



# Summer Genomics Workshop

DR PERI BOLTON

17 MAY – 20 AUGUST

# Overview



Introductions  
5 min ea



Expectations



Schedule &  
Structure



Goal setting  
30 min



# Dr Peri Bolton

- ▶ Based in Washington DC
- ▶ Whole genome sequencing, GBS, RNAseq
- ▶ Conservation, evolutionary and behavioral ecology – smattering of systematics



Your turn...



# Expectations



# Overall course expectations

- ▶ Hybrid of 1 on 1 mentoring, group learning and structured activities.
- ▶ Minimum 1-2 hrs zoom time per week
- ▶ Sometimes more zoom (for tutorials etc)
- ▶ Total time spent on your project 12-14 hrs
- ▶ Communication and honesty
- ▶ Respect each other and all humans
- ▶ No grades

# Phases and Deliverables

- ▶ Week 2: Timeline and goals for the summer project
- ▶ Week 9: Paper outline
- ▶ Week 11: A Figure + Code for the Group
- ▶ Week 14: Paper draft & Presentations



# Student-mentor relationship

- ▶ You need to be prepared for the one on one meeting – drive the meeting agenda.
- ▶ I will keep up to date with your analyses and goals
- ▶ My role is to guide you and provide technical assistance, not make all your decisions and keep you organized.



# Structure and Schedule



# Regular features

## Weekly

- ▶ 1:1 meeting 1 hr on Zoom
- ▶ Weekly coding session + Q&A + Goal accountability and celebration
- ▶ Weekly writing session (recommended)

## Fortnightly (every two weeks)

- ▶ Reading group – rotating paper lead

# Other programming

- ▶ Week 1: Goal Setting (today ~ 30 min)
- ▶ Week 2: Week 4: Introduction to Unix (~ 2hrs zoom time over 2 days)
- ▶ Week 3: Gene Models and DNA Alignment
- ▶ ...
- ▶ Week 14: Writing Retreat (+ Final Presentations) TBD (4-5 days)

# Accountability Group(s)

Monday in Slack Channel – share project goals for the week

Thursday/Friday mornings (starting Week 2) 9am-1030 am

- ▶ Timed focus work session on work related to project (~ 1hr min)
- ▶ Group Q&A about work (15-30 min)
- ▶ Share progress, and how they track against your goals.
- ▶ Week 2 we will share the relevant parts of our summer timeline.



# Accountability Group(s)

## Writing accountability groups

- weekly (or daily) practice of writing for at least half an hour
- share specific writing goals (15 min), write (30 min), and share progress (15 min).
- could be for any writing project

## Longer pieces of structured work time

- Slack or Zoom
- Pomodoro method

# Reading Group

Fortnightly (every two weeks) for ~1 hr

Friday at 12pm

Papers relating to bioinformatics and genomics

Paper lead responsibilities

- ▶ Help to pick the paper (by the Monday of the same week)
- ▶ Input on discussion questions
- ▶ Keep group on track

Everybody's responsibilities:

- ▶ Read the paper!
- ▶ Put one discussion question into the slack channel prior to session time

# Reading Group

Zotero group library for papers

Let me know if you have been unable to access the papers

**This week on Friday 12pm:** Kevin leads

Received: 24 January 2018 | Revised: 23 June 2018 | Accepted: 26 June 2018




DOI: 10.1111/mec.14792

## NEWS AND VIEWS

Opinion

WILEY **MOLECULAR ECOLOGY**

## These aren't the loci you're looking for: Principles of effective SNP filtering for molecular ecologists

Shannon J. O'Leary<sup>1</sup>  | Jonathan B. Puritz<sup>2</sup>  | Stuart C. Willis<sup>1,3</sup>  |  
Christopher M. Hollenbeck<sup>4</sup> | David S. Portnoy<sup>1</sup>

# Slack



DMs plus channels

- #general

- #goals-accountability – share Monday goals, celebrate successes, coordinate working bees.

- topic specific channels

- #social – place for memes, happy hour scheduling etc.

