

Peter L. Phalen, PsyD
BRIEF CURRICULUM VITAE

EDUCATION

- 2013-2018 **University of Indianapolis**
Indianapolis, Indiana
APA Accredited
Doctorate in Clinical Psychology
Master of Arts awarded in 2016
Advisor: Dr. Debbie Warman
- 2006-2010 **Reed College**
Portland, Oregon
Bachelor of Arts in Philosophy
Degree awarded: May 2010
Thesis advisor: Dr. Mark Hinchliff

INTERNSHIP TRAINING

- 2017-2018 **VA Maryland Health Care System/University of Maryland School of Medicine**
Psychology Internship Consortium
Serious Mental Illness track
Outstanding Intern Award

LICENSURE

- 2019-present **Psychologist, License #06339**
Department of Health, State of Maryland

SELECTED PROGRAMMING PORTFOLIO

R (statistical programming)

- [Complex survey designs](#)
- [Data visualization](#)
- Bayesian multilevel modeling:
 - [Baltimore Ceasefire](#)
 - [Opiate crisis](#)

Java (android applications)

- [Metadata](#)
- [Archives + Absences](#)
- [Breadcrumbs](#)

Javascript/HTML/CSS

- [Humanize chrome extension](#)
- [Personal website](#)

GRANT FUNDING

VISN 5 VA Capitol Healthcare Network MIRECC. Suicidality among patients with psychosis, **Peter L. Phalen, PsyD** (Principal Investigator), \$24,089 (total direct costs), 09/01/19-11/30/20.

The goal of this project is to gain insight into the nature and course of suicidality in psychosis and identify potential treatment gaps. Part one is a quantitative assessment of suicidality in people with psychosis and its relationship with theoretically important constructs including emotion dysregulation. Part two is a qualitative component to understand how emotion dysregulation is currently addressed in treatment for people with psychosis and identify potential treatment gaps.

PEER-REVIEWED PUBLICATIONS

- Ryan, A., **Phalen, P.**, Jahn, D., Wastler, H., Bennett, M., Ghahramanlou-Holloway, M., Schwartz, B. (in press). Cognitive Impairment and Depression Symptoms are Independently Associated with Suicidal Ideation in US Veterans. *Psychiatry Research*. <https://doi.org/10.1016/j.psychres.2020.112833>
- Phalen, P.**, Bridgeford, E., Gant, L., Kivisto, A., Ray, B., & Fitzgerald, S. (in press). Baltimore Ceasefire 365: Estimated impact of a recurring community-led ceasefire on gun violence. *American Journal of Public Health*. <https://doi.org/10.2105/AJPH.2019.305513>
R script and data for this paper posted publicly at <https://github.com/peterphalen/code-for-publications/tree/master/Phalen-Bridgeford-Gant-Kivisto-Ray-Fitzgerald>
- Wastler, H., Lucksted, A., **Phalen, P.**, & Drapalski, A. (in press). Internalized Stigma, Sense of Belonging, and Suicidal Ideation among Veterans with Serious Mental illness. *Psychiatric Rehabilitation Journal*. <https://doi.org/10.1037/prj0000386>
- Fischer, M. W., Dimaggio, G., Hochheiser, J., Vohs, J., **Phalen, P.**, Lysaker, P. (in press). Metacognitive capacity is related to self-reported social functioning and may moderate the effects of symptoms on interpersonal behavior. *Journal of Nervous and Mental Disease*. <https://doi.org/10.1097/NMD.0000000000001117>
- Millman, Z.B., Rakhshan, P.J., DeVlyder, J.E., Edmondson Smith, M., **Phalen, P.L.**, Woods, S.W., Walsh, B.C., Parham, B., Reeves, G.M., & Schiffman, J. (2019). Evidence for differential predictive performance of the prime screen between black and white help-seeking adolescents. *Psychiatric Services*, 70(10), 907-914. <https://doi.org/10.1176/appi.ps.201800536>
- Tsuji, T., **Phalen, P.**, Rakhshan Rouhakhtar, P., Millman, Z., Bussell, K., Thompson, E., Demro, C., Roemer, C., Reeves, G., and Schiffman, J. (2019). Using the K-SADS Psychosis screen to Identify People with Early Psychosis or Psychosis Risk Syndromes. *Clinical Child Psychology and Psychiatry*, 24(4), 809-820. <https://doi.org/10.1177/1359104519846582>
- Kivisto, A., Magee, L., **Phalen, P.**, and Ray, B. (2019). Firearm Ownership and Domestic Versus Nondomestic Homicide in the United States. *American Journal of Preventive Medicine*, 57(3), 311-320. <https://doi.org/10.1016/j.amepre.2019.04.009> (Awarded *AJPM Article of the Year*)
- Phalen, P.**, Muralidharan, A., Travaglini, L., Bennett, M., Stahl, N., Brown, C., Hack, S., Klingaman, B., & Goldberg, R. (2019). Predictors of Attendance in Health and Wellness Treatment Groups for People with Serious Mental Illness. *Psychiatric Rehabilitation Journal*. <http://dx.doi.org/10.1037/prj0000376>
- Rakhshan Rouhakhtar, P., Pitts, S., Millman, Z., Andorko, N., Redman, S., Wilson, C., Demro, C., **Phalen, P.**, Walsh, B., Woods, S., Reeves, G., and Schiffman, J. (2019). The Impact of Age on the Validity of Psychosis-Risk Screening in a Sample of Help-Seeking Youth. *Psychiatry Research*, 274, 30-35. <https://doi.org/10.1016/j.psychres.2019.02.020>
- Phalen, P.**, Warman, D., Martin, J., Lucksted, A., Drapalski, A., Jones, N., and Lysaker, P. (2019). Public understanding of different kinds of voice-hearing experiences: Causal beliefs, perceptions of mental illness, and stigma. *Psychiatric Rehabilitation Journal*, 42(4), 331-340. <http://dx.doi.org/10.1037/prj0000353>

