



HARVARD MEDICAL SCHOOL

Register by December 15, 2015 to save \$100

Updates in **General Internal Medicine for Specialists**

**February 1-5, 2016
Boston, Massachusetts**

The Fairmont Copley Plaza

Earn up to:

- 36 AMA PRA Category 1 Credits™
- 36.00 Prescribed credits by the AAFP
- 6 credits of Risk Management Study

Specialists can rely on this program for updates in general medicine that impact day-to-day practice, clinical decisions, and patient care

This program is among the highest-rated Harvard Medical School CME courses

Under the direction of
John D. Goodson, MD



MASSACHUSETTS
GENERAL HOSPITAL

Jane S. Sillman, MD



BRIGHAM AND
WOMEN'S HOSPITAL

Updates for:

- Potential interactions between the drugs you prescribe and those prescribed by others
- Guidelines and management strategies for diabetes, heart disease, lipid disorders, hypertension, chronic lung disease, osteoporosis, sleep disorders, cognitive decline, obesity, chronic pain, and dermatology
- Evidence-based goals for disease prevention and health promotion
- Current controversies in screening
- Interventional therapies in cardiology and vascular medicine
- Professionalism in patient care

Register at GIMS.HMSCME.com

Reasons to Attend in 2016

► Enhance and update your knowledge of general internal medicine

Whatever your specialty, you need a working knowledge of current internal medicine practice standards, an understanding of treatments and interactions, and a familiarity with the work of your colleagues. Designed to meet the needs of the full range of specialists, *General Internal Medicine for Specialists* provides focused updates, and covers a vast amount of information efficiently and effectively.

► The 2016 program provides updates for:

- Ischemic heart disease
- Antibiotic use in office practice
- Reducing fractures
- Stroke
- Chronic obstructive lung disease
- Diabetes management
- Women's health
- Anticoagulants
- Endocrinology
- Cognitive decline
- Preoperative evaluation
- Congestive heart failure
- Common eye problems
- Diseases of the foregut
- Lower back pain
- Lung and breast cancer
- Differential dx of polyarthritis
- IBS and IBD
- Lipid management
- Osteoporosis
- Asthma
- Renal medicine
- Anemia
- Smoking cessation
- Antiplatelet agents
- Sleep disorders
- ENT
- Managing obesity
- Headaches
- Allergy medicine
- Thyroid problems
- Hypertension
- Cancer screening
- Pain management

► Elevate your practice with state-of-the-art advances and recommendations

You will take home relevant, up-to-date, and evidence-based strategies and tools to improve your patient care.

► Learn from the best teachers at Harvard Medical School

Our program is led by current, expert practitioners and committed teachers, each with significant experience both in the care of patients and in presenting to colleagues.

Harvard Medical School Faculty

Meridale V. Baggett, MD
Instructor in Medicine

Matt T. Bianchi, MD, PhD
Assistant Professor of Neurology

Joanne Borg-Stein, MD
Associate Professor of Physical Medicine and Rehabilitation

Rebecca C. Burch, MD
Instructor in Neurology

Sanjiv Chopra, MD, MACP
Professor of Medicine

Gilbert H. Daniels, MD
Professor of Medicine

Akshay S. Desai, MD
Assistant Professor of Medicine

Christopher H. Fanta, MD
Professor of Medicine

Robert P. Friday, MD, PhD
Instructor in Medicine

John D. Goodson, MD
Associate Professor of Medicine

Galen V. Henderson, MD
Assistant Professor of Neurology

Eric M. Isselbacher, MD
Associate Professor of Medicine

Kunal Jajoo, MD
Assistant Professor of Medicine

Ramin Khorasani, MD, MPH
Professor of Radiology

Scott Kinlay, MBBS, PhD
Associate Professor of Medicine

Joshua Korzenik, MD
Assistant Professor of Medicine

Nancy B. Kurtz, MD
Instructor in Medicine

James A. MacLean, MD
Assistant Professor of Medicine, Part-time

Beverly Moy, MD, MPH
Associate Professor of Medicine

David M. Nathan, MD
Professor of Medicine

J. Carl Pallais, MD, MPH
Assistant Professor of Medicine

Mital Patel, MD
Instructor in Dermatology

Claudia U. Richter, MD
Instructor in Ophthalmology, Part-time

Nancy A. Rigotti, MD
Professor of Medicine

Rachel P. Rosovsky, MD
Instructor in Medicine

Martin A. Samuels, MD
Miriam Sydney Joseph Professor of Neurology

Paul E. Sax, MD
Professor of Medicine

Alice T. Shaw, MD, PhD
Associate Professor of Medicine

Jane S. Sillman, MD
Assistant Professor of Medicine

David J. R. Steele, MD
Assistant Professor of Medicine

Lisa B. Weissmann, MD
Assistant Professor of Medicine

Guest Faculty

Andrew E. Budson, MD
Professor of Neurology, Boston University School of Medicine

