

Choose from among 80+ workshops and master clinician forums.

This program sold out last year. To be assured a spot in the 2015 program and your first choice of workshops, early registration is strongly advised.

Office Practice of

PRIMARY CARE MEDICINE 2015

March 16-20, 2015 Boston, MA

The comprehensive Harvard Medical School update on office-based primary care medicine

CME for internists, family practitioners, medical specialists, NPs and PAs

New updates, guidelines and best practices for:

- Hypertension, diabetes and lipid management
- Diagnosing and treating cognitive impairment
- Physical examinations and in-office procedures
- Medical marijuana: indications and implications
- Managing chronic pain
- Using novel anticoagulants
- Genetic testing
- Management of menopause symptoms
- Assessing and treating addictions
- · Care of cancer survivors
- Managing high-risk patients
- Navigating ICD-10 and meaningful use

Earn up to:

- 39.25 AMA PRA Category 1 Credits™
- 38.75 Prescribed credits by the American Academy of Family Physicians
- 39.25 ECMEC® Credits
- 35.25 Pharmacology Credits
- 11.0 Risk Management Study, including 4 Credits in Opioid Education and Pain Management Training and 2.5 Credits in End-of-Life Care Studies



Course Overview

Office Practice of Primary Care Medicine is the renowned Harvard Medical School CME course for general internal medicine. It offers new and returning attendees the opportunity to stay current with annual advances across every major area of general medicine. Designed by and for clinicians, the curriculum focuses on state-of-the-art approaches to the clinical challenges we routinely face and the best ways to apply these approaches to your practice. Case-based lectures, Q&A forums, and hands-on workshops in this course offer you the opportunity to exchange ideas and pose your questions to many of Harvard Medical School's finest teachers and master clinicians.

Learning Objectives

Upon completion of this course, participants will be able to:

- Integrate state-of-the-art approaches to general internal medicine problems into their care of patients
- · Apply up-to-date screening recommendations
- Deliver state-of-the-art care to their diabetic patients
- · Diagnose and treat COPD effectively
- · Determine appropriate opioid use for non-malignant disease
- Provide appropriate end-of-life care

Who Attends

- Primary care physicians: internists and family practitioners
- · Medical specialists
- Nurse practitioners

- · Physician assistants
- · Registered nurses
- Non-medical specialists who want to update their knowledge of general internal medicine

2015 Updates and Skills Development

This year's lectures and hands-on workshops have been fully updated with a focus on the most pressing clinical updates affecting the practice of primary care medicine for 2015. Highlights are summarized below.

- · New hypertension, diabetes and lipid guidelines
- Diagnosing and treating cognitive impairment
- Managing menopause symptoms
- Indications for medical marijuana
- · Screening smokers for lung cancer
- Motivating obese patients to lose weight
- Testosterone replacement therapy
- Coordinating care for high-risk patients
- Using the novel anticoagulants
- What's new in hepatitis C treatment
- When to do genetic testing
- · Treating adult ADHD
- Creating a patient-centered medical home
- · Assessing and treating addictions
- · Evaluation of dyspnea
- · Treating tobacco users: new strategies

- Care of the cancer survivor
- · Challenging cases of abdominal pain
- Physical examination of the shoulder, hip, knee, foot, ankle, and back
- Interpreting ECGs and chest x-rays
- Office procedures, including joint injections, dermatology and minor surgery procedures
- Cancer screening updates: breast, cervical, colon, lung and prostate
- Achieving appropriate and effective pain management, including opioids for chronic pain
- Conducting discussions about end-of-life care
- Cognitive behavioral therapy and motivational interviewing
- Case-based workshops on common office-based problems
- Complementary and integrative medicine

Customize your learning experience. Choose from among 87 hands-on workshops and master clinician sessions to advance your examination and office procedure skills and improve your medical knowledge.

