# PENSWORTH

Delivering all your foodservice needs to the Care Sector!

Daily Foodservice Specialists

**Care Sector Specialist** 











NuVu Life provides you with a new view on nutrition

See page 15 for more information



#### **Care Sector Specialist**

#### Welcome to your bespoke Care Sector brochure.

Our years of experience means we are specialists at meeting the fundamental requirements of the care sector!

We understand as a care provider, there isn't any time to cut corners on quality, so we have created this bespoke product range with clear allergen signs and also a detailed list of our accreditations especially for you.

This means we can provide you with the best service possible up to 6 days a week. You will find details of our serving distribution centres on page 16.

We would also like to take this opportunity to thank all of you.

We have been truly inspired by the selfless healthcare providers around the UK who have continued tirelessly to care for the people in need through these life changing times we are experiencing in the coronavirus pandemic.

#### See what some of our customers have to say...

"Our homes receive exceptional service from Pensworth and this hasn't changed during these unprecedented times.

Deliveries are never missed and having fresh milk and produce delivered daily to our Care Homes is very important to us." "During this difficult period for our company, Pensworth have been exemplary in their service to all of my 40 plus sites." "As a consortium we expect high standards from our suppliers to work with our members.

During Covid-19, Pensworth have gone the extra mile to ensure that new accounts have been opened immediately and given our members the support and peace of mind that deliveries will be there and that no shortages would apply."

# thank you















Using our

Butter - see page 8

Bread - see page 11

Eggs - see page 13

Double Cream - see page 7

Full fat milk - see page 10

Ingredients

25g/1oz butter, plus extra for greasing 8 thin slices bread 50g/2oz sultanas 2 tsp cinnamon powder

350ml/12fl oz full-fat milk

50ml/2fl oz double cream 2 free-range eggs 25g/1oz granulated sugar nutmeg, grated, to taste

SERVES: 4

Method

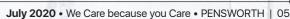
Grease a 1 litre/2 pint pie dish with butter. Cut the crusts off the bread. Spread each slice with on one side with butter, then cut into triangles.

Arrange a layer of bread, buttered-side up, in the bottom of the dish, then add a layer of sultanas. Sprinkle with a little cinnamon, then repeat the layers of bread and sultanas, sprinkling with cinnamon, until you have used up all of the bread. Finish with a layer of bread, then set aside.

Gently warm the milk and cream in a saucepan over a low heat to scalding point. Do not let it boil. Crack the eggs into a bowl, add three-quarters of the sugar and lightly whisk until pale. Add the warm milk and cream mixture and stir well, then strain the custard into a bowl. Pour the custard over the prepared bread layers, sprinkle with nutmeg and the remaining sugar and leave to stand for 30 minutes.

Preheat the oven to 180C/160C Fan/Gas 4. Place the dish into the oven and bake for 30 - 40 minutes, or until the custard has set and the top is golden brown.

Source: BBC Food





#### Pints / litres

1 pint = 0.57 litres 1 gallon = 4.54 litres

#### Litres / pints

1 litre = 1.8 pints
2 litres = 0.44 gallons
5 litres = 1.1 gallons

10 litres = 2.2 gallons

#### Imperial / metric

Ounces to grams: multiply by 28.350
Grams to ounces: multiply by 0.035
Pounds to kilograms: multiply by 0.453
Kilograms to pounds: multiply by 2.204

OZ	g	lb	OZ
1	28	1	0.45
2	57	2	0.91
4	113	4	1.81
8	227	8	3.63
16	454	16	7.26

# accreditations



A leading food safety and health & safety consultancy and training organisation, STS provide Certification (including BRC), documented systems, audits, training, supplier assessment and consultancy advise. STS provide Certification for suppliers including BRC Global Food Standard, STS & Public Sector Codes of Practice.



