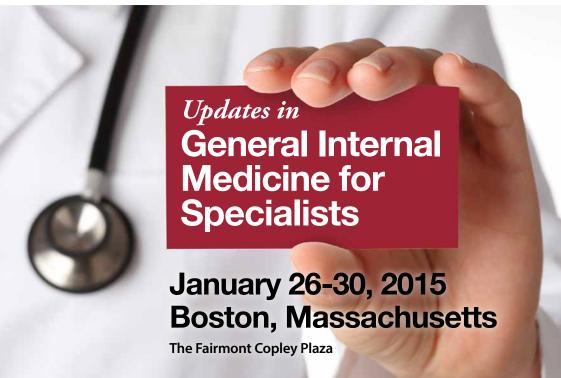


Earn up to:

- 36.50 AMA PRA Category 1 Credits™
- 6.00 credits of Risk Management Study.
 This includes 3.00 Credits of Opioid Education and Pain Management Training.



Under the direction of John D. Goodson, MD and Jane S. Sillman, MD

Specialists can rely on this program for updates in general medicine that impact day-to-day practice, clinical decisions, and patient care

This program is among the highest rated of Harvard CME courses

Updates for:

- Potential interactions between the drugs you prescribe and those prescribed by others
- Recommendations and management strategies for hypertension, hypercholesterolemia, diabetes, ischemic heart disease, memory loss, sleep disorders, stroke management, anemia, anticoagulant use, and other conditions
- Goals for disease prevention and health promotion
- Current controversies in screening
- Interventional therapies in cardiology and vascular medicine
- Collaboration and synergy in patient care

Course Overview

Course Directors

John D. Goodson, MD

Associate Professor of Medicine, Harvard Medical School, and Physician, Massachusetts General Hospital, works daily in primary care. Dr. Goodson is renowned as a teacher, an advocate and an innovator of primary care medicine. He is a founder of the John D. Stoeckle Center for Primary Care Innovation and leads national efforts to improve the work experience for primary care clinicians.



Jane S. Sillman, MD

Assistant Professor of Medicine, Harvard Medical School; Director Emerita of Medical Residency Ambulatory Education, Brigham and Women's Hospital.



DISCLOSURE POLICY: Harvard Medical School (HMS) adheres to all ACCME Essential Areas. Standards, and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g., planners, faculty, reviewers, and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

Dear Colleague,

We understand that as a specialist, you must keep your knowledge of general medicine current, especially within clinical areas of importance outside of your chosen field. Be you a psychiatrist or a pathologist, a cardiologist or a rheumatologist, a surgeon or a hospitalist, you can rely on this course for updates in general medicine that impact day-to-day practice, clinical decisions, and patient care.

We have designed the curriculum for General Internal Medicine for Specialists to provide a broad and inclusive content ranging from clinical controversies to specific new and innovative therapies.

Examples include the following:

- Potential interactions between the drugs you prescribe and those prescribed by others
- Emerging treatments for the chronic concurrent illnesses of your patients, such as diabetes, hypertension and hypercholesterolemia with an emphasis on treatment goals
- Combination therapies for mental health conditions such as depression
- The value of disease prevention and health promotion
- Current controversies for screening tests
- Intervention therapies in cardiology and vascular medicine

We have chosen excellent clinical teachers from among all of Harvard's hospitals. We both have the privilege to practice internal medicine in sites that prioritize learning and teaching and work closely with colleagues from all specialties.

Come and join us in January of 2015. Experience the exciting diversity of medical knowledge both to improve your patient care and for the joy of learning about the medical world around you.

We look forward to meeting you.

Sincerely,

In Both my Jane Ilman

John D. Goodson, MD and Jane S. Sillman, MD

Co-Directors, Updates in General Internal Medicine for Specialists



Learning Objectives

At the conclusion of this course, participants should be able to:

- Discuss treatments and interventions provided by primary care internal medicine and specialist physicians.
- Anticipate side effects from therapies prescribed by colleagues in other disciplines.
- Develop response strategies for important medication interactions.
- Assess the added value of new diagnostic tests, specifically their sensitivity, specificity and predictive values positive and negative.
- Review current guidelines, diagnostic recommendations, and management strategies for diabetes, hypertension, hypercholesterolemia, ischemic heart disease, memory loss, sleep disorders, stroke management, anemia, anticoagulant use and many other specific conditions.
- Assess the relative efficacy and cross-specialty implications of innovative therapies used in a broad spectrum of specialties.
- Identify current disease prevention, screening, and health promotion goals.
- Design more effective treatment plans based on a refreshed understanding of the newest and most effective interventions offered by your specialty colleagues.

