

SMART BAR

Barrita nutricional Chocolate Supreme



Una combinación fantástica de sabor y nutrientes de calidad... ¡para disfrutar en cualquier sitio!

La barrita Smart Bar de Lifeplus contiene una combinación especial de hidratos de carbono, grasas, proteínas y fibras dietéticas naturales, sin alcoholes de azúcar, grasas trans ni edulcorantes artificiales, y es un tentempié delicioso.

El magnesio, el calcio y la vitamina D favorecen una función muscular sana; las proteínas contribuyen al mantenimiento de la masa muscular; y las vitaminas B-12, B-2 y B-6, así como la niacina, ayudan a reducir el cansancio y la fatiga. Las barritas Smart Bar contienen también hierro, que interviene en el transporte del oxígeno a través del cuerpo, como, por ejemplo, a los músculos durante la realización de ejercicio.

Nutrition Facts			
Serving Size		1 Bar (50g)	
Servings Per Container		12	
Amount Per Serving			
Calories		206	
	% Daily Value		% Daily Value
Total Fat 7.8 g	10%	Total Carbohydrates 25.6 g	10%
Saturated Fat 3.2 g	15%	Dietary Fiber 5.6 g	20%
Trans Fat 0 g		Sugars 17.3 g	
Cholesterol 16 mg	5%	Includes 17.3 Added Sugars	25%
Sodium 120 mg	5%	Protein 11.5 g	25%
Vitamin D 0.5 mcg	2%	• Calcium 160 mg	15%
Potassium 235 mg	6%	• Vitamin A 80 mcg RAE	8%
Vitamin E 1.8 mg	10%	• Vitamin K 8 mcg	10%
Riboflavin 0.14 mg	10%	• Niacin 1.6 mg	8%
Folate 50 mcg DFE	8%	• Vitamin B-12 0.25 mcg	4%
Pantothenic Acid 0.6 mg	6%	• Phosphorus 147 mg	15%
Magnesium 56 mg	15%	• Zinc 1 mg	6%
Copper 0.11 mg	6%	• Manganese 0.2 mg	10%
Molybdenum 5 mcg	6%	• Iron 1.4 mg	8%
		• Vitamin C 8 mg	15%
		• Thiamin 0.11 mg	8%
		• Vitamin B-6 0.14 mg	8%
		• Biotin 4 mcg	2%
		• Iodine 15 mcg	10%
		• Selenium 5.7 mcg	8%
		• Chromium 4 mcg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Dark Chocolate 16% (Cocoa Mass, Sugar, Cocoa Butter, Anhydrous Milk Fat, Emulsifier: Soya Lecithin, Vanilla Natural Flavoring), Milk Proteins, Apple Juice Concentrate, Oligofructose, Almond Butter, Soy Proteins, Fat-Reduced Cocoa and Cocoa Powders, Apple Puree Concentrate, Fructose Syrup, Sugar, Butter, Eggs, Chocolate 2% (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: Soya Lecithin, Vanilla Natural Flavoring), Fructose, Dark Chocolate 1.4% (Sugar, Cocoa Mass, Cocoa Butter, Fat-Reduced Cocoa Powder, Emulsifier: Soya Lecithin, Vanilla Natural Flavoring), Wheat Flour, Minerals (Calcium Phosphate, Sodium Citrate, Magnesium Oxide, Ferrous Sulfate, Zinc Oxide, Manganese Sulfate, Chromium III Chloride, Sodium Selenite, Sodium Molybdate, Potassium Iodide), Starch, Natural Cocoa Flavoring With Other Natural Flavorings, Vitamin C (L-Ascorbic Acid), Vitamin E (DL-Alpha-Tocopheryl Acetate), Niacin (Nicotinamide), Vitamin A (Retinyl Acetate), Pantothenic Acid (Calcium D-Pantothenate), Biotin, Vitamin B12 (Cyanocobalamin), Vitamin D (Cholecalciferol), Vitamin B-6 (Pyridoxine HCl), Riboflavin (Vitamin B-2), Thiamine HCl (Vitamin B-1), Folic Acid (Phytomenadione), Maltodextrins.

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ALLERGY INFORMATION: This product contains ingredients from milk, soya, eggs, tree nuts (almonds), and wheat (which may contain gluten), and may contain traces of peanuts, sulfites, sesame, lupin and nuts.

As with all nutrition products, please consult your physician prior to taking if you are pregnant or attempting to become pregnant, breast-feeding, under a doctor's care or taking prescription medication.

DIRECTIONS: One Lifeplus Smart Bar, one to four times per day.

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