



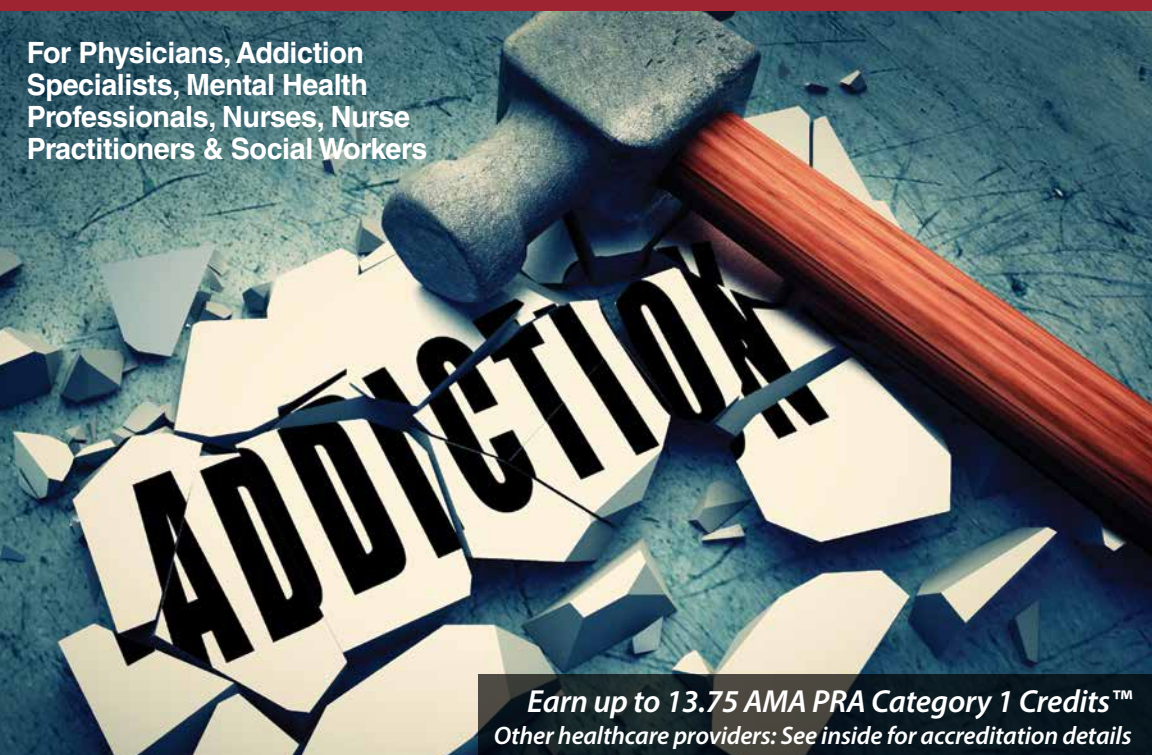
HARVARD
MEDICAL SCHOOL

Addictions 2015

Treatment • Comorbidities • Complex Cases

May 29–30, 2015 Cambridge, MA

**For Physicians, Addiction
Specialists, Mental Health
Professionals, Nurses, Nurse
Practitioners & Social Workers**



Earn up to 13.75 AMA PRA Category 1 Credits™
Other healthcare providers: See inside for accreditation details

Strategies, updates and best practices for:

- Selecting treatment methods
- Prescribing medications
- Choosing therapeutic techniques
- Dealing with relapse
- Managing triggers
- Developing support systems

...with expert guidance on complex patients with comorbid diagnoses, and special considerations for preventing and treating addictions in women, older adults, veterans and college students

Addictions.hmscme.com



McLean HOSPITAL
HARVARD MEDICAL SCHOOL AFFILIATE

Learning Objectives

By the end of this conference, participants will be better able to:

- Implement advances in motivational interviewing when working with people suffering from substance use disorders.
- Prescribe appropriate medications in treating alcohol and opioid use disorders.
- Describe the epidemic of prescription opioid use disorder and implement appropriate treatment.
- Customize treatment plans for women.
- Describe emerging drugs of abuse and explore appropriate treatments.
- Outline issues related to medical marijuana, marijuana use disorder, and implement appropriate treatment when indicated.
- Work with patients on the issue of whether to cut down or abstain from substance use.
- Recognize and treat comorbid substance use, anxiety and benzodiazepine use.
- Describe substance use disorders in older adults and appropriate treatment.
- Diagnose ADHD in people with substance use disorders and outline appropriate treatments.
- Work with veterans suffering from substance use disorders.
- Understand the benefits of AA and facilitate its use in treatment.

