#### **TIFFIN**

- Idly
- Sambar & Chutney
- Rava Kichadi
- Pudhina Chutney
- Mini Othappam
- Kara Chutney
- Pongal
- Parota
- Dosa
- Ghee Roast
- Masala Dosa
- Set Dosa with Chutney & Sambar
- Appam with Veg Stew
- Ela Ada
- Puttu with Kadala Curry
- Pazham Pori (Banana Fry)
- Uzhunnu Vada (Medu Vadai)
- Kappa Puzhukku with Chammanthi
- Onion Rava Dosa
- Veg Upma
- Chola Puri with Chana Curry
- Gobi Dosa

- Idiyappam & Vadacurry
- Poori & Potato
   Masala (can be veg/non-veg side)
- Nool Puttu with Egg Curry
- Mutta Roast with Idiyappam
- Chapathi & Egg Curry
- Kappa & Fish Curry

#### LUNCH

#### **VEG**

#### Starters

- Cabbage Thoran
- Beetroot Thoran
- Beans Mezhukkupuratti
- Vendakka Fry
- Pineapple Pachadi
- Porial
- Papad
- Appalam
- Green Leaf
- Potato Masala

#### **Main Course**

- White Rice / Matta Rice
- Mango Curry
- Chapathi
- Veg Kurma
- Veg Biryani
- Sambar Rice
- Curd Rice & Pickle
- Channa Masala
- Gobi Rice
- Veg Noodles
- Rajma Curry
- Paneer Rice
- Mint Rice
- Vatha Kulambu
- Brinjal Mochai Porial
- Kootu
- Rasam
- Payasam (Dhal)
- Ada Pradhaman
- Palada Payasam
- Parippu Payasam
- Avial
- Moru Curry

#### **NON VEG**

#### **Starters**

- Fish Fry
- Beef Fry
- Beef Dry Roast
- പന്നിയിറച്ചി ഫ്രൈ
- പന്നിയിറച്ചി ഡ്രൈ റോസ്റ്റ്
- പന്നിയിറച്ചി പെപ്പർ ഫ്രൈ
- Egg Omelet
- Boiled Egg Masala
- Egg Roast
- Chemmeen Curry (Prawn)
   can serve as a semi
  - starter
- Meen Pollichathu light starter or side fry

#### **Main Course**

- White Rice / Matta Rice
- Beef Roast
- Chicken Roast
- Fish Vattichathu
- Fish Curry
- Chicken Gravy
- Beef Varattiyathu
- Chicken Varutharachathu
- Kerala Chicken Curry
- Egg Curry (Kerala Style)

#### **DINNER**

#### **VEG**

- Veg. Salad
- Roti & Pulcha
- Veg Biryani
- Gobi 65
- White Rice
- Rasam, Curd & Pickle
- Gobi Paratha with Kurma
- Jeera Rice
- Paneer 65
- Aloo Paratha with Kurma
- Veg Fried Rice
- Veg Kurma
- Onion Raitha
- Buttermilk & Pickle
- National Poriyal
- Chapathi with Green Peas Curry
- Chilli Parotta
- Veg Stew
- Kaju Katli
- Dry Jamun
- Paneer Butter Masala (can go in Veg/Non-Veg section depending on context, here Veg)

#### **NON VEG**

- Chicken Biryani
- Fish Fry
- Mutton Biryani
- Chicken 65
- Mutton Gravy
- Kerala Parotta with Chicken Curry
- Beef Varattiyathu
- Kappa Biryani (Beef & Tapioca)
- Neychoru (Ghee Rice)
   with Chicken Curry
- Fish Moilee
- Prawn Curry
- Erachi Varattiyathu (Beef Dry Fry)
- Kallappam with Mutta Curry
- Kozhi Varutharachathu
- Kozhi Pidi
- Chatti Choru (Kerala Mixed Meal)

### **OUR SPECIALS**

# VEG (Malayalam Traditional Items)

### **Main Course**

- Olan (ഓലൻ) Ash gourd and cowpeas in coconut milk
- Kaalan (കാളൻ) Curdbased dish with yam and raw banana
- Theeyal (തീയൽ) Spicy roasted coconut gravy, often with shallots or bitter gourd
- Pachadi (വച്ചടി) Sweetand-sour dish made with curd and fruits like pineapple
- Kootu Curry
   (കൂട്ടുകറി) Black
   chickpeas and yam cooked
   with coconut
- Pulissery (പുളിശ്ശേരി)
   Yogurt-based curry with mango or cucumber
- Inji Curry (ഇഞ്ചി കറി)
   Tangy-sweet ginger curry
   (a must in sadya)
- Thoran (ຜັດວາດຕີ) Stirfried veggies with grated coconut (cabbage, beans, beetroot, etc.)

# NON-VEG (Malayalam Traditional Items)

- Kozhi Varattiyathu
   (കോഴി വരട്ടിയത്)
  - Spicy dry chicken roast
- Nadan Chicken Curry (നാടൻ കോഴി കറി) – Country-style chicken curry
- Kozhi Pidi (കോഴി പിണ്ടി) – Chicken with rice dumplings
- Beef Ularthiyathu ബ്രീഫ് ഉലർത്തിയത്) – Dry roasted beef with coconut
- Beef Curry (ബീഫ് കറി)
- Meen Curry (മീൻ കറി)
   Kerala fish curry with kudampuli (tamarind)
- Meen Pollichathu (മീൻ പൊളിച്ചത്) – Fish wrapped in banana leaf and grilled
- Chemmeen Roast
   (ചെമ്മീൻ റോസ്റ്റ്) –
   Prawn roast
- Kallummakkaya Fry
   (കല്ലുമ്മക്കായ

• Erissery (എരിശ്ശേരി) – Pumpkin and beans with coconut and mild spices

# **Accompaniments**

- Pappadam (십였So)
- Chammanthi (ചമ്മന്തി)
  - Coconut chutney, mango chammanthi, etc.
- Mor (മോർ) Buttermilk spiced with curry leaves and chilli

#### **Desserts**

- Pal Payasam (പാൽ പായസം) – Milk-based payasam
- Pazham Pradhaman (പഴo പ്രധമൻ) – Banana-based sweet dish
- Wheat Payasam
   (ഗോതമ്പ് പായസം)

- **പൈ)** Mussel fry (Malabar specialty)
- Panniyirachi Varattiyathu (പന്നിയിറച്ചി വരട്ടിയത്)
- Panniyirachi Pepper Roast (പന്നിയിറച്ചി പെപ്പർ റോസ്റ്റ്)

## **DESSERT**

- Kesari
- Malabar Payasam
- Ice Cream
- Mothi Laddu
- Sweet
- Ada Pradhaman
- Palada Payasam
- Parippu Payasam
- Chakka Pradhaman
- Pazha Pradhaman
- Elaneer Pudding
- Banana Halwa
- Coconut Barfi
- Rava Ladoo
- Payasam with Vermicelli & Coconut Milk
- Kozhukatta (Sweet Rice Dumpling)
- Unniyappam
- Neyyappam

- Vanilla Pudding
- Caramel Pudding
- Chocolate Pudding
- Tender Coconut (Elaneer)
   Pudding