

Characteristic	Intervention N = 108	Placebo N = 113	p	q-value
Module 1 (advised: 28 days)			0·053	0·24
Mean (SD)	114 (110)	87 (76)		
Median (Q1, Q3)	69 (43, 151)	58 (36, 112)		
Min, Max	24, 691	23, 506		
Missing	2	7		
Module 2 (advised: 56 days)			0·25	0·30
Mean (SD)	162 (126)	145 (104)		
Median (Q1, Q3)	116 (78, 193)	103 (71, 192)		
Min, Max	58, 704	56, 635		
Missing	23	22		
Module 3 (advised: 84 days)			0·10	0·30
Mean (SD)	210 (135)	185 (111)		
Median (Q1, Q3)	165 (121, 250)	152 (103, 229)		
Min, Max	88, 938	84, 521		
Missing	38	37		
Module 4 (advised: 112 days)			0·048	0·24
Mean (SD)	260 (138)	223 (122)		
Median (Q1, Q3)	226 (153, 336)	189 (140, 248)		
Min, Max	117, 890	113, 667		
Missing	46	44		
Module 5 (advised: 140 days)			0·028	0·17
Mean (SD)	325 (161)	258 (113)		
Median (Q1, Q3)	290 (186, 418)	228 (177, 279)		
Min, Max	152, 919	141, 649		
Missing	58	58		
Module 6 (advised: 168 days)			0·13	0·30
Mean (SD)	363 (181)	309 (152)		
Median (Q1, Q3)	329 (208, 441)	259 (208, 347)		
Min, Max	174, 965	162, 901		
Missing	66	58		
Abbreviation: Q1 = 25th percentile, Q3 = 75th percentile, p _{adj} = Holm-Bonferroni adjusted p.				