



Sara Dawe has suffered from body-focused repetitive behavior for years but has only recently discovered the diagnosable condition as a friend of hers, Jennifer, was recently diagnosed. The friend confided in Sara about the condition as the friend had seen some signals with Sara's behavior. Sara is a full time undergrad student with a ton of daily stress. She has been hiding her hair pulling by constantly wearing hats and decides to speak with her doctor about the condition. She is embarrassed of her appearance but knows she won't be able to stop this alone and reaches out to her friends and professionals.



