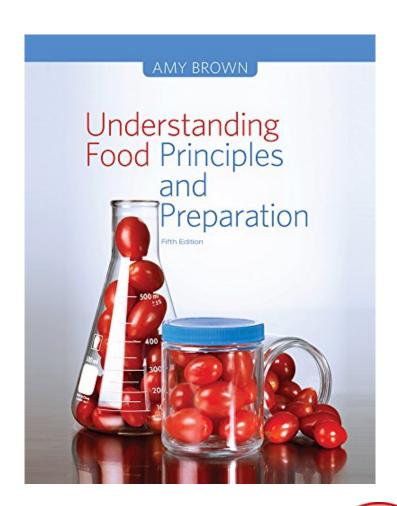
## **Understanding Food: Principles and Preparation by Amy Christine Brown**





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