



LIST A

Looking for the Future

Manifest 2023/2024

Introductory note

The "Perspetivar Futuro" movement has its genesis in the continuity of the "Construir o Agora" and "Pela Academia" movements which, over the last two years, have marked the Academic Association of the University of Aveiro (AAUAv) with their differentiating vision and paradigm shift.

Throughout the existence of these movements, there has been a clear concern for the future of the institution, identifying and seeking to act on the AAUAv's basic problems. We have sought to invest in proximity to the student community and the AAUAv Centres as a fundamental pillar, seeking to be an active and intervening supporter of their demands at local and national level. Internal intervention within the institution was also a priority, with the creation of services, financial organization, recovery and the creation of new spaces.

On the other hand, it was assumed that the AAUAv is not just an institution for Aveiro, but for the region, particularly the UA cities of Águeda and Oliveira de Azeméis, with important educational, cultural, sporting and social moments. The link to the region has also opened doors to social responsibility and civic participation initiatives for the whole community.

Since the AAUAv is an eternal unfinished project that is constantly being updated, it only makes sense to look to the future. And the Future is born from the new generations of students who, successively, year after year, embrace the University of Aveiro as a Home. We believe in the differentiating and distinctive potential that each student has, both in terms of their experiences and in terms of what they can give to the AAUAv project, which belongs to all students.

The movement that is now being born is based on these principles, of which we would highlight the constant and wide-ranging consultation, guaranteeing complete representativeness, with the fundamental commitment to in-depth and transparent reflection on our Academy. With a broadly renewed team, we combine experience with new ideas and visions. This is the richness of the "Perspetivar Futuro" movement: renewal and reinvention.

In this way, we believe that we are facing a candidacy that guarantees not only the continuity of the good work that has been done in consolidating the institution, recognising the flaws and setting out to reflect on reinvention, but also progress and evolution. For an

AAUAv that is better prepared and more aware of the needs of students at the University of Aveiro.

Finally, we affirm that we will always work to respond to all of the community's challenges, which are naturally inherent to the responsibility of leading a growing AAUAv, and above all, that in 2024, among everyone and with everyone, we will be able to effectively work for an AAUAv that is more prepared and more aware of the needs of the students of the University of Aveiro.

The general objectives can be identified as:

- To envisage the future of the UA Students' Associative Project;
- To envisage the future of higher education in Portugal;
- To envisage the future of a University of Aveiro of Excellence;
- Prospecting the Future of the Dynamisation of the UA Campuses;
- Prospect for the Future of Connecting the Student Community to the Aveiro Region;
- Prospect for the Future of Environmental Sustainability;
- Prospect for the Future of the Financial and Administrative Consolidation of the Institution.

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Looking to the Future of the UA Students' Association Project

The Students' Association of the University of Aveiro was founded on 28 June 1978. It later became the Academic Association of the University of Aveiro (AAUAv), the name we recognise today, and in which the almost 18,000 students of the University of Aveiro are represented. Throughout its existence, the organisation has always sought to meet the growing needs of students in the most diverse areas of higher education.

Focused primarily on defending the interests of the entire Academy, over the years the AAUAv has also increasingly prioritised complementing pedagogical training; sports development and the promotion of dual careers; cultural training and through this, the training of the self, as well as involvement with the region and work in favour of an increasingly strong social aspect.

The current reality of Higher Education, aggravated by the delicate socio-economic context that the country is going through, due to the past pandemic, but also the current political instability, raises deep concerns for us. The Constitution of the Portuguese Republic safeguards higher education and training as a right and guarantees equal access opportunities. The truth is that, over the years, there has been a successive devaluation of higher education as an integrated strategy for the country's future.

Currently, higher education in Portugal and its institutions have serious structural problems, starting with chronic underfunding, which does not guarantee the capacity to safeguard universal, quality education. It is also the role of the AAUAv to take a close look at the national context, adopting an interventionist role with the government and other organisations in restructuring the higher education network.

