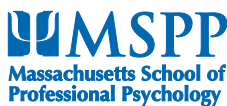




The Continuing Education Program at the Beth Israel Deaconess Medical Center, a major teaching hospital of Harvard Medical School



Sponsored by:



The Lawrence E. Lifson, MD, Psychotherapy Conference:

Psychodynamic Psychotherapy 2015

Friday–Saturday, March 27–28, 2015

The Fairmont Copley Plaza Hotel, Boston, MA

Pre-conference Institute: Thursday, March 26, 2015

The Psychodynamics of Internal Family Systems

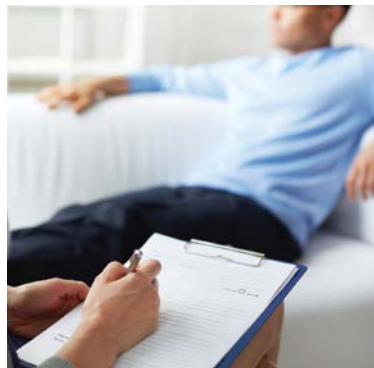
**Richard Schwartz, PhD,
Founder, Internal Family Systems**

Examining the similarities and differences between the IFS model and Psychodynamic Psychotherapy

Main Conference: Friday, March 27, 2015 – Saturday, March 28, 2015

Psychodynamic Psychotherapy 2015

- The therapeutic action of psychodynamic psychotherapy
- Current concepts of cure
- Integration of theory into practice
- Contributions of time-honored constructs
- Deepening the psychodynamic process
- Widening its scope of applicability



**Register by
January 31, 2015, for
discounted pricing**

Co-sponsored by:

Massachusetts Institute for Psychoanalysis (MIP) • Boston Institute for Psychotherapy (BIP) • PINE Psychoanalytic Center • C.G. Jung Institute, Boston • Three Ripley Street

Register at: www.PsychotherapyUpdate.com

The Psychodynamics of Internal Family Systems

Pre-conference Institute: Thursday, March 26, 2015

Richard Schwartz, PhD, *Founding Developer*, Internal Family Systems

Both Internal Family Systems (IFS) and Psychodynamic Psychotherapy focus on the internal registering of early-on traumatogenic experiences within the child's developing mind. Both treatment approaches deeply appreciate the dysfunctional impact these inner schemas have on how subsequent experiences are interpreted and organized; further, both schools contend that individuals who have suffered at the hands of their parents will continue to enact their unresolved childhood dramas throughout life, until they have had an opportunity to process and integrate the unmastered relational experiences that have given rise to their maladaptive ways of acting, reacting, and interacting.

Both IFS and Psychodynamic Psychotherapy are "depth approaches" that offer such an opportunity. Psychodynamic Psychotherapy focuses on the gradual and spontaneous emergence of insight into the unconscious conflicts and psychodynamics that created the internal tensions interfering with actualization of the patient's potential. IFS, while striving to achieve the same therapeutic goal, takes a somewhat divergent path. IFS is a more directive and focused method of treatment that prompts patients to delve into the psychodynamics of their interior world, where their inner resistances can be disarmed, the exiled parts of the Self accessed, and competing internal "voices" categorized into discrete subpersonalities. With curiosity and compassion, IFS therapist and patient can then work collaboratively to facilitate development of a more harmonious relationship between and amongst the various dissociated and conflictual "parts" of the Self, the ultimate goal being the promotion of integration, transformation, healing, and empowerment.

Educational Objectives: Upon completion of this pre-conference institute, participants will be able to:

- Explain the similarities between IFS and Psychodynamic Psychotherapy;
- Describe the differences between IFS and Psychodynamic Psychotherapy;
- Speak to the ways in which IFS conceptualizes the internal recording of early-on traumatogenic experiences;
- Understand the ways in which IFS promotes psychic health, integration, and empowerment.