Practice management

- Achieving expertise in ICD-10
- Effecting meaningful use of electronic medical records to increase the efficiency and safety of medical ambulatory practice
- Enhancing your practice management: special sessions on the medical home and care coordination for high-risk patients

Course Directors



David W. Bates, MD, MSc

Chief Quality Officer and Senior Vice President, Brigham and Women's Hospital. Division Chief of General Internal Medicine, Brigham and Women's Hospital. Medical Director of Clinical and Quality Analysis, Partners Healthcare. Professor of Medicine at Harvard Medical School, and Professor of Health Policy and Management at the Harvard School of Public Health, where he co-directs the Program in Clinical Effectiveness. Program leader for research in the World Health Organization's Global Alliance for Patient Safety.



Jane S. Sillman, MD

Assistant Professor of Medicine at Harvard Medical School. Director Emerita of Medical Residency Ambulatory Education at Brigham and Women's Hospital.

Assistant Course Director: Nancy B. Kurtz, MD



Harvard Medical School Faculty

Trevor E. Angell, MD Kevin L. Ard, MD, MPH Peter D. Asnis, MD Robert L. Barbieri, MD David W. Bates, MD, MSc Lauren R. Bayer, PA-C Herbert Benson, MD Monica Bharel, MD Shalender Bhasin, MD Joanne P. Borg-Stein, MD Rebecca Burch, MD Elizabeth A. Buzney, MD Daniela A. Carusi, MD Bartoleme R. Celli, MD Julia F. Charles, MD Gary A. Chinman, MD Patricia Cho, MD Thomas I. Cochrane, MD, MBA Barbara Cockrill Gootkind, MD John J. Costa, MD Rebecca J. Cunningham, MD Jatin K. Dave, MD, BS Bradley M. Denker, MD Akshay S. Desai, MD, MPH Amy DiVasta, MD Ionathan Edlow, MD Brian H. Eisner, MD Todd B. Ellerin, MD Laurence M. Epstein, MD Jane L. Erb, MD Jairam R. Eswara, MD Christopher H. Fanta, MD Joseph P. Frolkis, MD, PhD Marie Gerhard-Herman, MD Allison B. Goldfine, MD Samuel Z. Goldhaber, MD John D. Goodson, MD Charles J. Hatem, MD Michael J. Healey, MD Howard M. Heller, MD Galen V. Henderson, MD Kevin P. Hill, MD Kunal Jajoo, MD Nancy Lynn Keating, MD, MPH Scott Kinlay, MBBS, PhD James M. Kirshenbaum, MD Anthony L. Komaroff, MD Joshua R. Korzenik, MD David B. Krieger, MD

Donald B. Levy, MD Leonard S. Lilly, MD James H. Maguire, MD Tara Mardigan, MS, MPH, RD Melanie Maytin, MD Ronald P. McCaffrey, MD Eran Metzger, MD Stuart B. Mushlin, MD David M. Nathan, MD Nora Y. Osman, MD Kenneth M. Pariser, MD Rebeca M. Plank, MD, MPH Claudia U. Richter, MD Nancy A. Rigotti, MD Emily S. Robinson, MD, MPH Malcolm K. Robinson, MD James L. Rudolph, MD Anna E. Rutherford, MD Susan Sadoughi, MD Martin A. Samuels, MD Paul E. Sax, MD Kristen G. Schaefer, MD Adam Schaffer, MD Eric Schneider, MD, FACP Benjamin M. Scirica, MD, MPH Eileen P. Scully, MD, PhD Thomas D. Sequist, MD, MPH Niraj Sharma, MD Jan L. Shifren, MD Iane S. Sillman, MD Mark Simone, MD Jeremy T. Smith, MD Graeme S. Steele, MD Allen C. Steere, MD Joji Suzuki, MD Derrick J. Todd, MD, PhD Beatrice Trotman-Dickenson, MBBS Susan L. Troyan, MD Russell G. Vasile, MD Ruth Ann Vleugels, MD Sushrut S. Waikar, MD May M. Wakamatsu, MD Gerald L. Weinhouse, MD David P. White, MD Beverly Woo, MD Stephen C. Wright, MD F. Clarissa Yang, MD Maria A. Yialamas, MD

