



**Penn Campus Recreation strives to promote holistic wellbeing through diverse, high-quality programs and facilities that create an inclusive environment for all membership of the Penn Community**

## PROGRAMS

- Aquatics
  - Lap Swim
  - Swim Lessons\*
- Adventure
  - Climbing Wall
  - Trips\*
- Competitive Sports
  - Intramural Sports
  - Sport Clubs
- Fitness & Wellbeing
  - Group Ex\*
  - Personal Training\*
  - Pilates\*

**\* Fee Based Program**

## SOCIAL MEDIA

**Follow us on Social Media for updates!**



# MEMBERSHIP INCLUDES



- Access To Two Facilities
- Access to Franklin Field Track
- Climbing Wall
- Swimming Pool
- Sports Programming
- Multiple Fitness Studios
- Multi-Use Courts
- Locker Rooms
- Recovery Lounge
- Recovery Room\*
- Equipment Checkout
- Fitness Classes\*



Scan QR Code to learn  
more about Penn Rec!

