

**Peter L. Phalen, PsyD**  
**BRIEF CURRICULUM VITAE**

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**EDUCATION**

- 2013-2018      **University of Indianapolis**  
Indianapolis, Indiana  
APA Accredited  
Doctorate in Clinical Psychology  
Master of Arts awarded in 2016  
Advisor: Dr. Debbie Warman
- 2006-2010      **Reed College**  
Portland, Oregon  
Bachelor of Arts in Philosophy  
Degree awarded: May 2010  
Thesis advisor: Dr. Mark Hinchliff

**INTERNSHIP TRAINING**

- 2017-2018      **VA Maryland Health Care System/University of Maryland School of Medicine**  
**Psychology Internship Consortium**  
Serious Mental Illness track  
Outstanding Intern Award

**LICENSURE**

- 2019-present      **Psychologist, License #06339**  
Department of Health, State of Maryland

**SELECTED PROGRAMMING PORTFOLIO**

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**R (statistical programming)**

- [Complex survey designs](#)
- [Data visualization](#)
- Bayesian multilevel modeling:
  - [Baltimore Ceasefire](#)
  - [Opiate crisis](#)
  - [Clinical service evaluation](#)

**Java (android applications)**

- [Metadata](#)
- [Archives + Absences](#)
- [Breadcrumbs](#)

**Javascript/HTML/CSS**

- [Humanize chrome extension](#)
- [Personal website](#)

## GRANT ACTIVITY

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### Active

- 2025-2026 Co-Investigator (3.5% FTE)  
*Identification and Promotion of Opportunities for Usage of Maryland Violent Death Reporting System (MVDRS) Data to Inform Local Homicide and Suicide Prevention Efforts in Maryland State of Maryland*  
Total Direct Costs: \$107,219.93
- 2025-2026 Principal Investigator (3%)  
*Using Records Linkage to Understand Post-treatment Needs of Patients in Early Psychosis Intervention Programs*  
University of Maryland  
Total Award Amount (including Indirect Costs): \$40,000
- 2024-2029 Co-Investigator (9-10% FTE)  
*Harnessing a Two-State FEP LHS to Optimize Engagement and Prevent Disengagement in CSC*  
National Institute of Mental Health (NIMH)  
Total Award Amount (including Indirect Costs): \$4,997,963.00
- 2024-2028 Co-Investigator (7.5-10% FTE)  
*Optimizing Disability Benefit Decisions and Outcomes in First Episode Psychosis.*  
National Institute of Mental Health (NIMH)  
Total Award Amount (including Indirect Costs): \$4,050,615.00
- 2024-2025 Co-Investigator (8% FTE)  
*University of Maryland Medical Center R Adams Cowley Shock Trauma Center Penetrating Injury Recovery Project*  
OVC FY24 Byrne Discretionary Community Project Grants/Byrne Discretionary Grants Program  
State of Maryland  
Total Award Amount (including Indirect Costs): \$1,275,000
- 2022-2026 Principal Investigator (69-85% FTE [09/01/22-08/31/26])  
*Targeting Emotion Dysregulation to Reduce Suicide in People with Psychosis*  
National Institute of Mental Health Mentored Patient-Oriented Research Career Development Award  
Total Direct Costs: \$721,011.14  
Annual Direct Costs: \$182,107

### Completed

- 2025 Principal Investigator (N/A)  
*Coproduced research on medication decision-making: a peer/psychologist collaboration*  
University of Maryland  
Total Direct Costs: \$2,000

- 2023-2024 Faculty Researcher (5% FTE [5/1/23-9/29/24])  
*State Opioid Response (SOR III) Data Collection, Reporting and Continuous Learning and Quality Improvement*  
Substance Abuse and Mental Health Services Administration  
Total Direct Costs: \$2,807,801  
Total Indirect Costs: \$201,698
- 2019-2020 Principal Investigator (50% FTE)  
*Suicidality Among Patients with Psychosis*  
VISN 5 VA Capitol Health Care Network Pilot Funding Award  
Total/Annual Direct Costs: \$24,089
- 2015-2022 Site Principal Investigator, 5% FTE (in kind) [7/1/15-12/30/20]  
*Improving Negative Symptoms and Community Engagement in Veterans with Schizophrenia (1I01RX001293-01A2)*  
VA Rehabilitation Research and Development (RR&D) Service. PI: Melanie Bennett, PhD.