Use Slack to ask questions – and help each other



# Goal Setting



Largely derived from the National Center for Faculty Development:  
“Semester Plan and “How to align your time with your priorities”

# This lecture

- ▶ Set medium-term goals and make a timeline for the summer
- ▶ Set a weekly schedule aligned with your goals
- ▶ End of Week 2 (Friday) draft summer goals for sharing

# Challenges

- ▶ Unstructured time
- ▶ Prioritising “urgent” but unimportant tasks.
- ▶ Varied commitments
- ▶ Lack of understanding on how long things take

# Solution

- ▶ Set short, medium-term and long-term goals
- ▶ SMART goals
- ▶ Identify and work with your needs and your most productive times
- ▶ What keeps you motivated?



# Medium term goals



# Identify Summer Goals

- ▶ Relating to this project
  - ▶ Other thesis projects
  - ▶ Personal goals
- 
- ▶ “Do genomic analyses for bioinformatics project”
  - ▶ “Write draft manuscript for bioinformatics project”

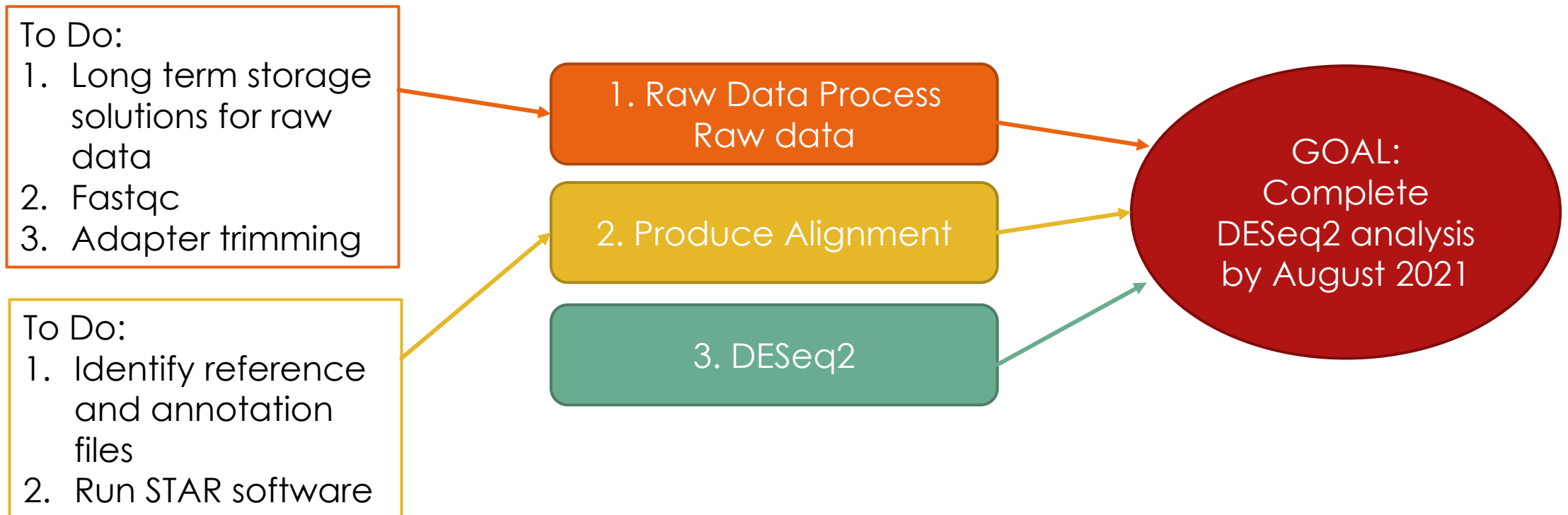
# Identify Summer Goals

- ▶ SMART Goals
- ▶ **S**pecific – what will we accomplish
- ▶ **M**easurable – (Milestone) How will we know when it's done?
- ▶ **A**tttractive – **A**ssignable, **A**ction oriented – who is doing it, what **actions**?
- ▶ **R**ealistic – is it achievable in the time-frame?
- ▶ **T**ime-oriented – deadlines and frequency of actions

“Do genomic analyses for bioinformatics project” – “Complete DESeq2 analysis by August 2021”

# Map the steps

Break the goal down into Projects and Tasks.





# For you

- ▶ Have some ideas on what analyses you would like to conduct (Proposal)
- ▶ Are they ordered? One follows another?
- ▶ Look at some genomics papers around your question to get a feel for the kinds of analyses required.
- ▶ It's okay if you don't know all the steps for the analyses now
  - ▶ This can be fleshed out
  - ▶ I will help you throughout the course to do this.

