Characteristic	Intervention N = 108	Placebo N = 113	p-hat	95% CI	t	p-value	q-value
Module 1 (advised: 4 hours)			0·478	0.402, 0.555	-0·564	0·57	>0·99
Mean (SD)	22 (54)	10 (24)					
Median (Q1, Q3)	0 (0, 16)	0 (0, 8)					
Min, Max	0, 384	0, 135					
Module 2 (advised: 4 hours)			0·442	0.361, 0.526	-1·35	0·18	0·89
Mean (SD)	6 (17)	5 (14)					
Median (Q1, Q3)	0 (0, 4)	0 (0, 0)					
Min, Max	0, 103	0, 87					
Missing	16	19					
Module 3 (advised: 4 hours)			0·444	0.354, 0.538	-1·17	0·24	0·96
Mean (SD)	17 (60)	6 (23)					
Median (Q1, Q3)	0 (0, 7)	0 (0, 1)					
Min, Max	0, 477	0, 175					
Missing	34	33					
Module 4 (advised: 4 hours)			0·488	0.39, 0.588	-0·228	0·82	>0·99
Mean (SD)	5 (12)	3 (9)					
Median (Q1, Q3)	0 (0, 2)	0 (0, 0)					
Min, Max	0, 64	0, 42					
Missing	45	40					
Module 5 (advised: 4 hours)			0·415	0.312, 0.526	-1·50	0·13	0·80
Mean (SD)	12 (27)	2 (9)					
Median (Q1, Q3)	0 (0, 9)	0 (0, 0)					
Min, Max	0, 120	0, 61					
Missing	55	54					
Module 6 (advised: 4 hours)			0·485	0.368, 0.603	-0·249	0·80	>0·99
Mean (SD)	5 (15)	3 (11)					
Median (Q1, Q3)	0 (0, 0)	0 (0, 0)					
Min, Max	0, 76	0, 64					
Missing	66	58					

Abbreviations: *95% CI* = Confidence interval of the estimated relative effect, *Q1* = 25th percentile, *Q3* = 75th percentile, *p-hat* = estimated relative effect, *q-value* = Holm-Bonferroni adjusted p-value, *t* = Brunner–Munzel test statistic for unpaired samples