Nancy B. Kurtz, MD Guest Faculty

Andrew E. Budson, MD Professor of Neurology, Boston University David G. Fairchild, MD, MPH, FACP Professor of Medicine, University of Massachusetts Robert C. Lowe, MD Associate Professor of Medicine, Boston University

R. William Mason, MD Associate Clinical Professor of Surgery, Boston University

Daniel Mullin, PsyD, MPH Assistant Professor, University of Massachusetts Michael F. Murray, MD Director of Clinical Genomics, Geisinger Health System

Elaine W. Yu, MD

Raymond O. Powrie, MD Professor of Medicine, Obstetrics and Gynecology, Warren Alpert School of Medicine, Brown University

Alan A. Wartenberg, MD, FACP, FASAM Assistant Professor of Medicine, Tufts University School of Medicine

Susana C. Wishnia, MD Surgeon, Newton-Wellesley Hospital

Agenda

	Monday, March 16		Tuesday, March 17	
			6:15 am – 7:00 am Yoga Cybele Leger	
7:00 am – 7:50 am	Registration and Continental Breakfast		7:30 am – 8:00 am Continental Breakfast	
7:50 am – 8:00 am	Welcome Jane S. Sillman, MD and David W. Bates, MD, MSc			
8:00 am – 8:50 am	Update on Obesity Management Jane S. Sillman, MD		Update on Treating Headaches Rebecca Burch, MD	
8:50 am – 9:40 am	Update on Hypertension John D. Goodson, MD		Diagnosis and Treatment of Cognitive Impairment Andrew E. Budson, MD	
9:40 am – 10:30 am	Dermatology Update Ruth Ann Vleugels, MD		Solitary Pulmonary Nodules and Screening for Lung Cancer Gerald L. Weinhouse, MD	r
10:30 am – 10:45 am		Coffee	Break	
10:45 am – 11:35 am	Morning Report: Greatest Hits Maria A. Yialamas, MD Update on Depression Russell G. Vasile, MD			
11:35 am – 12:25 pm	Diabetes Update David M. Nathan, MD		Common Problems in Hematology Ronald P. McCaffrey, MD	
12:25 pm – 1:40 pm		Lunch	Break	
12:55 pm – 1:35 pm	Bring Your Own Lunch: Physicians' Networking Lunch Moderator: Jane S. Sillman, MD		Bring Your Own Lunch: Networking Lunch NPs, Nurses and PAs Moderator: Jane S. Sillman, MD	for
1:40 pm – 2:30 pm	Challenging Nephrology Cases Sushrut S. Waikar, MD		MEET OUR MASTER CLINICIANS Customize your learning experience with these st group, highly interactive new sessions. Choose fr among 8 master-clinician-led sessions. (Details o page 8)	rom
2:40 pm - 4:10 pm				
	Resistant Hypertension Jane S. Sillman, MD	A1	Adolescent Gynecology Amy DiVasta, MD	C1
	Diabetes: Non-Insulin Treatment Allison B. Goldfine, MD	A2	Valvular Heart Disease: Challenging Cases Leonard S. Lilly, MD	C2
	Mini-course in Cognitive Behavioral Therapy (Attendees must sign up for both A3 and B3) Gary	7 A.	Joint Aspirations and Injection Techniques (repeated: D3)	0.0
	Chinman, MD Challenging Cases in Dermatology A3	B3	Julia F. Charles, MD GERD and Peptic Ulcer Disease	C3
	F. Clarissa Yang, MD	A4	Kunal Jajoo, MD	C4
	Update in Immunizations Howard M. Heller, MD	A5	Peripheral Neuropathy Thomas I. Cochrane, MD, MBA	C5
	Pulmonary Function Tests Bartoleme R. Celli, MD	A6	Diseases of the Colon: IBS and IBD Joshua R. Korzenik, MD	C6
	Paps and Cervical Cancer Daniela A. Carusi, MD	A7	Sleep Disorders David P. White, MD	C7
	Updates in Pediatric Office Practice Niraj Sharma, MD	A8	Dermatology Procedures for Beginners Elizabeth A. Buzney, MD and	Co
4:10 pm – 4:30 pm	Patricia Cho, MD Coffee Break			Co
4:30 pm – 6:00 pm	W		SHOPS	
- ^	Travel Medicine	Jiirx	Challenging Endocrine Cases	
	James H. Maguire, MD	B1	Maria A. Yialamas, MD	D1
	Diabetes: Update on Insulin Treatment Allison B. Goldfine, MD	B2	Treatment of Neuropathic Pain** Nancy B. Kurtz, MD	D2
	Mini-course in Cognitive Behavioral Therapy (Attendees must sign up for both A3 and B3)		Joint Aspirations and Injection Techniques (repeated: C3)	
	Gary A. Chinman, MD	B3	Julia F. Charles, MD	D3
	Peripheral, Aortic and Carotid Disease Marie Gerhard-Herman, MD	B4	Nutrition Counseling Tara Mardigan, MS, MPH, RD	D4
	Challenging Cases of Abdominal Pain	R5	Challenging Ear, Nose and Throat Cases R. William Mason, M.D.	D5
	Stephen C. Wright, MD Female Sexual Dysfunction Jan L. Shifren, MD	B5	R. William Mason, MD Reading Chest X-Rays Beatrice Trotman-Dickenson, MBBS	D6
	Stroke		Common Shoulder Problems	
	Galen V. Henderson, MD	B7	Peter D. Asnis, MD	D7
	Common Urology Problems Graeme S. Steele, MD	B8	Minor Surgical Procedures for Beginners Susana C. Wishnia, MD and Patricia Cho, MD	D8

