

Activities

Porto and the North

Alijó

Douro Vintage Boat Trips

Address: Urbanização Lama Boa, Lote c - 3º Dtº 5070-090 Alijó / Vila Real
Telephone: +351 967 510 600 / 963 840 780
E-mail: dourovintageboattrips@gmail.com

Other informations:

Registration No.: 96/2013 ;

Activities:

Boat Trips; Canoeing; Waterski;

Come and discover the Douro, boat rides, tours, accommodation, restaurants and many more.

Arcos de Valdevez

Arcos Tour

Address: R. 25 de Abril, Coto da Lama, Prozelo, 4970-285, Arcos de Valdevez
Telephone: +351 937728590
E-mail: arcostour@hotmail.com **Website:** <https://www.arcostour.net/buggys>

Payments:

Credit cards accepted;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Hearing impairment, Motor disability, Mental disability; Care skills: Hearing impairment, Motor disability, Mental disability;

Go Buggys

Address: Além, Cx 107 - A 4970-071 Ázere Arcos de Valdevez
Telephone: +351 934 142 058
E-mail: gobuggyarcos@gmail.com

Payments:

Credit cards accepted;

Activities:

Off-roading; Off-road motorcycling;

Buggy's ride

North Land

Address: Nunide - Ázere cx 203 4970 - 072 Arcos de Valdevez
Telephone: +351 933 607 814
E-mail: info@northland.pt **Website:** <http://www.northland.pt>

Activities:

Ecoevasão, Desporto e Aventura na Natureza, Lda

Address: Lugar das Canadas S/N 5070-201 Carlão - Alijó
Telephone: +351 259 658 051 / 962 807 517
E-mail: geral@ecoevasao.pt **Website:** <http://www.ecoevasao.pt>

Other informations:

Registration No.: 91/2009;

Activities:

Walking; Nature watching; Cycling; Canoeing; Kayak; Orienteering; Target shooting; Climbing; Paintball; Off-road motorcycling; Abseiling and Aerial slides; Rafting; Mountain Climbing; Canyoning; Motorbike rental; Bike hire;

Centro Aventura

Address: Lugar de Casal, lote 3 - Parada 4970-262 Arcos de Valdevez
Telephone: +351 258 518 303 **Fax:** +351 258 518 303
E-mail: info@centroaventura.pt **Website:** <http://www.centroaventura.pt>

Other informations:

Registration No.: 68/2007;

Activities:

Walking; Cycling; Boats for hire; Canoeing; Kayak; Orienteering; Target shooting; Climbing; Paintball; Abseiling and Aerial slides; Canyoning; Motorbike rental; Bike hire; Specialized in the organization of tourist services and adventure.

We provide customized services targeted to enterprises (teambuilding, outdoor training, challenger companies), schools and groups.

We answer to the challenges posed by nature lovers and adventure sports, providing unforgettable experiences for those who seek to discover their own limits and foster team spirit.

Montesa - Making Memories Experts

Address: Rua Dr. Mário Taveira Lobo n. 106 -1º direito 4970-621 Arcos de Valdevez
Telephone: +351 968 377 470
E-mail: geral@montesa.pt **Website:** <http://www.montesa.pt>

Activities:

Walking; Nature watching; Cycling; Climbing; Mountain Climbing; Trekking; Bike hire;

Accessibility:

Activities accessible to people with disabilities; Care skills: Visual impairment, Hearing impairment, Motor disability, Mental disability;

Walking; Nature watching; Off-roading; Orienteering;
Birdwatching; Observation of geology; Mountain Climbing;
Trekking;

North Land - Mountain Experiences is a tourism animation company from Arcos de Valdevez, that emerged in July 2020, with the wish to provide unique experiences to nature lovers. Leisure moments must always be the best and, therefore, we have prepared a set of activities to answer the growing demand towards our region. Jeep Tours (2 Land Rovers - Defender 90 and Series III), cultural visits and trekking are the activities we provide at this moment, always prepared according to the request and needs of our customers. All activities are adapted to the group, the allocated time and the wishes of each one. North Land...we're born during the crisis but we're inspired by future!

Barcelos

Em Barcelos

Address: Barcelos

Telephone: +351 938 8676 39

E-mail: geral@embarcelos.pt **Website:**

<http://www.embarcelos.pt>

Activities:

Walking; Nature watching; Off-roading; Kayak; Paintball; Rafting;

Feel alive with "EM BARCELOS", adventure sports company. This comes from the passion for Nature Sport, where you can count on a young and dynamic spirit, with professionals who have training and several years of experience. We have activities like Paintball, Canoeing/SUPaddle, Jeep tours/tours, Hiking and more. Allied to these activities we have a passion for Barcelos and the beautiful corners of this region. Our mission is to offer our customers unique and unforgettable experiences, combining adventure/ safety, sharing and lots of fun.

Montesa - Making Memories Experts is a tourist entertainment company focused on nature activities, whose activity is developed with a focus on the northern part of the country, especially Alto Minho and the entire area of the Peneda Gerês National Park.

Montesa was designed for mountain lovers, with the mission of providing experiences to those looking for adventure, creating memories in symbiosis with nature.

Among our activities we highlight:

-Trekking, hiking and rivertrekking

-Mountaineering and Climbing

-Walking tours and Tour in Peneda Gerês National Park

-Wine tourism

We understand our customers holistically, aiming to provide unique memories and moments. To this end, we plan all activities according to the specificities and expectations of our customers, ensuring that they enjoy the experience as a whole. Our activities are fully customizable and interconnectable.

Gallus Tours - Alsicelos Unipessoal Lda.

Address: Travessa das Pontes, 61 - Tamel S.

Veríssimo4750-755 Barcelos

Telephone: +351 934 581 248

E-mail: geral@gallustours.com **Website:**

<http://www.gallustours.com>

Other informations:

Moto-tourism, local food tasting, Wine tasting, workshop

Activities:

Walking; Paragliding; Nature watching; Cycling; Off-roading; Orienteering; Target shooting; Birdwatching; Horse-Riding; Climbing; Off-road motorcycling; Abseiling and Aerial slides; Observation of geology; Mountain Climbing; Trekking; Bike hire;

Payments:

Travellers Cheques accepted;

The Gallus Tours comes from the passion for tourism and the Minho region. The company is located in the town of Barcelos, the " Princess of Minho". It was created to develop a real tourism, transparent, framed with the reality of the region and in order to diversify supply sector in this geographical area. We operate in the following locations: Barcelos, Braga, Esposende, Vila Nova de Famalicão, Guimarães, Vila do Conde, Póvoa de Varzim, Vila Verde, Viana do Castelo and OPorto. We provide services for tourism, namely, tourism activities, organization of fairs and events, consulting in tourism and food and beverage.

The mission of Gallustours is to develop in a sustainable manner , products and services in the tourism sector that create added value for its customers, employees and the surrounding environment, being recognized by all as an asset to the region where it operates.

The vision of our company is to be leader in Minho, through the marketing of tourism products and services, thus contributing to the development of the region and other stakeholders in this sector.

The Gallus Tours goals are : Overcoming the expectations of our customers; Ensuring the sustainability of the company; Contribute to the environment, to the sector's sustainability; Develop on all stakeholders a social/environmental responsibility.

Braga

100DestinosAventura

Address: Rua Nuno de Morais, 113 Cave Direita
4710-331 Braga
Telephone: +351 253 612 599 / 916 248 496 / 964 502 818
E-mail: geral@100destinosaventura.com **Website:**
<http://www.100destinosaventura.com>

Other informations:

Registration No.: 218/2012;

Activities:

Walking; Cycling; Off-roading; Canoeing; Orienteering; Target shooting; Climbing; Paintball; Abseiling and Aerial slides; Rafting; Mountain Climbing; Canyoning;

The 100DestinosAventura works in the organization and support of sporting events, operating throughout the country, but with the main focus in the north of Portugal, with monitors and equipment credentialed to practice the activity.

With an organizational structure geared to the needs of the customer, 100DestinosAventura provides custom solutions with the highest quality criteria. For this our motto is quality, professionalism and social responsibility, since the human body feels good with the movement, which gives pleasure and stimulates creativity.

Gerês Equi'Desafios

Address: Rua São João 93, 4840-030 Campo do GerêsPortugal
Telephone: +351 967 986 296
E-mail: info@equidesafios.com **Website:**
<http://www.equidesafios.com>

Activities:

Boat Trips; Walking; Nature watching; Cycling; Off-roading; Boats for hire; Canoeing; Kayak; Orienteering; Target shooting; Birdwatching; Horse-Riding; Climbing; Abseiling and Aerial slides; Observation of geology; Rafting; Mountain Climbing; Canyoning; Trekking; Bike hire;

Payments:

Credit cards accepted;

Accessibility:

Activities accessible to people with disabilities;

Gerês Equidesafios is a nature activities company specializing in the Peneda Gerês National Park, located 1 hour from Porto. Based within the National Park, it ensures in-depth knowledge of the region, and a close and special relationship with local agents. We propose an extensive range of nature, adventure activities and tailor-made holiday packages, always with the magnificent scenery of the Peneda Gerês National Park present. We are a company with 20 years of experience, with an experienced local team that guarantees you the best service in Gerês.

Limiteaventura

Address: Praceta Bispo D. Pedro, 4 - 2º trás 4700 Nogueira / Braga
Telephone: +351 919 032 689

Bigsea

Address: Rua Nova, 6 - Vimieiro - Parque Industrial de Celeirós - Apartado 2027 4701-901 Braga
Telephone: +351 919 996 666 **Fax:** +351 253 287 019
E-mail: info@bigsea.pt **Website:** <http://www.bigsea.pt>

Other informations:

Registration No.: 299/2011;

Activities:

Boat Trips; Diving; Fishing; Nature watching; Whale watching; Boats for hire;

Payments:

Travellers Cheques accepted;

The company Assistool develops a maritime tourism activity, under the BIGSEA brand, providing its customers with a pleasure yacht, named BIGSEA, where recreational activities are carried out at sea. Among the activities should be highlighted sport fishing, promenades, observation of fauna and flora, especially the dolphins, but also birds and, more occasionally, whales. Also noteworthy are the trips on the Douro river. The base port is the Marina de Póvoa de Varzim. Highlight that it is a high level of comfort yacht.

KIB - Kartódromo Internacional de Braga

Address: Lugar da Póvoa - Palmeira Apartado 199 4700-840 S. Paio de Merelim
Telephone: +351 253 607 560 **Fax:** +351 253 607 569
E-mail: geral@kib.pt **Website:** <http://www.kib.pt>

Other informations:

Registration No.: 57/2003;

Activities:

Off-roading; Karting;

NatourGeres

Address: Avenida São Bento da Porta Aberta, 39074845-028 Rio Caldo
Telephone: +351 914 885 322
E-mail: info@natourgeres.com **Website:**
<http://www.natourgeres.com>

Activities:

Walking; Off-roading;

Soccer Space

Address: Parque Industrial de Adaufe Lote U7 4710-571 Braga
Telephone: +351 925 402 040
Website: <https://soccerspace.pt/>

Payments:

Credit cards accepted;

Activities:

Nature watching; Cycling; Observation of geology; Bike hire;

E-mail: tobarbosa@gmail.com **Website:**
<http://www.limiteaventura.com>

Other informations:

Registration No.: 250/2010;

Activities:

Walking; Cycling; Off-roading; Kayak; Orienteering; Target shooting; Ski; Climbing; Paintball; Abseiling and Aerial slides; Rafting; Mountain Climbing; Potholing; Canyoning; Hydrospeed;

Nó D'Oito

Address: Alameda do Fujacal, 413-3º Esq.4705-096 Braga
Telephone: +351 969 065 991 - 964 083 463 **Fax:** +351 229 957 113

E-mail: info@nodoito.com **Website:**
<http://www.nodoito.com>

Other informations:

Clean&Safe – The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health.

More information at www.visitportugal.com. (link para <https://www.visitportugal.com/en/node/422183>)

Activities:

Walking; Cycling; Canoeing; Orienteering; Target shooting; Climbing; Paintball; Abseiling and Aerial slides;

TrueNorth Experience

Address: Rua José António Cruz, 181 3EQT 4715-343 Braga
Telephone: +351 928 127 275

E-mail: info@truenorthexperience.pt **Website:**
<https://truenorthexperience.pt/>

Activities:

Walking; Nature watching; Off-roading; Birdwatching; Observation of geology; Mountain Climbing; Trekking;

Payments:

Credit cards accepted;

Discover northern Portugal, a timeless and magical place!

Come discover with us our history-rich country, the hidden Portugal, away from the confusion of the coastal resorts. Wild mountains, sparkling lakes and glacial valleys. Climb rocky summits, walk through cobbled streets and discover hilltop forts and ruined castles. We offer a range of private tours in an offroad vehicle. We will travel through unpaved and forest roads where 4wd guarantees more security and comfort. Check our in several regions in the Peneda-Gerês National Park and the Minho Region. Includes lunch, snacks and pick-up and drop-off service. We also offer a wide range of private guided treks. Check our selection for several regions in the Peneda-Gerês National Park and Minho Region. We can create a custom trekking experience for you if you wish so, including pick-up and drop-off at your accommodation, lunch, and other perks that you may be interested in. Just send us a message or call. We love preparing tailor made experiences.

Accessibility:

Activities accessible to people with disabilities;

Indoor field to play 5 a 5 football, bubble football, archery tag and other funny games. We do stags, bachelor parties and enterprise events.

Wildest Nature

Address: Rua da Feiteira, 1794750-798 Braga

Telephone: +351 918 360 820

E-mail: wildestours@gmail.com **Website:**
<http://www.wildest.pt>

Other informations:

Clean&Safe – The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com. (link para <https://www.visitportugal.com/en/node/422183>)

Activities:

Walking; Nature watching; Whale watching; Canoeing; Kayak; Birdwatching; Rafting; Mountain Climbing; Canyoning; Trekking;

Bragança

Animalogia - Eventos, Lda.

Address: Av. João da Cruz, 152-2º Esq. 5300-178

Bragança

Telephone: +351 273 331 918 **Fax:** +351 273 331 918

E-mail: info@animalogia.com **Website:**

<http://www.animalogia.com>

Other informations:

Registration No.: 29/2005;

Activities:

Target shooting; Climbing; Paintball;

Infotrinhos - Informática e Turismo, Lda.

Address: Av. das Forças Armadas, Lote 64-R/C Dtº

5300-440 Bragança

Telephone: +351 273 322 810 **Fax:** +351 273 322 810

E-mail: geral@infotrinhos.com ; turismo@infotrinhos.com

Website: <http://www.infotrinhos.com>

Other informations:

Registration No.: 52/2004;

Activities:

Walking; Cycling; Off-roading; Orienteering; Target shooting; Paintball; Abseiling and Aerial slides;

PinkMyBike

Address: Rua do Paço, N.º 12, R/C Esquerdo, 5300-223

Bragança

Telephone: +351961112699

E-mail: geral@pinkmybike.pt **Website:**

<http://www.pinkmybike.pt>

Payments:

Credit cards accepted;

Activities:

Nature watching; Cycling; Off-roading; Motorbike rental; Bike hire;

Cultural and landscape touring activities on motorcycles, making it possible to discover, get to know and explore the attractions of a region, involving routes in tours, routes or circuits of different duration and extension, in independent and organized trips.

Tours and rental of motorbikes and bicycles in Bragança.

Bétula Tours

Address: R. N. Sra da Lapa, 27 - Lagomar 5300-514

Bragança

Telephone: +351 273 326 290 / 960 237 459

E-mail: info@antoniosa.com **Website:**

<http://www.antoniosa.com/tours>

Other informations:

Photo tours

Activities:

Boat Trips; Walking; Nature watching; Off-roading; Birdwatching; Observation of geology;

Bétula Tours, an ecotourism company based in Bragança, provides a flexible guided tours service in natural spaces, customised for small groups. With guides well acquainted with the territory, these tours are aimed at nature, wildlife and photography lovers, and provide an enriching experience, framed by the region's landscape and cultural identity. They allow travellers to reach truly special places, like forests, crystal clear rivers, snowy peaks, traditional villages, and the best places to sample the gastronomy of Trás-os-Montes. In addition to seasonal programs, the tours are adapted according to specific ideas that the travellers may want to accomplish. With the minimum duration of half a day, the outings are carried out throughout the year, and take place in Montesinho Natural Park, Douro Internacional Natural Park, and Albufeira do Azibo - protected areas that are part of the Meseta Ibérica Biosphere Reserve. Per request, a little more distant tours may be organized, to places such as the Alto Douro Wine Region.