Social Action is a fundamental pillar of Higher Education, guaranteed by the State, with the aim of minimising social inequalities and guaranteeing the principle of equal opportunities. With this in mind, we advocate strengthening Social Action and evolving its model. We affirm the urgency of revising the Regulation for Awarding Scholarships to Higher Education Students (RABEEES), as well as its application and evaluation model. We argue that the latest revision, which took place during 2020, addresses the problem in a superficial way. We demand not only an increase in the value of the scholarships awarded, the accommodation supplement and an increase in the threshold for awarding scholarships, so that more and more students are covered by direct Social Action.

University accommodation also raises concerns, due to the lack of existing solutions and the inoperability of the National Accommodation Plan presented by the government in 2019. The fact is that the public supply of beds in higher education falls short of students' needs, putting enormous pressure on the private property market. As a result, we have seen a huge increase in accommodation costs for students, which has worsened in recent years. Urgent and effective intervention by the government in this matter is essential, as we consider accommodation to be one of the main barriers to access to higher education, due to its financial impact on all students' households.

Aware that all of the issues mentioned are the responsibility of the state, the AAUAv is responsible for demanding that these issues be addressed, for education that tends to be free and inclusive, seeking to avoid dropout scenarios at all costs.

In general, looking at the internal difficulties, but also working in a national context, the AAUAv presidency must always prioritise the well-being of the project, as well as that of the entire team. Always strengthening and empowering the team that embraces the project, in order to create leaders and examples in the associative movement. Therefore, in order to work on the AAUAv's various vectors of action, and leading the project, some of the AAUAv's fundamental projects and objectives for 2024 are:

- Increasing the AAUAv's network of services, while at the same time creating profitability for the AAUAv, making it increasingly subsidy-independent;
- Creating a service and space in the heart of the city, extending the AAUAv out of doors and implementing its brand in the heart of the city;
- Finalising the works and launching University Radio, creating a local communication channel and bringing the academic community closer to the region;
- Finalising the AAUAv's 45th anniversary celebrations, highlighting its history and launching projects for the future;
- Creation of a study centre on the associative movement, with the aim of strengthening the AAUAv's political positions;
- Strengthening the daytime Student Bar and CUA service, increasingly enhancing these services;
- Creation of the UAVEIRO sports club, as well as an academy to accompany its growth; Aproximar cada vez mais a AAUAv a outras Associações Estudantis, construindo pontes e projetos conjuntos;

- Bringing the AAUAv ever closer to other Student Associations, building bridges and joint projects;
- Hold the final stages of university sport for the 5th time in Aveiro in April 2024, showing our institution's ability to project itself in national sport;
- Work on strategies to include all students in the academy and guarantee their well-being, regardless of gender, race, sexual orientation, social values they believe in, among others;
- Organizing Enterro'24 and Integra-te'24, increasingly projecting the brands and making them a reference;
- Increasing the AAUAV's network of partners, really opening up the institution in the region and no longer closing us in on ourselves and only on the institution.
- Encourage discussion in the academy around important issues in higher education, such as the value and conditions of accommodation or social action;
- Affirming the work carried out in reformulating the institution's cultural strategy, especially in the way it is provided to students and the region;
- Promote the UA's associative spirit, increasing the spaces for discussion and training for the AAUAv structure;
- Create a strategic plan and wellbeing network for the Academy, working with external partners;
- Encouraging the development of sustainable and innovative practices that have an impact on students' daily lives.

Looking to the future of higher education in Portugal

The Academic Association of the University of Aveiro is the institution that represents and defends the interests of students at the University of Aveiro, demanding that they be heard and defended. It is essential that students are represented and have a voice, both internally and on the national scene.

