

10 Ways to use



Career Services
UNIVERSITY of PENNSYLVANIA

as an International Student/Postdoc

1

Activate your [Handshake](#) account and complete your profile by filling out your education, experiences, and career interests to receive customized information on programs/events tailored to your career goals. Make your profile “public” so employers and other Penn students can connect with you.*

2

Visit [Interstride](#), a platform built specifically for international students to support your career and immigration journey. Find listings of international student-friendly jobs, online webinars, visa resources, and data on sponsoring employers.*

3

ISSS

[Connect with your advisor at ISSS](#) and discuss your options for working on campus, getting an internship, and applying for your pre- and post-graduation work authorization. Use this information to create a timeline for when you need to be applying/submitted documents for work permission.*

4

Find answers to your questions about different career fields by networking. Update your LinkedIn profile and learn how to use [the LinkedIn alumni tool](#) to engage with >200,000 Penn alumni/current students; for a [Penn-specific network](#), use [myPenn](#). Take a [free professional headshot](#) at Career Services’ office.*

5

Take advantage of your free access to [LinkedIn Learning](#) to update your technical and professional skills relevant to your future careers.*

6

NACE
National Association of
“Reges and Employers”

Learn about career paths of Penn graduates by looking at the [Career Plans Survey data](#) to see whether these align with your skills, interests, and values. Use the interactive data on [U.S. Employers Hiring International Penn Students](#) to explore your options.

7

Sign into the [Career Services website](#) with your PennKey and set up your industry/affinity preferences to receive a relevant weekly newsletter with jobs, events, and resources. Visit the [international students’ community page](#) to get specific information on career tools and resources for international students.*

8

Search for [in-person or virtual events on Handshake](#), including workshops, panels, career fairs, employer info sessions, coffee chats, and tech talks. Watch recorded workshops and more on the [Career Services YouTube channel](#). Follow and subscribe to get notified of new content.*

9

[Schedule a 1-on-1 advising appointment](#) with a Career Advisor through Handshake to discuss your future career goals and plan next steps.*

10

Interested in [applying to graduate or professional school](#)? Get specific advice on eligibility, timelines, and application materials from one of our advisors on the [Pre-Graduate Advising team through Handshake](#).*

*Resources will be available upon arrival with PennKey activation

To access all the links:



<https://bit.ly/3KWYUan>

ESSENTIAL RESOURCES

Career Exploration & Employer/Industry

Interstride: an all-in-one platform for international students with jobs listings sortable by visa type, information on which companies sponsor for which positions, regular webinars and events for international students on job search and visa issues, and a way to easily network with other international Penn students and alumni*

GoinGlobal: includes a searchable H-1B database of employers who have sponsored international employees*

CareerExplorer: a skills assessment platform to support your career exploration*

Beyond Graduate School: a complete career development platform specifically for Master's students*

PhD Career Training Platform: a complete career development platform specifically for PhD students/postdocs*

Forage: self-paced, virtual work experience programs which replicate work at top companies

CareerShift: a robust company and contact database to facilitate networking (video overview [here](#))*

Vault Career Guides*

First Destination Surveys for Graduate Students

U.S. Employers Hiring International Penn Students

Networking

Free professional headshots*

MyPenn (video overview [here](#))*

Penn alumni on LinkedIn (video overview [here](#))*

LinkedIn Masterclass*

Informational Interviewing Guide for Graduate Students/Postdocs

Cultivating Professional Connections

Resume/Cover Letter

Vault Resume Guide*

Big Interview Resume Video Curriculum*

Resume Guide for Design Students

Cover Letter Guide for Design Students

Targeted Resume: a tool to tailor your resume for each job
(video overview [here](#))*

Interviewing & Negotiating

Interviewing Guide for Graduate Students/Postdocs*

Big Interview (video overview [here](#))*

Management Consulted: practice for consulting case interviews*

Exponent: prepare for tech interviews in product management, engineering, and more*

Negotiation Guide for Graduate Students and Postdocs

General Career Resources

Career Services Website

Handshake*

The Wardrobe: obtain new or gently used professional clothing for free, courtesy of Penn University Life*

Upcoming Career Fairs

Penn Career Services YouTube channel

Best Practices for International Students on the US Job Search

International Student Resources from the Grad Center

ISSS (International Student & Scholar Services)*

E-Verify: information on companies participating in the E-verify process to be eligible for STEM OPT extension*

LinkedIn Learning (click "Get Service" on this page)*

International students' community page on Penn Career Services website

Applying to Graduate School

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