

SPRAY TAN GUIDE

The Beauty Box
KNEB WORTH

PRE TAN CARE

- ✈ Shave or use a depilatory cream to remove any unwanted body hair at least 24 hours prior to treatment.
- ✈ On the day of your treatment, shower but do not apply perfume, body oils or moisturizers to the skin (unless you have exceptionally dry skin) as these products create a barrier to the tan.
- ✈ Wear dark, loose clothing to and from your treatment to avoid interference with the tan while developing and staining on clothing. Dark coloured flip-flops are also advisable.
- ✈ Bring with you a hair tie, lip balm, black cotton underwear (if required) and loose dark shoes.

**DO NOT WEAR TIGHT FITTING JEANS/
SHORTS/SHOES OR LIGHT SYNTHETIC
FABRICS!**

ON ARRIVAL FOR YOUR TREATMENT

- ✈ Remove make-up and deodorant with wet wipes.
- ✈ Tie hair up away from your face and neck and cover hair with net provided.
- ✈ Remove contact lenses, clothing, shoes and jewellery and change into your cotton underwear or provided disposable underwear.
- ✈ Barrier cream will be applied to your hands, elbows, knees and feet by your Spray Tan Technician and sticky feet pads are applied to the soles of the feet.

POST TAN CARE AND MAINTENANCE

- ✈ Avoid activities that may cause sweating and contact with water which could result in lines or uneven tanning.
- ✈ Cover bedding with dark sheets if you plan to allow your tan to develop over night (the tan will wash off natural fibres).
- ✈ At least 8 hours after application, have a cool shower using a non abrasive light shower gel.
- ✈ When drying, remember to pat rather than rub the skin and apply a moisturiser to keep the skin hydrated.
- ✈ Your own skin tone will determine the depth of colour achieved by your treatment. The treatment must remain on the skin for a minimum of 6-8 hours to allow development.
- ✈ Remember to moisturise twice a day and start to gently exfoliate after 3 days to help the tan fade naturally.
- ✈ To prolong the life of your tan avoid contact with chlorine and avoid excessive sweating.
- ✈ Sunscreen should still be worn daily to prevent sun exposure.
- ✈ The use of some face masks, anti-aging, acne products, hair removal creams and plasters can affect the result of the treatment.
- ✈ If you have any further questions or concerns regarding your treatment, please contact us.

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