Jeremy Kun gives a canonical bijection between $\binom{n+1}{2}$ and a discrete tringle of length n, as seen below.

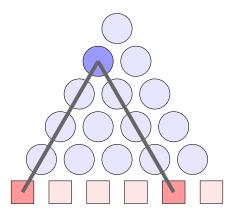


Figure 1: Bijection that maps a point on the triangle with side length 5 to a 2-subset of [5 + 1].

Question. Is there a similar "projection" that bijects a point on the discrete tetrahedron to a 3-subset of [n + 2]?

Note. Misha Lavrov gives a potential function to the question on Math Stack Exchange.

Related.

1. More generally is there a bijection from the k-simplex to a k-subset of [n + k - 1]?

References.

https://jeremykun.com/2011/10/02/n-choose-2/

https://math.stackexchange.com/a/2468687/121988