- Niculescu, A., Le-Niculescu, H., Levey, D., Roseberry, K., Rogers, J., Kosary, K., Prabha, S., Jones, T., Judd, S., McCormick, M., Wessel, A., Williams, A., **Phalen, P.**, Mamdani, F., Sequeira, A., and Kurian, S.. (2019). Towards Precision Medicine for Stress Disorders: Diagnostic Biomarkers and Targeted Drugs. *Molecular Psychiatry*. <https://doi.org/10.1038/s41380-019-0370-z>
- Phalen, P.**, Rakhshan Rouhakhtar, P., Millman, Z. B., Thompson, E., DeVlyder, J., Mittal, V., Carter, E., Reeves, G., & Schiffman, J. (2018). Validity of a Two-Item Screen for Early Psychosis. *Psychiatry Research*, 270, 861-868. <https://doi.org/10.1016/j.psychres.2018.11.002>
- Ray, B., Lowder, E., Kivisto, A., **Phalen, P.**, & Gil, H. (2018). EMS Naloxone Administration as Non-Fatal Opioid Overdose Surveillance: Six Year Outcomes in Marion County. *Addiction*, 113(12), 2271-2279. <https://doi.org/10.1111/add.14426>
- Phalen, P.**, Ray, B., Watson, D. P., Huynh, P., & Greene, M. (2018). Fentanyl Related Overdose in Indianapolis: Estimating trends using multilevel Bayesian models. *Addictive Behaviors*, 86, 4-10. <https://doi.org/10.1016/j.addbeh.2018.03.010>
R scripts for this paper posted publicly at <https://github.com/peterphalen/code-for-publications/>
- Camacho, D., Vera, E., Scardamalia, K., & **Phalen, P. L.** (2018). What are urban teachers thinking and feeling? *Psychology in the Schools*, 55(9), 1133-1150. <https://doi.org/10.1002/pits.22176>
- Kivisto, A. & **Phalen, P.** (2018). Effects of Risk-Based Firearm Seizure Laws in Connecticut and Indiana on Suicide Rates, 1981-2015. *Psychiatric Services*, 69(8), 855-862. <https://doi.org/10.1176/appi.ps.201700250>
- Rasdale, A., Warman, D., & **Phalen, P.** (2018). An Examination of Perceptions of Individuals with an Intellectual Disability, with and without Co-Morbid Schizophrenia: Effects of Labels on Stigma. *Journal of Intellectual Disability Research*, 62(6), 544-556. <https://doi.org/10.1111/jir.12494>
- Phalen, P. L.**, Warman, D., Martin, J., & Lysaker, P. (2018). The stigma of voice-hearing experiences: Religiousness and voice-hearing contents matter. *Stigma and Health*, 3(1), 77-84. <https://doi.org/10.1037/sah0000075>
- Kivisto, A., J., Ray, B., & **Phalen, P.L.** (2017). Firearm Legislation and Fatal Police Shootings in the United States. *American Journal of Public Health*, 107(7), 1068-1075. <https://doi.org/10.2105/AJPH.2017.303770>
- White, D. A., McGuire, A.B., Luther, L., Anderson, A. I., **Phalen, P.**, & McGrew, J. H. (2017). Consumer factors predicting level of treatment response to Illness Management and Recovery. *Psychiatric Rehabilitation Journal*, 40(4), 344-353. <https://doi.org/10.1037/prj0000284>
- Niculescu, A. B., Le-Niculescu, H., Levey, D. F., **Phalen, P.**, Dainton, H. D., Roseberry, K., Niculescu, E., Niezer, J., Williams, A., Graham, D. L., Jones, T., Venugopal, V., Ballew, A., Yard, M., Gelbart, T., Kurian, S. M., Shekhar, A., Schork, N. J., Sandusky, G. E., & Salomon, D. R. (2017). Precision medicine for suicidality: From universality to subtypes and personalization. *Molecular Psychiatry*, 22(9), 1250-1273. <https://doi.org/10.1038/mp.2017.128>
- Phalen, P. L.** (2017). Psychological Distress and Rates of Health Insurance Coverage and Use and Affordability of Mental Health Services, 2013–2014. *Psychiatric Services*, 68(5), 512-515. <https://doi.org/10.1176/appi.ps.201500544>
R scripts for this paper posted publicly at <https://github.com/peterphalen/code-for-publications/>

