

Characteristic	Overall N = 221¹	Intervention N = 108¹	Placebo N = 113¹
Major depressive syndrome			
No	209 (95%)	102 (94%)	107 (95%)
Yes	12 (5·4%)	6 (5·6%)	6 (5·3%)
Other depressive syndromes			
No	201 (91%)	96 (89%)	105 (93%)
Yes	20 (9·0%)	12 (11%)	8 (7·1%)
Panic syndrome			
No	216 (98%)	106 (98%)	110 (97%)
Yes	5 (2·3%)	2 (1·9%)	3 (2·7%)
Other anxiety syndromes			
No	218 (99%)	105 (97%)	113 (100%)
Yes	3 (1·4%)	3 (2·8%)	0 (0%)
Bulimia nervosa			
No	221 (100%)	108 (100%)	113 (100%)
Yes	0 (0%)	0 (0%)	0 (0%)
Binge eating			
No	213 (96%)	105 (97%)	108 (96%)
Yes	8 (3·6%)	3 (2·8%)	5 (4·4%)
Alcohol syndrome			
No	210 (95%)	102 (94%)	108 (96%)
Yes	11 (5·0%)	6 (5·6%)	5 (4·4%)
Somatoform syndrome			
No	204 (92%)	100 (93%)	104 (92%)
Yes	17 (7·7%)	8 (7·4%)	9 (8·0%)
Psychosocial functioning			
Not difficult at all	0 (NA%)	0 (NA%)	0 (NA%)
Somewhat difficult	0 (NA%)	0 (NA%)	0 (NA%)
Very difficult	0 (NA%)	0 (NA%)	0 (NA%)
Extremely difficult	0 (NA%)	0 (NA%)	0 (NA%)
Missing	221	108	113

¹ n (%)