

Figuring out the population attributable  
risk (PAR) with a bayesian approach;  
single and multivariate analysis on  
cross-sectional study data.

TURUN YLIOPISTO  
Tietotekniikan laitos  
TkK-tutkielma  
Labra  
Joulukuu 2024  
Peppi-Lotta Saari

TURUN YLIOPISTO  
Tietotekniikan laitos

PEPPI-LOTTA SAARI: Figuring out the population attributable risk (PAR) with a bayesian approach; single and multivariate analysis on cross-sectional study data.

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Here be abstract

Asiasanat: tähän, lista, avainsanoista

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# 1 Introduction

## 1.1 Bayesian Mindset

## 1.2 Perceiving risk

## 1.3 The Problem

## 1.4 The Solution

### 1.4.1 R package

## 2 Key Concepts

This chapter will provide understanding of the Bayesian approach. This chapter will lead the reader through Bayes' theorem to Bayesian inference and data-analytics. The meaning of population attributable risk and relevant concepts to statistics in general will be explored in this chapter.

### 2.1 Bayes' theorem

$$P(A|B) = \frac{P(B|A)P(A)}{P(B)} \quad (2.1)$$

where

- $P(A|B)$  is the conditional probability [1] or posterior distribution.[2]  $P(A|B)$  is the probability that A happens given that B has happened. If A and B are independent events, then  $P(A|B) = P(A)$ . [1]
- $P(B|A)$  is the likelihood[1][2]
- $P(A)$  is the prior probability [1] or prior distribution.[2]
- $P(B)$  is the set of unobserved data.

A person using this formula can just place values that they have acquired through frequentist approaches and get a conditional probability thus using the Bayes' theorem alone is not enough to make Bayesian inference. Bayesian inference is a broader

philosophical and statistical approach to statistical inference.[2] In the Bayesian approach the values of the posterior, prior and likelihood are not set but random values of a distribution.[1] This allows us to make inference even when the exact values are not known and when data is limited.

## 2.2 Key Statistics concepts

### Probability mass function

Probability mass function describes the probability that a discrete random variable is equal to a certain value:  $f(x) = P(X = x)$   $f(x)$  over all  $x$  equals to 1.[3]

### Multinomial distribution

Properties of the multinomial distribution: fixed number of trials, trials are independent from each other, samples have a fixed set of outcomes. The Probability mass function of the multinomial distribution is:

$$f(x_1, x_2, \dots, x_k) = \frac{n!}{x_1!x_2!\dots x_k!} p_1^{x_1} p_2^{x_2} \dots p_k^{x_k} \quad (2.2)$$

, where  $n = x_1 + x_2 + \dots + x_{k-1} + x_k$  [4][5]

In Bayesian analysis Dirichlet distribution is often used as a prior distribution to model a multinomial distribution. [5] This is often considered a standard reference prior.[6]

### Confidence intervals

Confidence interval measures uncertainty of the estimate. The interval has a upper and lower limit and the true estimate lies within that interval with some confidence level. Width of the confidence interval is determined by two factors: sample size  $n$ ,



and standard deviation or standard error of the estimate. Confidence level in health sciences is usually chosen to be 95%. [7]

Confidence interval is a frequentist term. Confidence interval is based on repeated sampling theory. [8] Confidence interval is a range of numbers that is likely to include the unknown population parameter that is being estimated. [9] This is also known as the regression coefficient, a term that describes the relationship between the predictor variable and outcome. [10] For 95% CI the interval will contain the regression coefficient 95 out of 100 times when repeated. [8] This is different from having a 95% probability that the regression coefficient is in the interval. In frequentist statistics parameters aren't assigned probabilities. [11]

## Credibility intervals

Credibility interval is the Bayesian equivalent of confidence interval. It is a probability that the true value is contained in the chosen interval. 95% credibility interval means that there is 95% probability that the true value is in the interval. The frequentist confidence interval is often misinterpreted this way. This is why the credibility interval is more intuitive than the confidence interval. [11] Tail method is a way of constructing the credibility interval. It sets the lower and upper limits by symmetrically cutting the interval between both tails of a distribution. The limits are  $\alpha / 2$  and  $1 - \alpha / 2$  percentage points of the distribution. If the selected interval is 95% then  $\alpha$  is 0.05. [12]

### 2.2.1 Bayesian confidence intervals

Bayesian credible interval is a confidence interval if it demonstrates the frequentist properties of a confidence interval. This can be observed by calculating the overall percentage coverage for simulated data where various fixed parameters are set. [6] [12] Coverage percentage will show if the interval is nominal or not. [6]