8:15 am	Registration
8:45 am	Welcome/Introduction, Martha Stark, MD
12:30-1:45 pm	Lunch (on your own)
5:00 pm	Adjourn

Biography: Richard C. Schwartz, PhD, received his doctorate in Marriage and Family Therapy from Purdue University and was associated with the Institute for Juvenile Research at the University of Illinois at Chicago and The Family Institute at Northwestern University, where he became an Associate Professor. Grounded in systems thinking, Dr. Schwartz developed the Internal Family Systems model in response to patients' descriptions of various parts within themselves. In 2000, he founded The Center for Self Leadership (CSL) in Oak Park, IL. Dr. Schwartz has either authored or co-authored a number of well-known books, including *Family Therapy: Concepts and Methods*, the most widely used family therapy text in the United States and *Internal Family Systems Therapy* and *Introduction to the Internal Family Systems Model* and *You Are The One You've Been Waiting For*, and over fifty articles about IFS. He serves on the editorial board of four professional journals.

Registration Note: You may register for this pre-conference workshop by itself or as part of a discounted package that includes the main conference on Friday and Saturday.

Early Registration Discount Available Through 1/31/15

Psychodynamic Psychotherapy 2015

2-day Conference: Friday–Saturday, March 27–28, 2015

This extraordinary 11th annual conference features renowned faculty in the field of psychodynamic psychotherapy offering their innovative and evolving reflections on the integration of theoretical constructs into clinical practice, as well as case presentations and discussions by master clinicians.

Throughout, we will widen the scope of applicability of psychodynamic psychotherapy to a broader range of clinical situations and deepen understanding of the curative process, with special attention to the contributions of both patient and therapist in the unfolding of the “cure.”

Objectives

Upon completion of this conference, participants will be able to:

- Elucidate the therapeutic action of psychodynamic psychotherapy
- Define the contributions of varying theories to therapeutic change
- Integrate current theories into clinical practice
- Widen the scope of applicability of psychodynamic concepts to clinical situations

New This Year

- Four exciting case presentations, one each on Friday and Saturday morning and afternoon. These case presentations will be followed by two discussions offered by master clinicians.
- The talks will represent a variety of perspectives and treatment approaches that will widen the scope of applicability of psychodynamic psychotherapy to individuals, couples and families.
- The case discussants represent different clinical perspectives which will deepen understanding of the therapeutic action.

Who

Should

Attend

- Psychiatrists
- Psychologists
- Social Workers
- Psychoanalysts
- Marriage and Family Therapists
- Mental Health Counselors
- Psychiatric Nurses
- Students in Mental Health Fields*

** Students are encouraged to attend, and discounted student rates are available. See the registration form.*

Register at: www.PsychotherapyUpdate.com

Psychodynamic Psychotherapy Agenda

Friday, March 27, 2015

7:45am	Registration
8:15am	Welcoming Remarks Nicholas Covino, PsyD
8:30am	Overview Alexandra Harrison, MD, moderator
8:45am	Customizing Couples Therapy: A New Model for Collaborative Treatment David Treadway, PhD
9:30am	<i>Case Presentation:</i> Father and Son: War of the Worlds James Herzog, MD
10:15am	Coffee Break
10:45am	<i>Case Discussion:</i> Richard Geist, EdD Steven Cooper, PhD
11:30am	<i>Panel and Audience Discussion of Morning Presentations:</i> Alexandra Harrison, MD David Treadway, PhD James Herzog, MD Richard Geist, EdD Steven Cooper, PhD
12:15pm	Lunch (on your own)
1:45pm	The Three Pillars of Attachment-Based Treatment Daniel Brown, PhD, ABPH
2:30pm	<i>Case Presentation:</i> A Second Chance: Evolutions in Attachment Alisa Levine, PsyD
3:15pm	Coffee Break
3:30pm	<i>Case Discussion:</i> Robert Fox, MSW Martha Stark, MD
4:15pm	<i>Panel and Audience Discussion of Afternoon Presentations:</i> Alexandra Harrison, MD Daniel Brown, PhD, ABPH Alisa Levine, PsyD Robert Fox, MSW Martha Stark, MD
5:00 pm	Adjourn

