

To whom it may concern,

It is my absolute pleasure and honor to be able to recommend Collin Ferguson for the position in which he is applying.

My name is William Palardy, I am the head Sensei at Westport Kempo. I have been a Sensei for 5 years and have trained in the martial arts for almost 7 years now. I have trained a countless number of students and other individuals who have bettered themselves through the training and discipline offered in martial arts. Collin is a gentleman who very easily stands out from the rest.

Throughout our time together, Collin has always demonstrated a selfless attitude paired with the determination to complete and exceed my expectations with anything that has been placed before him. When him and I first met, I was given the upmost respect and he was one of the first students to welcome me with a smile as a new Sensei to his Dojo. Collin has always accepted any challenge thrown his way with a smile, and then proceeds to exceed my expectations no matter how high the bar is set for him. His training with me has not only shown, but also developed his adaptability, teamwork, and his overall determination to complete his goals and goals of those around him. Collin stands out from his peers for these reasons and he continues to strive for excellence, proven day in and day out.

Collin is about to, and without a doubt, will, achieve his Second-Degree Black Belt with us. This is an honor that very few accomplish, and the test to do so is gruesome and unique in its own. Even when faced with seemingly impossibly physical and mental tasks, Collin accepts them, achieves them, and cheers on his peers in the process, no matter how exhausted or physically hurt he may be. Collin is the epitome of a good team member and an overachiever who never fails to surprise me in a positive manner.

I have no doubt that Collin possesses the mental durability and the positive attitude to achieve anything set before him, whether is be a physical task or a mental one. He is able to balance his schoolwork, which he gets high marks in, on top of multiple sports and his martial arts training. He is always able to find balance within these things and appears to never be overwhelmed or stressed by these many tasking activities. I know that I can count on him. He has taken the role of Sensei multiple times with me and has done an exceptional job leading his peers with confidence and positivity – demonstrating his leadership and ability to push others around him to achieve their goals as well. I know I can rely on him to do things correctly and overcome any obstacle before him.

If you need any more information, have any questions, or would like more examples please do not hesitate to reach out to me at 203-731-9244. I am usually teaching during the day so email is preferred, my email is [kempoevolutionwestport@gmail.com](mailto:kempoevolutionwestport@gmail.com). This letter only provides a glimpse into Collin's talents and personality. I would be more than happy to elaborate on any aspect of my relationship with him and my time knowing him.

Sincerely,

William Palardy

Head instructor

Westport Kempo

A handwritten signature in black ink, appearing to read "W. Palardy".