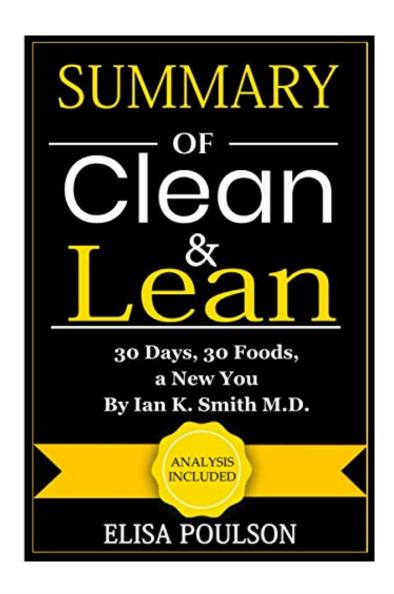
## Summary of Clean and Lean: 30 Days, 30 Foods, A New You! By Ian K. Smith M.D. by Elisa Poulson



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