- Phalen, P. L.,** Dimaggio, G., Popolo, R., & Lysaker, P. (2017). Aspects of Theory of Mind that attenuate the relationship between persecutory delusions and social functioning in schizophrenia spectrum disorders. *Journal of Behavior Therapy and Experimental Psychiatry*, 56, 65-70. <https://doi.org/10.1016/j.jbtep.2016.07.008>
- Levey, D. F., Niculescu, E., Le-Niculescu, H., Dainton, H. D., **Phalen, P. L.,** Ladd, T. B., Weber, H., Belanger, E., Graham, D. L., Khan, F. N., Vanipenta, N. P., Stage, E., Ballew, A., Yard, M., Gelbart, T., Shekhar, A., Schork, N. J., Kurian, S. M., Sandusky, G. E., Salomon, D. R., & Niculescu, A. B. (2016). Towards understanding and predicting suicidality in women: Biomarkers and clinical risk assessment. *Molecular Psychiatry*, 21, 768-785. <https://doi.org/10.1038/mp.2016.31>
- Phalen, P. L.,** Viswanadhan, K., Lysaker, P. H., & Warman, D. M. (2015). The relationship between cognitive insight and quality of life in schizophrenia spectrum disorders: Symptom severity as potential moderator. *Psychiatry Research*, 230(3), 839-845. <https://doi.org/10.1016/j.psychres.2015.10.014>
- Niculescu, A. B., Levey, D. F., **Phalen, P. L.,** Le-Niculescu, H., Dainton, H. D., Jain, N., Belanger, E., James, A., George, S., Weber, H., Graham, D. L., Schweitzer, R., Ladd, T. B., Learman, R., Niculescu, E. M., Vanipenta, N. P., Khan, F. N., Mullen, J., Shankar, G., Cook, S., Humbert, C., Ballew, A., Yard, M., Gelbart, T., Shekhar, A., Schork, N. J., Kurian, S. M., Sandusky, G. E., & Salomon, D. R. (2015). Predicting suicidality using a combined genomic and clinical risk assessment approach. *Molecular Psychiatry*, 20, 1266-1285. <https://doi.org/10.1038/mp.2015.112>
- Warman, D. M., **Phalen, P. L.,** & Martin, J. M. (2015). Impact of a brief education about mental illness on stigma of OCD and violent thoughts. *Journal of Obsessive-Compulsive and Related Disorders*, 5, 16-23. <https://doi.org/10.1016/j.jocrd.2015.01.003>