Montesinho Aventura

Address: Rua do Meio 5300-542 Montesinho

(BRAGANÇA)

Telephone: +351 273 919 007

E-mail: montesinhoaventura@mac.com **Website:**

<http://www.montesinhoaventura.com>

Other informations:

Registration No.: 46/2006;

Activities:

Walking; Cycling; Off-roading; Canoeing; Orienteering; Target shooting; Paintball; Abseiling and Aerial slides;

Tempo D'Alquimia - Ambiente Cultura, Turismo na Natureza, Lda

Address: Rua Professor Doutor Mota Pinto, 39 - 2º

5300-437 Bragança

Telephone: +351 934 688 543

E-mail: alquimia.turismo.natureza@hotmail.com

Other informations:

Registration No.: 281/2011;

Activities:

Fishing; Walking; Nature watching; Birdwatching; Horse-Riding; Observation of geology; Mountain Climbing;

Payments:

Credit cards accepted; Travellers Cheques accepted;

We are an environmental company, concerned with the well-being and equilibrium of the sublime ecosystem Earth.

We have developed various activities in order to show a region with a natural, broad and diverse, where you can still see nature

in its pure.

The promotion, dissemination and defense of this particular region - Northeast Transmontano - in all its perspectives, particularly those that relate to tourism, environmental protection, safeguarding the traditions and gastronomy and appreciation of the historical, cultural and natural. Visits to monuments, museums and other places of tourist interest relevant.

Cabeceiras de Basto

Projeto Raízes

Address: Rua do Casal, 254860-133 Cabeceiras de Basto

Telephone: +351 932 950 458

E-mail: info@projetoraizes.pt **Website:**

<http://www.projetoraizes.pt>

Other informations:

Clean&Safe – The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com/en/node/422183.

Activities:

Walking; Nature watching; Cycling; Birdwatching; Observation of geology; Mountain Climbing;

Payments:

Travellers Cheques accepted;

Projeto Raízes is a company of touristic and scientific entertainment, from Cabeceiras de Basto. Since 2014, we dedicate ourselves to provide quality services to North Portugal visitors, and to promote all that this region has to offer. Pedestrian nature trips, cultural, gastronomic, ethnographical and religious touristic routes, and interactive programs for people to contact with those traditions that truly feature our villages, these are some of the services that our clients enjoy the most. We value the customization of the service to each client or group of clients, and invest in the partnerships (housing, transports and activities), that allow us to meet their expectations.

Scientific Entertainment - Designed to be a fun complement in the children's vacations, creating different family moments. This service offers to the mini-scientists the opportunity to make scientific experiments in the housing unit.

Caminha

Caminha 4X4

Address: 4910-603 -Vilarelho / Caminha

Telephone: +351 925 597 203

E-mail: caminha4x4@gmail.com **Website:**

<http://www.caminha4x4.pt>

Activities:

Off-roading;

Jeep tours in Caminha

Caminha 4x4 will show the region by dirt roads of farmers, hunters and off road lovers. There are tours proposals, but the trips can be customized to each client.

Tours available at: www.caminha4x4.pt

MinhAventura - Atividades de animação turística, Lda.

Address: Calçada de Stº Antonio, 1 - 2º Esqº. 4910-122 Caminha

Telephone: +351 962 023 674 / 5

E-mail: info@minhaventura.com **Website:**

<http://www.minhaventura.com>

Other informations:

Registration No.: 64/2004;

Activities:

Walking; Orienteering; Target shooting; Windsurfing; Paintball;

Quokka

Address: Rua da Calçada Nova nº 300, 4910-189

Why Caminhak? Caminha is mountain, village and beach in a small area. It has a special light that changes every hour of the day, this region has the right ingredients for those who want a memorable holidays.

The brand Caminha 4X4 offers another activity to be undertaken by anyone visiting the area and is an asset to the touristic operators present to their clients.

The trips are conducted in UMM Jeeps, a Portuguese brand. All rtours include stops for lunch or snacks (depending on the time) and tasting the regional typical products.

Quinta de Chelo - Turismo Equestre

Address: Rua de Chelo, 7 4910-582 Vilar de Mouros

Telephone: +351 916 743 088

E-mail: quintadechelo@gmail.com

Other informations:

Various routes available with varying levels of demand.

Activities:

Nature watching; Birdwatching; Horse-Riding; Observation of geology;

Horse riding trails through the village of Vilar de Mouros. For people with or without experience. We also provide first-time experiences for the youngest children and trail rehearsals for nervous riders.

Castelo de Paiva

Cais Douro41

Address: Quinta das Fontaínhas - Vista Alegre

4550-631 - Raiva / Castelo de Paiva

Telephone: +351 255 690 170

E-mail: info@douro41.com **Website:**

<http://www.douro41.pt>

Other informations:

Registration No.: 326/2011;

Activities:

Boat Trips; Fishing; Walking; Boats for hire; Canoeing; Waterski; Jet ski hire; Hydrospeed;

Payments:

Credit cards accepted; Travellers Cheques accepted;

Caminha

Telephone: +351 911 993 963

E-mail: geral@quokka.pt

Other informations:

We organise various nature activities such as retreats, environmental awareness, workshops, trips, hikes and team building.

Activities:

Walking; Nature watching; Whale watching; Orienteering; Birdwatching; Observation of geology; Mountain Climbing; Trekking;

Payments:

Credit cards accepted;

Our mission is to create sustainable solutions for companies and people that enable them to walk the path towards sustainability, making the world a better place. We believe that outdoor activities are a great enhancer of well-being, as well as promoting the personal development of all individuals. We want to combine discovering the world with building a sustainable path by promoting training, awareness-raising and travelling around the world so that everyone feels more responsible.

Out of Town (Outdoor Activities)

Address: Lugar de Talas, Fornos 4450-406 Castelo de Paiva

Telephone: +351 934 374 846

E-mail: outoftownhostel@gmail.com **Website:**

<http://www.outoftownhostel.com>

Activities:

Boat Trips; Walking; Canoeing; Sailing; Waterski; Canyoning; Paddle surf; Trekking; Wakeboard;

Accessibility:

Care skills: Visual impairment, Motor disability, Mental disability;

The Out of Town - Outdoor Activities was born as a place for sharing, where you can practice an active lifestyle, in a perfect balance with nature. We are located in Castelo de Paiva , a strategic place for a city brake, it is only 55km from Oporto and 2km from the River Douro. With us you can practice outdoor activities, mainly water sports, in a enjoyable and fun way. We also offer packages for groups (shools or team building), making sure that you will spend a lovely day. We offer accommodation in a rustic environment!! Hope to see you soon

Celorico de Basto

Emotions

Address: Rua Dr. Baltazar Rebelo de Sousa, Ed. Galeria Nova, 17 4890-377 - Celorico de Basto
Telephone: +351 965 231 852

E-mail: geral@emotions.com.pt **Website:** <http://www.emotions.com.pt>

Other informations:

Registration No.: 697/2015

Activities:

Boat Trips; Walking; Nature watching; Cycling; Off-roading; Boats for hire; Canoeing; Kayak; Orienteering; Birdwatching; Paintball; Abseiling and Aerial slides; Observation of geology; Rafting; Mountain Climbing; Potholing; Motorbike rental; Bike hire;

The simple region where we operate has led us to believe that culture, flavors and sports can go hand in hand.

The Emotions arise as an innovative project that aims to connect all that the North of Portugal (Minho, Trás-os-Montes e Alto Douro) has to offer.

These regions, joined by the river Tâmega, sheltered by Monte de Farinha and blessed by nature, are the starting point for a great adventure.

In partnership with the Romanesque Route, Vinho Verde Route and the most prestigious Charm Hotels and Cottages, we promote sports, cultural and gastronomic activities for families, businesses and groups, that they can enjoy the true concept ""Emotions"".

For us, your dream is our goal.

Chaves

Ideias Essenciais Eventos

Address: Avenida do Tâmega, 344400 Chaves

Telephone: +351 933 210 651

E-mail: geral@ideiasessenciais.pt **Website:** <http://www.ideiasessenciais.pt>

Other informations:

Clean&Safe – The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com/en/node/422183.

Activities:

Walking; Paragliding; Nature watching; Cycling; Off-roading; Canoeing; Karting; Orienteering; Birdwatching; Climbing; Paintball; Off-road motorcycling; Abseiling and Aerial slides; Observation of geology; Rafting; Mountain Climbing; Canyoning; Bike hire;

Ideias Essenciais - Tours e Eventos is not a company like others that gathers tourists, takes a history lesson on the monuments of the cities and in the end says goodbye!

No, these are not us!

We are much more than that! We are people who like what we

do, we like to provide our tourists with unique experiences of interaction with traditions and people of the region.

We are a company dedicated to tourist support in the Alto Tâmega and Eurocidade Chaves-Verin Region, we are located in Chaves in the north of Portugal.

We have tours for all Alto Tâmega (Chaves, Boticas, Montalegre, Ribeira de Pena, Vila Pouca de Aguiar, Valpaços) and Eurocidade (Chaves, Verin (Spain)).

Diversified tours, from landscape, cultural, adventure, religious, gastronomic.

Unique tours in which we take tourists to unique experiences and situations in our region, from going to eat at the farmer's house, drinking wine directly from the wine barrel, picking the chestnut, making the bread itself, sleeping in the middle of the mountains, visit Larouco full of snow and see the beautiful waterfalls that our region has.

All our Tours are prepared with overnight stays and food if the client so wishes, as well as guides in several languages.

Our tours can be made from two people or to large groups.

Highlighted and advised by the welcoming and helpful way in which we treat all groups that come to us, accompanying them from the first to the last minute.

We have the ability to facilitate group transport through our 9-seater vans and buses, as well as making reservations and reservations at restaurants, hotels and other services in the region, with special prices for groups, and associations.

We are registered in Turismo of Portugal with the RNAAT nº: 532/2016, with headquarters in the City of Chaves.

Come and enjoy the best of Alto Tâmega with Ideias Essenciais - Tours e Eventos, a different way of living and feeling tourism.

We also do several sightseeing tours (excursions) for the whole country and abroad.

We organize all kinds of Events!

Services:

- Tourist accompaniment with specialized guides;
- Sightseeing and tours;
- Personalized and appropriate tourist programs for the client;
- Guided visits to museums, monuments and other places of heritage interest;
- Walking and hiking routes;
- Activities and teambuilding;
- Event planning and management.

Cinfães

Deltatur, Atividades Turísticas Lda

Address: Rua Capitão Salgueiro Maia 4690-047 Cinfães

Telephone: +351 255 563 201

E-mail: geral@deltatur.pt **Website:**

http://www.deltatur.pt

Other informations:

Clean&Safe – The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com/en/node/422183.

Activities:

Walking; Cycling; Off-roading; Bike hire;

Payments:

Credit cards accepted; Travellers Cheques accepted;

Accessibility:

Activities accessible to people with disabilities;

Deltatur was founded in Cinfães, part of the Douro region, where nature tourism can be linked by its proximity to Porto, where old and new embrace themselves, and not far from our neighbour Spain. Here it's essential that tourism lands in the hands of the right team to develop it, innovate it and create diversity of activities, showing the world the best Portugal has to offer.

Deltatur, is born to answer an handicap on touristic activities at Douro region in particular and in Portugal in general, with clear objectives, suitability and civilian and environmental responsibility. We present ourselves with the best service, our know-how and way of being, to bring to this region people from all around the world and show them our beautiful landscapes, our gastronomy, our people, our traditions, culture and ancient roots. We will always know how to welcome our visitants. As we will always know how to take the name of our region and country to far away places.

It's our purpose to give our clients different experiences which will allow them to get involved with our region in a real proximity with our natural and cultural heritage. We invite our clients to profit at most all we have to offer by bike, by walking or in one of our comfortable AT vehicles, following routes which were carefully chosen to make each experience unique and fully enriching.

Esposende

Dunar - Turismo e Lazer do Norte, Lda.

Address: Travessa Sr^a das Neves, 9 - Marinhas 4740-577 Esposende

Telephone: +351 253 963 331 - 968 680 025 Fax: +351 253 963 331

E-mail: dunarlazer@gmail.net **Website:**

http://www.dunar.pt

Other informations:

Registration No.: 39/2004;

Activities:

Boat Trips; Diving; Walking; Bodyboard; Surfing; Cycling; Off-roading; Boats for hire; Canoeing; Kayak; Karting; Orienteering; Target shooting; Kitesurfing; Horse-Riding; Climbing; Paintball; Off-road motorcycling; Abseiling and Aerial slides; Rafting; Mountain Climbing; Canyoning; Motorbike rental; Bike hire;

EscoladeKiteSurf.com

Address: R. da Central, 5^oC 4740-537 Esposende

Telephone: +351 938 332 245

E-mail: info@escoladekitesurf.com **Website:**

http://www.escoladekitesurf.com

Other informations:

Registration No.: 76/2011

Stand Up Paddle;

Activities:

Surfing; Kitesurfing;

Teaching the best and safest techniques for handling the kite or board is our motto. Helping you improve in Kite, Surfing or Paddle or just give you moments of pure fun is our goal.

Escola de Kitesurf has the best equipment and the best staff so

OM Surfschool

Address: Praia de Ofir - Apúlia / Esposende

Telephone: +351 914 007 596

E-mail: ondamagna@gmail.com **Website:**
<https://ondamagna.com/>

Activities:

Walking; Bodyboard; Surfing; Canoeing; Paddle surf;

Payments:

Credit cards accepted;

OndaMagna - Surf School (OM Surfschool Lda), certified by the Portuguese Surfing Federation (FPS) since 2007, is a project, pedagogically oriented, for the diffusion and development of SURF, essentially developing its action in the beaches of Ofir, Apúlia and Esposende - Braga. We present ourselves duly accredited with the Tourist Animation Permit nº 92/2021, and we also promote, alongside the surfing activities, YOGA, bodyboarding, paddle surfing (SUP), among other activities that connect well with sea, sun, beach and nice vibes ;).

Currently we have the following services: Surf School, with regular classes for beginners, intermediate and advanced; Summer vacation camps; Surf shop; Surf Camp (accommodation solutions); Orientation of internships for students of Professional Courses; Pedagogical programs, aimed at school audiences, in the sports, cultural and environmental fields; Team Building programs for companies; and Birthday parties.

Fafe

Rilhadas Turismo

Address: Rua de Cancelo, 444 4820-18 Cepães - Fafe

Telephone: +351 253 59 19 16

E-mail: rilhadas@rilhadas.com **Website:**
<http://www.rilhadas.com>

Other informations:

Registration No.: 100/2011;

Activities:

Fishing; Walking; Cycling; Canoeing; Kayak; Karting; Orienteering; Target shooting; Climbing; Paintball; Abseiling and Aerial slides; Motorbike rental; Bike hire;

Payments:

Credit cards accepted;

It is in full nature of Minho born a single space, encompassing sport, tourism and leisure, providing unforgettable experiences. Rilhadas countryside is the first resort in the country, with a differentiated product offering and: kart track, golf course, swimming pools, soccer field, tennis, beach volleyball, adventure circuit (climb, slide, rappel, floating bridges, shooting, paintball and web), hiking, canoeing, cycling, mountain biking, multipurpose pavilion, restaurant and a house to organizing major events, with respect to old traces of Minho traditional buildings. Apart from feeling surrounded by a country setting on over five acres of nature, will be able to enjoy a quality service with professionalism, creativity, innovation, dedication, social and environmental responsibility. In the nature of Minho, we look to nature, to its essence and to their well-being. Welcome back!

you can move quickly and safely in these Sports.

The Escola de KiteSurf is not there just teach you the first steps but to always accompany you in your evolution as a sportsman. Always keeping you up to date with the new equipments and new trends.

