

<b>Characteristic</b>	<b>Placebo N = 98</b>	<b>Intervention N = 97</b>	<b>p</b>	<b>q-value</b>
<b>Module 1 (post)</b>				
Median (Q1 – Q3)	1 (-3 – 5)	3 (-2 – 8)	0·025	0·13
<b>Module 2 (post)</b>				
Median (Q1 – Q3)	0 (-4 – 3)	1 (-2 – 4)	0·059	0·18
Missing	16	15		
<b>Module 3 (post)</b>			0·39	0·39
Median (Q1 – Q3)	0·0 (-2·0 – 4·0)	0·0 (-3·0 – 2·0)		
Missing	24	29		
<b>Module 4 (post)</b>			0·19	0·39
Median (Q1 – Q3)	0·0 (-2·0 – 4·0)	-1·0 (-5·0 – 2·0)		
Missing	32	39		
<b>Module 5 (post)</b>			0·036	0·14
Median (Q1 – Q3)	0·0 (-2·0 – 4·0)	2·0 (0·0 – 6·0)		
Missing	43	50		

Abbreviation: Q1 = 25th percentile, Q3 = 75th percentile, SD = Standard deviance, p<sub>adj</sub> = Holm-Bonferroni adjusted p.