Who Attends

Physicians
Nurses
Psychologists
Social workers
Licensed mental health counselors
Addiction counselors
Other healthcare professionals who treat people with addictions

Harvard Medical School Faculty

Roger D. Weiss, MD	John F. Kelly, PhD
Shelly F. Greenfield, MD, MPH	R. Kathryn McHugh, PhD
Christopher M. Palmer, MD	John M. Rodolico, PhD
Olivera J. Bogunovic, MD	Zev Schuman-Olivier, MD
Hilary S. Connery, MD, PhD	Joji Suzuki, MD
A. Eden Evins, MD, MPH	Timothy E. Wilens, MD

Featured Guest Speakers

Alan J. Budney, PhD

Professor of Psychiatry, and Co-Director, ADHERE: Addiction and Health Research, Geisel School of Medicine at Dartmouth

Petros Levounis, MD, MA

Chair, Department of Psychiatry, Rutgers New Jersey Medical School; Chief of Service, University Hospital

Michelle R. Lofwall, MD

Associate Professor of Behavioral Science and Psychiatry, and Faculty, Center on Drug and Alcohol Research, University of Kentucky College of Medicine; Medical Director, University of Kentucky College of Medicine Straus Clinic

Marc A. Schuckit, MD

Distinguished Professor of Psychiatry, University of California, San Diego School of Medicine; Editor, Journal of Studies on Alcohol and Drugs; Director, Alcohol Medical Scholars Program; Associate Director, Alcohol and Drug Treatment Program, VA San Diego Healthcare System



HARVARD

MEDICAL SCHOOL

Dear Colleague:

On behalf of McLean Hospital, we invite you to attend **Addictions 2015**.

Because alcohol and drug abuse have so many dimensions and disrupt so many aspects of an individual's life, treatment is never simple. To effectively help the people seeking your guidance, it's necessary to take time from your busy practice to update your knowledge and skills around all of these complex areas and treatment strategies. This conference consolidates all of the latest information and helps you apply it in the office when you return.

Physicians, psychologists, nurses, addiction specialists, social workers, and counselors will benefit from the presentations and workshops on how to:

- Identify drug use disorders in patients
- Develop and improve interviewing skills to motivate patients to engage in treatment
- Provide a wide array of evidence-based treatment options — for both prescribers and non-prescribers alike
- Recognize and treat co-occurring disorders, such as depression, anxiety and ADHD

Each afternoon, you will choose two different interactive workshops that will provide opportunities for in-depth exploration of topics relevant to your practice.

Join our world-renowned faculty, including clinicians and researchers from McLean Hospital, Harvard Medical School, and around the country, to broaden your knowledge, deepen your expertise with evidence-based research, and gain new insights through interactive presentations and workshops. We look forward to seeing you May 29–30 in Boston.

Best regards,



Roger D. Weiss, MD

Professor of Psychiatry,
Harvard Medical School
Chief, Division of Alcohol
and Drug Abuse, McLean
Hospital



Shelly F. Greenfield, MD, MPH

Professor of Psychiatry,
Harvard Medical School
Chief Academic Officer; Chief,
Division of Women's Mental
Health; and Director, Clinical
and Health Services Research
and Education, Division of
Alcohol and Drug Abuse,
McLean Hospital



Christopher M. Palmer, MD

Assistant Professor of Psychiatry,
Harvard Medical School
Director of Postgraduate
and Continuing Education,
McLean Hospital

Addictions 2015

Course Overview

It is estimated that 22 million Americans suffer from an addiction to alcohol or drugs and approximately 20% of all Americans smoke cigarettes. The consequences of addiction are numerous; it results in a myriad of health problems, harms and disrupts families and other relationships, and can leave individuals isolated, depressed and even suicidal. Addictions can lead to vulnerability to comorbid disorders and comorbid disorders can sometimes lead to addictions, making treatment of either condition particularly complex. Individuals with an addiction often deny the extent of the problem and resist treatment altogether. Despite all of these difficulties, countless Americans confront and overcome their addictions every year, often with the help of healthcare professionals and formal treatment programs.