Agenda

	Wadnesday March 19		Thursday March 10		
	Wednesday, March 18		Thursday, March 19		
	6:15 am – 7:00 am Yoga Cybele Leger		6:15 am – 7:00 am Yoga Cybele Leger		
7:00 am – 7:50 am	7:30 am – 8:00 am Continental Breakfast		7:30 am – 8:00 am Continental Breakfast		
8:00 am – 8:50 am	Antibiotics in Office Practice Paul E. Sax, MD		Congestive Heart Failure Akshay S. Desai, MD, MPH		
8:50 am – 9:40 am	Menopause Management Robert L. Barbieri, MD		Outpatient Management of Atrial Fibrillation Laurence M. Epstein, MD	on	
9:40 am – 10:30 am	Osteoporosis Elaine W. Yu, MD		Update on Hyperlipidemia Scott Kinlay, MBBS, PhD		
10:30 am – 10:45 am	Coffee Break				
10:45 am – 11:35 am	Curbside Consults in Infectious Disease Paul E. Sax, MD Update on Anticoagulation Samuel Z. Goldhaber, MD				
11:35 am – 12:25 pm	Top 10 Primary Care Articles The Neurologic Exam		The Neurologic Exam Martin A. Samuels, MD		
12:25 pm – 1:40 pm		Lunch	Break		
1:40 pm – 2:30 pm	Challenging Liver Cases Anna E. Rutherford, MD		MEET OUR MASTER CLINICIANS Customize your learning experience with these s group, highly interactive new sessions. Choose f among 8 master-clinician-led sessions. (Details o page 8)	rom	
2:40 pm – 4:10 pm	W	ORK	SHOPS		
	ECG Practicum Melanie Maytin, MD	E1	Current Management of Coronary Artery D James M. Kirshenbaum, MD	isease G1	
	Difficult Patients* David B. Krieger, MD, Beverly Woo, MD, and Eran Metzger, MD	E2	Low Back Pain Joanne P. Borg-Stein, MD	G2	
	Medical Problems in Pregnancy Raymond O. Powrie, MD	E3	Common Thyroid Problems Trevor E. Angell, MD	G3	
	Challenging Cases in End-of-Life Care*** Kristen G. Schaefer, MD	E4	Complementary and Integrative Medicine: Effective Approaches to Primary Care Proble Donald B. Levy, MD	e ms	
	Mini-course in Motivational Interviewing (Attendees must sign up for both E5 and F5) Daniel Mullin, PsyD, MPH	F5	Genetic and Genomic Testing: When To Do Michael F. Murray, MD	It G5	
	Female Urinary Incontinence May M. Wakamatsu, MD	E6	Wound Care Lauren R. Bayer, PA-C	G6	
	Sexually Transmitted Diseases and UTIs Todd B. Ellerin, MD	E7	HIV for the Primary Care Physician Eileen P. Scully, MD, PhD	G7	
	Common Foot and Ankle Concerns Jeremy T. Smith, MD	E8	Alcohol Abuse: Assessment and Treatment Alan A. Wartenberg, MD, FACP, FASAM	G8	