BRC certification is an internationally recognised mark of food safety and quality. Certification is achieved by undertaking a third-party audit against Standard requirements by an accredited certification body (CB). BRC rates CBs on their technical performance and efficiency in customer service.



food assurance scheme in the United Kingdom. It claims to ensure the food is traceable, safe to eat and has been produced responsibly. The Union Flag in the Red Tractor logo indicates the food has been farmed, processed and packed in the United Kingdom.

# Your bespoke product range

We are always trying to improve our product range, especially to the care sector. If you feel there is a product we should be supplying, please call your Sales Manager. We would really appreciate your feedback.

**V** Vegetarian



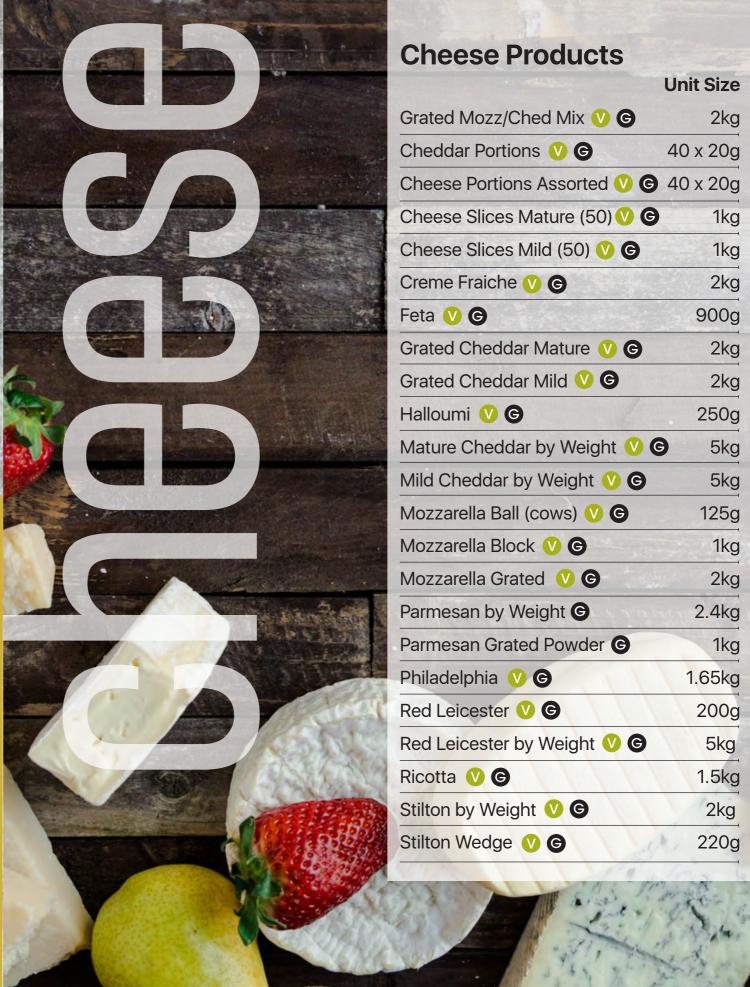






PORE CREAMERY BUTTER

Datter Froducts	
	<b>Unit Size</b>
Butter dishes V G	100 x 10
Butter portions No 7 V G	1 x 100
Butter Salted V G	250g
Butter Unsalted V G	250g
Buttermilk V G	1 litre
Buttermilk V G	5kg
Flora portions V G	1 x 100
Flora spread V G	2kg
Flora tub V G	250g
Kerrymaid spread V G	2kg
Premium baking margarine V G	250g
Soft spread V G	2kg
Sunflower portions 10g V G	1 x 100g
Utterly Butterly V G	2kg



### **Milk Products**

	<b>Unit Size</b>
Whole V 6	1 pint
Semi Skimmed V 6	1 pint
Skimmed V 6	1 pint
Whole <b>V G</b>	1 litre
Semi Skimmed V G	1 litre
Skimmed V G	1 litre
Whole <b>(V) (G)</b>	2 litres
Semi Skimmed V G	2 litres
Skimmed V 6	2 litres
Pergal Whole V 6	3 gallons
Pergal Semi Skimmed V G	3 gallons
Banana Milk 🔱 🌀	500ml
Chocolate Milk V G	500ml
Strawberry Milk V 6	500ml
Lactose Free Semi Skim V Ve G	1 litre
UHT Whole V G	1litre
UHT Semi-skimmed V 6	1 litre
UHT Skimmed V 6	1 litre
Yakult V G	7 x 65ml