McLean Hospital, the largest psychiatric hospital of Harvard Medical School, is pleased to offer this annual conference bringing together some of the foremost authorities in the addiction field. Topics will include new, evidence-based treatments, the nuances of treating comorbid disorders along with addiction, and special populations. We are honored to have such a prestigious and accomplished faculty. Smaller, breakout sessions each afternoon will allow for in-depth exploration of topic areas in an interactive and stimulating format that should enhance learning and skill-building.

Addictions 2015 provides the latest research findings, screening guidelines and treatment options to help patients and clients with addictions and co-occurring disorders such as depression, anxiety and ADHD. World-renowned faculty lead presentations and interactive workshops that engage participants with:

- New evidence-based treatment options
- How to manage ADHD and addictions
- The latest developments in marijuana research
- Emerging drugs of abuse
- Psychopharmacologic treatments for alcohol use disorder
- Specialized approaches for addictions in women
- How to treat addiction in older adults
- Effective methods for opioid use disorders
- What's working on college campuses to reduce addictions
- How mindfulness helps in recovery
- Best practices for working with veterans
- How to manage patients who want to cut down but not abstain
- What's new with Alcoholics Anonymous
- How to treat anxiety in people with substance use disorders
- The most effective strategies for smoking cessation

Customize Your Learning Experience

Four special sessions are offered in the afternoon. Choose the two (one in each block) that best align with your clinical needs. There are no additional fees for these sessions. They are included in the course tuition.

Program changes/substitutions may be made without notice.

Register today at Addictions.hmscme.com

Addictions 2015

FRIDAY, MAY 29, 2015

7:00–7:45

Registration and Continental Breakfast

7:45–8:00

Welcome and Introduction

Roger D. Weiss, MD; Shelly F. Greenfield, MD, MPH;
Christopher M. Palmer, MD

8:00–9:00

**What Predicts Alcohol Problems? From Basic
Science to Campus Prevention**

Marc A. Schuckit, MD

9:00–10:00

Marijuana

Alan J. Budney, PhD

10:00–10:15

Break

10:15–11:15

ADHD and Addiction

Timothy E. Wilens, MD

11:15–12:00

Smoking Cessation

A. Eden Evins, MD, MPH

12:00–1:15

Lunch (On Your Own)

Breakout Sessions

*Choose 1 for each session during registration
(assigned on first-come, first-served basis)*

1:15–2:45

SESSION ONE

**A. Psychopharmacologic Treatment of Alcohol
Use Disorder**

Roger D. Weiss, MD

B. Motivational Interviewing

Joji Suzuki, MD

2:45–3:00

Break

3:00–4:30

SESSION TWO

**C. Women and Addiction: Treatment with the
Women's Recovery Group**

Shelly F. Greenfield, MD, MPH

D. Emerging Drugs of Abuse

Petros Levounis, MD, MA

SATURDAY, MAY 30, 2015

7:00–8:00

Continental Breakfast

8:00–9:00

Substance Use Disorders in Older Adults

Michelle R. Lofwall, MD

9:00–10:00

Opioid Use Disorders and Their Treatment

Hilary S. Connery, MD, PhD

10:00–10:15

Break

10:15–11:15

Mindfulness

Zev Schuman-Olivier, MD

11:15–12:00

Question and Answer Panel

Morning Speakers

12:00–1:15

Lunch (On Your Own)

Breakout Sessions

*Choose 1 for each session during registration
(assigned on first-come, first-served basis)*

1:15–2:45

SESSION THREE

E. Working with Veterans

John M. Rodolico, PhD

**F. Working with the Patient Who Wants to Cut
Down, Not Abstain**

Roger D. Weiss, MD

2:45–3:00

Break

3:00–4:30

SESSION FOUR

G. Alcoholics Anonymous and 12-Step Groups

John F. Kelly, PhD

**H. Benzodiazepines and Anxiety in People with
Substance Use Disorders**

Olivera J. Bogunovic, MD and

R. Kathryn McHugh, PhD

Register today at Addictions.hmscme.com

Venue

Boston Marriott Cambridge Hotel
50 Broadway • Cambridge, MA 02142
+1 617-494-6600

Accommodations and Travel

The Boston Marriott Cambridge Hotel has a limited block of rooms available at a discounted price of \$259/night for single/double occupancy. The block expires on Thursday, May 7, 2015. Please reserve your room early to ensure your conference accommodations. To reserve a room, call 800-228-9290 or 617-494-6600 and request a room in the "McLean Hospital Addictions Conference" block. You may also make reservations online by visiting Addictions.hmscme.com.



