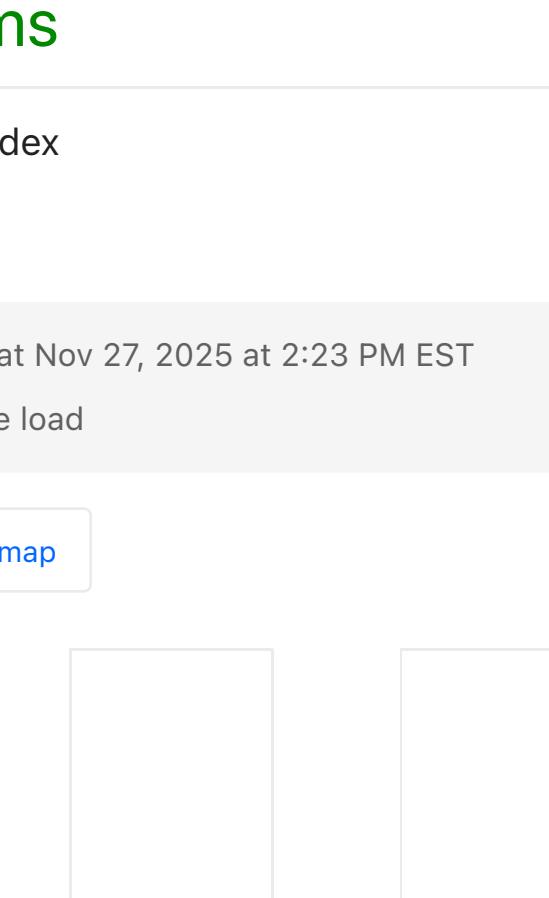
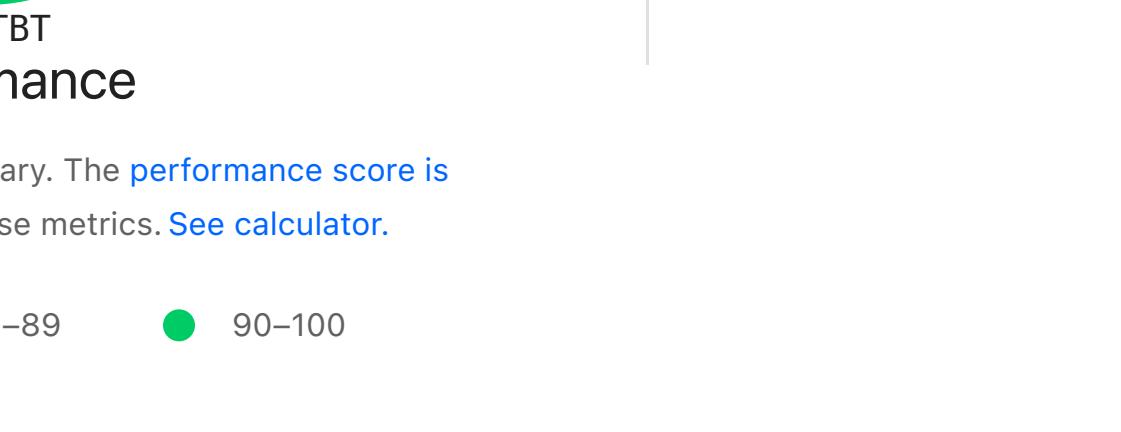
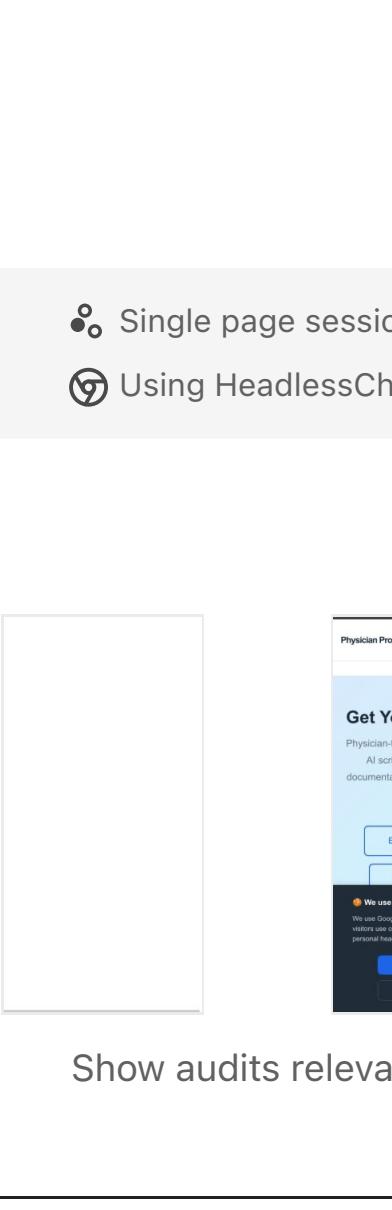