## Organic Milk

<b>Unit Size</b>
1 pint
1 pint
1 pint
1 litre
1 litre
1 litre
2 litres
2 litres
2 litres
3 gallons
3 gallons



### **Bread Products**

	Unit Size
Hovis 7 Seeds Original V 🕼	8000
Hovis 7 Seeds Wholemeal V	8000
Hovis Best Of Both Medium V	<b>750</b> g
Hovis Best Of Both Thick V @	750g
Hovis Brown V Ve	400g
Hovis Farmhouse W/meal 🔱 🕼	8009
Hovis Farmhouse White V Ve	800g
Hovis Granary V	4000
Hovis Granary Medium 🕐 🎨	800g
Hovis Granary Thick VV	8000
Hovis Granary Wholemeal 🕐 修	8000
Hovis Seeded Gran Batch 🕡 🌘	800g
Hovis Seeded Sensation V Ve	800g
Hovis Small Wholemeal V	4000
Hovis Wheatgerm V Ve	4000
Hovis White V Vo	4000
Hovis White Medium V 🖲	8000
Hovis White Thick V Vo	8000
Hovis White Extra Thick V Ve	8000
Hovis Wholemeal Medium V	8000
Hovis Wholemeal Thick 😲 🕼	8000
M/P White Medium V	8000
M/P White Thick 🔱 🕼	8000
M/P Wholemeal Medium V	8000
M/P Wholemeal Thick 🔱 🧐	8000
Muffins V Ve	χ∠
Rolls Brown Wholemeal V 👁	x 6
Rolls Long Finger V 🕼	x 6
Rolls Soft White V	x 6
Tea Cakes V Ve	x 4



# **Yogurt Products**

	0:
	Size
	31/6

Tims 0% VLF Natural V G	5kg
Tims 1% L/fat Set Yogurt V G	5kg
Tims Greek Style 0% V G	5kg
Tims Greek Style V G	2kg
Tims Greek Style Natural V G	500g
Tims Greek Style Natural Bio V	<b>6</b> 5Kg
Tims L/fat Fruit V 6 1	2 x 125g
Tims L/fat Fruit (individual) V	<b>9</b> 125g

Low Fat Natural V G	450g
Natural V G	12 x 125g
Tims T&C V G	12 x 125g
Tims T&C Smooth V G	12 x 110g
Tims VLF Fruit V G	12 x 110g
Tims VLF Peach (V) (G)	4.6 litre
Tims VLF Strawberry V G	4.6 litre



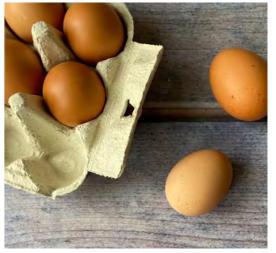
## **Fresh Juice Products**

	<b>Unit Size</b>
Fresh Apple Juice V Ve G	2.27 litre
Fresh Orange Juice V Ve G	2.27 litre
UHT Juice Apple V Ve G	1 litre
UHT Juice Cranberry V ve G	1 litre
UHT Juice Orange V ve G	1 litre
UHT Juice Tomato V Ve G	1 litre
UHT Juice Tropical V Ve G	1 litre
UHT Mini Juice Apple V Ve G	200ml
UHT Mini Juice Orange V ve G	200ml



tion Quality	<b>Unit Size</b>
Egg Liquid Whites V 6	1kg
Egg Liquid Whole V 6	1kg
Egg Liquid Yolk V 6	1kg
Eggs Free Range Medium (6 Trays) V	<b>6</b> 15 Doz
Eggs Free Range Large (2 Trays) 🗸 🤄	5 Doz
Eggs Free Range Medium (2 Trays) V	<b>6</b> 5 Doz
Eggs Hard Boiled Free Range V 🌀	4 Doz
Eggs Large (6 Trays) 🗸 🕞	15 Doz
Eggs Large (2 Trays) V 🌀	5 Doz
Eggs Medium (6 Trays) V G	15 Doz
Eggs Medium (2 Trays) V G	5 Doz





