1. The sum of the values of the PMF of a random variable over all values that it takes with positive probability must be equal to 1. Hence, we have

$$1 = \sum_{x=-3}^{3} p_X(x)$$

$$= \frac{9}{a} + \frac{4}{a} + \frac{1}{a} + \frac{1}{a} + \frac{4}{a} + \frac{9}{a}$$

$$= \frac{28}{a},$$

which implies that a = 28.

2. The following table shows the value of Z for a given value of X and the probability of that event.

We see that Z can take only three possible values with non-zero probability, namely 1, 4, and 9. In addition, for each value, there correspond two values of X. So we have, for example, $p_Z(9) = \mathbf{P}(Z=9) = \mathbf{P}(X=-3) + \mathbf{P}(X=3) = p_X(-3) + p_X(3)$. Hence the PMF of Z is given by

$$p_Z(z) = \begin{cases} 1/14, & \text{if } z = 1, \\ 2/7, & \text{if } z = 4, \\ 9/14, & \text{if } z = 9, \\ 0, & \text{otherwise.} \end{cases}$$