Therefore, with a high sense of commitment and responsibility, the Education Policy sector is responsible for covering the following aspects:

- Legislative elections
 - Drawing up a voter list for the legislative elections to present to the student community;
 - Meeting with the parties and their candidates to discuss issues such as the housing crisis, youth employment and higher education.
 - Promote an open debate on higher education with members of the political parties.
- European elections
 - Drawing up a voter list for the European elections to present to the student community.
 - A briefing session with MEPs to show the importance of the European elections for the country.
 - Promoting a debate on higher education with members of the political parties
- Commemoration of symbolic dates for the country and the student community, namely the 50th anniversary of 25 April and National Student Day.
- Residents' forum
 - Review problems inherent to all residences at the University of Aveiro, drawing up a report to be presented later to the Social Action Services.
- Discuss the financing of Higher Education Institutions and tuition fees with the various organisations responsible.

- Debate the restructuring of Higher Education, valuing the student in this discussion.
- Demand a reinforcement of Direct and Indirect Social Action and measures to support the growing lack of university accommodation.
- Maintain institutional representation and participation in the Student Associative Movement.
- Communicate the progress/claims of the Education Policy more directly and closely.
- Build bridges and discuss with the National Youth Council.
- Creating a monthly AAUAv feature, through opinion pieces or other articles in the local and national media, with the aim of giving the AAUAv a national profile.
- Contextualising the Legal Regulations for Higher Education Institutions, promoting discussions and clarification sessions open to the entire community.
- Support and accompany the integration of international students at the university and in the city, and also on the educational side, continuing the initiative to organise international weeks.
- Strengthen the relationship with the different associations working on internationalisation, creating joint activities.
- Strengthen the relationship with the various associations working on internationalisation, creating joint activities.
- Spread the University 5.0 concept throughout the term, using cycles and conferences on employability and research, with the culmination being the Job Fair.
- Continue to cooperate with different entities promoting entrepreneurship, in order to join forces and channel information to students more effectively.

Looking to the future of a University of Aveiro of Excellence

The connection between the AAUAv's centres, sections and governing bodies is fundamental to the sustainability of the structure of the Academic Association of the University of Aveiro. The desire to listen, understand and unite these elements is what motivates this sector of the "Perspetivar o Futuro" movement to act in accordance with the interests of the students represented by the Centres. The Nuclei Support sector aims to focus on the continuous improvement of the Nuclei's processes, as well as working towards the valorisation of the structure through the training of association leaders using a diverse range of moments and activities. These activities not only strengthen the centres, but also contribute to the vitality and innovation of the academic community as a whole. The key is to encourage collaboration, creativity and the personal and academic growth of the students involved.

As such, the sector is committed to:

- Carrying out the three usual training events, Forma-te@AAUAv, Fórum@AAUAv and AAUAvontade. In addition to the three events mentioned above, focus on other training programmes, with an emphasis on time management, team management and financial management.
- Continue with the "Coffee with ApN" initiative, with the aim, in a more informal format, of encouraging the discussion of ideas between the centres and the AAUAv Board, as well as raising needs and helping to plan activities.
- Try to encourage the reactivation of inactive centres.
- Facilitate access to all documentation and regulations for the centres.
- Continue awarding prizes to the AAUAv Centres, with more diversified categories, thus encouraging the Centres even more to carry out activities.
- Carrying out joint activities with the Centres in which the associativism project is reinforced in people outside the AAUAv structure.
- Creating a platform with easier access so that the Centres can receive more fluid feedback on their activities.
- Encourage internal discussion in order to promote a better working environment and strengthen interpersonal relationships.
- To bring students closer to the AAUAv House and spaces on campus, encouraging the Centres to make use of these places.
- Develop more activities between the Centres and the AAUAv Board, in order to create greater proximity between the two bodies.
- Make the history of the centres and the structure known to the rest of the community;