OTHER PUBLICATIONS

- Phalen, P. L.** (September, 2013), Psychiatrists and African Traditional Healers Ally on Mental Health. *Humanosphere*. <<http://www.humanosphere.org/2013/09/psychiatrists-and-traditional-healers-in-west-africa-an-unlikely-alliance/>>
- Phalen, P. L.** (1 October 2013), Guinea hospital shows West how to treat mental illness without chains. *Humanosphere*. <<http://www.humanosphere.org/2013/10/guinea-hospital-shows-west-how-to-treat-mental-illness-without-chains/>>

INVITED TALKS

- Phalen, P. L.** (May, 2020). Social Skills Training (SST). *Effective Interventions for First Episode Psychosis*. Seminar to be conducted from Brook Lane Health Services, Inc.
- Phalen, P. L.** (February, 2020). Dialectical Behavior Therapy for Psychosis and Mania. Seminar to be conducted from Perry Point VAMC.
- Phalen, P. L.** (November, 2015). Tracking the Mind: Planet of the Apps. *Translational Neuroscience Topics (TNT)*. Lecture conducted from Indiana University School of Medicine.
- Phalen, P. L.** (September, 2015). Mental Health Disparities After ‘Obamacare’: Methods for analyzing nationally representative datasets with complex survey designs. *ACT Collaborator Meeting*. Lecture conducted from Indiana University-Purdue University of Indianapolis.

Phalen, P. L. (January, 2015). Quantitative Psych Assessments: smartphone apps. *Translational Neuroscience Topics (TNT)*. Lecture conducted from Indiana University School of Medicine.

PROFESSIONAL PRESENTATIONS

Schiffman, J., Rakhshan Rouhakhtar, P., Millman, Z., Thompson, E., & **Phalen, P.** *The Role of Contextual Factors and Assessment Strategies in the Accurate Screening of Psychosis-Risk Symptoms*. Oral Session at the 2020 Congress of the Schizophrenia International Research Society (SIRS). Firenze, Italy. Canceled due to COVID-19; abstract published in *Schizophrenia Bulletin* at <https://doi.org/10.1093/schbul/sbaa028.058>

Petti, E., Rakhshan Rouhakhtar, P., Klaunig, M., Bridgwater, M., Roemer, C., Andorko, N. D., DeLuca, J. S., **Phalen, P.**, Smith, M., Pitts, S., & Schiffman, J. *Mental Health Treatment-Seeking in Individuals with High Levels of Psychosis-like Experiences: Impact of Trauma and Race*. Poster presentation at the 2020 Congress of the Schizophrenia International Research Society (SIRS). Firenze, Italy. Canceled due to COVID-19; abstract published in *Schizophrenia Bulletin* at <https://doi.org/10.1093/schbul/sbaa030.553>

Schiffman, J., Bridgwater, M., Thompson, E., Rakhshan Rouhakhtar, P., Millman, Z., **Phalen, P.**, Klaunig, M., Kline, E., & DeLuca, J. (October, 2019). *Youth at Clinical High Risk and Schools*. Presentation at The Second National Conference on Advancing Early Psychosis Care, American Psychiatric Association. New York, NY.

