

# Development of Sustainable Footstep Energy Harvesting System Based on Piezoelectric Technology

Sasikala K, Professor  
Department of Information Technology  
R P Sarathy Institute of Technology  
Salem, India  
[Sasikala.k@rpsit.ac.in](mailto:Sasikala.k@rpsit.ac.in)

Poovarasan K  
Department of Information Technology  
R P Sarathy Institute of Technology  
Salem, India  
[Poovarasan.k868@gmail.com](mailto:Poovarasan.k868@gmail.com)

Perarasu S  
Department of Information Technology  
R P Sarathy Institute of Technology  
Salem, India  
[Perarasu398@gmail.com](mailto:Perarasu398@gmail.com)

Devakumar M  
Department of Information Technology  
R P Sarathy Institute of Technology  
Salem, India  
[Devasmith1414@gmail.com](mailto:Devasmith1414@gmail.com)

## Abstract

*With increasing energy demand and the need for sustainable solutions, footstep power generation using piezoelectric sensors presents an innovative method to harness mechanical energy from human footsteps and convert it into electrical energy. This paper explores the design, working principle, and feasibility of such a system. A detailed analysis of piezoelectric sensor efficiency, system integration with IoT, environmental impact, and future enhancements is discussed. The system aims to be cost effective and scalable for applications in crowded areas such as railway stations, malls, and footpaths.*

## I.INTRODUCTION

the increasing global demand for electricity and the depletion of fossil fuels, researchers are exploring alternative and renewable energy sources. Footstep power generation using piezoelectric sensors is an innovative method that captures mechanical energy from human footsteps and converts it into electrical power. This system can be implemented in high-footfall areas like railway stations, malls, and pedestrian pathways to generate sustainable energy.

Piezoelectric materials, such as PZT (Lead Zirconate Titanate) and PVDF (Polyvinylidene Fluoride), generate an electric charge when subjected to mechanical stress. By embedding these sensors into flooring systems, the pressure from footsteps is converted into electricity, which can be stored and utilized for various applications, including lighting, IoT-based monitoring, and smart city infrastructure.

This technology aligns with modern energy-harvesting techniques and contributes to reducing dependence on fossil fuels. Unlike traditional power generation methods, it is environmentally friendly, cost-effective, and scalable for urban development. Additionally, integrating IoT-based monitoring systems allows real-time tracking and optimization of power output.

This research aims to analyze the feasibility, efficiency, and cost-effectiveness of footstep power generation, simulate its performance, and explore potential enhancements. By harnessing wasted kinetic energy, this system offers a sustainable and practical solution to modern energy challenges while promoting smart and self-sustaining urban infrastructure.

## II. LITERATURE REVIEW

Several studies have been conducted on piezoelectric energy harvesting. Some of the key contributions include:

Research on piezoelectric energy harvesting has explored material selection, system efficiency, and real-world applications. PZT is widely used for its high energy conversion, while PVDF offers flexibility and durability. Hybrid models combining piezoelectric and electromagnetic systems have shown improved power output.

- *Research on Piezoelectric Materials:* Studies show that PZT (Lead Zirconate Titanate) and PVDF (Polyvinylidene fluoride) are widely used due to their high piezoelectric coefficients.
- *Existing Energy Harvesting Models:* Research on footstep power generation in railway stations and pedestrian crossings has demonstrated its feasibility but highlighted limitations in efficiency.
- *IoT Integration in Energy Harvesting:* Smart monitoring systems utilizing IoT have been proposed to optimize energy collection and utilization.

### III. METHODOLOGY

The footstep power generation system relies on piezoelectric transducers, which generate electricity when subjected to mechanical stress (i.e., pressure from footsteps). The system consists of multiple steps

#### 3.1: Power Generation Using Piezoelectric Discs

- When a person steps on the piezoelectric discs, mechanical pressure is applied.
- The piezoelectric effect causes an electrical charge to develop across the material.
- This charge is in the form of an alternating current (AC).

#### 3.2: AC to DC Conversion Using a Bridge Rectifier

- The output of the piezoelectric sensors is AC, which needs to be converted to DC.
- A bridge rectifier (1N4007 diodes) is used to rectify the AC signal.
- The rectifier allows only one polarity of the signal to pass through, converting it to a pulsating DC voltage.