R. William Mason, MD
Boston University School of Medicine; Otolaryngology, Department of Surgery, Faulkner Hospital

Course Overview

COURSE DIRECTORS



John D. Goodson, MD

Associate Professor of Medicine, Harvard Medical School, and Physician, Massachusetts General Hospital, works daily in primary care. Dr. Goodson is renowned as a teacher, an advocate and an innovator of primary care medicine. He is a founder of the John D. Stoeckle Center for Primary Care Innovation and leads national efforts to improve the work experience for primary care clinicians.



MASSACHUSETTS
GENERAL HOSPITAL



Jane S. Sillman, MD

Assistant Professor of Medicine, Harvard Medical School; Director Emerita of Medical Residency Ambulatory Education, Brigham and Women's Hospital.



BRIGHAM AND
WOMEN'S HOSPITAL



HARVARD
MEDICAL SCHOOL

Dear Colleague,

We understand that as a specialist, you must keep your knowledge of general medicine current, especially within clinical areas of importance outside of your chosen field.

Whether you are a psychiatrist or pathologist, cardiologist or rheumatologist, surgeon or hospitalist, you can rely on this course for updates in general medicine that impact day-to-day practice, clinical decisions, and patient care.

Highlights include:

- Potential interactions between the drugs you prescribe and those prescribed by others
- Current management strategies for hypertension, hypercholesterolemia, diabetes, ischemic heart disease, memory loss, sleep disorders, stroke management, anemia, anticoagulant use, and other conditions
- New goals for disease prevention and health promotion
- Current controversies in screening
- Interventional therapies in cardiology and vascular medicine
- Collaboration and synergy in patient care for a wide variety of common situations
- Updated approaches to smoking cessation

Together with Harvard's leading clinical faculty — representing more than 30 fields of medicine — we have created an educational program expressly for specialists. The updates are relevant, and delivered by faculty who succinctly and effectively summarize information and couple it with recommendations for incorporating it into practice.

We hope you will join us.

Sincerely,

Handwritten signatures of John D. Goodson and Jane S. Sillman in blue ink.

John D. Goodson, MD and Jane S. Sillman, MD

Co-Directors, Updates in General Internal Medicine for Specialists

Learning Objectives

Upon completion of this activity, participants will be able to:

- Discuss treatments and interventions provided by primary care internal medicine and specialist physicians.
- Anticipate side effects from therapies prescribed by colleagues in other disciplines.
- Develop response strategies for important medication interactions.
- Assess the added value of new diagnostic tests, specifically their sensitivity, specificity and predictive values positive and negative.
- Review current guidelines, diagnostic recommendations, and management strategies for diabetes, hypertension and hypercholesterolemia, ischemic heart disease, memory loss, pain, sleep disorders, stroke management, anemia, anticoagulant use and many other specific conditions.
- Assess the relative efficacy and cross-specialty implications of innovative therapies used in a broad spectrum of specialties.
- Identify current disease-prevention, screening, and health-promotion goals.
- Design more effective treatment plans based on a refreshed understanding of the newest and most effective interventions offered by your specialty colleagues.
- Develop pain treatment plans in specific clinical situations, such as low back pain, headache and chronic pain from any number of conditions, including patient management strategies, and the appropriate use of all modalities and medications, including opioids and marijuana.



Educational Impact

"I have incorporated new information about screening for cancer, antibiotic use, and vaccinations into my practice."

"As a psychiatrist, what I learned about assessing non-psychiatric medical aspects of care enables me to more effectively discuss patient care with colleagues outside of my specialty."

"As a subspecialist whose patients often pepper me with questions about their primary care and whose PCPs often decline to manage them while on chemotherapy, I greatly benefited from this update in general internal medicine."

"I'm more vigilant when asking about all medications, supplements and vitamins that the patient takes to minimize potential for drug interactions."

"I am more attentive to the physical symptoms and complaints of my patients and better able to make appropriate referral as needed."

