

# An introduction to predicting exposures and outcomes using omic biomarkers

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## Dr Matthew Suderman



**Originally from:** Abbotsford, Canada  
**Interested in:** using epigenetic data to identify associations with environment and lifestyle in order to better understand how they affect long-term health

## Dr Paul Yousefi



**Originally from:** San Jose, California, USA  
**Interested in:** impact of the social factors and environmental chemical exposures on the DNA methylome, particularly during susceptible periods of development  
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## Thomas Battram



**Originally from:** Isle of Wight, UK  
**Interested in:** applying methods developed in genetics to inform us about epigenetic architecture of complex traits  
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## Nancy McBride



**Originally from:** North of England  
**Interested in:** how omics can be used to better predict and understand adverse pregnancy outcomes  
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# Introduction to the omics

- Omics = technologies used to detect genes and biological molecules such as proteins and metabolites in a biological sample
- Used to explore their roles, relationships and actions in cells

**Metabolome**



**Metabolomics**

Proteome



Proteomics

Transcriptome



Transcriptomics

**Epigenome**



**Epigenomics**

**Genome**



**Genomics**



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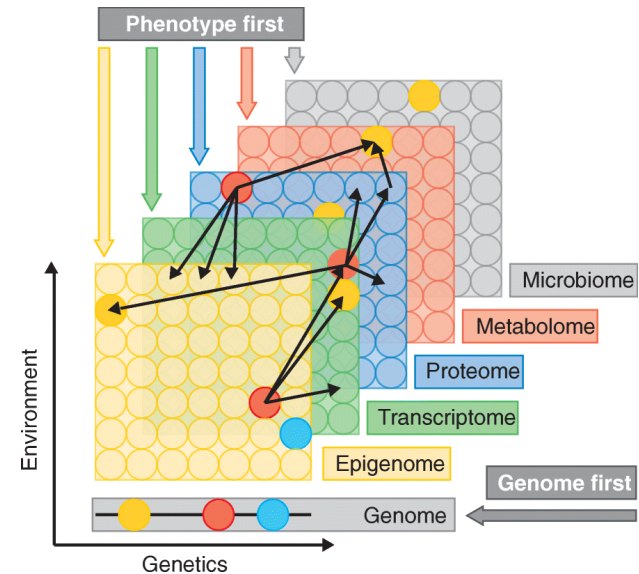


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# Integration of the omics

- Understanding the relations between various omics data and phenotype = **one of the current major challenges in biology**
- Can be addressed by using joint observations to predict phenotype value from the omics
- Complex interactions of many functional elements and the environment produces the phenotype
- **This is increasingly essential in understanding non-communicable disease**



Layers depict different types of omics. Circles = molecules. Thin arrows = potential interactions or correlations detected between molecules in different layers. Thick arrows = different potential starting for consolidating multiple omics data to understand disease.

<https://doi.org/10.1186/s13059-017-1215-1>

# Omics for prediction

- The omics data generated from these technologies are high-dimensional and correlated
- Different computational and statistical analyses of these data can be used to identify risk factors for different diseases or to build autonomous disease prediction models
- However, few studies show enough predictive ability to be implemented into clinics or public health domains

# Workshop outline

- Introduction
- Omic data – genetic, epigenetic and metabolite
- Prediction – methodology
- Prediction – demonstration
- Examples and case studies