

Report from Nov 27, 2025, 2:23:18 PM

https://physicianpromptengineering.com/

Analyze

Mobile Desktop

Discover what your real users are experiencing

No Data

Diagnose performance issues

99 92 100 100

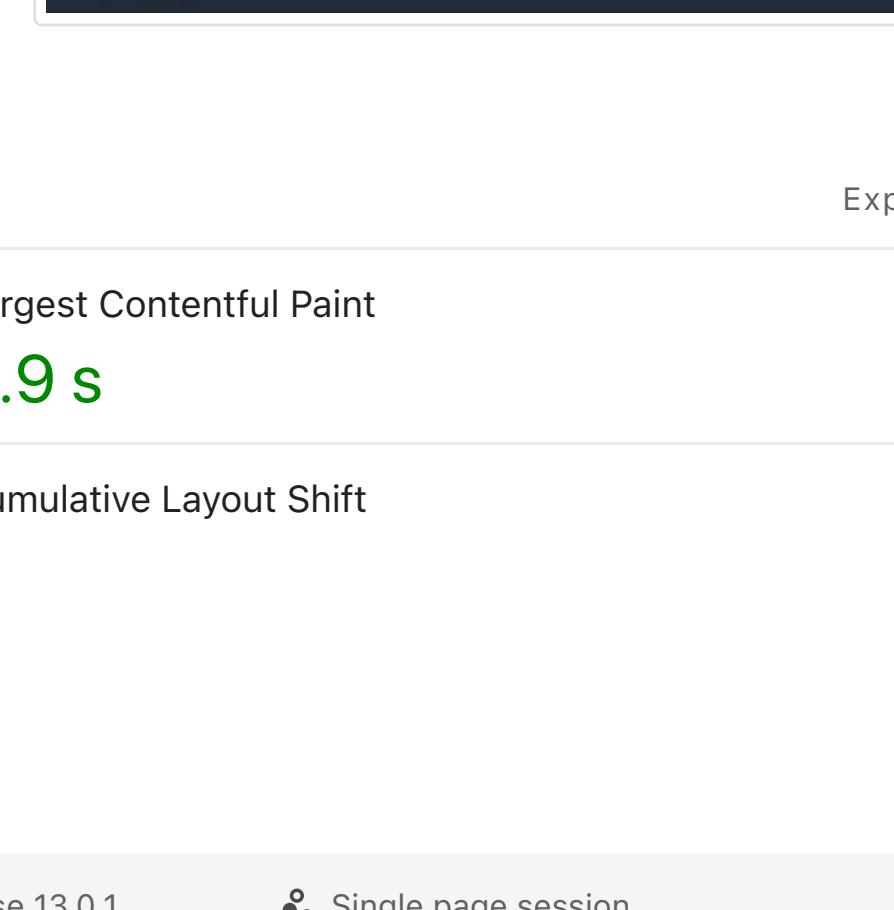
Performance Accessibility Best Practices SEO

99

Performance

Values are estimated and may vary. The [performance score is calculated](#) directly from these metrics. See [calculator](#).

▲ 0-49 ■ 50-89 ● 90-100



METRICS

Expand view

● First Contentful Paint

0.6 s

● Largest Contentful Paint

0.9 s

● Total Blocking Time

0 ms

● Cumulative Layout Shift

0

● Speed Index

0.6 s

Captured at Nov 27, 2025 at 2:23 PM EST

Emulated Desktop with Lighthouse 13.0.1

Single page session

Initial page load

Custom throttling

Using HeadlessChromium 137.0.7151.119 with Ir

View Treemap

Show audits relevant to: All FCP LCP

INSIGHTS

▲ Use efficient cache lifetimes — Est savings of 62 KiB

▲ Improve image delivery — Est savings of 28 KiB

▲ Network dependency tree

■ Render blocking requests

○ LCP breakdown

○ 3rd parties

These insights are also available in the Chrome DevTools Performance Panel - [record a trace](#) to view more detailed information.

DIAGNOSTICS

▲ Reduce unused JavaScript — Est savings of 54 KiB

More information about the performance of your application. These numbers don't directly affect the Performance score.

PASSED AUDITS (20)

Show

92

Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Automatic detection can only detect a subset of issues and does not guarantee the accessibility of your web app, so [manual testing](#) is also encouraged.

CONTRAST

▲ Background and foreground colors do not have a sufficient contrast ratio.

▲ Links rely on color to be distinguishable.

These are opportunities to improve the legibility of your content.

ADDITIONAL ITEMS TO MANUALLY CHECK (10)

Show

These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#).

PASSED AUDITS (22)

Show

NOT APPLICABLE (36)

Show

100

Best Practices

TRUST AND SAFETY

○ Ensure CSP is effective against XSS attacks

○ Use a strong HSTS policy

○ Ensure proper origin isolation with COOP

○ Mitigate clickjacking with XFO or CSP

○ Mitigate DOM-based XSS with Trusted Types

PASSED AUDITS (13)

Show

NOT APPLICABLE (2)

Show

100

SEO

These checks ensure that your page is following basic search engine optimization advice. There may be many additional factors Lighthouse performance on [Core Web Vitals](#). Learn more about [Google Search Essentials](#).

ADDITIONAL ITEMS TO MANUALLY CHECK (1)

Hide

○ Structured data is valid

Run these additional validators on your site to check additional SEO best practices.

PASSED AUDITS (10)

Show