Report from Nov 27, 2025, 2:23:18 PM

https://physicianpromptengineering.com/

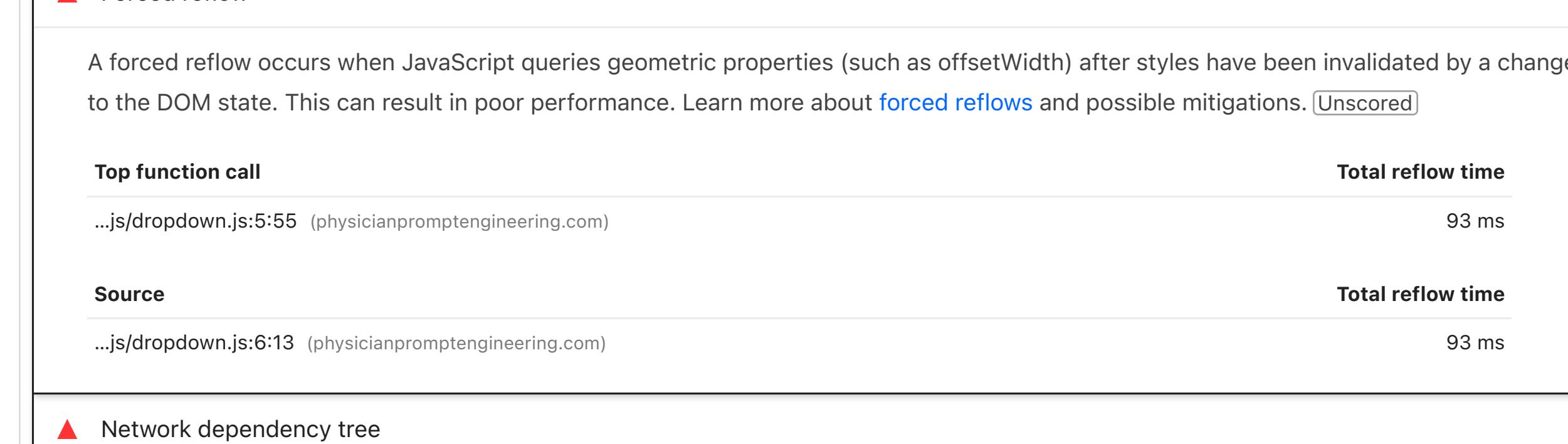
[Analyze](#)[Mobile](#) [Desktop](#)[Discover what your real users are experiencing](#)[No Data](#)[Diagnose performance issues](#)

Values are estimated and may vary. The [performance score](#) is calculated directly from these metrics. See calculator.



▲ 0-49 ■ 50-89 ● 90-100

METRICS

[Expand view](#)[First Contentful Paint](#)**2.4 s**[Largest Contentful Paint](#)**3.6 s**[Total Blocking Time](#)**120 ms**[Cumulative Layout Shift](#)**0**[Speed Index](#)**4.4 s**[Captured at Nov 27, 2025 at 2:23 PM EST](#)[Emulated Moto G Power with Lighthouse 13.0.1](#)[Single page session](#)[Initial page load](#)[Slow 4G throttling](#)[Using HeadlessChromium 137.0.7151.119 with lr](#)[View Treemap](#)[Show audits relevant to: All FCP LCP TBT](#)

INSIGHTS

[Use efficient cache lifetimes — Est savings of 62 KiB](#)

A long cache lifetime can speed up repeat visits to your page. [Learn more about caching.](#) [LCP] [FCP] [Unscored]

[Show 3rd-party resources \(1\)](#)