Harvard Medical School Faculty

Meridale V. Baggett, MD Instructor in Medicine

Matt T. Bianchi, MD, PhD Assistant Professor of Neurology

Joanne Borg-Stein, MD Associate Professor of Physical Medicine and Rehabilitation

Gary J. Brenner, MD, PhD Assistant Professor of Anaesthesia

Rebecca C. Burch, MD Instructor in Neurology

Gilbert H. Daniels, MD Professor of Medicine

Akshay S. Desai, MD Assistant Professor of Medicine

Anne D. Emmerich, MD Clinical Instructor in Psychiatry

Christopher H. Fanta, MD Professor of Medicine

Robert P. Friday, MD, PhD Instructor in Medicine

John D. Goodson, MD Associate Professor of Medicine

Galen V. Henderson, MD
Assistant Professor of Neurology

Eric M. Isselbacher, MD Associate Professor of Medicine

Kunal Jajoo, MD Assistant Professor of Medicine

Ramin Khorasani, MD, MPH Associate Professor of Radiology

Joshua Korzenik, MD Assistant Professor of Medicine

Daniela Kroshinsky, MD, MPH Assistant Professor of Dermatology Donald B. Levy, MD Assistant Clinical Professor of Medicine

James A. MacLean, MD Assistant Clinical Professor of Medicine

David M. Nathan, MD Professor of Medicine

J. Carl Pallais, MD Assistant Professor of Medicine

Jorge Plutzky, MD Associate Professor of Medicine

Claudia U. Richter, MD Clinical Instructor in Ophthalmology

Anna E. Rutherford, MD Assistant Professor of Medicine

Martin A. Samuels, MD Miriam Sydney Joseph Professor of Neurology

Paul E. Sax, MD Professor of Medicine

Jane S. Sillman, MD Assistant Professor of Medicine

David J. R. Steele, MD Assistant Professor of Medicine

Lisa Weissmann, MD Assistant Professor of Medicine

Guest Faculty

Andrew E. Budson, MD Professor of Neurology, Boston University School of Medicine

R. William Mason, MD Boston University School of Medicine; Otolaryngology, Department of Surgery, Faulkner Hospital

AGENDA

| | Monday, January 26 | Tuesday, January 27 | |
|---------------------|--|---|--|
| 7:00 am – 7:30 am | Registration and Continental Breakfast | Continental Breakfast | |
| 7:30 am – 8:00 am | Welcome, Introductions, and CME Instructions John D. Goodson, MD | | |
| 8:00am – 9:00 am | Ischemic Heart Disease Eric M. Isselbacher, MD, Associate Professor of Medicine, Harvard Medical School | Update in Renal Medicine David J.R. Steele, MD, Assistant Professor of Medicine, Harvard Medical School | |
| 9:00 am – 10:00 am | Diseases of the Colon: IBS and IBD Joshua Korzenik, MD, Assistant Professor of Medicine, Harvard Medical School | Diabetes Management David M. Nathan, MD, Professor of Medicine, Harvard Medical School | |
| 10:00 am – 10:15 am | Break | | |
| 10:15 am – 11:15 am | Antibiotic Use in Office Practice Paul E. Sax, MD, Professor of Medicine, Harvard Medical School | Women's Health in 2015 Jane S. Sillman, MD, Assistant Professor of Medicine, Harvard Medical School | |
| 11:15 am – 12:15 pm | Lipid Management Jorge Plutzky, MD, Associate Professor of Medicine, Harvard Medical School | Common Dermatologic Problems Daniela Kroshinsky, MD, MPH, Assistant Professor of Dermatology, Harvard Medical School | |
| 12:15 pm – 1:30 pm | Lunch | Break | |
| 1:30 pm – 2:30 pm | New Practices for Managing Osteoporosis and Reducing Fractures John D. Goodson, MD, Associate Professor of Medicine, Harvard Medical School | Preoperative Evaluation* Meridale V. Baggett, MD, Instructor in Medicine, Harvard Medical School | |
| 2:30 pm – 3:30 pm | Stroke Galen V. Henderson, MD, Assistant Professor of Neurology, Harvard Medical School | New Anticoagulants and Antiplatelet Agents Lisa Weissmann, MD, Assistant Professor of Medicine, Harvard Medical School | |
| 3:30 pm – 3:45 pm | Break | | |
| 3:45 pm – 4:45 pm | Consciousness and the Lack Thereof Martin A. Samuels, MD, Miriam Sydney Joseph Professor of Neurology, Harvard Medical School | Challenging Liver Cases Anna E. Rutherford, MD, Assistant Professor of Medicine, Harvard Medical School | |
| 4:45 pm – 5:45 pm | Asthma and Chronic Obstructive Lung Diseases Christopher H. Fanta, MD, Professor of Medicine, Harvard Medical School | Current Approaches to Anemia Lisa Weissmann, MD, Assistant Professor of Medicine, Harvard Medical School | |

