

市立新北高工 112 學年度 第二學期 第三次段考英文閱讀試題										班級		座號		電腦畫卡
科目	英 文 閱 讀	命題教師	張哲瑋	審題教師	邱思潔	年級	二	科別	機鑄模汽圖電資訊	姓名			是	

閱讀測驗 選出最適當的答案。每題 5 分

What you eat before you board a plane can change how you feel in the air or even after you land. Fast food, for example, can upset your stomach because fats can lead to blocks in blood flow. Foods like broccoli or cauliflower can make our bodies swell since the pressure in the cabin is lower, leading to an uncomfortable feeling. Drinking is just as important as what you eat, too.

*Alcoholic drinks cause the body to lose water, making you thirstier. Soda should also be avoided because the bubbles will *expand like tiny balloons in your body. Lastly, treats such as cake or candy are not great to eat before a flight, since they can cause swelling, gas, or make you run to the bathroom often —not what you want on a long flight! Try to avoid these foods the next time you fly, and you will enjoy your flight much more.

*alcoholic 含酒精的 *expand 擴張

- () 1. What is this passage mainly about?

 - (A) The science behind how an airplane flies.
 - (B) The different emotions that people may experience during a flight.
 - (C) The problems that can result from eating certain foods before taking a plane.
 - (D) The improvement that have been made to in-flight meals.

() 2. Which of the following foods or drinks might cause blocks in blood flow?

 - (A) Soda
 - (B) Candy
 - (C) Alcoholic drinks
 - (D) Fried chicken

() 3. Which of the following is **NOT** a problem that can result from eating candy before taking an airplane?

 - (A) Swelling
 - (B) Low blood pressure
 - (C) Gas
 - (D) An upset stomach

() 4. Based on the passage, which of the following statement is **TRUE**?

 - (A) Your body will explode if you drink too much soda.
 - (B) You may run to the bathroom often if you eat too much chocolate cake before flight.
 - (C) Cauliflower can make our bodies swell since the pressure in the cabin is higher.
 - (D) Drinking some wine may relax your body before taking a plane.

() 5. Vincent began to get so thirsty during the flight, what might have he had?

 - (A) A glass of juice
 - (B) Two bottles of black tea
 - (C) A bowl of corn soup
 - (D) Two cans of beer

What is a typical day in the life of a flight attendant like? For starters, they have to sleep and wake up at unusual times of day and night. They need to be at the airport at least two hours before their flight in order to pass through security, do health checks, and more. Then they are assigned to their positions for the flight. Once on the plane, they must make sure everything is ready, including checking all the *equipment, screens, and toilets. After the flight takes off, they can begin their rounds of service. This include serving passengers meals, handing out drinks, and **tackling** all kinds of requests. Afterwards, they must come around with carts to collect all the used trays and trash. Once all of this is done, they can finally take a break! After the plane lands, flight attendants help passengers with their luggage. Finally, they stand next to the captain and wish everyone a safe journey ahead as they leave the aircraft. Although it all may sound very tiring, many studies show that flight attendants enjoy their jobs and find the added benefits such as free travel very *rewarding.

*equipment 設備 *rewarding 值得的

- () 6. What is the purpose of the passage?

 - (A) To show how happy flight attendants are.
 - (B) To complain about the hard labor of being a flight attendant.
 - (C) To ask airlines to reduce flight attendants' workload.
 - (D) To introduce the work of a flight attendant.

() 7. What does “**tackling**” mean in the passage

 - (A) Rejecting (B) Mentioning (C) Handling (D) Breaking

() 8. What of the following is **NOT** mentioned as one of the duties of a flight attendant?

 - (A) Helping passengers to check in.
 - (B) Checking equipment on the airplane.
 - (C) Serving food and drinks.
 - (D) Helping passengers with luggage.

() 9. Which of the following do flight attendants find rewarding?

 - (A) Waking up at 5 a.m. in the morning.
 - (B) Taking care of all kind of requests from the passengers.
 - (C) Passing through security and doing health checks.
 - (D) None of the above.

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() 10. Flight 143 is scheduled to take off at 3:15 p.m. It's better for Michelle, as a flight attendant, to arrive at work at _____.

