



Dashboard



Profile



Goals

3



Products



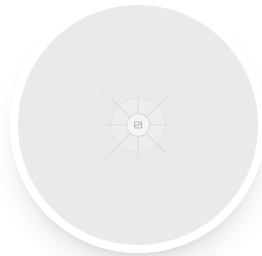
Integrations

5

Personal Profile

Manage your health information and preferences

 Edit Profile



Sarah Johnson

 Age

35

years old

 BMI

22.6

Normal

 Height & Weight

5'6"

140 lbs

Health Information

Medical Conditions

Mild asthma, controlled with inhaler Seasonal allergies

Allergies

Peanuts, shellfish, pollen

Medications & Supplements

Albuterol inhaler (as needed) Vitamin D3 (2000 IU daily) Omega-3 fish oil

Lifestyle & Routine

Wake-up Time

06:30

Bedtime

22:30

Fitness Level

Moderately Active

Lifestyle Tags

Tags help us personalize your experience and connect you with relevant insights

Lifestyle Tags

Runner

Early Bird

Yoga Practitioner

Meditation

Outdoor Enthusiast