Speedkart Indoor Fafe

Address: Zona Industrial do Socorro 4820-570 Fafe

Telephone: +351 253 591 177

E-mail: speedkart.geral@gmail.com **Website:**
<http://www.speedkart.pt>

Payments:

Credit cards accepted;

Activities:

Karting;

Accessibility:

Support products/services available: Hearing impairment; Care skills: Hearing impairment;

Speedkart is a sports recreational space where the Indoor Kart track is the focus of visitors' attractions.

The Speedkart has a karts for adults and karts for children aged 7 to 14 years.

In addition to the 350m perimeter kart track, the Speedkart offers its customers several daily spaces such as a bar, lounge and living room, a balcony with a privileged view of the track and a semi-covered outdoor terrace that works in summer and winter.

The Speedkart is located in an industrial area just 2 km from the city center and the A7 motorway exit. They have easy free car parking and have other services such as a bar and restaurant a few meters away

Gondomar

Follow the Rose

Address: Rio Tinto

Telephone: +351 914 662 981

E-mail: info@followtherose.online **Website:** <https://www.followtherose.online/>

Other informations:

Taylor made tours.;

Activities:

Walking;

Initiative aimed at totally unique itineraries and expeditions.

Founded by Rosa Reis, the main objective of Follow the Rose is to promote walks in urban and natural spaces and to be a mediator of history and stories, and a stimulator of experiences and memories.

It is a self-sustaining organization in itineraries that instigate curiosities, knowledge, contemplation and unique experiences.

Oporto Mountain Tour

Address: Rua dos Afonsos, 20 casa 3 4435-610 Baguim do Monte / Gondomar

Telephone: +351 933 852 970 / 914 444 325

E-mail: oportomountaintour@hotmail.com **Website:** <http://www.oportomountaintour.com>

Other informations:

Registration No.: 377/2015

Activities:

Nature watching; Off-roading; Birdwatching; Observation of geology; Mountain Climbing;

Oporto mountain tour it's a company that does one tour in the mountains around the city of Oporto, where the people can be in touch with nature and see beautiful landscapes in a vehicle 4x4. We visit gold mines dug by romans about 2000 years ago, observe rare plants in their natural habitat like the tree fern, and enjoy a panoramic view of the city of Oporto. During the tour we are also visiting the ancient village of Couce, and we stop in a little coffee where the people can taste tradicional portuguese delicacies. Besides all of this can still join a visit to Aveleda's farm for people appreciated wine and nature.

Trash Stress

Address: Rua Casais Novos 4435-151 Rio Tinto - Gondomar

Telephone: +351 914 659 774

E-mail: info@trashstress.com **Website:** <http://www.trashstress.com>

Activities:

Walking; Nature watching; Trekking;

Payments:

Credit cards accepted;

Porto Yoga will help you return home relaxed with our memorable Yoga experiences. Beer Yoga will help you to be in here and now with a delicious craft beer, imported or local. Yoga in Porto by the Douro River with Vegetarian Food will leave your soul full of happiness and your body healthy. Can't you come to

Landsea

Address: Rua do Cidrão, 28 4510-081 Jovim

Telephone: +351 911 557 920

E-mail: geral@landsea.pt **Website:** <http://www.landsea.pt>

Activities:

Boat Trips; Walking; Nature watching; Whale watching; Off-roading; Boats for hire; Canoeing; Birdwatching;

Accessibility:

Activities accessible to people with disabilities;

Come and enjoy the beauty of the Douro, privately and on board a luxury trip with a tailor-made program!

Patorra Adventure

Address: Rua Zona Industrial do Passal, 1164510-800 S. Pedro da Cova/ Gondomar

Telephone: +351 224 639 172

E-mail: patorra.adv@patorra.pt **Website:** <http://www.patorra.pt>

Activities:

Walking; Canoeing; Kayak; Orienteering; Target shooting; Climbing; Paintball; Abseiling and Aerial slides; Mountain Climbing; Potholing; Canyoning;

The Patorra company began its activity 20 years ago as a manufacturer of Climbing Holds and Climbing Walls.

Over the years the company has been growing and at this moment we already have several departments such as Patorra Adventure that was created for the accomplishment of sports/adventure activities.

Patorra Adventure has all the permits and insurance necessary for the organization of events with regard to tourism and nature tourism.

We have top equipment and monitors duly qualified to carry out all our activities.

Our main activities are:

- **Canyoning**, that consists of crossing streams, walking or swimming, with jumps and deprivations, using techniques of rope maneuvers
- **Caving**, which is the exploration of caves and natural cavities.
- **Trekking** along natural trails.
- **Radical Activities** in adventure park or natural context

We also organize Team Building activities, birthdays and bachelor parties!

We are sure that we are the ideal company to ensure that you will enjoy yourself, always in security and with attractive price!

Challenge your limits and embark on this adventure!

Porto? Do Yoga experiences online like Bed Yoga with Yoga in bed for a deep stretch. Book your experience now on our safe website.

Guimarães

Foxtrot Aventura

Address: Parque de campismo da barragem da Queimadela Rua da Barragem s/n4820-630 Revelhe - Fafe
Telephone: +351 930 514 891 / 253 172 560
E-mail: geral@foxtrotaventura.pt **Website:** <http://www.foxtrotaventura.pt>

Other informations:

Registration No.: 216/2013;

Activities:

Boat Trips; Walking; Nature watching; Cycling; Off-roading; Canoeing; Kayak; Sailing; Orienteering; Target shooting; Birdwatching; Climbing; Abseiling and Aerial slides; Rafting; Mountain Climbing; Canyoning;

Slide, Abseiling, Climbing, Paintball, Maneuvering Ropes, Canoeing, Canyoning, Sailing, Shooting Accuracy are some of our adventures ... We started this "adventure" on an informal basis at the beginning of the nineties and we want it to naturally evolve to something more professional and appropriate to the challenges that inherently arise. We have sought to equip ourselves with quality equipment and materials and develop personally by getting the know-how which is our most extensive plus-value. It has been achieved by a young and knowledgeable team that organize all sorts of adventure sport events. We have a variety of customers who range from numerous public to private entities of recognized reputation.

MTB in Portugal

Address: Av. Conde Margaride, 175 - Lab 24810-535 Guimarães
Telephone: +351 253 194 440
E-mail: info@mtbinportugal.pt **Website:** <https://mtbinportugal.pt/>

Other informations:

Clean&Safe – The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com/en/node/422183.

Activities:

Boat Trips; Cycling; Mountain Climbing; Trekking; Bike hire;

Payments:

Credit cards accepted;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Mental disability; Care skills: Mental disability;

MTB in Portugal was born from the friendship of two nature lovers.

Combining our passion and our experience of more than 16 years of nature activities, we decided to share our adventures and create a specialized offer of guided tours by the nature for different groups.

With us, you can enjoy pleasant bike tours through the charming

LT Tours

Address: Rua Almeida Garrett, 88 - 4º Dto 4835 012 Guimarães
Telephone: +351 928 094 003
E-mail: geral@leguastantas.com **Website:** <http://www.leguastantas.com>

Activities:

Walking; Nature watching; Off-roading;

Accessibility:

Activities accessible to people with disabilities; Care skills: Motor disability;

What more do we all want than something completely new and unknown? For an utterly unforgettable experience, LT Tours invites you to join us in exploring the most breath-taking scenery of Northern Portugal – from the Minho River in the north to the Douro in the south, the region centres on the amazing wilderness of Peneda-Gerês, Portugal's first, and still only National Park. We will guide along winding roads that criss-cross rugged mountains and verdant valleys, taking in granite villages suspended in time. With your comfort and safety uppermost in our priorities, you will be riding in a top-of-the-range 4 x 4 equipped with multi-zone air conditioning, free Wi-Fi and all the amenities you could wish for.

city of Guimarães or go for an adventure of several days along the "Camino de Santiago".

By bike or on foot, the choice is yours.

Lamego

Inka

Address: Largo da Vitoria, 3 - Apart 4 5101-909

Lamego

Telephone: +351 254 609 020 **Fax:** +351 254 609 029

E-mail: limajunior@mail.telepac.pt **Website:**

<http://www.limajunior.net>

Other informations:

Registration No.: 42/2012;

Activities:

Boat Trips; Fishing; Cycling; Off-roading; Boats for hire; Canoeing; Climbing; Paintball; Canyoning; Jet ski hire;

Ânima Durius - Atividades Turísticas, Lda

Address: Quinta dos Poços, Valdigem 5100-829 Lamego

Telephone: +351 22 243 79 28 **Fax:** +351 22 243 79 28

E-mail: geral@animadurius.pt **Website:**

<http://www.animadurius.pt>

Other informations:

Clean&Safe – The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com/en/node/422183.

Activities:

Boat Trips; Walking; Nature watching; Whale watching; Cycling; Canoeing; Kayak; Windsurfing; Off-road motorcycling; Waterski; Mountain Climbing; Motorbike rental; Bike hire;

Welcome Aboard!

Ânima Durius is a registered tourism company created to provide you unique and memorable experiences. We offer you two beautiful sailboats so you can enjoy the peace and the lush of Douro's landscape. With or without skipper, come live moments of pleasure, in contact with nature, the wind, in the calm and sheltered waters of the river Douro.

We also provide wine tastings and guided tours of Quinta dos Poços, one of the region's oldest estates and property of the family.

Discover with us the most beautiful places and the best gastronomy of the region. Embark on an indelible passion of fresh water that will exceed your expectations!

Naturimont - Desporto Aventura e Turismo, Lda.

Address: Rua Nova, nº 26 5100-154 Lamego

Telephone: +351 969 081 507 - 963 071 189 **Fax:** +351 254 613 918

E-mail: info.naturimont@mail.telepac.pt **Website:**

<http://www.naturimont.com>

Other informations:

Clean&Safe – The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com. (link para <https://www.visitportugal.com/en/node/422183>)

Activities:

Walking; Off-roading; Canoeing; Target shooting; Paintball; Abseiling and Aerial slides;

Naturimont, of Lamego in the Douro Demarcated Region, was founded by a team of experienced professionals who, over the last six years, have built up their reputation for the Promotion and Organisation of Sporting Events and Tourism-Sporting Facility Management.

In addition to this wide-ranging experience, the company's founding objective is to set the benchmark for quality services featuring every due safety requirement. Client confidence is an essential aspect of our mission.

Maia

Headshot Paintball

Address: Rua Nova de Quiráz4475-712 Maia

Telephone: +351 926 261 826

E-mail: geral@headshot.pt **Website:**
<http://www.headshot.pt>

Activities:

Walking; Paintball;

Payments:

Travellers Cheques accepted;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Visual impairment, Hearing impairment, Motor disability, Mental disability; Care skills: Visual impairment, Hearing impairment, Motor disability, Mental disability;

10 000 Square Meters for a day of fun

Marco de Canaveses

Enjoy Douro

Address: Cais de Bitetos 4574-000 Alpendorada

Telephone: +351 916 931 980

E-mail: info@enjoydouro.com **Website:**
<http://www.enjoydouro.com>

Activities:

Walking; Rafting; Paddle surf; Trekking;

Accessibility:

Activities accessible to people with disabilities;

Awesome adventures with local guides in northern Portugal. Get in touch.

Matosinhos

Flyfip

Address: Edifício C.C.Ancora Praça da República - Fração V 4910 453 - Vila Praia de Ancora

Telephone: +351 926 701 841 / 22 955 54 72

E-mail: flyfip@flyfishinginportugal.com **Website:**
<http://www.flyfishinginportugal.com>

Other informations:

Registration No.: 288/2012;

Activities:

Fishing;

FLYFIP organizes fly fishing trips, with the continuous monitoring of an experienced guide that provides all the equipment and ""tips and tricks"" that will be necessary in order to create special moments that only this type of fishing can provide.

The recognized benefits of outdoor activities for health benefits can now be complemented with the pleasure of fishing.

FLYFIP promotes training of fishing activities with plume (fly fishing) from diagnosing, supportive training and the evaluation of the clients' effectiveness, which contributes to a better performance of first time fishermen.

Favoring a strong practical component, the training at FLYFIP is spread over three easy learning modules, providing moments of pure fun and relaxation irrelevant of whether or not you have a

Motion Degree

Address: Rua 16, Nº 37 4470 Maia

Telephone: +351 914 637 562

E-mail: info@motiondegree.com **Website:**
<http://www.motiondegree.com>

Other informations:

Registration No.: 280/2011;

Activities:

Walking; Orienteering; Target shooting; Climbing; Paintball;

Abseiling and Aerial slides; Mountain Climbing; Canyoning;

Motion Degree is a reference in Outdoor Activities and Adventure Sports.

Kartódromo do Cabo do Mundo

Address: Rua de Almeiriga Norte, 2242/2310 4455-417 Perafita

Telephone: 229 959 852 Fax: 229 963 994

E-mail: kartodromocabomundo@gmail.com

Other informations:

Registration No.: 84/2002;

Activities:

Karting;

Porto Privat Yacht

Address: Rua do Monte Grande, 170 4465-702 Matosinhos

Telephone: +351 919 832 071 / 919 746 486

E-mail: cc.coutinho@sapo.pt

Activities:

Boat Trips; Boats for hire;

lot of experience.

All the necessary equipment is provided by FLYFIP.

Onda Pura Escola de Surf

Address: Avenida General Norton de Matos - Praia do Passeio Atlântico 4450-295 Matosinhos
Telephone: +351 967 347 697

E-mail: info@ondapura.com **Website:** <http://www.ondapura.com>

Other informations:

Clean&Safe - Esta empresa cumpre os requisitos de higiene e limpeza para prevenção e controlo do vírus COVID-19, de acordo com as recomendações da Direção Geral da Saúde. Mais informações em www.visitportugal.com. (link para <https://www.visitportugal.com/pt-pt/node/422183>)

Activities:

Surfing; Kayak; Motorbike rental; Bike hire;

The Onda Pura Surf School has been located at Praia de Matosinhos since the year 2000, this is one of the beaches in Portugal most suited for surfing lessons, ideal for beginners and intermediates. Porto, considered to be part of the World's Historical Patrimony, offers an endless amount of cultural and entertaining activities such as: museums, monuments, concerts, good restaurants and bars, nightlife, shopping, etc..

Onda Pura Surf School now presents an innovating program for your holidays that features beginner, intermediate and advanced surf classes at the best beaches of northern Portugal, combined with unforgettable entertainment in Oporto, a city whose beautiful downtown is part of the World's Historical Patrimony.

Enjoy Life...Come and surf with us!!

Surfaventura - Escola de Surf

Address: Av. General Norton de Matos Praia de Matosinhos (junto ao Vagas Bar) 4450-208 Matosinhos
Telephone: +351 963 156 441 - 963 898 095

E-mail: surfaventura@gmail.com **Website:** <http://www.surfaventura.com>

Other informations:

Registration No.: 364/2011;

Activities:

Bodyboard; Surfing;
Surf School, Lessons and equipment hire, Surfcamp, Surfariis, Camps.

Wheel Nuts Cyclotouring

Address: Rua Padre António Francisco de Sousa, 65 - 1º Traseiras 4475-314 Nogueira da Maia
Telephone: +351 938 076 430

E-mail: info@wncyclotouring.pt **Website:** <http://wncyclotouring.pt>

Other informations:

Registration No.: 803/2015

Guided or self-guided MTB and/or road cycling tours

Payments:

Credit cards accepted;

Activities:

Nature watching; Cycling; Observation of geology; Bike hire;

We at Wheel Nuts Cyclotouring organize bicycle tours in

Walk-On-Wind Lda.

Address: Pólo do Mar Avenida da Liberdade 4450-718 Leça da Palmeira

Telephone: 351963237060 **Fax:** 351229388252

E-mail: wow@walkonwind.eu **Website:** <http://www.walkonwind.eu>

Other informations:

Registration No.: 228/2011;

Activities:

Boat Trips; Fishing; Boats for hire; Sailing;
Walk-On-Wind Lda (WOW) is a nautical services company. With WOW, it's possible to learn how to sail through a series of courses, especially conceived to adapt to the levels of everyone. WOW also allows who pretends to enjoy the sea to rent a sailing yacht (with or without skipper) for half a day, 1 day, 1 week, or more.

WOW also organizes corporate events, as well as business tour for working teams or special clients.