- A monthly diary for the Centres to promote greater communication between the Centres and the Academy. Rever de forma ativa todos os regulamentos dos Núcleos, partindo sempre do bem-estar e bom aproveitamento por parte destes.
- Actively reviewing all the organisations' regulations, always based on their well-being and good use.
- Assisting the centres in drawing up the Activities Plan and Budgets and the Annual Accounts Report, always working to facilitate their completion.
- Carrying out visits to headquarters, where it is possible to ascertain the needs of each one, as well as surveying the material they have available.
- Encourage the centres to invest in the form of goods, resources and activities for the students, thus contributing to their success and greater use by the community.
- Ensure the sustainability of the AAUAv-Núcleos structure.
- Develop an alternative to AAUAv Play in order to optimise the Nuclei's processes and communication with the AAUAv Board.
- Encourage the participation of the Centres in UA and AAUAv events.
- Permanently monitoring the activities of the Centres.
- Organizing moments of discussion where the Nuclei can collaborate to solve specific challenges related to the university or the community, promoting innovation and giving voice to their ideas and opinions.
- Creating an online collaboration platform to optimize communication between Nuclei, allowing them to share resources, ideas and experiences with each other.

Looking to the future of a cohesive structure

Increasing the influence of the Academic Association of the University of Aveiro, not only in the student community but also in the Aveiro community, requires growing management of all the AAUAv's assets and space. In order to ensure all this, the entire structure of this association needs to be created and properly managed. In this way, the Internal Administration sector of the "Perspetivar Futuro" movement undertakes to:

Fleet and equipment:

- Creation of a fleet management platform, reformulating its internal management;
- Continuing to restore and maintain the fleet;
- Adapting a van to transport cargo, goods and equipment;

AAUAv Play:

- Redesign of the interface currently used, making it more interactive, in order to facilitate the ordering of drinks and equipment;

Services:

- Carrying out updates to the AAUAv webapp, with a view to implementing the purchase of merchandising online and adding English as a language option;
- Continue with updates so that using the app is increasingly simple.

AAUAv assets:

- Creation of presets with the material needed for the most recurrent activities of the nuclei, in order to guarantee organisation and efficiency when ordering material;
- Review of all AAUAv assets and equipment for possible repair and/or replacement, as well as the acquisition of necessary new material.

Employee network:

- Reformulation of the collaborators' group so that it is more organised and efficient.

AAUAv spaces:

- Creation of a space for E-sports (Gaming office);
- Creation of a "Museum" space to display the milestones of the AAUAv's past and future in celebration of its 45th anniversary;

- Increasing the number of ashtrays in the student house;
- Carrying out maintenance on the spaces (BE and CUA) so that they are preserved throughout the year and so that quality is guaranteed.

Academic events:

- Continued logistical training of goods, equipment and activities both for the centres and internally;
- Continued optimisation of the logistical processes associated with all types of events.

Looking to the future for Sport and Well-being at the Academy

Sport plays an essential role within Aveiro's academic community. Its main benefits are improving the health and well-being of its practitioners. However, sport also plays a fundamental role in social inclusion and in learning important values for a successful personal and professional life, such as discipline, rigour, teamwork, persistence and overcoming obstacles.

The University of Aveiro is the institution that has invested the most in sport in Portugal and the AAUAv is one of the Academic Associations that has offered the most support to its student athletes. This joint investment has enabled the University of Aveiro to be honoured with the Prestige Award, presented by the Academic University Sports Federation.

These victories inspire us to do more and better for the academy, continuing to lay the foundations for a successful future in which sport is increasingly a differentiating factor for our University.

Thus, the Sports and Well-being sector of the "Perspectivar Futuro" movement for the 2024 mandate has two main objectives:

- To support competitive sport, making it more comprehensive, broad, dynamic and consequently more competitive.
- Continuing to develop programmes/events related to physical and mental health, creating strategies to publicise and promote them so that they can be used by the academic community.