## 2.3 Bayesian Inference

Inference means summary or characterization[13]. It is the process of finding an appropriate model and fitting it to a set of data.[14] Statistical inference's goal is to make predictions about an unobserved set of data  $y$  based on already observed set of data  $x$ . [15][14] The Bayesian approach to describing this connection is through probability that  $y$  happens given  $x$ . If  $x = \{x_1, x_2, \dots, x_n\}$  and  $y = x_{n+1}$  then:

$$P(y|x) = P(x_{n+1}|\{x_1, x_2, \dots, x_n\}) \quad (2.3)$$

When the amount of observation  $x_i$  starts to grow it becomes increasingly more difficult to calculate the effect of each observation on  $y$ . The formula can be simplified to  $P(y|\theta)$  where  $\theta$  is a distribution where  $x_i$  are independent and identically distributed i.e. iid. This simplifies the problem because we can assume  $x_i$  depends only on  $\theta$  and not on other  $x_j$ . [15] This way of expressing uncertainty via a distribution, leans on the concept of exchangeability. Exchangeability is a basic concept of statistical analysis. [14] There is no operational difference between  $\theta$  which describes belief and  $P(x|\theta)$  which is a measurable quantity. They both describe uncertainty.  $P(x|\theta)$  is an updated version of the prior. The Bayes' theorem becomes:

$$P(x|\theta) = \frac{P(\theta|x)P(x)}{P(\theta)} \quad (2.4)$$

[16]

### 2.3.1 Bayesian Data-analysis

Ideally Bayesian data-analysis is a three step process:

- Full probability model: A model that is consistent with underlying scientific knowledge of the problem and, observed and unobserved data.

- Conditioning on observed data: Calculating and interpreting the posterior distribution.
- Evaluation: fit of the model and the implications of the posterior distribution.

[14]

### 2.3.2 Prior

Prior distribution is the knowledge we have of the subject matter before we take into account the data.[17] Prior provides the plausibility for all parameters before the data is taken into account. [2][13] Prior distribution is the best way to summarize information and lack of it.[13]

$\theta$  can be chosen based on some previous inference obtained by Bayesian approach. Even if there is no prior distribution available a prior must be chosen and this should not be completely arbitrary. Almost always there is some domain knowledge available that will help choose the most suitable prior.[2] Choosing a prior is still often at least partly arbitrary.[13] Whether the prior is a posterior distribution or a distribution chosen by some other means, it doesn't make a difference qualitatively. Prior distribution is a distribution that describes prior beliefs of the person doing the inference.[15] The prior can have a great effect on the posterior. Bad priors can lead to misleading posteriors and bad inference.[2] Priors can have a negligible, moderate or highly noticeable effect on the posterior.[13]

The priors mainly used in this thesis are the conjugate priors. Prior distribution is conjugate to the likelihood if the prior belongs to the same distribution family as the posterior distribution. Prior is chosen so that the parametric form of the prior is the same as the posterior's. This is to make calculating posterior easiest. [18]

Some other types of priors are: maximum entropy prior, parametric approximations, Laplace's prior, the Jeffrey's prior, empirical, hierarchical, matching priors, reference priors, and invariant priors. [13]

Prior distribution is not the only distribution that affects the posterior. Another factor in calculating the posterior is the likelihood.

### 2.3.3 Likelihood

Likelihood or likelihood function has meaning outside of the Bayesian approach. Here I will give a definition of likelihood in the context of Bayesian inference. Every time likelihood is mentioned in this thesis work this is the definition that applies.

Likelihood function contains the information that  $x_i$  brings to the inference. [13] Likelihood is derived by forming all data sequences and removing the ones that are inconsistent with the observed data. It usually is the distribution function assigned to a variable or distribution of variables. [2] The information provided by  $X_1$  about  $\theta$  is contained in the distribution  $l(\theta|x_1)$ . When a new observation  $x_2$  is made it needs to comply with equation:

$$l_1(\theta|x_1) = cl_2(\theta|x_2) \quad (2.5)$$

[13]. This is called the likelihood principle, and it is valid when the inference is about the same  $\theta$  and  $\theta$  includes every unknown factor of the model. [13]. Bayesian inference obeys the likelihood principle. Simply put: two probability models that have the same likelihood function lead to the same inference for  $\theta$  given a sample of data.[14] When the sample size increases the meaning of the likelihood grows with it. [2] The prior is modified by the data  $x$  through the likelihood function. It represents the information about  $\theta$  coming from the data. In 2.5  $c$  is a constant. Multiplication by a constant leaves the likelihood function unchanged. Only the relative value of the likelihood matters and multiplying by a constant will have no effect on the posterior  $\theta$ . By normalizing the right side of 2.6 the constant will be canceled out.[17]