### **Spring Water Products**

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	OTTIC OIZ
New Forest Spark	1.5 litre
New Forest Spark	500m
New Forest Sports	500m
New Forest Sparkling Glass	330m
New Forest Sparkling Glass	750m
New Forest Still	1.5 litre
New Forest Still Glass	330m
New Forest Still	500m
New Forest Still Glass	750m
New Forest Water Sparkling	6 x 1.5 litre
NI E INVI OUI	0 4 5 10

#### **Other Products**

11	-:-	0	
U	nit	3	IZE

Bacon Unsmoked <b>G</b>	2.27Kg
Jam Pts Mixed Fruit V 6	96 x 20gsm
Marmalade Portions V 6	96 x 20g
Mayonnaise V G	5 litre
Mayonnaise Light V 6	5 litre
Vegi Gel (V) (G)	100g
Agar Agar <b>©</b>	100g
Agar Agar <b>©</b>	250g
Agar Agar ©	500g



# products

NuVu Life provides you with a new view on nutrition. Our experts create appetising, functional and nutrient-rich products specifically for people who battle to keep weight on.

Our mission is to offer a range of appetising high-quality products that are nutrient focused and tailored to help people. If we can impact people's lives for the better, then our main objective is complete.

One shake (made with 200ml of whole milk) will provide you with 399kcal, 24g of protein, 24g of fat and 100% RI of 14 essential vitamins and minerals

At NuVu Life we have developed a nutrient-rich powdered drink/desert mix which contains:

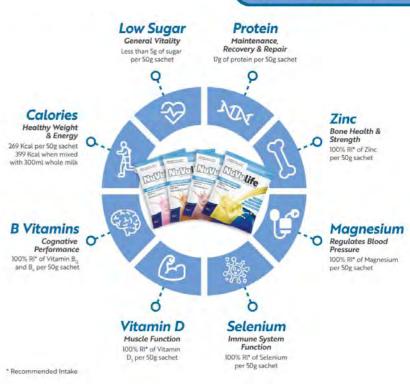
- **Protein** to improve muscle strength and gain weight
- Selenium which is essential for the immune system
- Zinc for skin health and wound healing
- Iron to support red blood cell production

One Liqui-Life shake contains 100% of your recommended daily intakes of the essential minerals: zinc, selenium, magnesium.

It also contains 100% or above of the recommended intakes for vitamins B6, B12 and D3 and folic acid. Providing you with a nutrient-dense formulation to promote health and well-being.



#### Liqui-Life Shake



## Now available to order

#### **Shaker**

Sachet Banana	50g
Sachet Butterscotch	50g
Sachet Chocolate	50g
Sachet Strawberry	50g

Sachet Dessert Banana	50g
Sachet Dessert Butterscotch	50g
Sachet Dessert Chocolate	500

Sachet Dessert Strawberry

Order by 11pm for your next available delivery day

Orders received by 11pm will be delivered to you on your next available delivery day!

1. Southampton Foodservice

T: 02380 248 039

E: foodservice@pensworth.co.uk

2. Brandon Foodservice

T: 01842 813 534

E: brandon@pensworth.co.uk

3. Bristol Foodservice

T: 01454 618 353

E: bristol@pensworth.co.uk

4. Cheshunt Foodservice

T: 01992 645 020

E: cheshunt@pensworth.co.uk

5. Kent Dairy Company Ltd

T: 01580 212 049

E: orders@kentdairy.co.uk

6. Kirby & West

T: 01162 220 000

E: retail@kirbyandwest.co.uk



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