Besides these services, WOW also sales nautical material and products (yachts, technical clothes, sails, etc.)

WOW represents in Portugal the blokart sailing karts. With blokart, it is now possible to sail on land and experience extreme windy sensations. Contact us to try!

With WOW, enjoying the sea has become possible with a large range of offers. Visit our website.

Portugal, one of Europe's oldest and most scenic countries.

The basis of all our tours is to promote the cultural values of Portugal, its people, its rich history, architecture and natural beauty. It was from our own personal, positive experiences over the years that we decided to start Wheel Nuts Cyclotouring. Our goal is simple: to share our experience and enthusiasm for cycling in Portugal with others who are interested in discovering this great country for themselves. For those who want an active vacation, we offer a range of relaxing cycling tours from one or two days to longer endurance trips of up to two weeks. We also organize training camps as well as groups for participation in bike events like MTB marathons, MTB XCO races, MTB 24h endurance races, for those who enjoy more competitive cycling.

Melgaço

Associação Coraltours Minho

Address: Rua Coto Do Pereiro, 234960-270, Melgaço

Telephone: +351 938 622 584

E-mail: coraltours20@gmail.com **Website:**
<http://www.coraltoursminho.com>

Activities:

Walking; Canoeing; Kayak; Rafting; Paddle surf; Trekking;

Payments:

Credit cards accepted;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Visual impairment, Hearing impairment; Care skills: Visual impairment, Hearing impairment;

Miranda do Douro

Cruzeiro Ambiental Douro Internacional

Address: Parque Náutico 5210-170 Miranda do Douro

Telephone: +351 273 432 396

E-mail: info@europarques.com **Website:**
<http://www.europarques.com>

Activities:

Boat Trips; Nature watching; Boats for hire; Canoeing; Kayak; Birdwatching; Observation of geology;

The school-ship of the International Biological Station (EBI) penetrates the most spectacular stretch of border park of Arribes del Duero / Douro International, interpreting the fauna, flora, geology and ethnographic resources of this "European Grand Canyon" and spectacular vertical cliffs, with options of 1-3 hours of activity and even several days for groups.

The ship has 120 seats, it is soundproofed and integrated into the landscape, it features a panoramic inner decks under glass, outdoor terraces for all passengers, laboratory, Outdoor Microphone to fauna and cameras with infrared night vision for research. The tours operate all year round, and end with a tasting of Oporto wine, along with a didactic and interactive exhibit with wildlife, and recovery programs and captive breeding of the EBI.

The departures are made next to the City of Miranda do Douro (Portugal), on its border with Zamora (SPAIN), from EBI piers with plenty of parking, VIP area, bathrooms and exhibition area, fully

Douro Pula Canhada

Address: Apartado 11 5210-909 Miranda do Douro

Telephone: +351 273 431 340 / 961 561 119 **Fax:** +351 273 431 340

E-mail: info@douropulacanhada.com **Website:**
<http://www.douropulacanhada.com>

Other informations:

Registration No.: 215/2012;

Activities:

Walking; Nature watching; Cycling; Off-roading; Canoeing; Kayak; Birdwatching;

Welcome to the most intimate side of the North-East of Portugal, known as Nordeste Transmontano. Discover a region where the kindness of the locals complements a background of natural beauty and great cultural richness, with thousands of years of history.

Away from the hustle and bustle of big cities, DOURO PULA CANHADA develops activities, activity programs and themed weekends where tourists' expectations will be exceeded and companies' desires to escape the intensity of work or the urban life will be met. We meet leisure and well-being needs in harmony with the flora and fauna of the region, enhancing contact with the rural environment, people, crafts, cuisine, traditions and regional festivities.

Try something different to the conventional tourist routes and

accessible to elderly and disabled people alongside the boat. With its proximity to Miranda do Douro, the spectacular Environmental Cruise it's completed with the medieval appeal of this border town, excellent gastronomy and hotel facilities, as well as its shopping zone, ethnographic museum and historic-monumental area.

The E.B.I. has received among others, the First National Tourism Award and the National Medal of Merit of Portugal, for their ecotourism projects and research-conservation of habitats and species, among which stands out the First Wind-Solar Catamaran of the world performing with divers and live, underwater interpretation of Sanabria Lake Natural Park.

Mirandela

Anitudes

Address: Rua Professor Pintor Gil Teixeira Lopes, 141 - 1.º Esq 5370-474 Mirandela
Telephone: +351 918 729 350 / 914 716 193
E-mail: anitudes.ao@outlook.com **Website:** <http://www.anitudes.org>

Other informations:

Registration No.: 5/2003

Activities:

Walking; Nature watching; Cycling; Off-roading; Boats for hire; Canoeing; Kayak; Orienteering; Target shooting; Birdwatching; Climbing; Paintball; Abseiling and Aerial slides; Mountain Climbing; Bike hire;

Payments:

Travellers Cheques accepted;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Motor disability, Mental disability; Care skills: Motor disability, Mental disability;

ANITUDES - cultural tourism and sports animation Lda. Is the oldest tourist entertainment company in the District of Bragança and under the legislation in force, it is registered to operate as a tourist animation company, RNAAT nº 5/2003

It is recognized by the Institute for Nature Conservation and Forests (ICNF) as a Nature Tourism activities company, thus being able to operate in areas classified with natural values that are recognized by the ICNF.

Our area of influence is based on the Northeast Transmontano in Portugal, privileging contact with the population and the various local agents, thus promoting the development of the territory where we operate, always with full respect for the preservation of material and immaterial heritage in order to contribute for the development of sustainable tourism.

We work with small groups, which allows us to develop programs of excellence depending on the type of experience you want to enjoy.

Our focus is based on safety in the development of activities, customer satisfaction and the commitment of our employees.

surprise yourself in a dream region, which will surely arouse your imagination through the senses.

NATURTHOUGHTS - Turismo de Natureza, Lda

Address: Rua 25 de Abril, 1095 - Carvalhais 5370-081 Mirandela
Telephone: +351 919 310 675
E-mail: geral@naturthoughts.com **Website:** <http://www.naturthoughts.com>

Other informations:

Clean&Safe - The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com/en/node/422183.

Activities:

Walking; Canoeing; Orienteering; Target shooting; Paintball; Abseiling and Aerial slides; Mountain Climbing;

Payments:

Travellers Cheques accepted;

Naturthoughts Ltd is a tourism animation company and a travel agent that aims to offer different experiences in safe, although challenging, environments where people and places have the most relevant role.

We work with small groups which enables us to develop programmes of excellency regarding the kind of experience you wish to enjoy - adventure within Nature, cultural or religious tours or even concerning local gastronomy.

We offer privileged contact with the most genuine of Portugal, in perfect harmony with the population and local people, by promoting the territory in a sustained way, preserving Patrimony and therefore increasing sustainable tourism.

Mogadouro

DouroPraino

Address: Rua de Cima 5200-384 Sanhoane - Mogadouro

Telephone: +351 933 898 221 / 915 268 884

E-mail: info@douropraino.com **Website:**

<http://www.douropraino.com>

Other informations:

Registration No.: 221/2012;

Activities:

Walking; Nature watching; Birdwatching; Observation of geology;
Mountain Climbing;

Payments:

Travellers Cheques accepted;

DouroPraino is a small ecotourism enterprise whose mission is to maintain sustainable tourism practices in the Portuguese region of Trás-os-Montes. Organise guide paths in natural parks and guided tours through towns and villages visiting cultural heritage

Moimenta da Beira

Crónicas da Terra - Turismo Natureza e Aventura

Address: Av. 25 de Abril, 40 3620-304 Moimenta da Beira

Telephone: +351 254 588 127 **Fax:** +351 254 588 127

E-mail: cronicasdaterra@sapo.pt **Website:**

<http://www.cronicasdaterra.pt>

Other informations:

Registration No.: 13/2007;

Activities:

Boat Trips; Fishing; Walking; Nature watching; Cycling; Off-roading; Canoeing; Kayak; Orienteering; Target shooting; Birdwatching; Climbing; Paintball; Abseiling and Aerial slides; Observation of geology; Rafting; Mountain Climbing; Canyoning; Hunting; Motorbike rental; Bike hire;

Mondim de Basto

Vertical Dream

Address: Pombal - Vilar de Viando 4880-212 Mondim de Basto

Telephone: +351 960 060 498

E-mail: info@verticaldream.org **Website:**

<http://verticaldream.org>

Other informations:

Registration No.: 82/2012;

Activities:

Walking; Nature watching; Canoeing; Kayak; Orienteering; Target shooting; Ski; Climbing; Paintball; Abseiling and Aerial slides; Observation of geology; Rafting; Mountain Climbing; Potholing; Canyoning;

Montalegre

Helder José Fernandes Moura

Address: Bairro de Lamelas, 1 5470-523 Friaes Montalegre

Telephone: +351 937 819 067

E-mail: ceitapaintball@hotmail.com **Website:** <https://www.ceita.pt/>

Activities:

Canoeing; Kayak; Target shooting; Paintball; Abseiling and Aerial slides; Paddle surf; Trekking;

Accessibility:

Activities accessible to people with disabilities; Care skills: Hearing impairment, Mental disability;

Javsport

Address: Fafião - Cabril 5470-017 Montalegre

Telephone: +351 252 850 621 - 96 616 87 17 Fax: +351 252 850 622

E-mail: aventura@javsport.pt **Website:** <http://www.javsport.pt>

Other informations:

Registration No.: 20/2003;

Activities:

Walking; Cycling; Orienteering; Target shooting; Climbing; Paintball; Abseiling and Aerial slides; Observation of geology; Mountain Climbing; Canyoning; Motorbike rental; Bike hire;

Paredes de Coura

BUGGYTOUR.PT

Address: Estrada da Questeve nº27, 4940-061 PAREDES DE COURA

Telephone: +351 937 145 039

E-mail: buggytour.pt@gmail.com **Website:** <https://www.buggytour.pt>

Activities:

Nature watching; Off-road motorcycling;

Discover the thrill of outdoor adventures with BuggyTour.pt! Our company offers unique and exciting experiences to explore Portugal's breathtaking landscapes.

With powerful and safe buggies, our expert guides will take you on thrilling trails, unveiling the region's hidden secrets.

Whether you're a beginner or an experienced driver, our tours cater to all levels, providing comprehensive training and top-notch safety equipment.

Choose BuggyTour.pt for an unforgettable journey filled with adventure, excitement, and the natural beauty of Portugal. Book your customized buggy tour now!

Penafiel

Dourowake - Actividades Náuticas e Ecoturismo

Address: Solar de Sebolido Rua de S. Paulo 43 4575-541 Sebolido / Entre-os-Rios

Telephone: +351 962 755 823 / 220 131 755

E-mail: castro.m@dourowake.com **Website:** <http://www.dourowake.com>

Other informations:

Registration No.: 297/2012;

Activities:

Boat Trips; Fishing; Walking; Nature watching; Cycling; Off-roading; Boats for hire; Canoeing; Kayak; Sailing; Orienteering; Windsurfing; Birdwatching; Off-road motorcycling; Waterski; Motorbike rental; Bike hire;

The "Solar de Sebolido" is embedded in "Quinta das Lagoas", 80.000m2 of protected forest, with centenary trees and 400m of Douro river bank, a nautical centre - DouroWake, for the practice of water ski, wakeboard, kayaking, rowing, windsurf and sailing.

You can also enjoy a private river beach and eco-activities like guided nature observation tours, trekking and BTT

Peso da Régua

GoOnBike

Address: Rua Dr. José Mesquita, 2035050-023 Fontelas / Peso da Régua

Telephone: +351 932 642 512

E-mail: geral@GoOnBike.com **Website:**

http://www.GoOnBike.com

Other informations:

Registration No.: 317/2013 We advise using own bike. Duration of travel: 2-7 days. Guide and car support.;

Activities:

Walking; Cycling; Orienteering; Motorbike rental; Bike hire;

Come Travel by Bike. Discover unique and amazing places keeping direct contact with all that surrounds you. Let yourself fascinate with this kind of travel. Bicycle travel from north to south of Portugal, Azores and Madeira.

Pinhão

Companhia Turística do Douro, Lda.

Address: Urbanização Quinta Amarela, 10 r/chão 5085-038 Pinhão

Telephone: +351 254 732 702 **Fax:** +351 254 732 702

E-mail: companhiaturisticadodouro@gmail.com **Website:** **http://www.companhiaturisticadodouro.com**

Other informations:

Registration No.: 118/2011 ;

Activities:

Boat Trips; Boats for hire;

Payments:

Travellers Cheques accepted;

Ponte da Barca

PlanetaLima - Outdoor Adventure

Address: Rua D. Manuel I, nº47 4980 Ponte da Barca

Telephone: +351 96 631 92 63; 96 653 70 20 ; 96 664 88 17

E-mail: geral@planetalima; info@planetalima.com

Website: **http://www.planetalima.com**

Other informations:

Registration No.: 55/2008;

Activities:

Walking; Cycling; Off-roading; Canoeing; Kayak; Orienteering; Target shooting; Climbing; Paintball; Abseiling and Aerial slides; Rafting; Canyoning; Motorbike rental; Bike hire; PlanetaLima - Outdoor Adventure focus on the organization and promotion of sports and tourism. We have expert guides in the area, with knowledge of the region that offer our clients confidence and safety. We use appropriate and good quality materials that give the client all the security. We have a dynamic organization, safe and effective that, depending on the objectives of our clients, can offer moments of adventure, leisure and culture that can only be reached in this magnificent region.

Tobogã - Portugal Adventure Tours

Address: Rua da Cruz, 584, Lugar de Tamente 4980-315 Tamente / Ponte da Barca

Telephone: +351 915 707 938

E-mail: info@toboga.pt **Website:** **http://www.toboga.pt**

Payments:

Credit cards accepted;

Activities:

Cycling; Canyoning; Bike hire;

Tobogã - Portugal Adventure Tours is a tourist animation company, specialized in Canyoning, being the only one in the country with Professional and International Canyoning Guides, formed by the International Canyoning Commission (CIC) and International Canyoning Academy (ICA).

For over a decade, we have had a dedicated team with the mission of creating unique experiences for people who love nature and the outdoors and who are passionate about travel

and adventure experiences. In this way, we provide canyoning experiences, electric bike tours and we have Stand Up Paddle boards available for rent if you want to enjoy an activity independently.

Even with many years of experience, Tobogã has always had safety, integrity and excellence as its fundamental values, constantly equipping its guides with training in the biggest international reference for canyoning, CIC

In addition to external recognition through evaluations carried out on TripAdvisor, having been awarded the "Certificate of Excellence", consecutively in the years 2015, 2016, 2017, 2018 and 2019, our inclusive experiences, Tourism for All were also recognized by Portugal tourism as a good practice.

Ponte de Lima

BorealisOn Trekking, Lda

Address: Rua do Mormeiral, s/n - Rebordões Santa Maria 4990-750 Ponte de Lima

Telephone: +351 910 910 930

E-mail: ola@borealis.pt **Website:** <http://www.borealis.pt>

Other informations:

Registration No.: 292/2012 ;

Activities:

Boat Trips; Walking; Nature watching; Bodyboard; Surfing; Cycling; Off-roading; Canoeing; Kayak; Karting; Orienteering; Kitesurfing; Birdwatching; Climbing; Paintball; Off-road motorcycling; Ballooning; Parachutting; Observation of geology; Mountain Climbing; Potholing; Canyoning; Hunting; Borealis on Trekking: nature tourism, hiking, workshops, food and wine, city breaks, and touring routes. Our mission is to develop disruptive experiences and unforgettable for people and organizations, causing them to orbit each other and with nature, awakening smiles and contributing to their happiness. Our vision is to reach you, make your days worthwhile! Our values are vectorizados for simplicity, creativity and dynamism. We operate in Alto Minho (Ponte de Lima, Serra D'Arga, the Peneda Geres), Porto, Douro, Camino de Santiago.

Limaverde

Address: Rua do Cruzeiro, 19/21 4990-019 Ponte de Lima

Telephone: +351 965 788 377

E-mail: limaverde@portugalmail.pt **Website:** <http://www.limaverde.pt>

Other informations:

Registration No.: 316/2010;

Activities:

Boat Trips; Walking; Nature watching; Boats for hire; Canoeing; Boat trips in Lima's river.