The activity of the Sports and Wellness sector is divided into four sub-sectors:

UA Cup

The UA Cup is a unique competition at national level which last season was the 20th edition. This competition has grown exponentially since its creation, with around 7,000 participants last season helping their courses in the fight for the most coveted trophy. These figures show how involved the academic community is with the competition, and that it can be even bigger and better.

- The constant evolution of the competition means that we need to be attentive to any adaptations that could add value.
- In this sense, it is essential to:
 - Review all the competition's internal regulations in order to constantly adjust the law to the needs, checking which disciplines have representation in our academy and are not included in the competition;
 - Directly support the AAUAv's centre structure, as they are primarily responsible for the success of our UA Cup, paying special attention to the student centres of the more distant university centres;
 - Continue to train our Academy in refereeing for the various sports, focusing mainly on the student community
 - Start developing a digital platform available to all students that contains all the relevant information about the competition. In the long term, this platform will also be used by the centres to manage the competition, where they will be able to submit the athletes registered for the various sports and their respective match sheets;
 - Readjust the competition's communication strategy;
 - Developing E-sports disciplines with tournaments throughout the academic year.

National University Championships (CNU's)

The CNU's are the most important competition between universities at a national level and reflect the value of our athletes compared to those from other Academies. It is therefore essential that the sector commits itself to giving its athletes maximum support, so that they can focus solely on their task: representing our Academy in the best possible way.

That said, we believe it is necessary to:

- Encourage the centres to publicise the existence of the CNU's of the different sports, sharing the advantages/benefits that athletes can have by integrating them into the recruitment processes;
- Improve internal and external recruitment strategies;
- Encourage the centres to publicise the existence of the CNU's for the different sports, sharing the advantages/benefits that athletes can gain from taking part in their recruitment processes;
- Improve internal and external recruitment strategies;

- Publicise the reality of adapted sport at the academy and develop demonstration and recruitment activities in the various disciplines practised;
- Organising Inter Polytechnic and UA tournaments without borders, developing new events with Interdepartments and 24 hours;
- Reformulate the communication strategy for activities related to the CNU's;
- Organizing the final stages of the 2024 National University Championships;
- Organising the Sports Gala to highlight sport at the Academy;
- Appointing a "technical collaborator" for each sport, with the aim of directly supporting the assigned team, identifying in a concrete and precise way the real needs of each team.
- Organisation of the university sports finals in April 2024.

UAveiro Sports Club

The University of Aveiro has unique conditions for practising various sports such as football, basketball, handball and futsal, among others. In this sense, the creation of a sports club has become a necessity in order to better serve not only the academic community, but also the entire Aveiro community. The AAUAv is an essential partner in bringing this project to life, energising it and creating the basis for an amateur structure that will allow the club to develop in a wide variety of sports. The development of this Sports Club not only allows the University/Association to become more involved with the Aveiro community, but also broadens its base for attracting young talent, as well as creating a regionalist mentality that increases the feeling of "love for the shirt" for all those who represent us.

In this context, the Sports and Well-being sector aims to:

- Make the University's heritage available to the academic and Aveiro communities in a more accessible way;
- Maintaining support for the University's new sports centre, using this infrastructure not only for Club activities, but also as a venue for UA Cup matches and CNU activities, so that the city of Aveiro is seen as the capital of university sport in Portugal;
- Identify which sports have the potential to create training programmes;
- Prioritise the development of the junior level (athletes aged 16 and 17), as these will be the young athletes closest to entering university;
- Creation of a network for observing young talent in a wide range of sports, which will be the responsibility of the technical collaborator. The AAUAv can

send an invitation to the future student explaining all the benefits and support that our institution offers its student athletes;

- Search for qualified people to support the teams in the various sports practised at the academy, preferably from within the academic community, investing, whenever necessary, in the technical training of our students, so that none of our athletes feel a lack of support in their training and competition process;
- Create a Club communication strategy.

