

# cidesd 2014

INTERNATIONAL CONGRESS OF  
EXERCISE AND SPORTS PERFORMANCE

## CERTIFICATE participant

This is to certify that **Hugo Gonçalo Duarte Louro**, attended to the International Congress of Exercise and Sports Performance, held at the Polytechnic Institute of Guarda (Portugal), from the 14<sup>th</sup> to the 15<sup>th</sup> November 2014.

Polytechnic Institute of Guarda, 15<sup>th</sup> November 2014

President of the Polytechnic Institute of Guarda

(Ph.D. Constantino Mendes Rei)



**IPG**

**Politécnico  
da Guarda**  
Polytechnic  
of Guarda



**cidesd**

Centro de Investigação em Desporto, Saúde e Desenvolvimento Humano  
Research Center in Sports, Health and Human Development