Portugal Green Walks

Address: Rua Francisco Mendes, 30 - 3º Esq 4715-243 -Braga

Telephone: +351 93 607 74 62

E-mail: info@portugalgreenwalks.com **Website:** <http://www.portugalgreenwalks.com>; http://issuu.com/portugalgreenwalks/docs/portugalgreenwalks_brochure

Other informations:

Centro Equestre Vale do Lima

Address: Quinta da Sobreira -Feitosa 4990-351 Ponte de Lima

Telephone: +351 258 943 873 / 962 702 315

E-mail: cevl@sapo.pt **Website:** <http://www.grupojpimenta.com>

Other informations:

Registration No.: 289/2013;

Payments:

Travellers Cheques accepted;

Activities:

Horse-Riding;

PLV Center Park

Address: Rua de Santa Maria de Rebordões,186 4990-750 Ponte de Lima

Telephone: +351 925 715 003

E-mail: geral@plvcenterpark.pt **Website:** <http://www.plvcenterpark.pt>

Payments:

Credit cards accepted;

Activities:

Off-roading;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Hearing impairment, Motor disability, Mental disability; Care skills: Visual impairment, Hearing impairment, Motor disability, Mental disability;

Renascer

Address: Rua do Mercado - Edifício Mercado Municipal - Loja nº 184990 Ponte de Lima

Telephone: +351 258 938 491 / 966 186 326 **Fax:** +351 258 938 491

E-mail: soaresnautica@hotmail.com

Other informations:

Registration No.: 112/2013;

Activities:

Boat Trips; Diving; Fishing; Nature watching; Boats for hire; Birdwatching;

Registration No.: 42/2005;

Activities:

Boat Trips; Walking; Nature watching; Cycling; Off-roading;
Kayak; Orienteering; Birdwatching; Rafting; Canyoning;

Portugal Green Walks has many years experience as a tour operator providing top quality tourist services in the North of Portugal and Porto. The company builds on this in depth knowledge of the region to offer uniquely creative and innovative tours in the three specialist areas in which it focuses:- Nature Tourism, Gastronomy and Wines and Cultural Tourism

Highlights from our portfolio include:

- Walking tours in the Peneda-Gerês National Park and the Douro Valley
- The Portuguese Caminho to Santiago
- Horse riding holidays in the Peneda-Gerês National Park
- Cooking and wine tours through the Minho region and Douro Valley
- Gardens and landscapes in the North of Portugal and Galicia
- Romanesque Art route in Northern Portugal

These are programs that are individualized and carried out with feeling. They are created with concern to show the genuine and real Portugal with good taste and quality.

Porto

BirdWatching Portugal

Address: Porto

Telephone: +351 965 136 225

E-mail: info@birdwatching.com.pt **Website:**

<http://www.birdwatching.com.pt>

Other informations:

Registration nº 10/2015

Activities:

Boat Trips; Walking; Nature watching; Cycling; Off-roading;
Birdwatching; Observation of geology; Mountain Climbing;

Payments:

Credit cards accepted; Travellers Cheques accepted;

The BirdWatching Portugal offers diverse Nature Observation programs in Portugal and some spots of Spain.

Our offer is based on a close contact with Nature, which includes guided tours, photographic tours of Nature among other programs using reference accommodations and enriching activities. Our customers have the possibility to visit the main sites of nature observation of Portugal.

Our offer includes programs for individual clients, groups and companies, organized in an innovative way. We organize customized Birding Tours & Trips throughout the year. We are responsible for bilingual publication (Portuguese and English) specialized in nature tourism and birding - BirdWatching Portugal.

Douro Acima - Transportes, Turismo e Restauração, Lda.

Address: Rua dos Canastreiros, 40/42 4050-149 Porto

Telephone: +351 222 006 418 **Fax:** +351 222 008 856

E-mail: reservas@douroacima.pt **Website:**

Classic Porto Tours

Address: 4000 Porto

Telephone: +351 918 112 953

E-mail: Classicportotours@gmail.com

Activities:

Off-roading;

A 3 hour trip from where you are staying and back to visit the sights of Porto and most emblematic places, through the narrow and steep streets.

Enjoy a local food in a tavern frequented by locals.

Enjoy a fabulous and different visit to locations in Porto in UMM 4x4, a classic four-wheel manufactured in Portugal.

Classic Porto Tours, a company of sightseeing and photo shoots at Porto. Ideal to meet Porto.

Douro Charter

Address: Estrada Nacional 108 (Marina do Freixo)

4300-316 Porto

Telephone: +351 225 309 040 / 938 724 680 **Fax:** +251

22 530 90 41

E-mail: info@bsport.com.pt **Website:**

<http://www.dourocharter.com>

Activities:

Boat Trips; Diving; Fishing; Nature watching; Bodyboard; Surfing;
Boats for hire; Canoeing; Kayak; Sailing; Waterski; Jet ski hire;
Hydrospeed; Paddle surf; Wakeboard;

Payments:

Credit cards accepted;

Accessibility:

<http://www.douroacima.pt>

Other informations:

Registration No.: 28/2002;

Activities:

Boat Trips; Boats for hire;

Payments:

Credit cards accepted;

Ship Rabelo Transported during decades the wine area of the High Douro to dig of the wine of Porto where aged and he awaited export.

Today and obeying the historical moth, the old rabelos, DouroAcima provide cultural cruises in the river Douro, where the sympathy and the hospitality of its Staff associated to the ancestral beauty of this magnify redoubt landscape, turning each trip in an unforgettable adventure.

Douro Acima invites you to try delicious meals prepared on board specially for you, with regional plates where the flavours are mixed with the sounds of the nature and where the generous wines of Douro run to the flavour of the current.

Elemento Terra - Organização de Eventos

Desportivos, Lda.

Address: Rua D. Manuel II, nº 320 - 1º Esq. 4050-344 Porto

Telephone: +351 226 053 722 - 938 303 677 / 8 / 9 Fax: +351 226 053 723

E-mail: info@elementoterra.com **Website:**

<http://www.elementoterra.com>

Other informations:

Registration No.: 42/2003;

Activities:

Walking; Nature watching; Cycling; Canoeing; Climbing;

Paintball; Canyoning;

ELEMENTO TERRA - Organização de Eventos Desportivos, Lda. is a company dedicated to the organisation of Open Air Activities, Sporting Events and Adventure Tourism.

The level of training achieved by our Team of Specialists - with degrees in sport and physical education, and with further training in open air activities from the Benasque Training Centre of the Spanish School of Mountaineering - has enabled our guarantee of quality and safety across the whole spectrum of our activities.

We aim to, as part of our fundamental strategy, create innovative, safe and complete programmes adapted to respective client needs. To this end, we invest in the training and not only of our team. We provide this to all the range of people we daily come into contact with who are increasingly eager to get into touch with nature through healthy activities.

Freeride Spirit Motorcycle Tours

Address: Rua Infanta D. Maria, 2314050-350 Porto

Telephone: +351 228 329 148

E-mail: info@freeridespirit.pt **Website:**

<http://www.freeridespirit.pt>

Other informations:

Tours include activity, accommodation, transfers, meals, vehicle, necessary equipment and material, medical and third-party insurance, as well as guide, assistance and replacement vehicle and gear

Payments:

Credit cards accepted;

Activities accessible to people with disabilities; Support products/services available: Motor disability, Mental disability; Care skills: Motor disability, Mental disability;

Rental boats with crew. We offer different solutions to satisfy the most demanding wishes. Enjoy the magnitude and uniqueness of the River Douro, with its unique landscapes, or venture out on a journey in our Atlantic coast, essential element of the Portuguese history. In our fleet we have the boats Jeanneau Prestige 42 S and Jeanneau Sun Odyssey 36 i. We also have a set of partner vessel, notably a Beneteau Trawler 42, Italcraft 51, Azimut 68 Plus and Princess 60. All vessels operate are powerful and luxurious, offering every amenity and comfort. We propose the rental of luxury sailing yachts and motor, where each trip allows new discoveries and experience new sensations. Conquer unforgettable moments in the privacy of a vessel where the company is just to choose.

Escape IN Games

Address: Rua do Paraíso nº 30, 4435 - 470 Gondomar - Porto

Telephone: +351 936 688 017

E-mail: geral@escapeingames.pt **Website:**

<https://escapeingames.pt/>

Activities:

Walking; Orienteering;

Payments:

Credit cards accepted;

Accessibility:

Support products/services available: Motor disability, Mental disability; Care skills: Visual impairment;

Gabriela Kite School

Address: Rua do Covelo, 158 - 1º Esq 4200-238 Porto

Telephone: +351 912 712 259

E-mail: mail@gabrielakiteschool.com **Website:**

<http://www.gabrielakiteschool.com>

Other informations:

Registration No.: 265/2011;

Payments:

Credit cards accepted;

Activities:

Kitesurfing;

Gabriela Kite School its a kiteboarding and stand up paddle school and support company. Located in Esposende in a wonderful flat water spot and with headquarters in Porto city. Our mission is an excellent teaching standarts, support and divulgation of kitesurf and SUP in Portugal. With extensive teaching experience Gabriela Kite School is one of the top and referenced school in Portugal offering services like showroom, online shop, iko certificates, rescue boat, school van and lounche. All the kite instructors are certificated by the international kiteboarding organization, the lessons are given in controled environments spot with flat shallow waters, termical and nice wind conditions, rescue and service boat and last generation kite gear. Visit us in the norte of Portugal and see by your self everything we have to offer.

Mar Douro

Address: Douro Marina (Porta C) - Rua da Praia, 4304400-554 Vila Nova de Gaia

Telephone: +351 917 552 891

Activities:

Motorbike rental;

Accessibility:

Support products/services available: Mental disability; Care skills: Hearing impairment, Motor disability;

Freeride Spirit offers a wide range of motorcycle experiences, Off-road and on-road tours, with premium services, under the "all included" concept, available all-year-long. The company was founded in 2015, born from the passion for motorcycles, adventures, nature and Portuguese wonders, and most of all, from the will to offer unique holiday experiences and long-lasting great memories for all riders out there as well as for those who accompany in their adventures

Latitude 41 - Desporto de Aventura

Address: Rua de são Roque da Lameira, 436 4350-299 Porto

Telephone: +351 964 261 670

E-mail: info@latitude41.pt **Website:** <http://www.latitude41.pt>

Other informations:

Registration No.: 387/2014;

Activities:

Walking; Cycling; Orienteering; Target shooting; Climbing; Paintball; Abseiling and Aerial slides; Mountain Climbing; Canyoning; Hydrospeed;

The Latitude 41 - Desporto de Aventura based in Porto operates in the active tourism sector in order to disseminate and make accessible to a wide population adventure sports like canyoning, climbing, team building, paintball, orienteering, trekking, mountain biking, hydrospeed, rappel and slide.

Our program covers all Portugal in its most beautiful scenery. This is the case of Gerês, Alvão, Arga, Peneda, Cabrera, Montemuro Freita, Arada, Caramulo and Lousã.

We have a team with over 15 years of experience and a wide range of options in order to respond to different physical, motor and psychological characteristics of each participant.

You are in the right place if you want to socialize and make friends with people who share a love for nature.

Mergulhomania

Address: Rua do Carriçal, 143 - R/C 4460-273 Senhora da Hora - Matosinhos

Telephone: +351 934 837 434

E-mail: info@mergulhomania.com **Website:** <http://www.mergulhomania.com>

Other informations:

Registration No.: 16/2010;

Activities:

Boat Trips; Boats for hire; Wreck diving. German submarine U-1277 Padi dive resort S-799011

NAUGIT

Address: Douro Marina Rua de Praia 4400 - 554 Vila Nova de Gaia

Telephone: +351 914 242 934

E-mail: naugit@naugit.com **Website:**

E-mail: info@mar-douro.pt **Website:** <https://www.mar-douro.pt/>

Activities:

Boat Trips; Boats for hire; Sailing;

Mar Douro, located in Douro Marina, Vila Nova de Gaia, Porto is a nautical business that provide sailing tours and sailing experiences in the Douro river, coast line of Porto and north of Portugal. Mar Douro wants to provide their customers the best experiences and nautical emotions in a cheerful, private and friendly environment.

The sailing tours and sailings experiences are conducted in a charming and classic motor sailor built by the reputed Swedish boatyard Hallberg-Rassy. The Hallberg-Rassy 94 Kutter with the name Argonauta registered in Douro port, has a length of 10 metres and capacity for six passengers and two crew. The hull of the boat reminds of the beautiful lines of a traditional Portuguese fishing boat. There are Hallberg-Rassy 94 Kutter who have crossed the Atlantic.

Come aboard to Argonauta and experience a different Porto, on the water...!

Múltipla Escolha

Address: Travessa de Salgueiros, 59 4050-535 Porto

Telephone: +351 225 094 460 **Fax:** +351 225 094 460

E-mail: geral@multiplaescolha.net **Website:** <http://www.multiplaescolha.net>

Other informations:

Clean&Safe - This establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com. (link para <https://www.visitportugal.com/en/node/422183>)

Activities:

Walking; Nature watching; Bodyboard; Surfing; Cycling; Canoeing; Kayak; Orienteering; Target shooting; Birdwatching; Horse-Riding; Climbing; Paintball; Abseiling and Aerial slides; Observation of geology; Rafting; Mountain Climbing; Canyoning; Motorbike rental; Bike hire;

The outdoors at its best! Come and feel Portugal!

No Tecto do Mundo - Animação Turística e Eventos Culturais, Lda

Address: Casa da Companhia - Rua das Flores, 69 - 1º / SL 54050-265 Porto

Telephone: +351 220 968 100/1 **Fax:** +351 220 968 102

E-mail: info@ntdm.pt **Website:** <http://www.ntdm.pt>

Other informations:

Registration No.: 68/2006;

Activities:

Boat Trips; Fishing; Walking; Nature watching; Cycling; Off-roading; Boats for hire; Orienteering; Birdwatching; Horse-Riding; Climbing; Mountain Climbing; Potholing; Canyoning; Parasailing; Hang-gliding; Hydrospeed; Motorbike rental; Bike hire;

Payments:

Credit cards accepted; Travellers Cheques accepted;

In 2006 when the project No Tecto do Mundo started, the big

<https://www.naugit.com/>

Activities:

Boats for hire;

A brand that aims to create a new concept of nautical tourism in the region. In order to meet the customers' need to enjoy a quality and private maritime-touristic tour, NAUGIT offers services geared towards this purpose.

Enjoy the services we provide, on board a private vessel, with a professional service that will make this experience a unique moment for you and for those who embark with you.

Take a stroll along the Douro River with family or friends on a boat just reserved for you. You can share a private tour along the Douro River and enjoy the beautiful scenery that the shores of Porto and Vila Nova de Gaia have to offer.

Make your company or group surprise business partners, providing a meeting or tour on our vessel, through our tailored programs.

Patusbravus

Address: Rua Senhora do Porto, 526 4250-452 Porto

Telephone: +351 934405844

E-mail: info@patusbravus.com **Website:**

<http://www.patusbravus.com>

Other informations:

Partner Porto Hills We Organize Tours in the Porto Hills (Valongo, Gondomar, Paredes), Febras River (V.N.Gaia), around Porto (Porto, Matosinhos, V.N.Gaia), Santo Tirso or request your personalized proposal throughout the center and north of the country. We craft tailor-made adventures for you!

Activities:

Walking; Cycling; Bike hire;

Payments:

Credit cards accepted;

Accessibility:

Care skills: Hearing impairment;

Patusbravus offer not only a high quality bike rental service, but also a wide range of accessories. Our selection includes everything cyclists need for their adventure, from GPS equipment and panniers to tools that ensure a safe and pleasant journey.

We are committed to providing every customer with a complete set of features that enhance and simplify their cycling experience. Experience Porto and its regions like never before, by exploring on road bike, mountainbike (MTN), trekking or option in electric (E Bike).

For those looking for unique and premium experiences, our bike rental service provides an exceptional way to discover the captivating landscapes and cityspaces. Our tours include bicycle, helmet, delivery, pick-up and insurance. Our fleet is equipped by the prestigious brands Cannondale and KTM. Choose the next challenge and ride in Porto. Book Now!