Well Being

Together with sporting success, the academy has been working to provide its students with the best conditions to combine a good academic career with a healthy lifestyle, both physically and psychologically. Given the constant growth of the academic community, as well as the new challenges posed by modern society, it is imperative that this sector is dynamic and original in its search for strategies to improve well-being at the Academy.

We therefore consider it necessary to:

- Continue to develop the Health and Well-being programme, in conjunction with the University, for the entire academic community with the aim of making it healthier, both physically and psychologically;
- Reformulate the mental health series with new themes and dynamics aimed at students, in order to make it more useful and attractive for the entire academic community;
- Develop recurring activities covering a wide range of topics within the theme of mental health and well-being, such as workshops, lectures, informal talks with psychologists, nutritionists or physiotherapists (taking advantage of the university's students), and volunteering activities;
- Create professional health partnerships with physiotherapist(s), nutritionist(s) and psychologist(s) when possible, taking advantage of students who have graduated from our University;
- Develop awareness-raising activities to prevent risky behaviour during academic activities such as Burial Week and the parties organised at the Student House.
- To organise activities during the daytime of Enterro'24 week, promoting the Academy's activities and diversifying the week's points of interest;

Looking to the Future of the Dynamisation of UA Campuses

In the immensity of the Academy, where youth reinvents itself in an eternal dance of evolution, Culture emerges as the living flame of authenticity and freedom. In this dynamic and multicultural scenario, where each student is a unique piece of the academic mosaic, Culture becomes the unifying force, a link that transcends borders and connects hearts. Culture is diversity, individuality and inclusion. It is progress and adaptation, a constant movement that reflects the dynamics of academic life, uniting students in an indissoluble bond.

At the multicultural and diverse University of Aveiro, Culture must be expanded, becoming a lighthouse and anchorage for all those who sail this academic ocean.

We are committed to bringing the richness of culture to everyday academic life. We want to be more than appreciators; we want to be creators, weaving the future with gifts that transcend the present.

We believe that Culture at the University of Aveiro can be more than an academic reference; it can be a transforming force for the whole city. The city of Aveiro, with all its pulsating cultural heritage, should be an integral part of students' lives. We endeavour to enhance this interaction, connecting the extremes between the campuses and the city.

Beyond ephemeral events, we aspire to create a sustainable culture. More than promoting fleeting moments, we want to create the right conditions for regular cultural experiences, habits and practices.

In this commitment, we look to the future of the University of Aveiro Academy with hope, determination and the conviction that, through Culture, we can build a richer, more vibrant and purer academic community.

Together, we will mould and sculpt an academic experience that transcends the limits of the present and becomes an eternal testimony to freedom, creativity and inclusion. For an Academy that celebrates authenticity in every note, brushstroke and cultural expression.

That said, Cultura aims to realise the following ideas in the future:

- Boosting culture in the Student House

- Raising the quality and diversity of academic evenings at the Casa do Estudante, offering memorable and engaging experiences for all residents.
 - Expand the range of events on offer at the Casa do Estudante, including activities such as Bingo, Dr Why, Sunsets, among others.
 - Organise more ShowCase events in the Student Bar and Sala Palco, providing platforms for emerging talent to perform.
- Bringing culture to life in the Sala Palco
 - Intensify the Living Room Sessions in the Sala Palco, offering an intimate space for acoustic musical performances.
 - Create more Jam Session moments in the Sala Palco and/or GrETUA, creating fertile ground for musical spontaneity and collaboration between artists.
- Promote culture in the Café at the University of Aveiro
 - Dynamising the CUA through a variety of events such as sunsets, stand up comedy, live music and karaoke nights.
 - Presenting monthly shows at the CUA, highlighting UA, local, Portuguese or even international artists, offering an inclusive platform for a diverse range of artistic talent.
 - Transforming the CUA into a focal point during Enterro '24, making it a leisure space throughout the academic week.
- Stimulating culture at Enterro '24, Integra-te '25 and Grande Arraial
 - Organising CoMA & CoDJs, rewarding the winners with the chance to perform and showcase their image and culture at Enterro '24, creating unique opportunities for emerging talent.
 - Carrying out interviews during the concert weeks, both with artists and members of the academic community, providing an in-depth insight into the cultural experiences;
 - Creating new seasonal events and activities, reflecting local traditions.
 - Giving students a voice by allowing them to express their opinions on the artists featured in the concert weeks, creating feedback and voting mechanisms to actively involve the student community in the cultural programme.