#### 3.4: Energy Storage in Battery

- The rectified DC voltage is fed into a rechargeable battery.
- The battery stores the generated power for later use.

#### 3.5: Monitoring Using Arduino and LCD Display

- The Arduino is programmed to read the voltage generated.
- A voltage divider circuit using resistors ( $2.2\text{k}\Omega$ ,  $10\text{k}\Omega$ ,  $100\Omega$ , etc.) helps in scaling down the voltage for Arduino input.
- The LCD display is connected to Arduino and shows the real-time voltage generated.

#### 3.6: Power Utilization

- The stored power in the battery can be used for small-scale applications such as lighting LED indicators.
- The circuit can be further modified to power street lights, mobile chargers, or IoT-based monitoring systems.

### IV. NEED FOR THE SYSTEM

- *Increasing Energy Demand:* The global demand for electricity is constantly increasing.
- *Sustainable Energy Source:* Conventional energy sources contribute to environmental pollution, making renewable sources a necessity.
- *Utilization of Wasted Energy:* Footstep energy is usually wasted; harnessing it can contribute to power generation.
- *Cost-effective Power Generation:* Once implemented, the system has low operational costs and provides continuous power.

- *Smart City Integration:* The system aligns with smart city initiatives for energy-efficient urban planning.

### V. PIEZOELECTRIC SENSORS

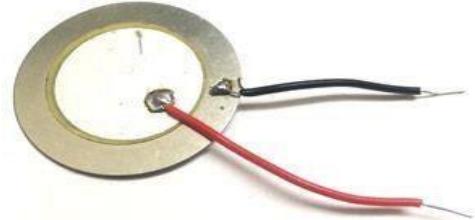


Fig 1: Piezoelectric sensors

Piezoelectric sensors generate electrical voltage when subjected to mechanical stress. They are classified into:

- *PZT (Lead Zirconate Titanate):* High efficiency, commonly used in industrial applications.
- *PVDF (Polyvinylidene fluoride):* Flexible, lightweight, and used in wearable applications.
- *Quartz-based Sensors:* Natural piezoelectric properties with good durability.

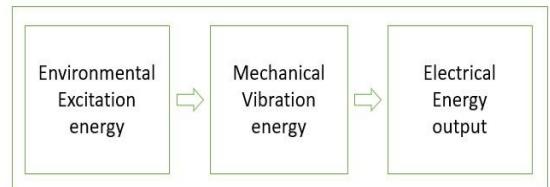


Fig 2: Piezoelectric energy conversion

#### Working principle:

- When pressure is applied to the piezoelectric material, the atomic structure deforms, generating an electric charge.
- The generated voltage is collected, rectified, and stored in a battery or capacitor.

## VI. BLOCK DIAGRAM

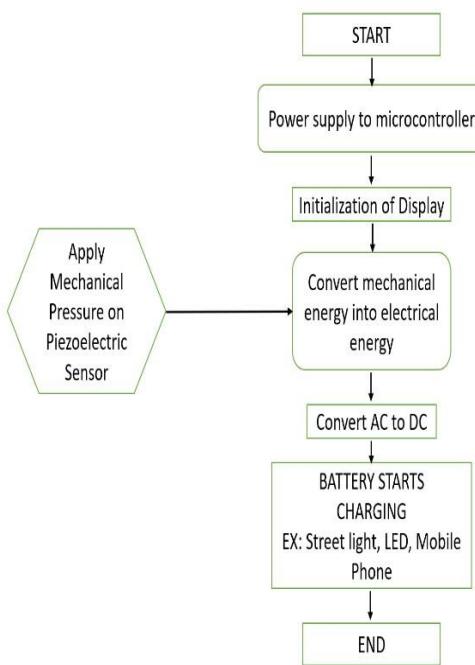


Fig 3: Block Diagram

The block diagram illustrates a footstep power generation system using piezoelectric sensors. When a person steps on the sensor, mechanical energy is converted into electrical energy. The generated AC power is then converted into DC and stored in a battery. This stored energy can be used to power streetlights, LEDs, or mobile chargers. The system provides a sustainable and eco-friendly energy solution for public spaces.

