

# PENGUIN IN THE PARK 5K RUN/WALK

PENGUIN JR. DASH

SATURDAY, MARCH 28, 2020 DECATUR, IL | 9:00 AM, FAIRVIEW PARK PAVILION

## **REGISTRATION & INFORMATION**

- Packet pick-up from 11:00 am 5:00 pm, Staley Credit Union, 3330 N Woodford, Decatur, on Friday, March 27 (packets picked up on Friday will be entered into a drawing for a \$25 Visa Check Card)
- Packet pick-up also from 7:00 am 8:15 am on race day at Fairview Pavilion
- Free post-race party for those registered at Griswold Gym at Millikin following race
- Awards and prizes at 10:30 am

## **PROCEEDS**

 All proceeds will help benefit the DISC youth programs and Millikin's John "The Penguin" Bingham Scholarship

# **COMPLIMENTARIES**

- Short sleeve performance cotton T-shirt
- More surprise goodies announced later

# **RACE COURSE**

- Race starts in Fairview Park on roadway then switches to scenic bike path
- Pets and strollers are not allowed

#### **AWARDS**

- 3 awards per age group per gender
- Commemorative Finisher Medal
- Overall male & female winners will be eliminated from their respective age group

8 & younger	20 - 24	40 - 44	60 - 64
9 - 11	25 – 29	45 – 49	65 – 69
12 - 14	30 – 34	50 - 54	70 – 74
15 - 19	35 – 39	55 – 59	75 & older

#### PENGUIN JR. DASH

- 300 meters. Untimed. Starts @ 8:30 am
- T-shirt and goody bag included

**REGISTER ONLINE AT** 

PENGUIN5K.COM(NO PROCESSING FEES)

## **ENTRY FEES**

	5K	Penguin Jr. Dash	\$1 discou members and Deca
On or before March 1	\$23	\$13	registrati
Between March 2 and March 26	\$30	\$15	eligible for
After March 26 and on race day	\$35	\$20	

\$1 discount for Decatur Running Club members, Millikin students/alum/faculty/staff, and Decatur Indoor Sports Center members for registrations on or before March 26, 2020. Not eligible for multiple discounts.

Mail & make checks payable to: Penguin in the Park NFP - 29 Sundance Dr. Mt Zion, IL 62549

		ENTRY FORM & WAIVER	□ 5K □ PENGUIN DASH		
FIRST NAME	MI	LAST NAME	□ MALE □ FEMALE		
			\$1 Discount (check 1), by 3/26		
STREET ADDRESS	CITY	STATE Z	□ DECATUR RUNNING CLUB □ MILLIKIN UNIVERSITY □ DISC MEMBER		
EMAIL		PHONE NUMBER			
//	_	SHIRT SIZE:   Youth Med  Youth Lg.  S  M  L  XL  XXL			
BIRTHDATE		I know that running/walking a road race is a potentially hazardous activity. I know that I should not enter a run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with running this event. I also know that although police			
SIGNATURE		protection will be provided, I assume the risk of running/walking in traffic. I understand that the race may be canceled due to inclement weather or when safety is at risk, and my fee will not be refunded. Having read this waiver and knowing these facts and in consideration of you accepting my application and non-refundable entry fee, I, for myself and anyone entitled to act on my behalf, waive and release Penguin in the Park NFP, its officers, and directors, Decatur Park District, Millikin University, City of Decatur, and all other sponsors, officials, volunteers, their representatives and			
DATE		successors from all claims or liabilities of any kind ari	ising out of my participation in this race. I grant permission to all res, recordings or any other record of this race for any legitimate		
		UNSIGNED ENTR	HES WILL BE REJECTED		