Saturday, March 28, 2015

8:15am	Overview James Frosch, MD, moderator
8:30am	Falling Out of the World: Shock, Strangeness – and Afterwards Alfred Margulies, MD
9:15am	<i>Case Presentation:</i> From Bodies to Words: Working with Transference and Countertransference Gerard Fromm, PhD
10:00am	Coffee Break
10:30am	<i>Case Discussion:</i> Jack Foehl, PhD Anton Kris, MD
11:15am	<i>Panel and Audience Discussion of Morning Presentations:</i> James Frosch, MD Alfred Margulies, MD Gerard Fromm, PhD Jack Foehl, PhD Anton Kris, MD
12:00pm	Lunch (on your own)
1:45pm	Perverse Scenarios and the Fantasy of a One-Person Universe Andrea Celenza, PhD
2:15pm	<i>Case Presentation:</i> The Dialectic of Sex and Death David Doolittle, PsyD
3:00pm	Coffee Break
3:30pm	<i>Case Discussion:</i> Robert Goisman, MD George Fishman, MD
4:15pm	<i>Panel and Audience Discussion of Afternoon Presentations:</i> James Frosch, MD Andrea Celenza, PhD David Doolittle, PsyD Robert Goisman, MD George Fishman, MD
5:00 PM	Adjourn

Early Registration Discount Available Through

About the Conference Co-Directors

Lawrence E. Lifson, MD, Co-Director

Dr. Lifson is a Lecturer on Psychiatry at Harvard Medical School and former Associate Clinical Professor of Psychiatry at Tufts Medical School. He is Director of the Continuing Education Program at Beth Israel Deaconess Medical Center and is the Chair of the Continuing Education Committee at the Boston Psychoanalytic Society and Institute, of which he is a faculty member. Dr. Lifson is a Distinguished Life Fellow of the American Psychiatric Association and the 2012 recipient of the Massachusetts Psychiatry Society's "Outstanding Psychiatrist in Education Award". He is the editor of *Understanding Therapeutic Action: Current Concepts of Cure* and *The Mental Health Practitioner and The Law and The Psychology of Investing*.

Martha Stark, MD, Co-Director

Dr. Stark is Faculty, Harvard Medical School; Adjunct Faculty, Massachusetts School of Professional Psychology and Smith College School for Social Work; and Former Faculty, Boston Psychoanalytic Society & Institute and Massachusetts Institute for Psychoanalysis. She is Co-Director of the Center for Psychoanalytic Studies at the Massachusetts School of Professional Psychology. Dr. Stark is author of three award-winning books on psychoanalytic theory and technique (*Working with Resistance; A Primer on Working with Resistance; and Modes of Therapeutic Action*) and chapters in several integrative medicine textbooks.

Accreditation

Physicians: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and the Boston Psychoanalytic Society and Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians. The American Psychoanalytic Association designates this Live Activity for a maximum of 19 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- The Pre-conference Institute: A maximum of 6 AMA PRA Category 1 Credit(s)[™]
- Psychodynamic Psychotherapy 2015: A maximum of 13 AMA PRA Category 1 credits(s)[™]

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

AMA PRA Category 1 Credits[™] claimed by physicians attending live events certified and organized in the United States for AMA PRA Category 1 Credits[™] can be claimed through the agreement on mutual recognition of credits between UEMS and AMA, considered as being equal to the **European Continuous Medical Education Credits (ECMEC®)** granted by the UEMS. One AMA PRA Category 1 Credit[™] is equivalent to one (1) hour of European EACCME Credit (ECMEC®), therefore up to 19 ECMEC® Credits are available. Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Psychologists: The Massachusetts School of Professional Psychology (MSPP) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Massachusetts School of Professional Psychology (MSPP) maintains responsibility for these programs and their content.

Social Workers: Application for social work continuing education credits has been submitted. Please contact MSPP/CE at 617-244-1682 or by email at ce@mspp.edu for the status of social work CE accreditation.

Nurses: These programs meet the specifications of the Board of Registration in Nursing (244 CMR).