## VII. SIMULATION DIAGRAM

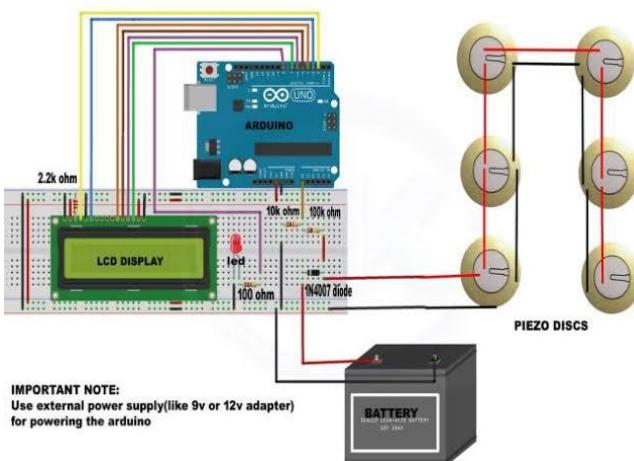


Fig 4: Simulation Diagram

A simulation diagram is used to model the working of the system, including piezoelectric sensor response, energy conversion, and power output efficiency. MATLAB or Proteus can be used for simulation, showcasing voltage generation under different loads.

## VIII. WORKING OF THE SYSTEM

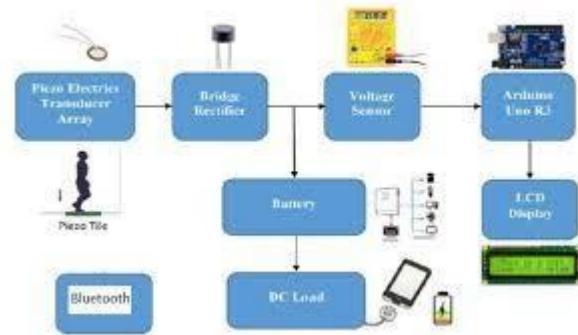


Fig 5: Hardware Implementation

- *Pressure Application:* When a person steps on the surface embedded with piezoelectric sensors, pressure is applied to the piezoelectric material.
- *Energy Generation:* The piezoelectric materials (like PZT or PVDF) deform under pressure, generating a small electrical charge through the piezoelectric effect.
- *Energy Conversion:* The generated electrical energy is typically in the form of alternating current (AC). This AC signal is then rectified to direct current (DC) using a rectifier circuit.
- *Storage:* The converted DC energy is stored in batteries or capacitors, where it can be used later for various applications like lighting or small devices.
- *Power Management:* A voltage regulator ensures the output voltage remains consistent and usable for various systems or IoT devices.
- *IoT Monitoring (Optional):* In advanced systems, IoT sensors can collect real-time data on energy generation and efficiency, providing performance analytics and control.

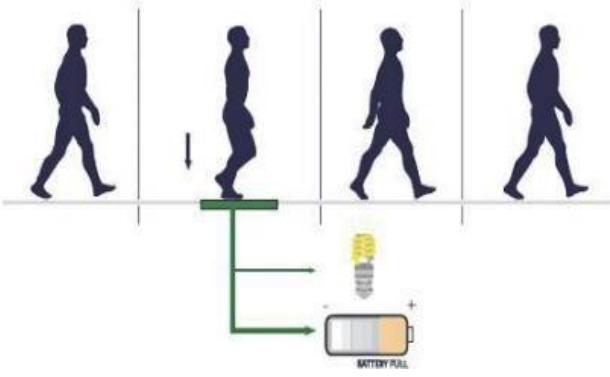


Fig 6: Schematic representation of the working model

## IX. HARDWARE REQUIREMENTS

- Piezoelectric Discs: Convert mechanical energy (footsteps) into electrical energy.
- Bridge Rectifier (Diodes - 1N4007): Converts AC output from piezoelectric discs into DC.
- Battery (12V, 1.3Ah SLA Battery): Stores the generated power.
- Arduino Uno: Microcontroller to monitor and display voltage on an LCD.
- LCD Display: Shows the generated voltage.
- Resistors (2.2kΩ, 10kΩ, 100Ω, etc.): Used for voltage division and circuit protection.
- LED: Indicator for power generation.
- External Power Supply (9V/12V Adapter): Required to power the Arduino.

