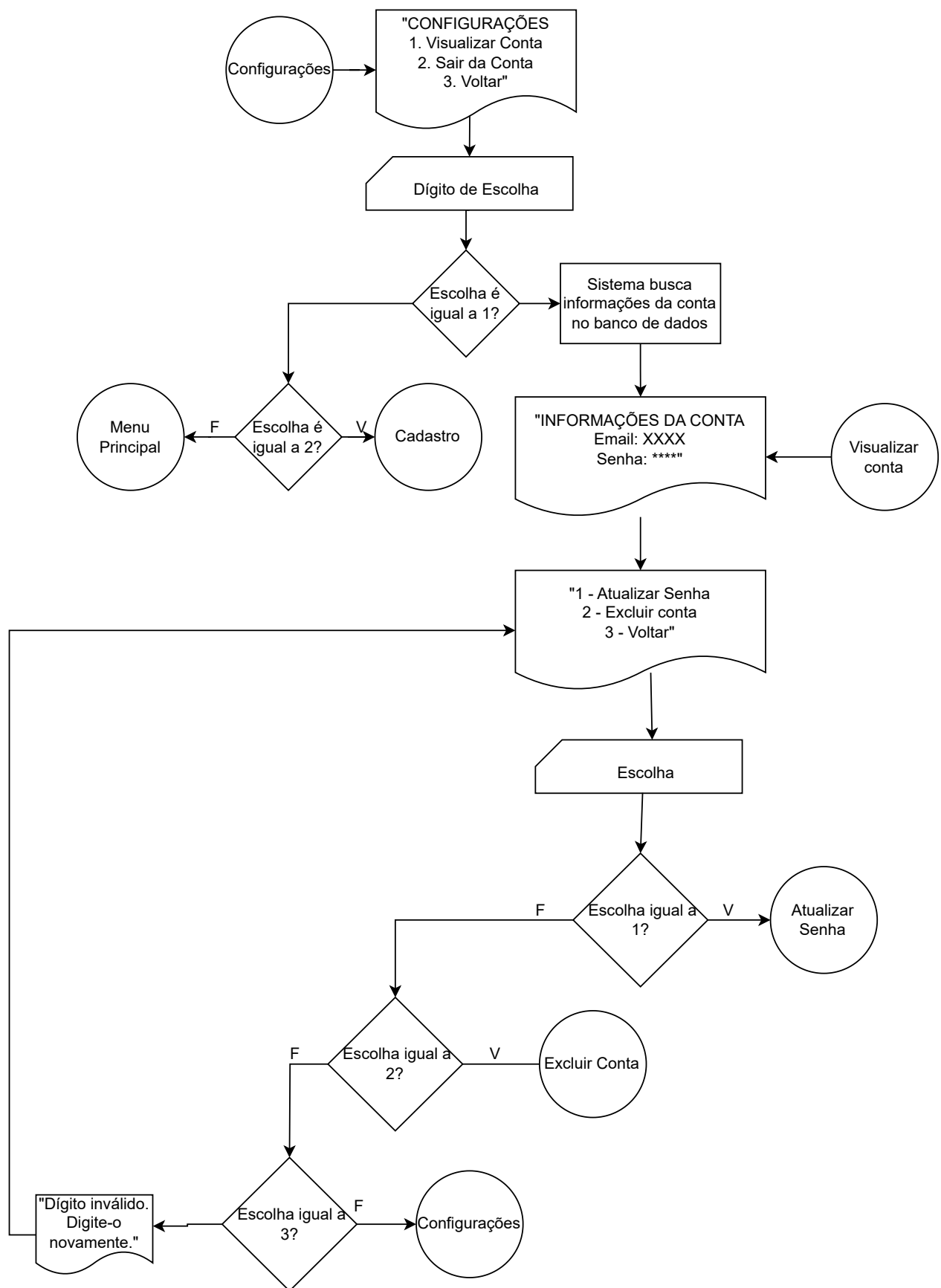
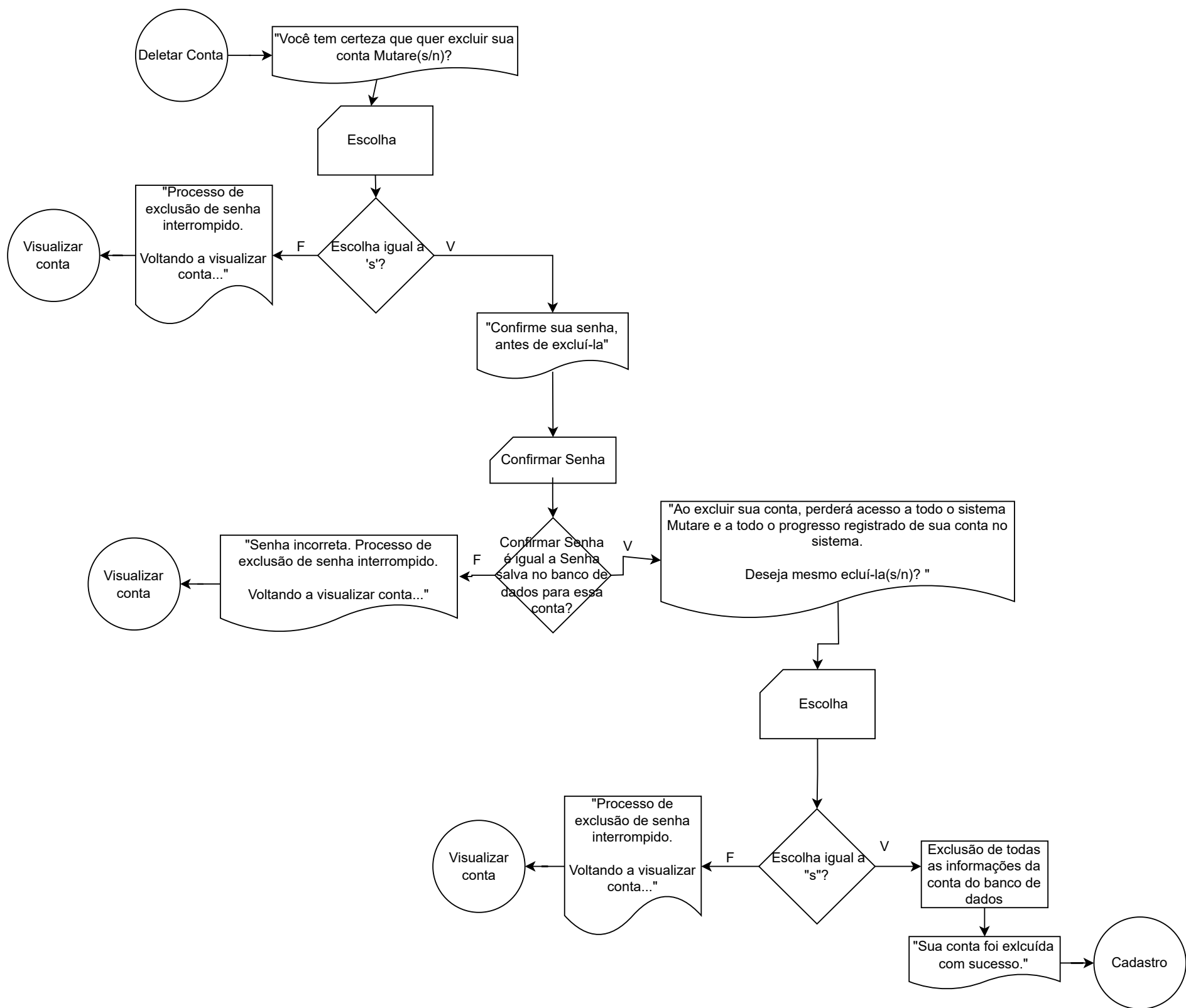
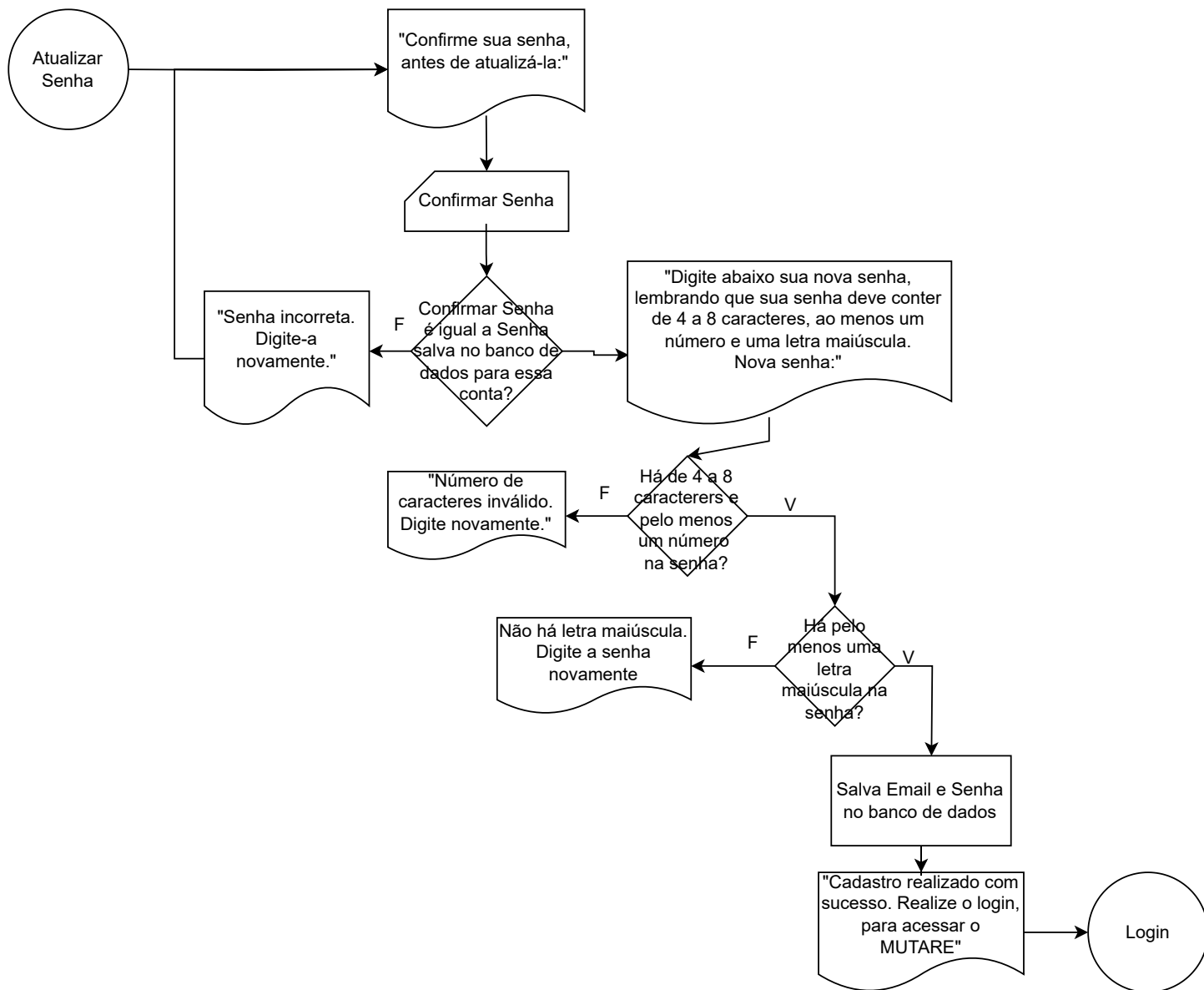


FLUXOGRAMA MUTARE
O IMPULSO PARA MUDAR









Mais para frente será adicionado o Progredir no Hábito, a fim do usuário conseguir incrementar seu progresso de acordo com a frequência inserida

