

Characteristic	Intervention N = 108	Placebo N = 113	p-hat	95% CI	t	p-value	q-value
Module 1 (advised: 28 days)			0·425	0·351, 0·503	-1·88	0·061	0·28
Mean (SD)	114 (110)	87 (76)					
Median (Q1, Q3)	69 (43, 151)	59 (36, 113)					
Min, Max	24, 691	23, 506					
Missing	2	6					
Module 2 (advised: 28 days)			0·486	0·401, 0·572	-0·316	0·75	>0·99
Mean (SD)	71 (61)	66 (56)					
Median (Q1, Q3)	46 (33, 79)	44 (33, 75)					
Min, Max	25, 312	22, 390					
Missing	24	22					
Module 3 (advised: 28 days)			0·407	0·319, 0·502	-1·92	0·056	0·28
Mean (SD)	73 (52)	61 (44)					
Median (Q1, Q3)	57 (36, 90)	42 (31, 74)					
Min, Max	27, 308	24, 246					
Missing	39	38					
Module 4 (advised: 28 days)			0·382	0·29, 0·483	-2·28	0·022	0·13
Mean (SD)	73 (60)	51 (34)					
Median (Q1, Q3)	46 (33, 90)	37 (30, 50)					
Min, Max	25, 324	24, 173					
Missing	47	45					
Module 5 (advised: 28 days)			0·495	0·384, 0·606	-0·095	0·92	>0·99
Mean (SD)	62 (46)	56 (34)					
Median (Q1, Q3)	44 (34, 83)	44 (33, 73)					
Min, Max	23, 223	28, 186					
Missing	58	58					
Module 6 (advised: 28 days)			0·398	0·289, 0·518	-1·67	0·094	0·28
Mean (SD)	43 (41)	38 (43)					
Median (Q1, Q3)	33 (22, 46)	27 (22, 35)					
Min, Max	15, 279	14, 317					
Missing	66	60					

Abbreviations: 95% CI = Confidence interval of the estimated relative effect, Q1 = 25th percentile, Q3 = 75th percentile, p-hat = estimated relative effect, q-value = Holm-Bonferroni adjusted p-value, t = Brunner-Munzel test statistic for unpaired samples