

Characteristic	Placebo N = 106	Intervention N = 106	p	q-value
<b>Module 1 (post)</b>			0·45	>0·99
Mean (SD)	-3 (7)	-2 (8)		
Median (Q1, Q3)	-3 (-6, 1)	-2 (-7, 3)		
Min, Max	-30, 17	-37, 16		
<b>Module 2 (post)</b>			0·33	>0·99
Mean (SD)	1 (8)	0 (7)		
Median (Q1, Q3)	1 (-3, 5)	-1 (-4, 4)		
Min, Max	-33, 46	-24, 18		
Missing	15	22		
<b>Module 3 (post)</b>			0·85	>0·99
Mean (SD)	-3 (9)	-2 (7)		
Median (Q1, Q3)	-2 (-5, 1)	-2 (-6, 2)		
Min, Max	-55, 17	-19, 24		
Missing	31	38		
<b>Module 4 (post)</b>			0·44	>0·99
Mean (SD)	0·3 (6·3)	-0·7 (5·4)		
Median (Q1, Q3)	0·0 (-3·0, 4·0)	0·0 (-4·5, 3·0)		
Min, Max	-19·0, 21·0	-12·0, 11·0		
Missing	38	46		
<b>Module 5 (post)</b>			0·88	>0·99
Mean (SD)	1·0 (8·4)	0·9 (7·1)		
Median (Q1, Q3)	2·0 (-4·0, 4·0)	0·0 (-3·0, 3·0)		
Min, Max	-24·0, 29·0	-16·0, 32·0		
Missing	51	56		
<b>Module 6 (post)</b>			0·76	>0·99
Mean (SD)	0·3 (4·3)	-0·6 (5·5)		
Median (Q1, Q3)	-1·0 (-3·0, 3·0)	0·0 (-4·0, 3·0)		
Min, Max	-7·0, 13·0	-22·0, 9·0		
Missing	53	64		

Abbreviation: Q1 = 25th percentile, Q3 = 75th percentile, p<sub>adj</sub> = Holm-Bonferroni adjusted p.