"I diagnose and refer on cases that are out of the normal scope of my practice."

"This education helps me to provide anesthesia with a more complete understanding of the medical conditions and treatments of my patients."

"I am better able to answer the cardiac prevention and treatment questions raised by my GYN patients."

"I can update my approaches to pre-op clearance and management of hypertension post-operatively."

"I will be reinforcing with my staff the need to practice evidence-based medicine, and not 'how we always do things.'"

ACCREDITATION

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 36 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians

This Live activity, Updates in General Internal Medicine for Specialists, with a beginning date of 2/01/2016, has been reviewed and is acceptable for up to 36.00 Prescribed credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

Agenda

	Monday, February 1	Tuesday, February 2
7:00 am – 7:30 am	Registration and Continental Breakfast	Continental Breakfast
7:30 am – 8:00 am	Welcome [†] John D. Goodson, MD	
8:00 am – 9:00 am	Ischemic Heart Disease Eric M. Isselbacher, MD	Update in Renal Medicine David J. R. Steele, MD
9:00 am – 10:00 am	Diseases of the Colon: IBS and IBD Joshua Korzenik, MD	Diabetes Management David M. Nathan, MD
10:00 am – 10:15 am	<i>Break</i>	
10:15 am – 11:15 am	Antibiotic Use in Office Practice Paul E. Sax, MD	Women's Health in 2016 Jane S. Sillman, MD
11:15 am – 12:15 pm	Lipid Management Scott Kinlay, MBBS, PhD	Common Dermatologic Problems Mital Patel, MD
12:15 pm – 1:30 pm	<i>Lunch Break</i>	
1:30 pm – 2:30 pm	Consciousness and the Lack Thereof Martin A. Samuels, MD	Updated Approaches to Smoking Cessation Nancy A. Rigotti, MD
2:30 pm – 3:30 pm	Stroke Galen V. Henderson, MD	New Anticoagulants and Antiplatelet Agents Rachel P. Rosovsky, MD
3:30 pm – 3:45 pm	<i>Break</i>	
3:45 pm – 4:45 pm	New Practices for Managing Osteoporosis and Reducing Fractures John D. Goodson, MD	Case Studies in Endocrinology J. Carl Pallais, MD, MPH
4:45 pm – 5:45 pm	Asthma and Chronic Obstructive Lung Diseases Christopher H. Fanta, MD	Current Approaches to Anemia Lisa B. Weissmann, MD

[†] Includes CME instructions

*Be our guest
at 5:45 for a
course reception*



Risk Management

This activity meets the criteria of the Massachusetts Board of Registration in medicine for 6 credits of Risk Management Study. This includes 3 credits of Opioid Education and Pain Management Training. Please check with your individual state licensing board requirements before claiming these credits.

THE ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF CANADA recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

Through an agreement between the American Medical Association and the EUROPEAN UNION OF MEDICAL SPECIALISTS, physicians may convert *AMA PRA Category 1 Credit*[™] to an equivalent number of European CME Credits[®] (ECMECs[®]). Information on the process of converting *AMA PRA Category 1 Credits*[™] to ECMECs[®] can be found at: www.eaccme.eu.

Agenda

	Wednesday, February 3	Thursday, February 4
7:00 am – 7:30 am	Continental Breakfast	Continental Breakfast
7:30 am – 8:00 am		
8:00 am – 9:00 am	Sleep Disorders Matt T. Bianchi, MD, PhD	Modern Doctoring: Disease Prevention and Health Promotion* John D. Goodson, MD
9:00 am – 10:00 am	Cognitive Decline Andrew E. Budson, MD	Cost-Effective Radiology: What Specialists Should Now Know Ramin Khorasani, MD, MPH
10:00 am – 10:15 am	<i>Break</i>	
10:15 am – 11:15 am	Preoperative Evaluation* Meridale V. Baggett, MD	Updates in Cancer Screening* John D. Goodson, MD
11:15 am – 12:15 pm	Update on Congestive Heart Failure Akshay S. Desai, MD	Pain Management* Nancy B. Kurtz, MD
12:15 pm – 1:30 pm	<i>Break</i>	
1:30 pm – 2:30 pm	Diseases of the Foregut Kunal Jajoo, MD	Updates in Addressing Headaches* Rebecca C. Burch, MD
2:30 pm – 3:30 pm	ENT in 2016 R. William Mason, MD	Current Management of Select Metastatic Cancers: Lung and Breast Alice T. Shaw, MD, PhD and Beverly Moy, MD, MPH
3:30 pm – 3:45 pm	<i>Break</i>	
3:45 pm – 4:45 pm	Managing Obesity Jane S. Sillman, MD	Allergy Medicine in 2016 James A. MacLean, MD
4:45 pm – 5:45 pm	Common Eye Problems Claudia U. Richter, MD	Differential Dx of Polyarthritis Robert P. Friday, MD, PhD

* Meets criteria for Risk Management credit in Massachusetts

Program changes/substitutions may be made without notice. To view the most up-to-date version of the course program, please visit the course website.