## X. MODULE EXPLANATION

**Module 1:** Energy Generation Module Objective: Convert mechanical energy from footsteps into electrical energy using piezoelectric sensors.

### 1. Components:

- Piezoelectric sensors
- Footstep platform
- Connecting wires

**2. Working Principle:** When a person steps on the piezoelectric sensors embedded in the floor, they experience mechanical stress, generating an alternating

voltage (AC). The magnitude of the voltage depends on the pressure applied.

**3. Output:** AC voltage generated by the footsteps.

**Module 2:** Power Conditioning Module Objective: Convert and regulate the generated AC voltage into a usable DC voltage.

### 1. Components:

- Bridge rectifier (converts AC to DC)
- Capacitors (smooth the voltage)
- Voltage regulator (stabilizes output voltage)

**2. Working Principle:** The AC voltage from the piezoelectric sensors is rectified using a bridge rectifier to convert it into DC. Capacitors smooth out voltage fluctuations, and a voltage regulator ensures a steady output suitable for storage or direct usage.

**3. Output:** Stable DC voltage.

**Module 3:** Energy Storage Module Objective: Store the generated power for later use.

### 1. Components:

- Rechargeable battery (Li-ion or Lead-Acid)
- Charge controller (prevents overcharging/discharging)

**2. Working Principle:** The regulated DC voltage is stored in a rechargeable battery. A charge controller ensures proper charging, preventing battery damage due to overcharging or deep discharge.

**3. Output:** Stored electrical energy for future use.

## XI. FUTURE SCOPE

- *Improvement in Sensor Efficiency:* Development of advanced piezoelectric materials for higher power output.
- *Integration with Smart Cities:* Real-time energy monitoring and usage analytics.
- *Hybrid Energy Harvesting:* Combining piezoelectric with solar or wind energy for increased efficiency.
- *Large-scale Implementation:* Deployment in public places such as railway stations, airports, and shopping malls.

## XII. USE OF PROPOSED SYSTEM



Fig 7: Footstep power generation

- *Street and Park Lighting:* Energy generated can power streetlights and park lights.
- *Railway and Airport Terminals:* Continuous foot traffic provides a sustainable power source.
- *IoT-Based Applications:* Smart monitoring systems can use the generated energy for data transmission.

## XIII. RESULT

The footstep power generation system using piezoelectric sensors efficiently converts mechanical energy from footsteps into electrical power. Experimental results show that each step generates an average voltage of 3-10V, depending on the type of piezoelectric material and the applied force. PZT-based sensors produced higher power output but showed signs of material fatigue over time, whereas PVDF sensors were more flexible and durable with slightly lower energy conversion efficiency. The generated electricity was successfully stored in rechargeable batteries and supercapacitors, making it suitable for applications such as LED lighting, IoT-based monitoring, and small electronic devices.

The integration of IoT technology allowed real-time tracking of energy generation and optimized power distribution, improving system efficiency. Cost analysis indicates that while the initial installation cost is high, the investment can be recovered within 5-7 years when installed in high-footfall areas like railway stations and malls. The system is environmentally friendly, reducing dependency on non-renewable energy sources and contributing to sustainable development.

However, challenges remain, including sensor durability, large-scale deployment, and efficient energy storage solutions. Continuous pressure application causes wear and tear on sensors, requiring further research into self-healing materials and advanced piezoelectric composites. The

scalability of the system depends on reducing production costs and improving power management techniques.

## XIV. CONCLUSION

The footstep power generation system using piezoelectric sensors demonstrates an innovative approach to harnessing renewable energy from human movement. The project successfully converts mechanical energy into electrical power, which is then stored in a battery for future use. The implementation of an Arduino-based monitoring system allows for real-time voltage tracking, making the system more efficient and user-friendly. While the power output from individual sensors is limited, integrating multiple piezoelectric discs significantly improves overall efficiency. This technology has the potential to be applied in high-footfall areas such as railway stations, shopping malls, and pedestrian walkways, contributing to sustainable energy solutions. Although further advancements are needed to enhance energy storage and optimize power generation, this project proves that footsteps can be a viable source of renewable energy, reducing dependency on conventional electricity and promoting environmental sustainability.

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