Porto Exit Games

Address: Praça Guilherme Gomes Fernandes, nº 53 - 1º andar 4050-293 Porto

Telephone: +351 914 884 883 / 933 443 746

E-mail: hello@portoexitgames.com **Website:**

motivation was already to associate touristic entertainment to the cultural and natural patrimony and exploring the communion with the region and everything that it can offer. Also of great importance to us is intensify the connection between the visitors and the locals, contributing to a more enriching and emotional experience. In every activity and experience we privilege the best that the region has to offer, like mountains, hills and valleys than allow us to discover a region rich in monuments and other points of interest, like theme parks where it is possible, a close contact with the native fauna and flora. The rivers and the sea allow us enriching activities and unique challenges, connected to fishing and pure leisure. There are also the mountains where you can trek by foot or in a four wheel vehicle with pure adrenaline. In the north of Portugal there is a lot to discover and to do. With No Tecto do Mundo you will have a team focused on a simple goal, to offer you memorable activities.

Pipadouro - Turismo Fluvial

Address: Rua do Outeiro, 2 2ª Fte. - Sala 3 4050-452 Porto

Telephone: +351 22 617 96 22 **Fax:** +351 22 617 96 22

E-mail: pipadouro@pipadouro.pt **Website:**

<http://www.pipadouro.pt>

Other informations:

Registration No.: 83/2008 ;

Activities:

Boat Trips;

Charm on board of Vintage Boats. Luxury and quality in the Douro Region.

Porto Loops

Address: Avenida Rodrigues de Freitas, 3254000-507

Porto

Telephone: +351 924 883 602

E-mail: info@portoloops.pt **Website:**

<http://www.portoloops.pt>

Payments:

Credit cards accepted;

Activities:

Motorbike rental;

Rent a motobike – As Porto Loops, our objective, is to guide you to get lost in this fascinating city and region that is Porto and the North of Portugal.

We want you to discover more than our bridges or our wine shops, we'll design a customized loop following your interests (nature, culture, sports, gastronomy etc...), your time and budget so that you can explore and have a meaningful and adventurous trip.

Our main goal is to help you ride the best routes, that will take you to the outstanding Douro landscapes and its typical villages, guide you to the coolest waterfall at Gerês National Park or just let you discover and chill Porto seaside, so that at your own pace and with a personalized loop, you can find and enjoy all that Porto and Douro region has to offer at an affordable value.

Our fleet counts with the coolest motorbikes in town divided in 3 different types: Scramblers 125cc Café Racers 125cc Scooters 125cc

Enjoy the route and not only your destination, come and take one for a ride!

<http://portoexitgames.com>

Other informations:

Registration nº: 141/2015

If you love a good challenge you've come to the right place! For 60 minutes you and your friends will be trapped in a room. Your goal is to get out in time! You will be transported into a different reality where you are the key characters of a thriller game where the main challenge is to get out in time.

Portobellodouro

Address: Portobellodouro - Marina do Freixo - Estrada

Nacional 1084300-316 - Porto

Telephone: +351 915 625 867

E-mail: info@portobellodouro.com **Website:**

<http://www.portobellodouro.com>

Other informations:

Registration No.: 553/2014

Activities:

Boat Trips; Walking; Nature watching;

Sailing Porto - Celanus

Address: Celanus Empresa Turismo SARL Rua das Pedras,

nº 307 Lugar de Francelos 4405-685 Vila Nova de Gaia

Telephone: +351 915 704 442 (Portugal) / + 34 911 574

880 (Espana)

E-mail: sailingporto@gmail.com **Website:**

<http://www.sailingporto.com>

Other informations:

1 - Navegacion of 4 hours, Matosinhos to Porto, Sail and history

2 - Baptism of Sailing and History of 1 hour

3 - Ribeira Sailing Tours of 1 hour

Activities:

Boat Trips; Fishing; Boats for hire; Sailing; Bike hire;

Payments:

Credit cards accepted;

We often organise sailing trips. If you are in the Marina Porto Atlântico or in the Douro River, you will see our boat anchored and waiting for you.

Our boats are small sailing cruises in which you will feel navigation in a new way.

With an outstanding background and over 25 years of sailing experience, **Sailingporto CELANUS** brings both his passion and his expertise to river and sea sailing, helping you to discover Porto in a different Way!

Trilhos

Address: Rua de Belém, 94 4350-286 Porto

Telephone: +351 225 504 604 - 225 020 740 - 967 014

277 Fax: +351 225 020 740

E-mail: trilhos@trilhos.pt **Website:** <http://www.trilhos.pt>

Other informations:

Registration No.: 61/2003;

Activities:

Walking; Cycling; Abseiling and Aerial slides; Potholing;

Canyoning; Hydrospeed;

Rentdouro - Turismo Náutico, Lda.

Address: Rua de S. João, 89 4050-553 Porto

Telephone: +351 22 464 63 52 / 22 483 39 19 / 91 751

34 94 Fax: +351 224646351

E-mail: info@rentdouro.com **Website:**

<http://www.rentdouro.com>

Other informations:

Registration No.: 22/2001;

Activities:

Boat Trips; Boats for hire;

Sleepboat

Address: Estrada Nacional, 108 - Marina do

Freixo 4300-613 Porto

Telephone: +351 916 990 970

E-mail: reservas@sleepboat.pt **Website:**

<http://www.sleepboat.pt>

Activities:

Boat Trips; Boats for hire; Waterski; Jet ski hire;

Barco late Hotel for Accommodation with Small. Lunch for up to 3 adults or 2 adults and 2 children. Amenities: 2 Double Beds 1 Wc 1 Room 1 Terrace and an outdoor Solarium with 3 beds. On board dinners for up to 4 people. Birthday parties, celebrations and special dates.

Trilhos Rurais

Address: Rua Conde de Vizela, 82 1º esq.

Frente 4050-639 Porto

Telephone: +351 913 355 513

E-mail: geral@trilhosrurais.pt **Website:**

<http://www.trilhosrurais.pt>

Activities:

Walking; Nature watching; Off-roading; Canoeing; Kayak;

Orienteering; Climbing; Observation of geology; Rafting;

Mountain Climbing; Canyoning; Trekking;

Trilhos Rurais is a tourist entertainment company based in Porto, operating in the market as an agent for the promotion of bringing people closer to nature and history in the Entre Douro e Paiva and the Baixo Tamega regions, with a particular focus on the towns of Arouca, Cinfães, Amarante and Baião.

Our know-how and experience provides for suggestions and solutions for activities geared to adventure, education or pure leisure in partnership with nature, with a number of options to choose from, both consolidated and tailor-made to specific needs.

Viral Virtual Reality

Address: Rua Augusto Luso, 1264050-072 Porto

Telephone: +351 220 917 679 / 91 033 1399

E-mail: info@viralvr.pt **Website:** <http://www.viralvr.pt>

Payments:

Credit cards accepted;

Accessibility:

Activities accessible to people with disabilities;

Vieguini - Scooter and Bike Rental Porto**Address:** Rua Nova da Alfândega, 74050-253 Porto**Telephone:** +351 914 306 838**E-mail:** vieguiniscooters@gmail.com **Website:****<https://www.vieguini.pt/>****Activities:**

Boat Trips; Cycling; Motorbike rental; Bike hire;

Payments:

Credit cards accepted;

White Rabbit Escape Room Porto**Address:** Praça da República, 344050-495 Porto**Telephone:** +351 915 198 097**E-mail:** geral@whiterabbitescape.com **Website:****<https://www.whiterabbitescape.com/>**

An Escape Room or Escape Game is a live game, similar to a movie, in which you, your friends, colleagues or family are the stars. During the game many objects will be locked, hidden or inaccessible. To access them you need to solve puzzles or interact with the room in a certain way. The objective is to solve these puzzles, complete challenges and decipher clues to complete the mission and open the final door to escape!

Póvoa de Lanhoso

Diverlanhoso - Atividades Desportivas, Lda.**Address:** Porto de Bois - Oliveira 4830-602 Póvoa do Lanhoso**Telephone:** +351 253 635 763 - 253 632 610 - 964 022 024 - 932 021 521 - 912 303 033 **Fax:** +351 253 635 764 - 253 632 049**E-mail:** info@diverlanhoso.pt **Website:****<http://www.diverlanhoso.pt>****Other informations:**

Registration No.: 7/2001;

Activities:

Walking; Cycling; Off-roading; Canoeing; Kayak; Orienteering;

Target shooting; Climbing; Paintball; Off-road motorcycling;

Abseiling and Aerial slides; Rafting; Canyoning;

Póvoa de Varzim

THE BEST VIRTUAL REALITY CENTER IN PORTUGAL

Since the beginning, Humanity dreamed of escaping to different realities, what was just science fiction, has become one of the greatest technological innovations of today. Virtual reality has the ability to transport us to a completely new world and offer a unique and challenging immersion experience.

Viral Virtual Reality is a center for gaming and simulation entertainment with virtual reality technology. It offers an extraordinary experience with innovative technology, highlighting the best automotive simulators, FPS combat simulators with treadmill and the challenging flight simulator.

Located in the center of Porto with 300m2 facilities, it offers a wide variety of experiences and virtual reality equipment, so that the virtual world is within reach and enjoyed by everyone.

GO VIRAL!

Escola e Centro de Mergulho Laminária

Address: Marina da Póvoa de Varzim 4490-442 Póvoa de Varzim

Telephone: +351 927 891 851

E-mail: cmlaminaria@gmail.com **Website:**
<http://www.laminaria.pt>

Other informations:

Registration No.: 55/2011;

Activities:

Boat Trips; Diving; Fishing; Nature watching; Whale watching; Boats for hire; Orienteering; Observation of geology; Hydrospeed; DiveCenter, Fillstation for Nitrox/Trimix, rental of diving equipment and DiveShop. Dive school for recreational and technical diving.

Planeta Marítimo - Pesca Desportiva, Lda

Address: Rua do Tamanqueiro, nº 150 4490-230 Argivai / Póvoa de Varzim

Telephone: +351 919 025 927 **Fax:** +351 252 616 685

E-mail: planetamaritimo@hotmail.com **Website:**
<http://www.planetamaritimo.pt.vu>

Other informations:

Registration No.: 29/2010;

Activities:

Boat Trips; Fishing; Nature watching; Boats for hire; Observation of geology;

I surf Portugal

Address: Avenida dos Banhos Setor 11 Praia do Carvalhido 4490-407 Póvoa de Varzim

Telephone: +351 933 74 0932

E-mail: info@isurfportugal.com **Website:**
<https://www.isurfportugal.com>

Other informations:

Clean&Safe – The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com/en/node/422183.

Payments:

Credit cards accepted;

Activities:

Bodyboard; Surfing; Paddle surf; Bike hire;

I surf Portugal is a surf school and a surf camp based in the North of Portugal close to Porto. Our surf school operates in Porto and Póvoa de Varzim (about 30 mins from Porto) and is aimed at everyone: beginners and intermediates, adults and kids, individuals or groups (companies, birthdays, bachelor parties, etc).

We have also setup a surf camp in Póvoa de Varzim and Esposende so you can enjoy an unforgettable surf holiday in Portugal. You will not only learn to surf, but will also taste delicious Portuguese food, visit the beautiful and fashionable city of Porto (also known as Oporto), practice some yoga, relax on the beach, sunbathe and watch the best sunset in Europe.

By the end of the week, you would have experienced the surfer lifestyle, understand the techniques of surfing, stand up on a surfboard and surf the waves of Porto.

Our surf instructors are all experienced local surfers that speak multiple languages, they will take you to the best surf spots on the day depending on the wave conditions.

Check our website for more information and to contact us.

Turisbike

Address: Rua Almirante Reis, 158 4490-463 Póvoa de Varzim

Telephone: +351 252 084 819 **Fax:** +351 252 081 336

E-mail: turismo@turisbike.com **Website:**
<http://www.turisbike.com>

Activities:

Cycling; Bike hire;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Hearing impairment; Care skills: Visual impairment, Hearing impairment, Motor disability;

Bicycle rental. Organization of events and sightseeing in Porto and North with or without a bicycle. Transport of Tourists and Bicycles to Cycloturistic Routes or circuits in ecopistas.

Turismo #PedalarEmPortugal - Rent of Bicycles for the Portuguese Santiago Pilgrims with Transfers from Santiago of return of the Cyclists and Bicycles. Sightseeing Tours in Portugal by Bicycle. Visit Portugal

Resende

Barca d'Aregos

Address: Avenida Rebelo Moniz 4660-215 Resende

Telephone: +351 926 565 700 **Fax:** +351 254 877 424

E-mail: geral@cm-resende.pt **Website:** <http://www.cm-resende.pt>

Activities:

Boat Trips;

Accessibility:

Support products/services available: Visual impairment, Hearing impairment, Motor disability, Mental disability; Care skills: Visual impairment, Hearing impairment, Motor disability, Mental disability;

Sabrosa

Oporto Yachts Charter

Address: Casa da Praça - Provesende 5060-253 Sabrosa

Telephone: +351 917 917 900

E-mail: info@oyc.pt

Other informations:

Clean&Safe – The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com. (link para <https://www.visitportugal.com/en/node/422183>)

Activities:

Boat Trips; Fishing;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Visual impairment, Hearing impairment, Mental disability; Care skills: Visual impairment, Hearing impairment, Mental disability;

We invite you for a memorable boat trip to one of the most scenic valleys of Europe. From a short cruise through Porto's five bridges in the afternoon to a multi-day cruise along the river, we provide you a tailored made experience to fulfill your wishes. We also arrange special events for groups such as bachelor parties, company team training, birthdays, and for couples honeymoons, a weekend away and much more.

Santa Maria da Feira

Mente Desportiva

Address: Rua da Lagoinha, 11394535-360 Santa Maria de Lamas

Telephone: +351 936 991 650

E-mail: info@mentedesportiva.pt **Website:** <http://www.mentedesportiva.pt>

Activities:

Walking; Climbing; Abseiling and Aerial slides; Mountain Climbing; Canyoning; Trekking;

Accessibility:

Support products/services available: Mental disability; Care skills: Mental disability;

Mente Desportiva, provides services of training and mountain activities guide. By technicians with special training in physical activity and adventure sports with recognized certification. We represent our image with a young and enterprising mentality.

Through adventure programs we promote active tourism in the national territory, essentially in the north and center of the country, with a constant focus in conservation of the environment, promoting good practices in safety, as a healthy lifestyle and contact with nature.

Santa Marta de Penaguião

Time Off

Address: Santa Marta de Penaguião 5030-062 Vila Real

Telephone: +351 918 813 459

E-mail: geral@timeoff.pt **Website:** <http://www.timeoff.pt>

Activities:

Walking; Nature watching;

Santo Tirso

PortoNature

Address: Rua 25 de Abril, 4444825-010 -Agrela Sts /

Santo Tirso

Telephone: +351 916 985 030

E-mail: info@portonature.pt **Website:**

<http://www.portonature.pt>

Activities:

Boat Trips; Walking; Nature watching; Bodyboard; Surfing; Off-roading; Canoeing; Karting; Birdwatching; Off-road motorcycling; Abseiling and Aerial slides; Parachutting; Observation of geology; Rafting; Mountain Climbing; Canyoning; Motorbike rental;

Payments:

Travellers Cheques accepted;

Accessibility:

Support products/services available: Hearing impairment; Care skills: Hearing impairment;

São João da Pesqueira

Dourovou - Marina, Yacht Charter & Bungalows

Address: EN 222-3 / Vale de Figueira / Cais da Ferradosa 5130-543 São João da Pesqueira

Telephone: +351 91 852 18 21 **Fax:** +351 22 145 47 04

E-mail: info@dourovou.biz **Website:**

<http://www.dourovou.com>

Other informations:

Registration No.: 168/2011;

Activities:

Boat Trips; Fishing; Walking; Nature watching; Cycling; Off-roading; Boats for hire; Canoeing; Kayak; Sailing; Windsurfing; Birdwatching; Climbing; Off-road motorcycling; Abseiling and Aerial slides; Waterski; Observation of geology; Mountain Climbing; Canyoning; Jet ski hire; Hunting; Hydrospeed; Motorbike rental; Bike hire;

Dourovou - Yacht Charter and Bungalows

With our boats you can go where few can and experience

moments you will remember forever.