- Stimulate the Vital Ideas of culture
 - Stimulate a vibrant cultural environment on campus and intercampus
 - Organise events that showcase students' artistic work, providing the academic community and the city of Aveiro with a comprehensive view of student talent, such as talent contests, open-air art exhibitions, concerts and other artistic manifestations.
 - Promote International Week through food fairs, intercultural activities and an art exhibition highlighting the artistic richness of different cultures.
 - Hold a diverse talent contest, covering various artistic skills (magic, stand-up comedy, spitting fire, musical performances, artistic gymnastics, among others), with the aim of giving visibility to the various forms of artistic expression present in the AU student community.

- Promote a broader cultural agenda
 - Continue to organise events in collaboration with Crescente UA, local art spaces, museums, Aveirense Theatre and other appropriate venues.
 - Continuously collaborate with GrETUA in order to offer more moments with diverse musical cultures, including Jam Sessions, enriching the musical offer
 - Encourage and promote urban and contemporary art, covering practices such as graffiti, hip hop groups, electroacoustic music, recreational painting, among others.
 - To actively participate in the promotion of the city of Aveiro as the Portuguese Capital of Culture in 2024, organising cultural events that highlight the rich cultural heritage of Aveiro.
 - Streamline and promote UA / AAUAv Radio with fortnightly or monthly podcasts, community playlists and other engaging content.

Looking to the future of communication

Effective communication and building a solid image are key tools for the success of any association.

Playing a crucial role, communication and image is the link between the student community and the academy, guaranteeing the transmission of clear information so that a sense of community is increasingly created that encourages active participation in what is academic life in practice.

In this way, the Communication and Image sector of the "Perspetivar Futuro" movement proposes the following objectives for a better Academic Association:

CUA Space

- Implementation of a digital Moppi with important information for the academic community, as well as videos to complement the activities carried out.

AAUAv magazine

- Creation and dynamisation of a quarterly online magazine with news and activities that will take place throughout the term of office.

AAUAv website

- Streamlining the AAUAv website in coordination with the quarterly magazine;
- Implementation of sections including summaries of activities, timetables of AAUAv establishments as well as photos of them, direct link to the AAUAv App as well as an explanation of its functions, promotion of the activities carried out by the various centres, the possibility of downloading all documents relating to the graphic standards of the centres and the AAUAv, a list of the advantages of becoming an AAUAv member, among others.

Physical display

- Creation of a promotional space using reused material to promote sustainability and support student projects.

Social media

- Implementation of Instagram tabs to centralise and organise information and make it easier to find the content you want;
- Reactivation of the AAUAv Twitter account and creation of a TikTok account to bring the academic community closer together.

Enterro, Integra-te and other activities

- "Pre" recordings of activities, allowing the academic community to be more involved in their organisation and backstage.

Sports

- Creation of a booklet for the athletes and best moments of the UA Cup in collaboration with the centres in order to further promote the activity and all those who belong to it.

Looking to the Future of Connecting the Student Community to the Aveiro Region

Since its inception, the preliminary Aveiro é Nosso project has aimed to bring the University of Aveiro and its students closer to the city of Aveiro and its residents.

Year after year, Aveiro é Nosso has established itself as a socially and environmentally responsible sector of the Academic Association of the University of Aveiro. Now responsible for the VOL Shop, a volunteering space located in the Santiago neighbourhood, the result of a joint venture between the UA and the AAUAv, the sector's intention to get closer is increasingly consolidated.