Join us Tuesday at 5:45 for a Reception (St. James Room)

AGENDA

| | Wednesday, January 28 | Thursday, January 29 | |
|---------------------|---|---|--|
| 7:00 am – 7:30 am | Continental Breakfast | Continental Breakfast | |
| 8:00am – 9:00 am | Lower Back Pain* Joanne Borg-Stein, MD, Associate Professor of Physical Medicine and Rehabilitation, Harvard Medical School | Modern Doctoring: Disease Prevention and Health Promotion* John D. Goodson, MD, Associate Professor of Medicine, Harvard Medical School | |
| 9:00 am – 10:00 am | Cognitive Decline Andrew E. Budson, MD, Professor of Neurology, Boston University School of Medicine | Cost-Effective Radiology: What Specialists Should Now Know Ramin Khorasani, MD, MPH, Associate Professor of Radiology, Harvard Medical School | |
| 10:00 am – 10:15 am | Break | | |
| 10:15 am – 11:15 am | Psychopharmacology Bootcamp Anne D. Emmerich, MD, Clinical Instructor in Psychiatry, Harvard Medical School | Updates in Cancer Screening* John D. Goodson, MD, Associate Professor of Medicine, Harvard Medical School | |
| 11:15 am – 12:15 pm | Update on Congestive Heart Failure Akshay S. Desai, MD, Assistant Professor of Medicine, Harvard Medical School | Pain Management* Gary J. Brenner, MD, PhD, Assistant Professor of Anaesthesia, Harvard Medical School | |
| 12:15 pm – 1:30 pm | Lunch Break | | |
| 1:30 pm – 2:30 pm | Diseases of the Foregut Kunal Jajoo, MD, Assistant Professor of Medicine, Harvard Medical School | Updates in Addressing Headaches* Rebecca C. Burch, MD, Instructor in Neurology, Harvard Medical School | |
| 2:30 pm – 3:30 pm | ENT in 2015 R. William Mason, MD, Associate Clinical Professor of Surgery, Boston University School of Medicine | Complementary Medicine and Herbal Treatments (including marijuana) Donald B. Levy, MD, Assistant Clinical Professor of Medicine, Harvard Medical School | |
| 3:30 pm – 3:45 pm | Break | | |
| 3:45 pm – 4:45 pm | Managing Obesity Jane S. Sillman, MD, Assistant Professor of Medicine, Harvard Medical School | an, MD, Assistant Professor of James A. MacLean, MD, Assistant Clinical | |
| 4:45 pm – 5:45 pm | Common Eye Problems Claudia U. Richter, MD, Clinical Instructor in Ophthalmology, Harvard Medical School | Differential Dx of Polyarthritis Robert P. Friday, MD, PhD, Instructor in Medicine, Harvard Medical School | |

AGENDA

| | Friday, January 30 | |
|---------------------|--|--|
| 7:00 am – 7:30 am | Continental Breakfast | |
| 8:00am – 9:00 am | Case Studies of Common Thyroid Problems Gilbert H. Daniels, MD, Professor of Medicine, Harvard Medical School | |
| 9:00 am – 10:00 am | Management of Hypertension: Updates for Specialists John D. Goodson, MD, Associate Professor of Medicine, Harvard Medical School | |
| 10:00 am – 10:15 am | Break | |
| 10:15 am – 11:15 am | Case Studies in Endocrinology J. Carl Pallais, MD, Assistant Professor of Medicine, Harvard Medical School | |
| 11:15 am – 12:15 pm | Sleep Disorders Matt T. Bianchi, MD, PhD, Assistant Professor of Neurology, Harvard Medical School | |
| 12:15 pm – 1:30 pm | Program adjourns | |



VENUE

The Fairmont Copley Plaza 138 St. James Avenue Boston, Massachusetts 02116 617-267-5300

ACCOMMODATIONS and TRAVEL

A limited number of rooms have been reserved at the Fairmont Copley Plaza Boston until January 2, 2015. You can call the hotel directly to make a room reservation: 617-267-5300. Please specify that you are enrolled in this

activity to receive a reduced room rate of \$219 per night single/double occupancy. You can make your registration online from https://resweb.passkey.com/go/ugim2015.

