1. We know that the PDF must integrate to 1. Therefore we have

$$\int_{-\infty}^{\infty} f_Z(z) dz = \int_{-2}^{1} \gamma (1+z^2) = \gamma \left(z + \frac{1}{3}z^3\right) \Big|_{-2}^{1} = 6\gamma.$$

From this we conclude $\gamma = 1/6$.

2. To find the CDF, we integrate:

$$F_{Z}(z) = \int_{-\infty}^{z} f_{Z}(t) dt = \begin{cases} 0, & \text{if } z < -2, \\ \frac{1}{6} \left(t + \frac{1}{3} t^{3} \right) \Big|_{-2}^{z}, & \text{if } -2 \le z \le 1, \\ 1, & \text{if } z > 1 \end{cases}$$

$$= \begin{cases} 0, & \text{if } z < -2, \\ \frac{1}{6} \left(z + \frac{1}{3} z^{3} + \frac{14}{3} \right), & \text{if } -2 \le z \le 1, \\ 1, & \text{if } z > 1. \end{cases}$$