- (A) 1:15 a.m.
- (B) 5:15 p.m.
- (C) 1:05 p.m.
- (D) 2:05 a.m.

The kindness means putting the needs of others before your own. Once, two brothers were given land by their father. They split the land in half. Over time, the older brother had six kids., while the younger brother had none. The younger brother thought, "This isn't fair.. My brother has more mouths to feed." So, that night, he took some grain from his barn and put it in his brother's barn.

Later that night, the older brother thought, "This isn't fair. I will have six children to take care of me when I'm older. My brother will need more grain to make ends meet." He took some grain from his barn, and put it in his brother's barn. The next morning, both brothers were surprised to find they still had the same amount of grain as the night before. So, the next night, they both did the same thing again, and once more found they had the same amount of grain the next morning. On the third night, when they were on their way to do it yet again, they met in the dark. They realized they had both been thinking of the other. They stopped and hugged.

() 11. What is this passage mainly about?

- (A) A fight between two brothers.
- (B) The true kindness of two brothers.
- (C) Dealing with a thief in a family.
- (D) The difficulty of having a baby.

() 12. Which of the following is NOT true?

- (A) The two brothers were kind to each other.
- (B) The two brothers had received land as gift.
- (C) The younger brother had six children to raise.
- (D) Both brothers wished to help each other by giving grain.

() 13. Why did the brothers embrace at the end?

- (A) They discovered they were both trying to help in the same way.
- (B) They wanted to celebrate that they had so much free grain.

(C) They were glad they no longer needed to give out their grain.

(D) They were relieved to find there were no thieves in the barn.

() 14. Which term best describes the act of "putting the needs of others before your own" ?

- (A) Confidence
- (B) Selflessness
- (C) Curiosity
- (D) Ambition

() 15. Which action best describes the phrase "split the land in half"

- (A) Divide the land into two equal parts
- (B) Create a large hole in the land
- (C) Build a structure in the center of the land
- (D) Combine two pieces of land into one

The *Evolution of Air Meals

Air meals, or in-flight catering, have transformed dramatically since the early days of *commercial aviation. Initially, passengers had limited options and food was often pre-packaged, similar to TV dinners. However, as air travel became more popular and competitive, airlines began to see the importance of offering quality meals as part of their service.

In the 1960s and 1970s, full-course meals with multiple options became a standard feature on long-haul flights. Passengers could enjoy hot meals, complete with appetizers, main courses, desserts, and beverages, all served by the flight attendants. This era saw airlines partnering with renowned chefs to create gourmet meals that reflected the cultures of the destinations.

Today, the focus on air meals has shifted towards healthier and more diverse options. Passengers can often choose from various dietary choices, such as vegetarian, vegan, gluten-free, and even halal or kosher meals. The presentation and quality have also improved, with some airlines even offering restaurant-style dining experiences in first and business class.

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The challenge for airlines today is to balance quality with cost and *sustainability. Many airlines are exploring eco-friendly packaging and *sourcing ingredients locally to reduce their environmental footprint. In the future, we can expect further innovations in air meals as airlines strive to improve the passenger experience and cater to an increasingly health-conscious and environmentally aware customer base.

*evolution 演進 * commercial aviation 商業航空 *source 從...取得

- ()16. What does the term "air meals" refer to?
- (A) Meals provided on trains
 - (B) Meals provided on flights
 - (C) Meals provided in hospitals
 - (D) Meals provided in restaurants
- ()17. How were air meals similar to in the early days of commercial aviation?
- (A) Restaurant meals
 - (B) Home-cooked meals
 - (C) TV dinners
 - (D) Fast food
- ()18. What was a significant change in air meals during the 1960s and 1970s?
- (A) They were removed entirely.
 - (B) They include full-course options.
 - (C) They became free of charge.
 - (D) They switched to only vegetarian options.
- ()19. Which of the following is NOT mentioned as a modern option for air meals?
- (A) Vegan
 - (B) Gluten-free
 - (C) Low-carb
 - (D) Halal

- ()20. What is one challenge airlines face today regarding air meals?
- (A) Finding enough passengers
 - (B) Offering fewer meal options
 - (C) Preparing meals quickly
 - (D) Balancing quality with cost and sustainability