

The 2023–24 SHL season is the 49th season of the Swedish Hockey League (SHL). The regular season began in September 2023 and ended in March 2024, where it will be followed by the playoffs and the relegation playoffs.

Färjestad BK won their first regular season title since 2018–19; a 4–5 overtime loss to Frölunda HC on 9 March 2024, gave them an unassailable tally of 103 points with a round to spare. They were unable to add the subsequent playoff title, as they were swept 0–4 in the quarter-finals by Rögle BK. IK Oskarshamn were relegated to the HockeyAllsvenskan, as HV71 won the Play Out 4–3.

Regular season:

Each team played 52 games, playing each of the other thirteen teams four times: twice on home ice, and twice away from home. Points were awarded for each game, where three points were awarded for winning in regulation time, two points for winning in overtime or shootout, one point for losing in overtime or shootout, and zero points for losing in regulation time. At the end of the regular season, the team that finished with the most points was crowned the league champion.