

Characteristic	Placebo N = 106	Intervention N = 106	p-hat	95% CI	t	p-value	q-value
Module 1 (post)			0.530	0.452, 0.607	0.748	0.45	>0.99
Mean (SD)	-3 (7)	-2 (8)					
Median (Q1, Q3)	-3 (-6, 1)	-2 (-7, 3)					
Min, Max	-30, 17	-37, 16					
Module 2 (post)			0.457	0.373, 0.543	-0.985	0.33	>0.99
Mean (SD)	1 (8)	0 (7)					
Median (Q1, Q3)	1 (-3, 5)	-1 (-4, 4)					
Min, Max	-33, 46	-24, 18					
Missing	15	22					
Module 3 (post)			0.491	0.397, 0.585	-0.191	0.85	>0.99
Mean (SD)	-3 (9)	-2 (7)					
Median (Q1, Q3)	-2 (-5, 1)	-2 (-6, 2)					
Min, Max	-55, 17	-19, 24					
Missing	31	38					
Module 4 (post)			0.460	0.363, 0.561	-0.768	0.44	>0.99
Mean (SD)	0.3 (6.3)	-0.7 (5.4)					
Median (Q1, Q3)	0.0 (-3.0, 4.0)	0.0 (-4.5, 3.0)					
Min, Max	-19.0, 21.0	-12.0, 11.0					
Missing	38	46					
Module 5 (post)			0.491	0.381, 0.602	-0.152	0.88	>0.99
Mean (SD)	1.0 (8.4)	0.9 (7.1)					
Median (Q1, Q3)	2.0 (-4.0, 4.0)	0.0 (-3.0, 3.0)					
Min, Max	-24.0, 29.0	-16.0, 32.0					
Missing	51	56					
Module 6 (post)			0.481	0.362, 0.602	-0.306	0.76	>0.99
Mean (SD)	0.3 (4.3)	-0.6 (5.5)					
Median (Q1, Q3)	-1.0 (-3.0, 3.0)	0.0 (-4.0, 3.0)					
Min, Max	-7.0, 13.0	-22.0, 9.0					
Missing	53	64					

Abbreviations: , 95% CI = Confidence interval of the estimated relative effect, Q1 = 25th percentile, Q3 = 75th percentile, *p-hat* = estimated relative effect, *q-value* = Holm-Bonferroni adjusted p-value, *t* = Brunner–Munzel test statistic for unpaired samples