Follow the flow of the river, cruising through locks, towns, farms and vineyards, mooring in small bays and villages where on whenever the impulse takes you. Authentic rural flavors; enjoy this paradise... so near...

Passion for boating...

The Dourovou- Eco-tourism was born from the passion for the River cruising(motor/sail). The Douro was a beautiful discovery that we want to share. We will provide you with a new concept of geo-tourism with our compact house boats (motor/sail), so you can immerse yourself in truly unique and culturally authentic experiences.

Tabuaço

DOURO BUGGY FOX

Address: AV. ANTÓNIO DA SILVA 179

Telephone: +351 935 693 419

E-mail: geral@dourobuggyfox.pt **Website:**
<https://dourobuggyfox.pt/>

Payments:

Credit cards accepted;

Activities:

Off-road motorcycling;

Accessibility:

Activities accessible to people with disabilities;

Through the vineyards, on dirt tracks or through the streets of the wine-growing villages, Douro Buggy Fox gives you the chance to discover all the charms and corners of the Douro Wine Region, aboard our buggies. You're free to make up your own route or follow one of ours, just make sure you bring your spirit of adventure, as this will be an unforgettable ride!

Terras de Bouro

Cerdeira - Turismo e Ambiente, Lda.

Address: Rua de Cerdeira, 400 - Campo do Gerês

4840-030 Terras de Bouro

Telephone: +351 253 351 005 **Fax:** +351 253 351 315

E-mail: info@parquecerdeira.com **Website:**
<http://www.parquecerdeira.com>

Activities:

Walking; Nature watching; Cycling; Off-roading; Canoeing; Orienteering; Climbing; Paintball; Abseiling and Aerial slides; Mountain Climbing;

Payments:

Credit cards accepted;

Since the creation of the Park we have deemed of great importance the existence of a set of activities so that our clients can get to know this region inside out. In this regard, and after the necessary reorganisation in view of the appearance of a vast number of people and companies providing services in the area, we have re-positioned ourselves, resuming and developing the work commenced in the previous decade.

This natural space affords multiple possibilities to fully enjoy the various aspects of active tourism and our guides and

Equi Campo, Turismo de Montanha, Lda.

Address: Campo do Gerês 4840-100 Terras do Bouro

Telephone: +351 253 161 405 - 914 848 094 **Fax:**
+351 253 357 022

E-mail: equicampo.tm@gmail.com **Website:**
<http://www.equicampo.com>

Other informations:

Clean&Safe - The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com/en/node/422183.

Activities:

Walking; Orienteering; Target shooting; Horse-Riding; Climbing; Paintball; Abseiling and Aerial slides;

Geres National Park Tours & Hiking

Address: 4845-076 Gerês

Telephone: +351 964 872 656

E-mail: info@nationalparktours.pt **Website:**
<http://www.nationalparktours.pt>

entertainers, of local origin, are capable of carrying out a series of activities which will make you familiar with the treasures which only the walker can discover, enabling the profound experience of the lifestyles of our people.

Geres Emotion

Address: Av. Das Pontes, 154 4845-024 Rio Caldo - Gerês

Telephone: +351 919 007 118

E-mail: geresemotion@gmail.com **Website:**

<http://www.geresemotion.pt/>

Activities:

Walking; Off-roading; Off-road motorcycling; Motorbike rental;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Hearing impairment, Motor disability, Mental disability; Care skills: Visual impairment, Motor disability;

We are a company of Tourism of Nature that together with conciliates of responsible and well-taken care of form practical of sport the nature.

Specialized professionals guarantee the security necessary and the demanded quality to provide to our customers an excellency service.

Água, Montanha e Lazer, Lda.

Address: Lugar de Paredes, Rua 6 - nº 3 4845-024 Rio Caldo

Telephone: +351 253 391 779 - 968 021 142 - 965 000

917 Fax: +351 253 391 598

E-mail: aguamontanha@mail.telepac.pt **Website:**

<http://www.aguamontanha.com>

Other informations:

Registration No.: 20/2002;

Activities:

Boat Trips; Off-roading; Boats for hire; Canoeing; Sailing; Waterski;

Payments:

Travellers Cheques accepted;

Lake Caniçada borders the Gerês National Park, an area of unique beauty and breathtaking views. This unspoilt region enjoys a warm climate perfect for just relaxing in the sun.

For the more energetic, take up the watersports on offer by Água, Montanha e Lazer or explore the numerous mountain trails.

A variety of accommodation is available from self catering houses to family run bed and breakfasts.

Other informations:

The Peneda-Gerês National Park is an extraordinary place, with picturesque and incomparable landscapes. In addition to the stunning views, interesting and peculiar fauna and flora, countless wild rivers that form some of the most beautiful and refreshing waterfalls in Portugal, it also has a rich culture and a respectable historical heritage, whose monuments give a glimpse of ancient times, villages with unique traditions, where residents still live as their ancestors did.

Activities:

Walking; Nature watching; Birdwatching; Observation of geology; Trekking;

Accessibility:

Activities accessible to people with disabilities;

The Peneda-Gerês National Park must be visited and enjoyed as a whole and National Park Tours offers guided tour services and activities in nature in order to provide an unforgettable experience!

We are located in Gerês, open for business every day, all year round and we offer:

- Private single-day or multi-day guided tours.
- Groups up to ten people (for larger groups, please consult us).
- Transport in SUV; Pick up and drop off at the place of stay available.
- Lunch at a typical restaurant or picnic.
- Fluent also in English and French.
- Program adaptable to the interests and abilities of the participants.

Torre de Moncorvo

Sabor, Douro e Aventura-Entretenimento e Lazer, Lda

Address: Rua Abade Tavares, Cave 2 5160-247 Torre de Moncorvo

Telephone: +351 279 258 270 **Fax:** +351 279 258 270

E-mail: info@sabordouro.com **Website:** <http://www.sabordouro.com>

Other informations:

Registration No.: 22/2002;

Activities:

Boat Trips; Walking; Nature watching; Cycling; Off-roading; Boats for hire; Canoeing; Kayak; Orienteering; Target shooting; Birdwatching; Ski; Climbing; Paintball; Off-road motorcycling; Abseiling and Aerial slides; Waterski; Observation of geology; Jet ski hire; Motorbike rental; Bike hire;

Payments:

Travellers Cheques accepted;

Tourism company in the Upper Douro Valley, Porto wine region, near two World Heritage, the Alto Douro Wine Region and Prehistoric Rock Art Sites in the Côa Valley and Siega Verde.

Near Spain and the Natural Park of Arribas / Douro Internacional.

Performed in these locations, guided tours by Land, Water and Air.

Valença

Explore Iberia

Address: Edf. Informação Ecopista Rua da Ponte Seca 4930-999 Valença

Telephone: +351 916 889 688 / 934 440 770

E-mail: info@exploreiberia.pt **Website:** <http://www.exploreiberia.pt>; <https://www.instagram.com/exploreiberia/>

Other informations:

Clean&Safe – The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com. (link para <https://www.visitportugal.com/en/node/422183>)

Activities:

Boat Trips; Walking; Nature watching; Whale watching; Cycling; Canoeing; Kayak; Orienteering; Birdwatching; Observation of geology; Mountain Climbing; Paddle surf; Trekking; Bike hire;

Payments:

Credit cards accepted;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Visual impairment, Motor disability; Care skills: Visual impairment, Motor disability;

Explore Iberia is specialized in nature based tourism activities and creative experiences. We promote diverse activities such as nature interpretation (birdwatching, Iberian wolf Tracks and traces, mountain flora, others), cultural tours, activities of relaxation and well-being in different protected areas of the North of Portugal. Between the North Coast, the Arribas do Douro, the Montesinho oaks and the mountains of Peneda-Gerês there is an incredible Portugal to discover.

Valongo

Brand Tours Animação Turística

Address: Av. João de Deus, 607 - 3º Dt4445-474 - Valongo

Telephone: +351 939 303 129

E-mail: info@brandtours.pt **Website:** <http://www.brandtours.pt>; <http://www.brandtoursportugal.com>

Other informations:

Clean&Safe - The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com. (link para <https://www.visitportugal.com/en/node/422183>)

Activities:

Boat Trips; Walking; Nature watching; Whale watching; Orienteering; Birdwatching; Observation of geology; Trekking;

Payments:

Credit cards accepted;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Motor disability; Care skills: Motor disability;

Gottalocal

Address: Rua de Sousa Pinto 106 4440-698 Valongo

Telephone: +351 910 482 574

E-mail: info@gottalocal.com **Website:** <http://www.gottalocal.com>

Activities:

Walking; Off-roading; Sailing; Mountain Climbing; Trekking;

Payments:

Credit cards accepted;

Hike & Picnic in Porto's Mountains

Viana do Castelo

Amazing Experiences

Address: Campo da Agonia, 38 4900-350 Viana do Castelo

Telephone: +351 932 255 116

E-mail: ae@mobilub.pt **Website:** <http://www.amazingexperiences.pt>

Other informations:

Clean&Safe - This company meets the hygiene and cleaning requirements for the prevention and control of the COVID-19 virus, in accordance with the recommendations of the General Health Directorate.

Activities:

Boat Trips; Walking; Nature watching; Whale watching; Boats for hire; Sailing; Orienteering; Observation of geology; Paddle surf; Trekking;

Accessibility:

Support products/services available: Visual impairment, Motor disability, Mental disability; Care skills: Visual impairment, Hearing impairment, Mental disability;

Located in Viana do Castelo, our main activity focuses on the rental of boats and the promotion of tourist tours in Viana do Castelo, Galicia and Douro Valley. We have a personalized and differentiated offer in order to provide you with a unique experience, combining the discovery of local flavors with the opportunity to sail aboard a sailboat.

Our focus is sailing experiences that we carry out from Viana do Castelo and/or Oporto (Douro Valley) to the Cíes Islands and/or St. James (Galicia). These experiences can take 3, 5 or 7 days with the nautical experience, sailing, exploring and relaxing on board. We also offer the possibility of getting to know the local territory with a personalized service on land, always accompanied by a private van.

We also have daily services in Viana do Castelo, tours from two

Descubra Minho

Address: Caminho da Devesa, 161 - Espantar 4925-481 Montaria / Viana do Castelo

Telephone: +351 969 220 704

E-mail: info@descubraminho.com **Website:** <http://www.descubraminho.com>; <http://www.facebook.com/DescubraMinho>

Other informations:

Registo Nº : 34/2013

Activities:

Walking; Nature watching; Cycling; Birdwatching; Observation of geology; Bike hire;

Descubra Minho is an ecotourism company based in Serra de Arga Mountain and is specialized in the North of Portugal. This company offers guided tours all year round for solo travellers and for small groups.

Activities/tours:

- Guided walking tours in Serra de Arga Mountain and in the Peneda Gerês,
- Donkey trekking in Serra de Arga Mountain and in the Peneda Gerês
- Wine bike tours in the North of Portugal

Kite Voodoo

Address: Cabedelo, Praia Luzia Mar, 4935-160 Viana do Castelo

Telephone: +351 938 770 270

E-mail: info@kitevoodoo.com **Website:** <http://www.kitevoodoo.com>

Other informations:

Kitesurf, wing and foil lessons / individual lessons or in groups of 2 people / rental of kitesurf, wing and foil equipment / equipment

private tours, and all of them organized according to your tastes and a day according to your tastes and hours. Let yourself be carried away by the current of the winds and tides in a perfect experience.

We will provide every detail and exclusive of every moment.

Irmãos Portela - Circuitos Turísticos Fluviais, Lda.

Address: Rua da Boa Vontade, 16 4900-650 Viana do Castelo

Telephone: +351 258 402 543 **Fax:** +351 258 402 543

E-mail: geral@passeiofluvial.com **Website:**

http://www.passeiofluvial.com

Other informations:

Registration No.: 34/2011;

Activities:

Boat Trips; Fishing; Nature watching; Whale watching; Boats for hire;

Payments:

Travellers Cheques accepted;

River Trip: Come and enjoy a relaxing river trip in which you have an excellent chance to view the historical part of Viana do Castelo, as well as all the beautiful landscape of the Rio Lima.

The itinerary of the 1.30 hour trip includes a visit to the shipyards continuing until the new bridge passing by the Cabedelo beach, under the Eiffel Bridge and by the river beach.

North Discovery Adventure Tours

Address: Rua da Presa, 274900-790 Viana do Castelo

Telephone: +351 937 967 345

E-mail: info@northdiscovery.pt **Website:**

http://www.northdiscovery.pt

Other informations:

Clean&Safe - The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health.

More information at www.visitportugal.com. (link para <https://www.visitportugal.com/en/node/422183>)

Activities:

Boat Trips; Fishing; Walking; Surfing; Off-roading; Horse-Riding; Mountain Climbing; Paddle surf;

We are a company whose main activity is to explore the Northern part of Portugal, in its beauty, culture, history, customs, gastronomy and nature.

For this purpose, we organise full day activities, in small groups, with guides, and equipped with four-wheel vehicles in full comfort and allowing access to unique and preserved places, where you are able to appreciate the splendour of nature, striking landscapes, local fauna and flora.

storage locker.

Address Office : 77 rua Luis Jacome, 4900-327 VIANA DO CASTELO

Payments:

Credit cards accepted;

Activities:

Kitesurfing;

Accessibility:

Support products/services available: Hearing impairment, Motor disability; Care skills: Hearing impairment, Motor disability;

Kite Voodoo your kitesurf school in Portugal - in Viana do Castelo

Kite Voodoo is located on "Luzia Mar" beach in Cabedelo, a very windy spot, perfect for beginner to advanced kitesurfing lessons.

You will find here a mix of ideal conditions for kitesurfing/wing/foiling, with a flat area on one side and a wave area on the other side.

We offer private or group kitesurfing lessons in English, French or Portuguese. We have a kitesurf/foil/wing equipment rental service and storage lockers.

Vila Flor

1000 Odisseias - Atividades de Lazer, Lda

Address: Av.ª Dr. Francisco Guerra nº 33, R/Ch Esq. 5360

- 301 Vila Flor

Telephone: +351 910 912 743

E-mail: geral@1000-odisseias.pt **Website:**

http://www.1000-odisseias.pt

Other informations:

Registration No.: 16/2011;

Activities:

Walking; Nature watching; Cycling; Canoeing; Kayak;
Orienteering; Birdwatching; Climbing; Paintball; Abseiling and
Aerial slides; Observation of geology; Rafting; Mountain
Climbing; Canyoning; Hydrospeed;

Payments:

Credit cards accepted; Travellers Cheques accepted;

Adventure activities and active tourism

Vila Nova de Famalicão

RideOut

Address: Alameda Dr. Francisco Sá Carneiro Estação

Rodoviária de Famalicão Loja 14760-038 Vila Nova de

Famalicão

Telephone: +351 910 345 828

E-mail: info@onrideout.com **Website:**

http://www.onrideout.com

Other informations:

Includes:

Equipment

Consumables

Guide

Insurance

Activities:

Boat Trips; Off-roading; Boats for hire; Karting; Climbing;
Paintball; Off-road motorcycling; Abseiling and Aerial slides;
Mountain Climbing; Trekking; Motorbike rental; Bike hire;

Accessibility:

Activities accessible to people with disabilities; Support

products/services available: Hearing impairment, Motor

disability;

RideOut arises with the objective of designing, creating and
executing motorized and non-motorized experiences related to
adventure tourism in Nature.

For RideOut, the creation of new experiences of fun and
adventure are the main motivation for the creation of this
project.

Getting out of the routine and getting involved with Nature leads
to relaxation and the promotion of personal well-being, which
when combined with adrenaline and family life enhance the
happiness and good mood that characterize us.

Vila Nova de Gaia

7 Rivers Expeditions

Address: Rua da Calçada, 104410-261 Vila Nova de Gaia

Telephone: +351 916 194 664 / 964 713 499

E-mail: info@7riversexpeditions.com **Website:** <http://www.7riversexpeditions.com>

Activities:

Canoeing; Kayak;

The 7 Rivers Expedition is a memorable childhood project, that has unique memories that were lived directly in contact with nature.