Please do not make non-refundable travel arrangements until you've received an email confirming your registration.

Accreditation

Physicians: Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Harvard Medical School designates this live educational activity for a maximum of *13.75 AMA PRA Category 1 Credits™*. Physicians should claim only credit commensurate with the extent of their participation in the activity.

This activity meets the criteria of the Massachusetts Board of Registration in Medicine for 1.00 credit of Risk Management Study. This includes:

- 1.00 Credit of Opioid Education and Pain Management Training

Psychologists: McLean Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. McLean Hospital maintains responsibility for this program and its content. Participants meeting requirements will receive 13.75 CE credits.

Nurses: This program meets the requirements of the Massachusetts Board of Registration in Nursing (244 CMR 5.00) for 13.75 contact hours of nursing continuing education credit. Advance practice nurses, please note: This activity meets the criteria for 7.5 continuing education hours of pharmacotherapeutics.

Social Workers: This program has been approved for 13.5 Social Work Continuing Education hours for relicensure, in accordance with 258 CMR. Collaborative of NASW and the Boston College and Simmons Schools of Social Work Authorization Number D-70284.

Licensed Mental Health Counselors: McLean Hospital is an NBCC Approved Continuing Education Provider (ACEP™) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. This offering meets the requirements for 13.75 clock hours.

Addiction Specialists: An application has been submitted to the Massachusetts Board of Substance Abuse Counselor Certification for 13.50 credit hours.

Certified Addiction Specialists (CAS): The sponsor of this program has been approved to offer 13.5 hours of Continuing Education credit for Certified Addiction Specialists (CAS) in accordance with the American Academy of Health Care Providers in the Addictive Disorders. Approval No. 15-1440.

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

AMA PRA Category 1 Credits™ claimed by physicians attending live events certified and organized in the United States for *AMA PRA Category 1 Credits™* can be claimed through the agreement on mutual recognition of credits between UEMS and AMA, considered as being equal to the **European Continuous Medical Education Credits (ECMEC®)** granted by the UEMS. One *AMA PRA Category 1 Credit™* is equivalent to one (1) hour of European EACCME Credit (ECMEC®), therefore up to 13.75 ECMEC® Credits are available. Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

ACGME Competencies

This course is designed to meet the following Accreditation Council of Graduate Medical Education competencies: Patient care, interpersonal and communication skills, medical knowledge, and professionalism.

Disclosure Policy

Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards, and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g. planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.



Register online at Addictions.HMSCME.com

Addictions 2015 • May 29–30 • Cambridge, MA • Course #3524353

Doctoral Level Professionals*	<input type="checkbox"/> \$400
Other Professionals and Trainees*	<input type="checkbox"/> \$300
All registrations add \$5 processing/transaction fee (non-refundable)	\$5
All fees shown in USD. Tuition fees include all lectures and workshops, printed materials, and continental breakfast each morning.	<div> Total </div> <div> \$ _____ </div>

All fees shown in USD. Tuition fees include all lectures and workshops, printed materials, and continental breakfast each morning.

*Included in your tuition are special afternoon sessions from which you can choose topics that best align with your practice needs. You can indicate your preferences below.