Mental Health Counselors: The Massachusetts School of Professional Psychology is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. (Provider Number 5678)

Educators: MSPP is approved by the Commonwealth of Massachusetts to offer Professional Development Points (PDPs). (Provider Number 5-0416-999)

Licensed Marriage and Family Therapists: These activities have been certified by FDA/CE Certifications and the Massachusetts Association for Marriage & Family Therapy Inc. for professional continuing education.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Register at: www.PsychotherapyUpdate.com

Distinguished Faculty

Daniel Brown, PhD, ABPH, Associate Clinical Professor of Psychology, Harvard Medical School; author of 14 books including two books on development psychotherapy: *Human Feelings*, and *Transformation of Consciousness*.

Andrea Celenza, PhD, Assistant Clinical Professor, Harvard Medical School; Faculty, Boston Psychoanalytic Society & Institute and Massachusetts Institute for Psychoanalysis; recipient of several awards; Author, *Erotic Revelations: Clinical Applications and Perverse Scenarios*, and *Sexual Boundary Violations: Therapeutic, Supervisory, and Academic Contexts*.

Steven Cooper, PhD, Associate Professor of Psychology in Psychiatry (part-time), Harvard Medical School; Training and Supervising Analyst, Boston Psychoanalytic Society & Institute; Supervising Analyst and Faculty, Massachusetts Institute for Psychoanalysis; Author, *A Disturbance in the Field: Essays in Transference-Countertransference Engagement*, and *Objects of Hope: Exploring Possibility and Limit*; Chief Editor Emeritus, *Psychoanalytic Dialogues*.

Nicholas Covino, PsyD, President, Massachusetts School of Professional Psychology.

David Doolittle, PsyD, Clinical Instructor in Psychology, Harvard Medical School; Consultant, Palliative Care Service, Harvard Medical School; Past President, Massachusetts Institute for Psychoanalysis.

George Fishman, MD, Assistant Clinical Professor of Psychiatry, Harvard Medical School; Director, Psychotherapy Training, Beth Israel Deaconess Medical Center; Training and Supervising Analyst, Boston Psychoanalytic Society & Institute; Faculty, Massachusetts Institute for Psychoanalysis.

Jack Foehl, PhD, ABPP, Instructor in Psychology, Harvard Medical School; Training and Supervising Analyst, Boston Psychoanalytic Society & Institute; Clinical Associate Professor (Adjunct), NYU Postdoctoral Program; Faculty and Supervising Analyst, Massachusetts Institute for Psychoanalysis; Assistant Editor, *Psychoanalytic Dialogues* and Editorial Board Member, *International Journal of Psychoanalysis*.

Robert Fox, MSW, Adjunct Faculty, Lesley University Division of Counseling and Psychology; Founder and Director, Institute for Existential-Psychoanalytic Therapy; Co-Founder and Steering Committee, New England Center for Existential Therapy.

Gerard Fromm, PhD, Senior Consultant, Erikson Institute of the Austen Riggs Center; Faculty, Yale Child Study Center and the Massachusetts Institute for Psychoanalysis; President, International Society of the Psychoanalytic Study of Organizations; Author, *Taking the Transference*, *Reaching Toward Dreams: Clinical Studies in the Intermediate Area* and *A Spirit That Impels: Play, Creativity and Psychoanalysis*.

James P. Frosch, MD, Assistant Clinical Professor of Psychiatry, Harvard Medical School; Training and Supervising Analyst, Boston Psychoanalytic Society & Institute.

Richard Geist, EdD, Founder, Massachusetts Institute for Psychoanalysis; Teaching and Supervising Analyst, Massachusetts Institute for Psychoanalysis; Executive Board, International Association for Psychoanalytic Self Psychology; Co-Editor, *Psychology of Investing*; Author, *Investor Therapy*.

Robert M. Goisman, MD, Associate Clinical Professor of Psychiatry, Harvard Medical School; Recipient, Outstanding Psychiatrist Award for Public Sector Service, Massachusetts Psychiatric Society; Founding Fellow of the Academy of Cognitive Therapy; Special Faculty Prize for Sustained Excellence in Teaching, Harvard Medical School.

