

# **Beaches**

## Porto and the North

## **Braga**

Praia fluvial da Ponte do Bico Address: Outeiro - Palmeira (Braga)

**Characteristics and Services:** 

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag;

Sunshade rental; Showers;

Accessibility:

Disabled access; Accessible beach;

**Activities**:

Football; Volleyball;

With the same name as the bridge that connects the municipalities of Braga and Amares, the **Ponte do Bico River Beach** is located near the town of Outeiro, in the parish of Palmeira.

This bathing area in the Cávado River has a vast sandy beach and a grassy area, as well as complete support infrastructures that include a picnic park with covered grills and various support infrastructures such as bar, bathrooms, showers and first aid post.

This beach has one particularity to which you should pay attention. Due to the existence of a mini hydro-electric plant upstream, at certain times of the day there may be an increase in the flow of the river, a situation that will be duly signalled by the lifeguards supervising the bathing area.

### Praia Fluvial de São Paio Merelim - Braga Address: São Paio de Merelim - Braga

#### Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 15; Security or Surveillance; EEC Blue Flag;

Accessibility:

Accessible beach;

The Merelim river beach is situated on the banks of the Cávado River, about 100 metres downstream from Ponte do Bico. With support facilities, picnic area and children's playground, this beach area is a pleasant space that is very popular on hot summer days.

Praia fluvial de Adaúfe Address: Adaúfe - Braga

### **Characteristics and Services:**

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Security or Surveillance; EEC Blue Flag; Small craft hire;

Accessibility:

Accessible beach;

Activities:

Volleyball;

Situated in an area of great natural beauty on the banks of the Cávado River, the Adaúfe river beach extends for about 200 metres. It includes a sandy area and a large grassy area, connected by accessible pedestrian paths.

The beach offers conditions for various activities such as volleyball, canoeing and extreme sports, and offers excellent support facilities, including a diving board, fitness park and a picnic area with tables and barbecues.

Evoking times gone by and other uses of this space, it is still possible to find here an old mill and an irrigation and water elevation system for the nearby farmland.