Friday, May 29

SESSION ONE (Choose one)

- ☐ A. Psychopharmacologic Treatment of Alcohol Use Disorder
- ☐ B. Motivational Interviewing

SESSION TWO (Choose one)

- ☐ C. Women and Addiction: Treatment with the Women's Recovery Group
- ☐ D. Emerging Drugs of Abuse

Saturday, May 30

SESSION THREE (Choose one)

- ☐ E. Working with Veterans
- ☐ F. Working with the Patient Who Wants to Cut Down, Not Abstain

SESSION FOUR (Choose one)

- ☐ G. Alcoholics Anonymous and 12-Step Groups
- ☐ H. Benzodiazepines and Anxiety in People with Substance Use Disorders

Full Name _____

First *Middle Initial* *Last*

Profession	Degree
1. <i>Business Administration</i>	1. <i>Business Administration</i>
2. <i>Marketing</i>	2. <i>Marketing</i>
3. <i>Finance</i>	3. <i>Finance</i>
4. <i>Human Resources</i>	4. <i>Human Resources</i>
5. <i>Operations Management</i>	5. <i>Operations Management</i>
6. <i>Supply Chain Management</i>	6. <i>Supply Chain Management</i>
7. <i>Project Management</i>	7. <i>Project Management</i>
8. <i>Information Systems</i>	8. <i>Information Systems</i>
9. <i>Entrepreneurship</i>	9. <i>Entrepreneurship</i>
10. <i>International Business</i>	10. <i>International Business</i>
11. <i>Business Law</i>	11. <i>Business Law</i>
12. <i>Business Ethics</i>	12. <i>Business Ethics</i>
13. <i>Business Communication</i>	13. <i>Business Communication</i>
14. <i>Business Statistics</i>	14. <i>Business Statistics</i>
15. <i>Business Calculus</i>	15. <i>Business Calculus</i>
16. <i>Business Writing</i>	16. <i>Business Writing</i>
17. <i>Business Research</i>	17. <i>Business Research</i>
18. <i>Business Analytics</i>	18. <i>Business Analytics</i>
19. <i>Business Development</i>	19. <i>Business Development</i>
20. <i>Business Strategy</i>	20. <i>Business Strategy</i>
21. <i>Business Planning</i>	21. <i>Business Planning</i>
22. <i>Business Negotiation</i>	22. <i>Business Negotiation</i>
23. <i>Business Decision Making</i>	23. <i>Business Decision Making</i>
24. <i>Business Problem Solving</i>	24. <i>Business Problem Solving</i>
25. <i>Business Creativity</i>	25. <i>Business Creativity</i>
26. <i>Business Innovation</i>	26. <i>Business Innovation</i>
27. <i>Business Leadership</i>	27. <i>Business Leadership</i>
28. <i>Business Teamwork</i>	28. <i>Business Teamwork</i>
29. <i>Business Collaboration</i>	29. <i>Business Collaboration</i>
30. <i>Business Networking</i>	30. <i>Business Networking</i>
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99. <i>Business Sales</i>	99. <i>Business Sales</i>
100. <i>Business Marketing</i>	100. <i>Business Marketing</i>

Mailing Address _____
Street

City	State/Prov	ZIP/Postal Code	Country
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Daytime Phone () _____ Fax Number () _____

Email Address

Please note: Your email address is used for critical information about the course, including registration confirmation, evaluation distribution, and certificate delivery. Please be sure to include an email address you check daily or frequently.

☐ Check here if you wish to be excluded from receiving email notification of future Harvard Medical School Department of Continuing Education programs

To Register by Mail:

Complete the fields on this page and include a check (draft on a United States bank) payable to:
Harvard Medical School Department of Continuing Education

Mail this completed form
and your check to:
**Harvard Medical
School Department of
Continuing Education
P.O. Box 417476
Boston, MA 02241-7476**

Physicians, please also complete these required fields

Primary Specialty: _____ Board Certified? ☐ Yes ☐ No

Professional School Attended: ☐ Harvard Medical School ☐ US Medical School ☐ International Medical School

Year of Graduation: _____

Tuition Payment, Confirmation, and Refund Policy

Payment via credit card (VISA, MASTERCARD, or American Express) or check only. Telephone and fax registrations are not accepted. Registration with cash payment is not permitted.

Upon receipt of your paid registration, an email confirmation from the HMS-DCE office will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information including registration confirmation, evaluation and certificate.

Refunds, less an administrative fee of \$75, will be issued for all cancellations received two weeks prior to the start of the course. Refund requests must be received by postal mail, email, or fax. No refund will be issued should cancellation occur less than two weeks prior. "No shows" are subject to the full course fee and no refunds will be issued once the conference has started.

Questions? Call 617-384-8600 Monday-Friday 9am – 5pm (EST) or send email to hms-cme@hms.harvard.edu

Source Code = B