Please do not purchase non-refundable airline ticket(s) until you have received an email from our office confirming your paid registration.



Call 617-384-8600 Mon-Fri 9am – 5pm EST or e-mail HMS-CME@hms.harvard.edu

ACCREDITATION

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 36.50 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity meets the criteria of the Massachusetts Board of Registration in medicine for 6.00 credits of Risk Management Study. This includes:

• 3.00 Credit of Opioid Education and Pain Management Training

Please check with your individual state licensing board requirements before claiming these credits.

This live activity, Updates in General Internal Medicine for Specialists, with a beginning date of 1/26/2015, has been reviewed and is acceptable for up to **36.00 Prescribed credits by the American Academy of Family Physicians**. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

AMA PRA Category 1 Credits™ claimed by physicians attending live events certified and organized in the United States for AMA PRA Category 1 Credits™ can be claimed through the agreement on mutual recognition of credits between UEMS and AMA, considered as being equal to **the European Continuous Medical Education Credits (ECMEC®)** granted by the UEMS. One AMA PRA Category 1 Credit™ is equivalent to one (1) hour of European EACCME Credit (ECMEC®), therefore up to 36.50 ECMEC® Credits are available. Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

ACGME COMPETENCIES: This course is designed to meet one or more of the following Accreditation Council of Graduate Medical Education competencies: patient care; medical knowledge; practice-based learning and improvement; interpersonal and communication skills; professionalism; and systems-based practice.

*Meets criteria for Risk Management credit in Massachusetts.





Updates in **General Internal Medicine for Specialists 2015**

January 26-30 Boston, MA

Course # 352253

| All fees shown in USD | Course |
|--|----------|
| | Tuition* |
| Physicians | \$1,625 |
| | |
| Allied Health Professionals and Physicians in Training | \$1,425 |

To register by mail, complete the fields below and include a check (draft on a United States bank) payable to:

Harvard Medical School Department of Continuing Education Mail this completed form and your check to:

Harvard Medical School Department of Continuing Education P.O. Box 417476 Boston, MA 02241-7476 You can also register by credit card (VISA, MasterCard or American Express) online at GIMS.HMSCME.com

Please print your name clearly below. All fields are required.

| Full Name | | | | | | |
|--|--------------------------|---------------------------|-------------------------|--|--|--|
| Full NameFirst | First Middle Initial | | Last | | | |
| Profession | | Degree | | | | |
| Mailing Address | | | | | | |
| | Street | | | | | |
| City | State/Prov | Zip Code | Country | | | |
| Daytime Phone () | | Fax Number() | | | | |
| Email Address Please note: Your email address is used for critical information, including registration confirmation, evaluation, and certificate. Please be sure to include an email address that you check daily or frequently. | | | | | | |
| Physicians, Please Also Complete These Required Fields | | | | | | |
| Primary Specialty | | Board Certific | ed? 🗆 Yes 🗆 No | | | |
| Professional School Attended | d Harvard Medical School | US Medical School Interr | national Medical School | | | |
| Year of Graduation | | | | | | |

Payment, Confirmation and Refund Policy: Payment via credit card (VISA, MasterCard or American Express) or check only. Telephone, fax, and cash payment registrations are not accepted. Upon receipt of your paid registration, an email confirmation from the HMS DCE office will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation, and certificate. Refunds, less an administrative fee of \$75, will be issued for all cancellations received two weeks prior to the start of the course. Refund requests must be received by postal mail, email, or fax. No refund will be issued should cancellation occur less than two weeks prior. "No shows" are subject to the full course fee and no refunds will be issued once the conference has started.

Questions? Call 617-384-8600 Monday-Friday 9am – 5pm (EST) or Send email to hms-cme@hms.harvard.edu

^{*} Includes printed course materials, a flash drive with the course materials, and an evening reception.