Niculescu, A., Le-Niculescu, H., Roseberry, K., Levey, D., **Phalen, P.**, Nurnberger, J., Shekhar, A., Kurian, S. (October, 2019). *Towards Precision Medicine for Mood Disorders: Objective assessment and targeted therapeutics for depression and mania*. Poster presentation at the XXVIIth World Congress of Psychiatric Genetics (WCPG). Los Angeles, California.

Jay, S., Thompson, E., **Phalen, P.**, Shan, L., Rakhshan Rouhakhtar, P., Andorko, N., Fitzgerald, J., Millman, Z., Redman, S., Roemer, C., DeLuca, J., Petti, E., Bridgwater, M., Schiffman, J (September, 2019). *The Relation Between Positive Symptoms and Suicidal Ideation and Behaviors in Adolescents At Clinical High Risk For Psychosis*. Poster presentation at the Thirty-Third Annual Meeting of the Society for Research in Psychopathology. Buffalo, NY.

Phalen, P. (July, 2019). *Dialectical Behavior Therapy for Psychosis: A case study*. Poster presented at Beckfest 2019 (International Cognitive Behavioral Therapy for Psychosis). Philadelphia, PA.

Lowder, E., Ray, B., Kivisto, A., **Phalen, P.**, & Gil, H (November, 2018). *Mortality following naloxone encounters with emergency medical services*. Abstract presented at the American Public Health Association's 2018 Annual Meeting & Expo. San Diego, CA.

Phalen, P. Warman, D, & Martin, J. (November, 2018). *Personal beliefs/experiences and stigma toward voice-hearers..* Poster presentation at the 2018 ABCT Conference. Washington, DC.

Rakhshan, P., **Phalen, P.**, Thompson, E., Andorko, N., Millman, Z. B., Sun, S, and Schiffman, J. (July, 2018). *Factor Analysis of the Prime Screen: Introducing the Prime-8*. Paper presentation at the 2018 APA Division 45 (Psychological Study of Culture, Ethnicity, and Race) Research Conference.

Phalen, P. (January, 2018). *Modeling the fentanyl crisis in Indianapolis using multilevel Bayesian regression*. Poster presentation at the StanCon 2018 conference. Pacific Grove, California.

Phalen, P. Warman, D, & Martin, J. (November, 2017). *What aspects of religiousness are associated with psychosis-proneness?* Poster presentation at the 2017 ABCT Conference. San Diego, California.

- Phalen, P.** & Warman, D. (November, 2016). *The content of auditory verbal hallucinations determines whether the voice-hearer is perceived as mentally ill*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
- Phalen, P.** & Warman, D. (November, 2016). *Cognitive insight and intolerance of uncertainty: pros and cons of second-guessing*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
- Viswanadhan, K., **Phalen, P.** & Warman, D. (November, 2016). *Self-transcendence and thought action fusion*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
- Viswanadhan, K., **Phalen, P.** & Warman, D. (November, 2016). *Thought action fusion and specific components of religiosity*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
- Viswanadhan, K., **Phalen, P. L.**, & Warman, D. M. (November, 2015). *Cognitive insight and probabilistic Reasoning*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.
- Phalen, P. L.**, & Warman, D. M. (November, 2015). *Relationship between Obsessive Compulsive beliefs and psychosis proneness in a non-clinical sample*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.
- Phalen, P. L.**, & Warman, D. M. (November, 2015). *Obsessive Compulsive beliefs and their relationship with attitudes toward people with violent thoughts*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.
- Phalen, P. L.**, & Niculescu, A. B. (August, 2015). *The effects of childhood trauma on adult psychosis are modulated by temperament*. Poster presentation at the American Psychological Association Conference, Toronto, Canada.
- Viswanadhan, K., **Phalen, P. L.**, & Warman, D. W. (August, 2015). *Thought-action fusion and psychosis proneness*. Poster presentation at the American Psychological Association Conference, Toronto, Canada.
- Phalen, P. L.**, Lysaker, P. H., & Warman, D. W. (November, 2014). *Evaluation of the Peters et al. Delusions Inventory as an assessment of current psychosis severity*. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.
- Phalen, P. L.**, Viswanadhan, K., Lysaker, P. H., & Warman, D. W. (November, 2014). *Clinical insight, cognitive insight, and quality of life for individuals with schizophrenia*. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.