From this experience and knowledge of a unique Portugal, seen by the water ways, where the sounds of nature echo in the valleys, colors fill the horizon and the sunrise or sunset behind the mountains, was born 7 Rivers Expeditions.

A project where I share my unique perspective of a different Portugal, lived in the natural and consolidated by the vast cultural and gastronomic heritage that is recognized.

So, 7 Rivers Expeditions is a project that presents Portugal from its rivers and where our expeditions will take us to the most emblematic places of our culture and hospitality visiting the most special monuments and places, savoring the best of our rich gastronomy has to offer.

My and our mission is to create a feeling of gratitude for the landscapes and unique moments along the valleys of 7 different rivers in Portugal, each with immeasurable beauty.

We encourage you to come with us to know this Portugal, where all the Nature is of a divine harmony, that invites all to accompany its evolution and progress in a wonderful symphony.

Welcome to 7 Rivers Expeditions!

Barcadouro - Sociedade de Turismo Fluvial e Terrestre, Lda.

Address: Avenida Ramos Pinto, Loja 240 - Cais de Gaia 4400-161 Vila Nova de Gaia

Telephone: +351 223 722 415 **Fax:** +351 223 723 116

E-mail: reservas@barcadouro.pt **Website:** <http://www.barcadouro.pt>

Other informations:

Registration No.: 13/2010;

Activities:

Boat Trips; Walking;

Barcadouro is a tourism event company with our leading product being Cruises on the River Douro.

They began operations back in March 1996 and currently run three vessels: the "Pirata Azul" with a capacity for 250 passengers, the 200 capacity "Infanta" and the "Sr. do Douro" for 100 passengers. The quality of on board service has gained the highest level compliments from all those who have experienced it be it on board for a voyage up the marvellous River Douro or during any one of the huge range of lunches, dinners, weddings, congresses, fashion shows and every possible kind of meeting since hosted.

AJSailing PT

Address: Rua da PraiaDouro Marina4400-554 Vila Nova de Gaia

Telephone: +351 910 707 120

E-mail: geral@ajsailing.pt

Other informations:

This Beneteau First 38s5 had as Naval Architect Jean Berret and Philippe STARCK Interior Design.

The Sailboat is commanded by the owner, also having the immediate crew. They are two people who carry out the maneuvers and tasks of board, so as to provide comfort, security and tranquility.

Prior marking, subject to availability and appropriate atmospheric conditions.

Our offers include:

- Insurance required by Portuguese law
- Government taxes and duties applied to the activity. All fees are the sole responsibility of the customer.
- Commander, Immediate and fuel.

Activities:

Boat Trips; Diving; Fishing; Boats for hire; Sailing;

Accessibility:

Activities accessible to people with disabilities;

<https://ajsailingpt.business.site/>

We provide unforgettable moments, sailing on our coast.

The pleasure and tranquility coupled with some adrenaline aboard our sailboat with exclusive service for you and your guests up to a maximum of 6 people.

Sailing provides unique sensations combined with the possibility of being one of our sailors.

BBDouro

Address: Rua da Praia - Douro Marina 4400-554 Vila Nova de Gaia

Telephone: +351 935 301 930

E-mail: info@bbdouro.com **Website:** <http://www.bbdouro.com>

Other informations:

Clean&Safe – The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com. (link para <https://www.visitportugal.com/en/node/422183>)

Activities:

Boat Trips; Boats for hire; Sailing;

Founded in 2012, the BBDouro is a sailing academy and maritime tourism operator with quality, recognized for its excellence and focused on promoting and developing sailing as a sport accessible to all. Its ambition is to be a reference in the services offered of instruction and training sailing in northern Portugal, developing programs depending on the needs of each

Calhau a calhau

Address: Rua Parque da República, 153-R/C 4430-164 Vila Nova de Gaia
Telephone: +351 914 654 255 - 917 097 994
E-mail: infocalhau@gmail.com **Website:** <http://www.calhau.com>

Other informations:

Registration No.: 9/2004;

Activities:

Walking; Cycling; Canoeing; Orienteering; Target shooting; Paintball; Abseiling and Aerial slides; Mountain Climbing;

Diamante Douro

Address: Rua da Praia 430 4400-554 Vila Nova de Gaia
Telephone: +351 926 221 178
E-mail: geral@diamantedouro.com **Website:** <https://diamantedouro.com/>

Activities:

Boats for hire;

Diamante Douro pleasure and fun cruises in Douro

No Limite, Lda. - Desporto e Aventura

Address: Rua de Gondezindo Eres, 714 - Apartado 15014416 Sandim (VNG)
Telephone: +351 966 529 816 / 913 595 988 / 914 588 226
E-mail: marketing@nolimite.org **Website:** <http://www.nolimite.org>

Other informations:

Registration No.: 21/2005;

Activities:

Cycling; Off-roading; Target shooting; Climbing; Paintball; Abseiling and Aerial slides; Rafting;

Oportomotorent

Address: Rua da Praia, 430-Loja 4 4400.554 Vila Nova Gaia
Telephone: +351 914 133 499
E-mail: info@oportomotorent.com **Website:** <https://oportomotorent.business.site/>

Other informations:

Registration No.: 374/2015

Payments:

Credit cards accepted;

Activities:

Birdwatching; Jet ski hire;

The Oportomotorent is a rental company of bicycles and scooters, with store in Douro Marina. Its activity is suitable for companies and individuals. Visit a dresser and practical way the monuments of our city. Enjoy magnificent views of the banks of the river Douro and our Coast.

Sailing 360º

Address: Rua da Praia, 430 Douro Marina, Loja 5 4400-554 - Canidelo
Telephone: +351 915 825 535

client. In this context, the activities are targeted for two types of audience: particular and corporate. As particular the services are: Youth and Adult Sailing Academy, Sightseeing Tours, Boat Rental, Sailing Experience and Customized Programs. As corporate the services are: Team building, Company Challenge, Sailing Experience, Customized Programs and Corporate Advertising.

CECLONE - water experience

Address: Rua da Praia 4304400-554 Vila Nova de Gaia
Telephone: +351 914 584 207
E-mail: geral@ceclone.com **Website:** <http://www.ceclone.com>

Activities:

Boat Trips; Boats for hire;

We present the best nautical solutions for our customers and partners, adding more value to their tourism experience.

FeelDouro, Lda

Address: Douro Marina Rua da Praia 4400-554 Vila Nova de Gaia
Telephone: +351 915 915 098 **Fax:** +351 220 990 922
E-mail: info@feeldouro.com **Website:** <http://www.feeldouro.com>

Other informations:

Clean&Safe – The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com. (link para <https://www.visitportugal.com/en/node/422183>)

Activities:

Boat Trips; Boats for hire; Motorbike rental; Bike hire;

Payments:

Credit cards accepted;

FeelDouro is a company of nautical tourism which provides differentiated, tailor-made experiences, and exclusivity on their ships to groups, friends and families, in short trips or voyages up the Douro.

The city of Porto, elected Best European Destination 2012, presents an architectural ensemble of exceptional value, and enjoys a privileged location near the mouth of the Douro river. The Alto Douro Wine Region is the oldest demarcated wine region in the world, famous for the port wine, rich cuisine and idyllic landscapes you will not want to miss!

Going up the Douro river by boat is the best way to experience this unique region in the world! FeelDouro has a wide range of programs at your disposal, sustained by ecology, design, comfort and the modernity of its ships.

Oporto & Douro Moments

Address: Rua Nuno Guimarães, nº 984415-058 Perosinho
Telephone: +351 965 515 186
E-mail: geral@portoanddouromoments.com **Website:** <http://www.ortoanddouromoments.com>

Other informations:

Oporto & Douro Moments is a company devoted to provide unforgettable moments in the city of Oporto and in the Douro region. We go beyond your typical experience, as we act as your

E-mail: info@sailing-360.com Website:
<https://www.sailing-360.com/>

Activities:

Boat Trips; Sailing;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Visual impairment, Motor disability, Mental disability; Care skills: Visual impairment, Motor disability, Mental disability;

Sailing 360º provides tours (exclusive regime) on boats in the city of Porto. We have several types of vessels to cover the spectrum that is desired by the customer. In our fleet we have a yacht, a sailboat and two classic wooden boats. We are located in the recent Douro Marina in Vila Nova de Gaia, considered one of the best in the country.

“local friends”, people you can talk with, in a very simple and open way. Thus, on foot or with a comfortable minibus with air conditioning, we will show you, with absolute safety and experience, places and traditions which are not in the tourist guides, things you won't find anywhere else.;

Activities:

Boat Trips; Walking; Nature watching; Surfing; Sailing; Observation of geology;

Payments:

Credit cards accepted; Travellers Cheques accepted;

The cities of Oporto, Vila Nova de Gaia and the Douro region have always been umbilically linked and that is why we provide several Moments in these special privileged destinations: from the most classic that introduce you to the various icons of the region, to the boldest ones. We also give you the possibility to, with our help and total flexibility, create your own custom Moment. Thus, each trip is designed just for you and according to your tastes.

Rios & Trilhos

Address: Rua da Praia, Loja nº 11, Douro Marina 4400-554 Vila Nova de Gaia

Telephone: +351 914 322 630

E-mail: riosestrilhos@gmail.com **Website:**
<https://www.riosestrilhos.com/>

Activities:

Walking; Surfing; Off-roading; Canoeing; Kayak; Orienteering; Climbing; Abseiling and Aerial slides; Rafting; Mountain Climbing; Potholing; Canyoning; Kayak surf; Paddle surf; Trekking;

Payments:

Credit cards accepted;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Motor disability, Mental disability; Care skills: Motor disability, Mental disability;

Give Adventure a Chance!

Rios & Trilhos' main goal is to enable contact with Nature, organize sporting events, outdoors, team building, and expeditions through Sports and Leisure.

Come get involved in nature the same way we do because the only reason to be alive is to enjoy it!

Way of Douro - Yacht Experience

Address: Douro Marina - Pontão D, Rua da Praia nº 4304400-554 Vila Nova de Gaia

Telephone: +351 220 991 420 / 917 715 772 / 918 078 174

E-mail: info@wayofdouro.com **Website:**
<http://www.wayofdouro.com>

Other informations:

Cruising and skippered yacht charter on Porto and Douro Valley. From 2 hours to a full week on Douro!

Activities:

Boat Trips; Boats for hire;

Payments:

Credit cards accepted;

The best way to know the Douro Valley. Our private cruising programs gives you the ultimate experience, designed for up to 16 persons. Get onboard, enjoy Douro!

Vila Pouca de Aguiar

Montes de Encanto, Lda

Address: Apartado 17 5451-908 Pedras Salgadas

Telephone: +351 259 433 146 - 93 323 77 09

E-mail: info@montes-de-encanto.pt **Website:**

<http://www.montes-de-encanto.pt>

Other informations:

Registration No.: 49/2008 ;

Activities:

Walking; Nature watching; Birdwatching;

Montes de Encanto is an ecotourism operator in the Alto-Tâmega region of Trás-os-Montes in the north of Portugal. A team of biologists trained in nature tourism will introduce you to the natural and cultural resources to be discovered here. We propose a unique opportunity to ally leisure with learning. All our programs respect the tenants of sustainable tourism. You will discover the most genuine aspects of pristine environments where the man-nature interface is at its purest, places where disappearing characteristics of rural life are still evident and may yet be observed. We combine scientific observation of rare fauna and flora with wonderful landscapes, beautiful natural parks, local handicrafts, delicious food and wine, stories and traditions. Trás-os-Montes is rich in these resources. Come and discover them...

Vila Praia de Âncora

Anchorpoint - Surf House & Surf School

Address: Av. Dr. Ramos Pereira, 297 4910-547 Vila Praia de Âncora

Telephone: +351 965 286 195

E-mail: info@anchorpoint-surfhouse.com **Website:**

<http://www.anchorpoint-surfhouse.com>

Activities:

Bodyboard; Surfing; Cycling; Canoeing; Kayak; Paddle surf; Bike hire;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Hearing impairment; Care skills: Hearing impairment;

Anchor Point Surf House is located in a small fisherman village called Vila Praia de Âncora, in the north of Portugal. It's a small villa with a big and nice beach with a little seaport. Anchor Point is placed right in front of the beach (you may just have to, literally, cross the road), so we offer the best conditions. You can enjoy a beautiful view over the beach and watch the sea conditions without leaving home.

Classes provided by Instructor graduated in Sport Sciences with a established curriculum in the Portuguese Surfing. Classes with maximum of six students per Instructor, We have small groups therefore we can significantly increase the safety and quality of our surf courses.

The school's and its instructors main goal is to provide everyone the fantastic and thrilling experience that is Surf. On a beginner level we focus on transmitting the basics about the surfing

technique to our students, ocean conditions, safety and equipment usage.

We train our beginner and intermediate students by adapting pedagogic and didactic techniques that improve our methods of teaching and coaching.

On a more advanced level we coach our student with the world class methodology, coaching techniques and physical preparation.

Vila Real

Bookindouro

Address: Praceta Dom João Evangelista, 15000-538, Vila Real

Telephone: +351 965 124 398

E-mail: info@bookindouro.com **Website:**

<https://www.bookindouro.com/>

Activities:

Boat Trips; Walking; Paragliding; Bodyboard; Surfing; Cycling; Off-roading; Canoeing; Kayak; Sailing; Birdwatching; Climbing; Abseiling and Aerial slides; Ballooning; Rafting; Canyoning; Trekking; Bike hire;

Payments:

Credit cards accepted;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Visual impairment, Hearing impairment, Motor disability, Mental disability; Care skills: Visual impairment, Hearing impairment, Motor disability;

Douro With Soul

Address: Peso da Régua / Vila Real

Telephone: +351 935 157 337

E-mail: info@dourowithsoul.com **Website:**

<http://www.dourowithsoul.com>

Activities:

Boat Trips; Walking; Nature watching; Cycling; Orienteering; Observation of geology; Mountain Climbing; Trekking;

Accessibility:

Activities accessible to people with disabilities;

Experiences in Genuine Places in the Douro, Hiking, Walking Tours, Bike Tour, Typical Lunches, Wine Tasting

Nature & Immersive Experiences around Porto and Douro Region, Portugal | By Land | By Air | By Water

Real Buggy Rides

Address: R. das Botelhas 2, 5000-651 Vila real

Telephone: +351 937 823 789

E-mail: realbuggys@gmail.com **Website:**

<http://www.realbuggy.com>

Payments:

Credit cards accepted;

Activities:

Off-roading;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Visual impairment, Hearing impairment, Motor disability, Mental disability; Care skills: Visual impairment, Hearing impairment, Motor disability, Mental disability;

Real Buggy Rides is a tourist entertainment company that organizes Buggy and Quadricycle tours. Its purpose is to provide fun and leisure at the same time that customers get to know the landscapes, viewpoints and villages in the region.

The tours provide interaction with nature, but with the adrenaline of driving a truly all-terrain vehicle.

There are several options of exclusive, pre-defined rails or even a rail created and adapted especially for the customer. The variety of experiences we offer is immense. And you will always be accompanied by an experienced guide who will make you

experience unforgettable moments.

Gather friends, family and enjoy the best of Portugal!

Vila do Conde

VIDABOA Tours

Address: Rua Correio do Ave, 10 4480-943 Vila do Conde

Telephone: +351 919 178 634 **Fax:** +351 252 054 564

E-mail: geral@vidaboa.pt **Website:** <http://www.vidaboa.pt>

Other informations:

Clean&Safe - The Clean&Safe stamp confirms that the hotel or other tourism establishment is compliant with hygiene and cleaning requirements for the prevention and control of Covid-19 as recommended by the DGS - Directorate-General for Health. More information at www.visitportugal.com/en/node/422183.

Activities:

Walking; Nature watching; Birdwatching;

Payments:

Credit cards accepted;

Surprise and enchant yourself by finding out, while quietly walking, places of unique beauty from a country that makes a pleasure to your senses.

Villa's Adventure

Address: Travessa do Pindelo, 1 - Árvore 4480 Vila do Conde

Telephone: +351 918 772 210

E-mail: villasadventure@gmail.com **Website:** <https://www.villasadventure.com/>

Activities:

Paddle surf;

Look Around & Improve Yourself