The AAUAv claims to be an association that is driven by the concepts of reverence, inclusion, responsibility and innovation. In this way, Aveiro é Nosso promotes the dynamisation of social activities, which also combine sports, culture and commerce to encourage the development of relationships between communities.

Aveiro é Nosso is therefore committed to achieving the following objectives:

- Projection of the VOL Store;
- Making this space a meeting point for university students and Aveiro residents;
- Organising training workshops, screenings and donations;
- Having collection points for goods to be donated to institutions;
- Continuing the Tutors for Love project, which promotes school support for needy children and young people by university students;
- Promoting moments of discussion between communities on a wide range of topics (volunteering, mental health, addictions, etc.);
- Offering a variety of cultural events.

Raising environmental awareness:

- Encouraging recycling practices during academic weeks;
- Organising the second edition of an environmental awareness forum;
- Distribution of ashtrays throughout the University Campus, in conjunction with the concept of nudging;
- Collecting rubbish and cigarette butts.

Promoting social practices:

- Carrying out the 3rd edition of the Solidarity Run;
- Collaboration and support from different associations in the Aveiro Region;
- Publicizing volunteering projects through Aveiro é Nosso's social networks;
- Organising a solidarity concert;
- Visits to institutions (homes, orphanages, kennels, etc.).

Bringing communities closer together:

- Resumption of the crUA event;
- Promoting the city of Aveiro to students: drawing up a cultural agenda for the city, publicising museums, organising tours and peddypapers;
- Animating the streets of Aveiro through artistic events;
- Commemorating important dates;
- Developing more editions of the Alameda Fair, in order to encourage relationships between students, promote local commerce among them and encourage sustainable practices.

Looking to the future with fairness

The General Assembly is the highest decision-making body of the Academic Association of the University of Aveiro..." Article 27.1 of the AAUAv Statutes.

Considering the importance of the General Assembly Board (MAG), it is made up of five members (president, vice-president and three secretaries). They work to ensure that the statutes and regulations are strictly observed.

The candidates for the board of the general assembly therefore propose to:

- Comply with and enforce the AAUAv statutes and regulations;
- Be transparent and impartial at AGMs, respecting all opinions and being a representative voice for students;
- Comply with and enforce the electoral regulations, so that the students' decision and their desire for representation are respected;
- Instructing, training and monitoring the RGMs in the centres so that they too can follow democratic ideals and transparency;
- Supporting other bodies whenever necessary, such as: the AAUAv Board of Directors and JTC, the centres and autonomous sections, the rectory and departments, among others.

Looking to the Future of the Institution's Financial and Administrative Consolidation

The Fiscal and Jurisdiction Council (CFJ) is the body of the Academic Association of the University of Aveiro responsible for overseeing all financial and management matters.

Candidates for the CFJ of the Perspetivar Futuro movement undertake to:

- Supervising the correct fulfilment of the statutes and regulations existing in the AAUAv structure, proposing sanctions when justified;
- Supervising and assisting the administration of the AAUAv management and the coordination of the centres;
- Issuing reasoned opinions on the Activity Plans and Budgets (PAO) proposed by the AAUAv and the centres;
- Issuing reasoned opinions on the Activity and Accounts Reports (RAC) drawn up by the AAUAv and the centres;
- To initiate substantiated enquiries into the financial or administrative management of any AAUAv body, autonomous section, centre or committee, if it deems this to be justified;
- Promote transparency by publicising decisions made by the body to students, when it deems this to be justified;

In terms of activities, the candidates for the JTC demonstrate their intention to continue the training integrated into FORMA-TE@AAUAv to support the Centres in drawing up the PAOs and RACs. In addition to the above, it is also our intention to promote (in conjunction with the AAUAv Board) financial and management training for the AAUAv Centre structure.