4:10 pm – 4:30 pm		Coffee	Break		
4:30 pm – 6:00 pm	W	ORK	SHOPS		
	Pre-Op Cardiac and Pulmonary Consultatio		Evaluation of Hip Pain		
	Adam Schaffer, MD	F1	Susan Sadoughi, MD	H1	
	Office Ophthalmology Claudia U. Richter, MD	F2	Hot Topics in Health Policy Eric Schneider, MD, FACP	H2	
	Hands-On Evaluation of Knee Pain Kenneth M. Pariser, MD	F3	Bariatric Surgery Malcolm K. Robinson, MD	НЗ	
	Care of the LGBT Patient	E.	Chronic Kidney Disease	114	
	Kevin L. Ard, MD, MPH Mini-course in Motivational Interviewing	F4	Emily S. Robinson, MD, MPH Challenging Geriatric Cases	H4	
	(Attendees must sign up for both E5 and F5) Daniel Mullin, PsyD, MPH	F5	Mark Simone, MD	H5	
	Controversies in Colon Cancer Screening* Thomas D. Sequist, MD, MPH	F6	Common Allergy Problems John J. Costa, MD	H6	
	Dizziness and Vertigo: Practical Pointers Jonathan Edlow, MD	F7	"Can't-Miss" Diagnoses Stuart B. Mushlin, MD	H7	
	Cases in Pain Management** Nancy B. Kurtz, MD	F8	Anxiety and ADHD Jane L. Erb, MD	H8	
	Time, D. Time, ITE	10	June 2. 100, 1112	110	

Agenda

	Friday, March 20			
7:00 am – 7:50 am	7:30 am – 8:00 am Continental Breakfast			
8:00 am – 8:50 am	Updates on Contraception Jane S. Sillman, MD			
8:50 am – 9:40 am	Update on COPD Christopher H. Fanta, MD			
9:40 am – 10:30 am	Breast Cancer Screening Susan L. Troyan, MD			
10:30 am – 10:45 am	Coffee Break			
10:45 am – 11:35 am	Update on Hospice Care*** Kristen G. Schaefer, MD			
11:35 am – 12:25 pm	Approaches to Chronic Pain Management** Nancy B. Kurtz, MD			
12:25 pm – 1:40 pm	Lunch Break			
1:40 pm – 2:30 pm	Challenging Cases in Rheumatology Derrick J. Todd, MD, PhD			
2:40 pm – 4:10 pm	WORKSHOPS			
	Men's Health Nora Y. Osman, MD and Jairam R. Eswara, MD	11		
	The Patient-Centered Medical Home Joseph P. Frolkis, MD, PhD	12		
	Suboxone/Buprenorphine Treatment* Joji Suzuki, MD	13		
	Challenging Outpatient Cases of Electrolyte Abnormalities Bradley M. Denker, MD	14		
	Primary Care for Vulnerable Populations Monica Bharel, MD	15		
	Functional Assessment of the Geriatric Patient Jatin K. Dave, MD, BS and James L. Rudolph, MD	16		
	Cardiac Auscultation Benjamin M. Scirica, MD, MPH	17		
	Achieving Expertise in ICD-10 Michael J. Healey, MD	18		
4:10 pm – 4:30 pm	Adjourn			

