



July 22-23

# Defensemen Only Clinic

with Adrian Aucoin

Hmura Hockey Development is offering a 2-Day Defensemen ONLY Hockey Clinic with Adrian Aucoin. Each player will be on the ice for the entire 3.5 hour clinic.



July 22: 12:00-1:30pm  
July 23: 10:10-11:10am  
July 23: 11:20am-12:20pm

Register



July 22: 1:40-3:10pm  
July 23: 12:30-1:30pm  
July 23: 1:40-2:40pm

Register



July 22: 3:20-4:50pm  
July 23: 2:50-3:50pm  
July 23: 4:00-5:00pm

Register

Focus of Clinic

Skating and Lateral Functionality, Transitional Tactics, Angling Approach, Proper Gapping
Puck Retrieval, Escaping & Relieving Pressure
Point Shots, Lateral Movement Shooting, Creating New Shooting Lanes
Net Front Battles, Defensive Side Positioning, Stick Positioning

LOCATION of CLINIC: CENTER ICE OF DUPAGE 1N450 HIGHLAND AVE GLEN ELLYN, IL 60137