ACGME Competencies

This course is designed to meet the following Accreditation Council of Graduate Medical Education competencies: patient care, medical knowledge, practice-based learning and improvement, interpersonal and communication skills, professionalism, and systems-based practice.

Register at GIMS.HMSCME.com

Agenda

	Friday, February 5	WHO SHOULD ATTEND
7:00 am – 7:30 am	Continental Breakfast	<ul style="list-style-type: none"> • Physicians • Surgeons • Nurse Practitioners • Advanced Practice Nurses • Physician Assistants <p><i>Specialists from all disciplines can rely on this program for updates in general medicine that impact day-to-day practice, clinical decisions, and patient care</i></p>
7:30 am – 8:00 am		
8:00 am – 9:00 am	Case Studies of Common Thyroid Problems Gilbert H. Daniels, MD	
9:00 am – 10:00 am	Management of Hypertension: Updates for Specialists John D. Goodson, MD	
10:00 am – 10:15 am	<i>Break</i>	
10:15 am – 11:15 am	Challenging Liver Cases Sanjiv Chopra, MD, MACP	
11:15 am – 12:15 pm	Lower Back Pain* Joanne Borg-Stein, MD	
12:15 pm – 1:30 pm	Program adjourns	

DISCLOSURE POLICY: Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards, and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g., planners, faculty, reviewers, and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

Register at GIMS.HMSCME.com



HARVARD MEDICAL SCHOOL

Updates in General Internal Medicine for Specialists 2016

(Course #732253-1602)

	Register after December 15, 2015	Register on or before December 15, 2015
Physicians	\$1,625	\$1,525 (SAVE \$100)
Allied Health Professionals and Physicians in Training	\$1,495	\$1,395 (SAVE \$100)

Fees shown in USD. Tuition includes continental breakfast, all sessions, and a special evening reception on Tuesday evening, February 2.

All attendees of Updates in General Internal Medicine for Specialists 2016 will receive a flash drive containing course materials. You can purchase a printed copy of these materials at the time of registration for \$50, or on site at the course for \$90.

REGISTRATION, PAYMENT, CONFIRMATION AND REFUND POLICY

Registrations for Harvard Medical School CME programs are made via our secure online registration system. To register for this course, please visit the course website.

At the end of the registration process you will have the choice of paying by check or credit card (Visa, MasterCard or American Express). If you are paying by check, the online registration system will provide you with instructions and a printable form for remitting your course fees by check. Postal, telephone, fax, and cash-payment registrations are not accepted.

Upon receipt of your paid registration, an email confirmation from the HMS DCE office will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation, and certificate.

Refunds, less an administrative fee of \$75, will be issued for all cancellations received two weeks prior to the start of the course. Refund requests must be received by postal mail, email, or fax. No refund will be issued should cancellation occur less than two weeks prior. "No shows" are subject to the full course fee and no refunds will be issued once the conference has started.

VENUE

The Fairmont Copley Plaza
138 St. James Avenue
Boston, Massachusetts 02116
617-267-5300



ACCOMMODATIONS

A limited number of rooms have been reserved at the Fairmont Copley Plaza Boston until January 8, 2016. You can call the hotel directly to make a room reservation: 617-267-5300. Please specify that you are enrolled in this activity to receive a reduced room rate of \$230 per night single/double occupancy. You can also make your registration online by visiting our course website by January 8 and using the course-specific registration link on the Venue page.

Please do not make non-refundable travel plans until you have received an email from our office confirming your paid registration.

The Fairmont Copley Plaza is located within the heart of Boston and within an easy walk of many of the city's historic sites. Public transportation is also readily available to the city's many shopping districts, museums, and restaurants.

QUESTIONS?

Call 617-384-8600 Monday-Friday 9am – 5pm EST or e-mail HMS-CME@hms.harvard.edu

Register at GIMS.HMSCME.com