Alexandra Harrison, MD, Assistant Clinical Professor of Psychiatry, Harvard Medical School; Training and Supervising Analyst, Boston Psychoanalytic Society & Institute (Child, Adolescent, and Adult Psychoanalysis); Core Faculty, the Infant-Parent Mental Health Post-Graduate Certificate Program, University of Massachusetts Boston; Co-author, *Autism Spectrum Disorder: Perspectives from Psychoanalysis and Neuroscience*.

James Herzog, MD, Training and Supervising Analyst, Boston Psychoanalytic Society & Institute; Supervisory Analyst, Sigmund Freud Institute, Zurich, Switzerland; Author, *Father Hunger*.

Anton O. Kris, MD, Clinical Professor of Psychiatry, Harvard Medical School; Training and Supervising Analyst, Boston Psychoanalytic Society & Institute; Trustee, Sigmund Freud Archives; Author, *Free Association: Method and Process*.

Alisa Levine, PsyD, Training and Supervising Analyst, Boston Psychoanalytic Society & Institute; Chair, Admissions Committee, Boston Psychoanalytic Society & Institute.

Alfred Margulies, MD, Associate Professor of Psychiatry, Harvard Medical School at the Cambridge Health Alliance; Training and Supervising Analyst, Boston Psychoanalytic Society & Institute; Author, *The Empathic Imagination*.

David Treadway, PhD, Co-author, *Home Before Dark: A Family Portrait of Cancer and Healing* and author of three other books; 2002 Psychotherapy Networkers Award.

Early Registration Discount Available Through 1/31/15

Registration Form

1. Complete the following information:

Last Name _____ First Name _____ MI _____

Street Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Occupation _____ License No. _____

2. Select your registration option from the table below:

Psychodynamic Psychotherapy 2015	<i>Regular Registration After 1/31/15</i>	<i>Early Registration Through 1/31/15</i>
Full Conference (March 26–28) IFS6 & PP15	<input type="checkbox"/> \$550	<input type="checkbox"/> \$495
Pre-conference only (March 26) IFS6	<input type="checkbox"/> \$225	<input type="checkbox"/> \$195
Main conference only (March 27–28) PP15	<input type="checkbox"/> \$395	<input type="checkbox"/> \$350

NOTE: Students, interns and fellows may register at the following discounted rates:

☐ Full course: \$275, ☐ Pre-conference only: \$125, ☐ Main conference only: \$195

3. Select your payment method

☐ Payment Enclosed: Check # _____ Amount \$ _____
(Make check or money order payable to MSPP/CE. Do not send cash.)

☐ Bill my institution: P.O.# _____

☐ Please charge my: AMEX Visa MasterCard

Name on card _____ Expires _____

Card # _____ SIC Code _____

To Register by Mail:

Complete the fields to the left, include payment, and mail to:
MSPP/CE,
One Wells Avenue,
Newton MA
02459

To Register Online:

Visit www.psychotherapyupdate.com

Refund Policy: A handling fee of \$60 is deducted for cancellation. Refund requests must be received by mail or fax (617-244-1072) one week prior to the conference. No refunds will be made thereafter.

For More Information,

Contact: Continuing Professional Education Office, Massachusetts School of Professional Psychology, One Wells Avenue, Newton MA 02459
617-244-1682 or 888-244-6843 (Toll-Free)
email ce@mspp.edu

Venue

The Fairmont Copley Plaza Hotel

138 St. James Ave.
Boston, MA 02116
1-800-441-1414 • Boston@fairmont.com

IMPORTANT NOTE: A limited number of guest rooms have been reserved at a special discounted rate and will be allotted on a first-come, first-served basis until 2/25/15. Please register and reserve your hotel rooms as early as possible, using the discount code below.

DISCOUNT CODE: PSY0315



The Fairmont Copley Plaza recently celebrated its 100th anniversary with a major renovation of its meeting facilities and guest rooms. This landmark hotel is centrally located in Boston's historic Back Bay, steps away from the Boston Public Library, Beacon Hill, and the Freedom Trail, and within easy walking distance of the Copley Place Mall and the famous boutiques of Newbury Street.

Register at: www.PsychotherapyUpdate.com