### 2.3.4 Posterior

The simplest definition for a posterior is the probability  $p$  conditional on the data.[2] Posterior is what we know of the distribution  $\theta$  given the knowledge of some observed data. As outlined in paragraphs 2.3.2 and 2.3.3 we know that likelihood is the only entity modifying the prior so we get the simplified version of Bayes rule: *posterior distribution*  $\propto$  *likelihood*  $\times$  *prior distribution* where:

$$P(\theta|x) \propto cP(x|\theta)P(\theta) \quad (2.6)$$

[17]

Posterior is often mathematically complex and high-dimensional and direct inference on it is not possible. The number of dimensions is equal to the number of parameters. The posterior function is often an integral that is not solvable by analytical means and the posterior distribution can not be evaluated exactly. Sampling the posterior provides a solution for this.[19] Some leading methods like ones based on Markov chain Monte Carlo (MCMC) only produce samples of the posterior instead of a mathematical function of the posterior.[2]

### 2.3.5 Posterior Sampling

Posterior sampling can be used to summarize and simulate the posterior. Samples are drawn from a "bucket" where values are present in the proportion to their posterior probability. Samples will have the same distribution as the actual posterior. The more samples are drawn the more exact the distribution will be. Sampling is a part of the evaluation phase of Bayesian data-analysis.

### Summarize

Question is summarization are divided into tree categories:

- Intervals of defined boundaries: questions about the frequency of the parameters in the posterior in chosen intervals.
- Intervals of defined mass: questions about confidence and credibility intervals.
- Point estimates: questions about single points in posterior distribution.

### Simulate

Simulationis are done to check the model and make predictions. Simulation can be done on a prior distribution to understand it better. Sampling from a known distribution will allow testing whether a model is working correctly. Simulation can also be used to predict possible future observations. [2]

## 2.4 PAR, Population attributable risk

Population attributable risk measures the impact of complete removal of a risk factor in a population.

$$PAR = P(D^+) - P(D^+|E^-) \quad (2.7)$$

, where D is the disease status and E is the exposure status. PAR is a probability distribution that is calculated by removing the probability distribution of disease cases that occur given that an exposure has not happened from the probability distribution of all disease occurrences . [6]

## 2.5 Cross-sectional study

Cross-sectional study is a snapshot of a population at a certain point in time. Both the exposure and outcome can be observed at the same time. Individuals for observation are chosen from population that is relevant for the study. This study method

does not take into account new cases of the disease that develop over a selected period of time.

Subtypes of cross-sectional study:

- Descriptive cross-sectional study is good for evaluating the prevalence of one or more health outcomes in a population.
- Analytical cross-sectional study measures prevalence of outcomes and exposures. It's difficult to figure out causal relationships based on cross-sectional study alone.
- Repeated cross-sectional study is conducted multiple times on the same population at different points in time. The individuals chosen for the tests at different study instances are not the same individuals. This type of study is good for showing changes happening in a population over time.

[20]

## 2.6 Frequentist approach to confidence interval construction for PAR

Delta method is the standard approach to variance estimation for PAR. Bootstrap method outperforms the delta method in terms of coverage and interval length. [6] As the bootstrap performs better than delta method I will be comparing the Bayesian approach to the bootstrap method.

### 2.6.1 Bootstrap method

Bootstrap method approximates the distribution of a statistic by repeated sampling. The samples are drawn from a fitted model or from a dataset with replacement

AKA placing the sample back to the "sample bucket". Drawing from fitted model is parametric and drawing from dataset with replacement is non-parametric. A contingency table has a cell for each classification. A dataset with one exposure and one outcome can be represented in a 2x2 contingency table with four classifications. The probability of selecting a classification is the same as the estimated value in a parametric model. The parametric and non-parametric bootstraps for a 2x2 contingency table are the same when sample size is the same as the size of the dataset.[6]

## 2.7 R language

R is a language and environment for statistical computing and graphics. R is available as Free Software under the terms of the Free Software Foundation's GNU General Public License in source code form. R is a GNU project. R is an environment where statistical techniques are implemented. It can be extended with the usage of packages. [21] The base R has functions to perform all major statistical tests, plotting, and matrix operations. It is provided as a combination of 14 different core packages: base, compiler, datasets, grDevices, graphics, grid, methods, parallel, splines, stats, stats4, tcltk, tools and utils. Package can be then loaded with the `library()` command once installed on a machine. R's functionality can be divided into three classes: data interaction, analysis, and result visualization. There are three major repositories for additional R packages: CRAN, Bioconductor and R-Forge. CRAN package, `devtools`, provides a convenient function to install packages directly from a GitHub repository. [22]



# 3 The Bayesian Approach to Confidence Interval Construction for Population Attributable Risk (PAR)

In this chapter I will go over the approach proposed in paper *Bayesian methods of confidence interval construction for the population attributable risk from cross-sectional studies* by Pirikahu&al.

