

# Barcelona

## COMMUNICATION CERTIFICATE

The scientific communication entitled

EFFECTS OF RESISTANCE TRAINING ON BODY COMPOSITION AND MUSCLE STRENGTH IN OLDER WOMEN

whose authors are

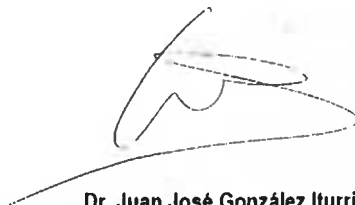
Irto, Fernandes, Louro, Conceição.

has been presented at

XXX FIMS World Congress of Sports Medicine,  
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Walter Frontera  
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Dr. Juan José González Iturri  
FEMEDE President



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