CLINICAL POSITIONS

2018-present	<u>VISN 5 MIRECC, Baltimore, Maryland</u>
2017-2018	<u>VA Maryland Health Care System/University of Maryland School of Medicine Psychology Internship Consortium, Baltimore, Maryland</u>
2016	<u>Indiana University School of Medicine, Indianapolis, Indiana</u>
2015-2016	<u>Roudebush VA Medical Center, clinic dir. Paul Lysaker, Indianapolis, Indiana</u>
2014-2015	<u>Richmond State Hospital, Richmond, Indiana</u>
2012-2013	<u>Community Psychiatric Clinic (CPC), Seattle, Washington</u>
2011-2012	<u>DESC (Main Shelter), Seattle, WA</u>
2007-2010	<u>Oregon Partnership: Lifeline (Suicide) and Helpline (D&A), Portland, O</u>

RESEARCH POSITIONS

2018-present	<u>VISN 5 MIRECC</u> , Baltimore, Maryland
2017-2018	<u>VA Maryland Health Care System/University of Maryland School of Medicine Psychology Internship Consortium</u> , Research Rotation, Baltimore, Maryland
2013-present	<u>Roudebush VA Medical Center, Indiana University School of Medicine</u> , Dr. Alexander Niculescu, Laboratory of Neurophenomics, Indianapolis, Indiana
2013-2017	<u>University of Indianapolis</u> , Dr. Debbie Warman, Indianapolis, Indiana
2013-2014	<u>Indiana University-Purdue University of Indianapolis, Roudebush VA Medical Center</u> , Dr. Alan McGuire, Indianapolis, IN
2011-2013	<u>Behavioral Research and Therapy Clinics, University of Washington</u> , Dr. Marsha Linehan, Seattle, WA

TEACHING/SUPERVISION EXPERIENCE

Spring 2017	<u>Adjunct Professor, Biostatistics for Public Health Professionals</u> , University of Indianapolis, Master's level course for MPH program
Fall 2016	<u>Adjunct Professor, Psychopathology</u> , University of Indianapolis, Undergraduate level
2012	<u>Acting Shelter Supervisor</u> , DESC Main Shelter
2012	<u>Research Assistant Project Manager</u> , Behavioral Research and Therapy Clinics, University of Washington
2011-2012	<u>Behavioral Coding Supervisor</u> , Behavioral Research and Therapy Clinics, University of Washington
2010-2011	<u>English Teacher</u> , Académie D'Amiens, Soissons, France

PROFESSIONAL AFFILIATIONS

2014-present	ABCT Member Association for Behavioral and Cognitive Therapies
2014-2016	APAGS Member American Psychological Association
2014-2015	Member Indiana Psychological Association
2012-2013	Licensed Washington State Agency-Affiliated Counselor Community Psychiatric Clinic
2012-2013	Member of Global Mental Health Research Group Department of Global Health, University of Washington

AD HOC REVIEWER

Schizophrenia Bulletin
Schizophrenia Research
Journal of Affective Disorders
American Journal of Preventive Medicine
Cognitive Behaviour Therapy
Psychiatria Danubina
Clinical Child Psychology and Psychiatry
Journal of Substance Abuse Treatment
Psychiatry Research

LANGUAGES

Fluent: *English, French*

Intermediate: *Spanish*

OTHER

2009-2010 **Translator, from French, Project Gutenberg**
[*Ceci n'est pas un conte*](#), Denis Diderot
[*Micromegas*](#), Voltaire