## 3.1 Mathematical Model

Taulukko 3.1: 2 x 2 Contingency Table For n Samples

Exposed	$D^+$ (has disease)	$D^-$ (no disease)	Total
$E^+$	a	b	a + b
$E^-$	c	d	c + d
Total	a + c	b + d	n

$n$  denotes the total sample size where  $a + b + c + d = n$ . From the contingency table we can see that a cross-sectional study with one exposure variable and one disease variable can be seen as a multinomial distribution with four possible outcomes that are independent from each other. These outcomes can be described with multinomial distribution as follows:

$$(a, b, c, d) \sim Multinomial(n, p_{11}, p_{10}, p_{01}, p_{00}) \quad (3.1)$$

- $P(E^+) = \frac{a+b}{n}$ : The propability of the exposed in a population.
- $P(E^-) = \frac{c+d}{n}$ : The propability of the exposed in a population.
- $P(D^+) = \frac{a+c}{n}$ , The propability of having the disease in a population.
- $p_{11} = P(D^+ \cap E^+) = P(D^+|E^+)P(E^+) = P(E^+|D^+)P(D^+) = \frac{a}{n}$ : The probability of being exposed and having the disease.
- $p_{10} = P(D^- \cap E^+) = P(D^-|E^+)P(E^+) = P(E^+|D^-)P(D^-) = \frac{b}{n}$ : The probability of being exposed and not having the disease.
- $p_{01} = P(D^+ \cap E^-) = P(D^+|E^-)P(E^-) = P(E^-|D^+)P(D^+) = \frac{c}{n}$ : The probability of not being exposed and having the disease.
- $p_{00} = P(D^- \cap E^-) = P(D^-|E^-)P(E^-) = P(E^-|D^-)P(D^-) = \frac{d}{n}$ : The probability of not being exposed and not having the disease.

The population attributable risk (PAR) is defined as the proportion of the disease in a population that have occured due to exposure. The PAR can be calculated with formula 2.7. With Bayes' theorem we can rewrite the formula and by add the values from the list above we get the maximum likelihood estimation function for PAR.

$$\begin{aligned}
 PAR &= P(D^+) - P(D^+|E^-) \\
 &= P(D^+) - \frac{P(E^-|D^+)P(D^+)}{P(E^-)} \\
 &= \frac{a+c}{n} - \frac{\frac{c}{n}}{\frac{c+d}{n}} \\
 &= \frac{a+c}{n} - \frac{c}{n} \times \frac{n}{c+d} \\
 &= \frac{a+c}{n} - \frac{c}{c+d} \\
 &= \frac{a+c}{a+b+c+d} - \frac{c}{c+d}
 \end{aligned} \tag{3.2}$$

Prior distribution that estimates all the situations described in the contingency table is:  $\theta = (p_{11}, p_{10}, p_{01}, p_{00})$ . Observed values or samples are:  $x = (a, b, c, d)$ . And the likelihood in respect to  $p_k$  is denoted by a propability mass function:

$$f(x|\theta) = \frac{n!}{a!b!c!d!} p_{11}^a p_{10}^b p_{01}^c p_{00}^d \quad (3.3)$$

Posterior distribution is:  $p(a, b, c, d|p_{11}, p_{10}, p_{01}, p_{00}) = p(\theta|x) \propto f(x|\theta)p(\theta)$ . Due to conjugacy relationship, in relation to the prior, posterior can be found analytically. Posterior is:

$$\theta|x \text{ Dirichlet}(a+1, b+1, c+1, D^+1). \quad (3.4)$$

It is computationally much less expensive to represent posteriors analytically than with MCMC simulation. [6]

Confidence interval is a frequentist concept but through simulated data we can calculate whether the credibility interval has the frequentist coverage.

## 3.2 Code Implementation

```
def hello_world():
    print("Hello, \uworld!")
```

## 4 Expanding the approach for multivariate analysis

Expanding the Bayesian approach to take into account multiple variables for single outcome seems straight forward. The multinomial model works for any number of variables. The first task is to create a contingency table where the frequency of each variable and their combinations are presented.

