| Characteristic | Intervention N = 108 | Placebo N = 113 | p-hat | 95% CI | t | p-value | q-value |
|---|---|---|---|---|---|---|---|
| **Module 1 (advised: 28 days)** | | | 0·423 | 0.348, 0.501 | -1·93 | 0·053 | 0·24 |
| Mean (SD) | 114 (110) | 87 (76) | | | | | |
| Median (Q1, Q3) | 69 (43, 151) | 58 (36, 112) | | | | | |
| Min, Max | 24, 691 | 23, 506 | | | | | |
| Missing | 2 | 7 | | | | | |
| **Module 2 (advised: 56 days)** | | | 0·450 | 0.366, 0.535 | -1·15 | 0·25 | 0·30 |
| Mean (SD) | 162 (126) | 145 (104) | | | | | |
| Median (Q1, Q3) | 116 (78, 193) | 103 (71, 192) | | | | | |
| Min, Max | 58, 704 | 56, 635 | | | | | |
| Missing | 23 | 22 | | | | | |
| **Module 3 (advised: 84 days)** | | | 0·421 | 0.332, 0.515 | -1·65 | 0·10 | 0·30 |
| Mean (SD) | 210 (135) | 185 (111) | | | | | |
| Median (Q1, Q3) | 165 (121, 250) | 152 (103, 229) | | | | | |
| Min, Max | 88, 938 | 84, 521 | | | | | |
| Missing | 38 | 37 | | | | | |
| **Module 4 (advised: 112 days)** | | | 0·399 | 0.307, 0.499 | -1·97 | 0·048 | 0·24 |
| Mean (SD) | 260 (138) | 223 (122) | | | | | |
| Median (Q1, Q3) | 226 (153, 336) | 189 (140, 248) | | | | | |
| Min, Max | 117, 890 | 113, 667 | | | | | |
| Missing | 46 | 44 | | | | | |
| **Module 5 (advised: 140 days)** | | | 0·373 | 0.272, 0.486 | -2·19 | 0·028 | 0·17 |
| Mean (SD) | 325 (161) | 258 (113) | | | | | |
| Median (Q1, Q3) | 290 (186, 418) | 228 (177, 279) | | | | | |
| Min, Max | 152, 919 | 141, 649 | | | | | |
| Missing | 58 | 58 | | | | | |
| **Module 6 (advised: 168 days)** | | | 0·408 | 0.298, 0.528 | -1·51 | 0·13 | 0·30 |
| Mean (SD) | 363 (181) | 309 (152) | | | | | |
| Median (Q1, Q3) | 329 (208, 441) | 259 (208, 347) | | | | | |
| Min, Max | 174, 965 | 162, 901 | | | | | |
| Missing | 66 | 58 | | | | | |

Abbreviation: Q1 = 25th percentile, Q3 = 75th percentile, 95% CI = Confidence interval of the estimated relative effect, p-hat = estimated relative effect, t = Brunner–Munzel test statistic for unpaired samples, q-value = Holm-Bonferroni adjusted p-value.