Request

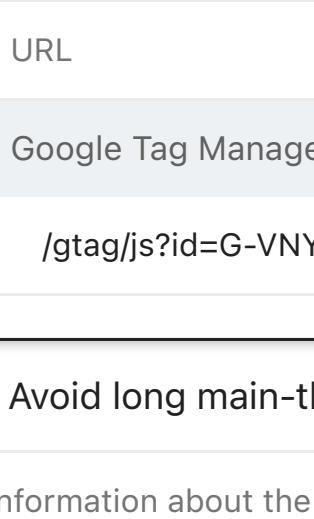
Cache TTL Transfer Size

Request	Cache TTL	Transfer Size
YouTube [Video]	66 KiB	
...-2ivdNTM7SY/sddefault.jpg (img.youtube.com)	2h	66 KiB
physicianpromptengineering.com [1st Party]		13 KiB
...css/style.css (physicianpromptengineering.com)	10m	10 KiB
...js/simple-jekyll-search.min.js (physicianpromptengineering.com)	10m	3 KiB
...js/dropdown.js (physicianpromptengineering.com)	10m	1 KiB

[Improve image delivery — Est savings of 28 KiB](#)

Reducing the download time of images can improve the perceived load time of the page and LCP. [Learn more about optimizing image size](#)

[\[LCP\] \[FCP\] \[Unscored\]](#)

URL	Resource Size	Est Savings
YouTube [Video]	65.3 KiB	27.7 KiB
 Clinical AI Documentation Workflow 	65.3 KiB	27.7 KiB

Using a modern image format (WebP, AVIF) or increasing the image compression could improve this image's download size.

[Forced reflow](#)

A forced reflow occurs when JavaScript queries geometric properties (such as offsetWidth) after styles have been invalidated by a change to the DOM state. This can result in poor performance. [Learn more about forced reflows](#) and possible mitigations. [Unscored]

Top function call

Total reflow time

[...js/dropdown.js:5:55 \(physicianpromptengineering.com\)](#) 93 ms

Source

Total reflow time

[...js/dropdown.js:6:13 \(physicianpromptengineering.com\)](#) 93 ms[Network dependency tree](#)

Avoid chaining critical requests by reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load. [LCP] [Unscored]

Maximum critical path latency: **650 ms**

Initial Navigation

```
https://physicianpromptengineering.com - 154 ms, 12.91 KiB
  ...css/style.css (physicianpromptengineering.com) - 376 ms, 9.60 KiB
  ...js/simple-jekyll-search.min.js (physicianpromptengineering.com) - 290 ms, 2.58 KiB
  /search.json (physicianpromptengineering.com) - 650 ms, 4.97 KiB
```

Preconnected origins

preconnect hints help the browser establish a connection earlier in the page load, saving time when the first request for that origin is made. The following are the origins that the page preconnected to.

No origins were preconnected

Preconnect candidates

Add preconnect hints to your most important origins, but try to use no more than 4.

No additional origins are good candidates for preconnecting

[Render blocking requests](#)[Optimize DOM size](#)[LCP breakdown](#)[3rd parties](#)

These insights are also available in the Chrome DevTools Performance Panel - [record a trace](#) to view more detailed information.

DIAGNOSTICS

[Reduce unused JavaScript — Est savings of 54 KiB](#)

Reduce unused JavaScript and defer loading scripts until they are required to decrease bytes consumed by network activity. [Learn how to reduce unused JavaScript.](#) [LCP] [FCP] [Unscored]

URL	Transfer Size	Est Savings
Google Tag Manager [Tag-Manager]	139.7 KiB	53.7 KiB
/gtag/js?id=G-VNYGW8RWY (www.googletagmanager.com)	139.7 KiB	53.7 KiB

[Avoid long main-thread tasks — 3 long tasks found](#)

More information about the performance of your application. These numbers don't directly affect the Performance score.

PASSED AUDITS (17)

[Show](#)

Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Automatic detection can only detect a subset of issues and does not guarantee the accessibility of your web app, so [manual testing](#) is also encouraged.

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Connect

[Twitter](#)[Youtube](#)

Related Content

NOT APPLICABLE (37)

[Show](#)

Best Practices

These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on [Core Web Vitals](#). [Learn more about Google Search Essentials](#).

[Updates](#)[Web Fundamentals](#)[Case Studies](#)[Podcasts](#)

SEO

These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on [Core Web Vitals](#). [Learn more about Google Search Essentials](#).

[Updates](#)[Web Fundamentals](#)[Case Studies](#)[Podcasts](#)

Additional items to manually check (1)

[Hide](#)[Structured data is valid](#)

Run these additional validators on your site to check additional SEO best practices.

PASSED AUDITS (10)

[Show](#)

Trust and Safety

NOT APPLICABLE (2)

[Show](#)

Additional items to manually check (1)

[Hide](#)[Structured data is valid](#)

Run these additional validators on your site to check additional SEO best practices.

PASSED AUDITS (10)

[Show](#)

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For details, see the [Google Developers Site Policies](#).