# Put it on your calendar

- ▶ Calendar reminders for target dates
- ▶ Holistic approach
  - ▶ Table
  - ▶ Gantt Chart

Week Date	Project 1 Milestone	Project 2 Milestone
1st June	Draft Timeline	Methods Sampling Section drafted
7 <sup>th</sup> June		Methods Statistical analysis drafted
...	...	...

# Gantt Chart

- ▶ Hierarchically structured
- ▶ Time bound
- ▶ Associated with to-do lists for projects

		Status	April	May					June				Jul					
Project				6th	13th	20th	27th	3rd	10th	17th	24th	1st	8th	15th	22nd	29th	5th	12th
<b>PhD</b>																		
Introduction																		
Chapter 1: Commentary																		
Chapter 2: Paternity																		
	Analysis adjustments and re-write	95%	ready to submit															
Chapter 3: Population Structure																		
	Clean new data	95%																
	Analyse new data	0%																
	Writing	50%																
Chapter 4: Historical and Contemporary Diversity																		
	Clean new data	95%																
	Analyse new data	0%																
	DiyABC analysis	0%																
	Writing	0%																
Chapter 5: Effective Population Size Estimation																		
	Clean new data																	
	Analyse new data																	
	Writing	0%																
Chapter 6: Selection and Head-colour																		
	Analysis	95-100%																
	Writing	0%																
Discussion																		
	Writing	0%																
<b>Captivity Project</b>																		
	Pilot Extractions																	
	Roll out website																	
	Roll out sampling packs																	

SMBE: Conference

# For you

- ▶ Friday Week 2 (June 4<sup>th</sup>)
- ▶ Summer Goals for Workshop (Share with the group)
- ▶ Draft timelines

# To-Do Lists

- ▶ Make them specific, time bound and achievable. Sound familiar?
- ▶ Don't set to-do list tasks like "write introduction of manuscript"
- ▶ OR: Write 1 paragraph on the introduction by Tuesday.
- ▶ OR: Write half an hour every day this week

# Aligning your time – Weekly Plan Method



# Skeleton Calendar

- ▶ Calendar
- ▶ What are the existing non-negotiable events?
  - ▶ Drs appointments
  - ▶ Family dinners
  - ▶ Teaching commitments
- ▶ 5 minutes



# To Do List

10-15 minutes

Brain dump all the tasks that need to get done.

Categorize them: Projects 1,2,3, Outreach, Personal, etc.

Are they SMART?

\* The ones aligned with your medium and long term goals.

Teaching	Research Project 1
Write Lecture for next week	Set up X analysis
Write tutorial	Write methods section on sampling

# Assessing Priority

## The Eisenhower Decision Matrix



Most medium-long term goals are Important but not Urgent.

Regularly review your goals to remind you of importance

# Scheduling

15 minutes

Schedule the starred items first

Am I being realistic?

Buffer time between tasks for “urgent important” and spillover.

What to do with the rest?

Forget it/shelve it, delegate

Renegotiate deadlines

Are my standards unrealistic?

# Last week's Calendar

	Bryaceae					
Stipend Email follow up			Candidate Genes		Course Schedule	Chris Agenda
Replot selection testing results	Module Overlap					Birds virtual coffee hour; http
				Womxn's WAG working bee	Dustin Meeting URL: https:/	Dustin; https;
						Peri & Chris
			SI Bioinformatics brown bag	VZ Fellows Lunch Hawkins, Mel	VZ fellows lunch https://smiths	
Manakin Pls email						PPDG -3rd Friday of every Month https://zoom.us/j/4823391317?
Integrate Outline Comments	WAG Pomodoro by Slack Text peri.bolt	Write: Basic Results & Method Overlap Analysis		Alignment Tutorial	Pipra Peeps Agenda	WAG Pomodoro by Slack Text peri.bolton@
					Lab Meeting NSF Zoom	Pipra Peeps Meeting peri.bolton@
Review and Revise Paper Plan						commit-sha

# Resources

<https://www.sciencemag.org/careers/2013/12/goal-setting-strategies-scientific-and-career-success>

<https://irp.nih.gov/blog/post/2016/07/using-smart-goals-to-make-scientific-progress>

<https://www.facultydiversity.org/webinars/summerplan21>

<https://www.facultydiversity.org/webinars/21sundaymeet>

## Software:

Trello – checklists and hierarchical structures

Google Keep – Simple checklists

OneNote...

Pen and Paper



Questions?