Meet Our Master Clinicians: Tuesday, March 17, 2015 1:40 - 2:30pm

Customize your learning experience. Choose from among eight master-clinician-run interactive forums:

Update on Lyme Disease Allen C. Steere, MD	Treating Tobacco Users: New Strategies Nancy A. Rigotti, MD T3	Kidney Stones Brian H. Eisner, MD	EMRs: The Meaning of "Meaningful Use"* David W. Bates, MD, MSc
Depression and Bipolar Illness: Challenging Cases Russell G. Vasile, MD	Update on Pneumonia and Bronchitis Rebeca M. Plank, MD, MPH T4	Care of the Cancer Survivor Nancy Lynn Keating, MD, MPH	Clinician Wellness Charles J. Hatem, MD

Meet Our Master Clinicians: Thursday, March 19, 2015 1:40 - 2:30pm

Customize your learning experience. Choose from among eight master-clinician-run interactive forums:

Update on Hepatitis C	Testosterone Replacement	Chronic Fatigue Syndrome	Movement Disorders Martin A. Samuels, MD TH7
Robert C. Lowe, MD	Therapy	Anthony L. Komaroff, MD	
TH1	Shalender Bhasin, MD TH3	TH5	
Evaluation of Dyspnea Barbara Cockrill Gootkind, MD TH2	Care Coordination for High-Risk Patients Rebecca J. Cunningham, MD TH4	Medical Marijuana* Kevin P. Hill, MD TH6	The Relaxation Response Herbert Benson, MD

^{*} Meets criteria for Risk Management credit in Massachusetts

A1 - 17 You can use these codes when registering online for your choice of workshops

Program changes/substitutions may be made without notice

^{**} Meets criteria for Pain Management credit and Risk Management credit in Massachusetts

^{***}Meets criteria for End-of-Life Management credit and Risk Management credit in Massachusetts



VENUE

Hyatt Regency Boston, One Avenue De Lafayette, Boston, MA 02111 • Tel: 617-912-1234

ACCOMMODATIONS and TRAVEL

A limited number of specially priced, discounted rooms have been reserved at the Hyatt Regency Boston until February 24, 2015. The reduced room rate is \$244 single/double occupancy.

Visit PrimaryCare.HMSCME.com for details or call the hotel toll free within the U.S. at 888-421-1442 or outside the U.S. at 001 +402-592-6464.

When calling the hotel, be sure to specify that you are enrolled in the "Brigham and Women's Hospital Office Practice course" to receive the specially reduced room rate. Please do not purchase non-refundable ticket(s) until you have received an email from the office of Harvard Medical School Department of Continuing Education confirming your paid registration.

INQUIRIES

Call 617-384-8600 Mon-Fri 9am - 5pm EST or e-mail HMS-CME@hms.harvard.edu

ACCREDITATION

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The Harvard Medical School designates this live activity for a maximum of 39.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

This activity meets the criteria of Massachusetts Board of Registration in Medicine for 11.0 hours of Risk Management Study. This includes 4 Credits of Opioid Education and Pain Management training and 2.5 Credits of End-of-Life Care Studies. Please check your individual state licensing board requirements before claiming these credits

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities

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This live activity, Office Practice of Primary Care Medicine, with a beginning date of 03/16/2015, has been reviewed and is acceptable for up to 38.75 Prescribed credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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