### 4.1 Dependency between variables

### 4.2 Math

### 4.3 Code

## 5 Evaluation

To explore performance we will select known values for parameters  $p$ ,  $q$ ,  $e$  and  $n$ .

- $p = P(D^+|E^+) = \frac{P(D^+ \cap E^+)}{P(E^+)}$
- $q = P(D^+|E^-) = \frac{P(D^+ \cap E^-)}{P(E^-)}$
- $e = P(E^+)$
- $n$

Because exposure either has happened or not we can deduce that  $P(E^-) = 1 - P(E^+) = 1 - e$ . And because a person can either have the disease or not we can deduce that  $P(D^-|E^-) = 1 - P(D^+|E^-) = 1 - q$ . and  $P(D^+|E^+) = 1 - P(D^-|E^+) = 1 - p$ . We can deconstruct and place values  $p$ ,  $q$ ,  $e$  and  $n$  to get 2 way tables values  $a$ ,  $b$ ,  $c$  and,  $d$ .

- $a = p_{11} \times n = P(D^+ \cap E^+) \times n = P(D^+|E^+) \times P(E^+) \times n = p \times e \times n$
- $b = p_{10} \times n = P(D^- \cap E^+) \times n = P(D^-|E^+) \times P(E^+) \times n = (1 - p) \times e \times n$
- $c = p_{01} \times n = P(D^+ \cap E^-) \times n = P(D^+|E^-) \times P(E^-) \times n = q \times (1 - e) \times n$
- $d = p_{00} \times n = P(D^- \cap E^-) \times n = P(D^-|E^-) \times P(E^-) \times n = (1 - q) \times (1 - e) \times n$

We will also need to know  $P(D^+)$  that is related to the chosen constans.

$$\begin{aligned}
 P(D^+) &= P(D^+ \cap E^+) + P(D^+ \cap E^-) \\
 &= P(D^+|E^+)P(E^+) + P(D^+|E^-)P(E^-) \\
 &= p \times e + q \times (1 - e)
 \end{aligned} \tag{5.1}$$

We need to generate 10,000 contingency tables for these chosen variables based on the multinomial model 3.1. A confidence interval will be constructed for the PAR with two different methods; bootstrap and the Bayesian approach proposed by Pirikahu et al. Parameter values for the simulation are:

Taulukko 5.1: Parameters for the simulation

$p$	0.001	0.01	0.05	0.1	0.2	0.3	0.35	0.4	0.45	0.5
$q$	0.001	0.01	0.05	0.1	0.2	0.3	0.35	0.4	0.45	0.5
$e$	0.01	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9
$n$	16	32	64	128	256	512	1024	4096	16384	65536

### 5.0.1 Code implementation

## 5.1 Comparison of Pirikahu et al.'s Bayesian method with standard frequentist approaches.

### 5.1.1 Effect of Dataset Size

### 5.1.2 Effect of Prior

The tail-based Bayesian confidence intervals at Jeffreys prior performs best in terms of mean coverage probability. [12]

## 6 Conclusion

### 6.1 Summary of the model and work

### 6.2 Implementation in R

### 6.3 Future work

# Lähdeluettelo

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# Liite A Code implementation of Pirikahu paper

## Liite B Liitedokumentti

Tähän tulee liitteeksi dokumentaatio R koodista, joka on julkaistu käyttöön.

Liitteen ohjelmakoodi 1 kuvaa matemaattisen monadirakenteen pohjalta rakentuvan Haskellin tyyppiluokan. Tyyppiluokan voi nähdä eräänlaisena abstraktina ohjelmointirajapintana (API), joka muodostaa ohjelmoijalle abstraktin ohjelmointikielen käyttöliittymän (UI).

---

### Ohjelmalistaus 1 Tyyppiluokka 'Monad'.

---

```
{haskell}
```

```
class Monad m where
    ( >=> )      :: m a -> (a -> m b) -> m b
    return      :: a                -> m a

    fail        :: String            -> m a
    (>>)        :: m a -> m b        -> m b
    m >> k      = m >=> \_ -> k      -- default

instance Monad IO where ...          -- omitted
```

---

Ensimmäisen liitteen toinen sivu. Ohjelmalistaus 2 demonstroi vielä monadin käyttöä.

---

**Ohjelmalistaus 2** Monadin käyttöä.

---

```
{haskell}  
main =  
  return "Your name:" >>=  
  putStr >>=  
  \_ -> getLine >>=  
  \n -> putStrLn ("Hey " ++ n)
```

---