## **PEER-REVIEWED PUBLICATIONS**

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- Phalen, P.**, Lucksted, A., Fox, K., Yusuf, A., Hochheiser, H., Jones, N., Fetisova, A., Hackman, A., Bennett, M. (in press). Pilot of Dialectical Behavior Therapy (DBT) Skills Training for People with Psychosis Spectrum Conditions and High Risk of Suicide. *Psychosis*.
- Kacmarek, C.N., Smith, H.C., Lucksted, A., Li, L., Wilkins, L. Coakley, G., **Phalen, P.**, Medoff, D., Dickerson, F., Kreyenbuhl, J., & Bennett, M.E. (in press). Efficacy, acceptability and feasibility of StayQuit for sustaining smoking abstinence after psychiatric hospitalization. *Journal of Patient Centered Research and Reviews*.
- Phalen, P.**, Hall, W., & Jones, N. (in press). Antipsychotics “As Needed”: An Understudied But Widespread Self-Managed Medication Use Pattern. *Psychiatric Services*.
- Marsteller, J., Goldberg, R., Boumaiz, Y., Jumper, M., Taylor, J., Saravana, A., Buchanan, R., Chengappa, K. N. R., Conroy, C. G., Dickerson, F., Ered, A., Jones, N., Kohler, C., Kreyenbuhl, J., Lucksted, A., Margolis, R. L., Medoff, D., **Phalen, P.**, Sarpal, D., Smith, W., Vatz, C., Calkins, M. E., Bennett, M. E. (in press). Building a Two-State Learning Healthcare System for Persons with First Episode Psychosis. *Schizophrenia Research*. <https://doi.org/10.1016/j.schres.2025.02.004>
- Phalen, P.**, Jones, N., Davis, B., Sarpal, D., Dickerson, F., Vatz, C., Jumper, M., Kuczynski, A., Thompson, E., Jay, S., Buchanan, R., Chengappa, K. N. R., Goldberg, R., Kreyenbuhl, J., Margolis, R., Dong, F., Riggs, J., Moxam, A., Burris, E., Campbell, P., Cooke, A., Ered, A., Fauble, M., Howell, C., Kelly, C., Namowicz, D., Rouse, K., Smith, W., Wolcott, M., Boumaiz, Y., Harvin, A., Saravana, A., Nayar, S., Kohler, C., Calkins, M. E., & Bennett, M. (in press). Suicidality among patients in a network of Coordinated Specialty Care (CSC) programs for first-episode psychosis: Rates, changes in rates, and their predictors. *Schizophrenia Research*. <https://doi.org/10.1016/j.schres.2024.07.054>
- Phalen, P.**, Smith, W., Jones, N., Reznik, S., Marti, N., Cosgrove, J., Lopez, M., Calkins, M., Bennett, M. (2025). Reasons for Discharge in a National Network of Early Psychosis Intervention Programs. *Schizophrenia Bulletin*. <https://doi.org/10.1093/schbul/sbae100>

- Pagdon, S, Shahriar, S. S., Murphy, S., Bomnae Babusci, C., Flores, A. T., Rivens, A. J., Ered, A., Smith, W. R., Jones, N., **Phalen, P. L.**, Calkins, M. E., Bennett, M. E. (2024). From Rhetoric to Action: Justice, Equity, Diversity, and Inclusion in Coordinated Specialty Care for Early Psychosis. *Psychiatric Services*. <https://doi.org/10.1176/appi.ps.20240041>
- Watson, D. P., Ray, B., **Phalen, P.**, Duhart Clarke, S. E., Taylor, L., Swartz, J., & Gastala, N. (2024). Fentanyl Exposure and Detection Strategies Utilized by Clinical Trial Participants Seeking Linkage to Opioid Use Disorder Treatment at a Syringe Service Program. *Journal of Medical Toxicology*, 20(1), 13-21. <https://doi.org/10.1007/s13181-023-00979-7>
- Cowan, T., **Phalen, P.**, Brown, C., Blanchard, J., Bennett, M. (2024). We Need to Make Progress on Blunted Affect: A Commentary. *Schizophrenia Research*.
- Benrimoh, D., Dlugunovych, V., Wright, A., **Phalen, P.**, Funaro, M., Ferrara, M., Powers, A., Woods, S., Guloksuz, S., Yung, A., Srihari, V., & Shah, J. (2024). On the Proportion of Patients Who Experience a Prodrome Prior to Psychosis Onset - A Systematic Review and Meta-analysis. *Molecular Psychiatry*. <https://doi.org/10.1038/s41380-024-02415-w>
- Watson, D., Swartz, J., Magee, L., Bray, B., **Phalen, P.**, Medcalf, S., McGuire, A. (2024). Latent class analysis of emergency department patients engaged in telehealth peer recovery support services and associations of identified classes with post-discharge outcomes. *Journal of Substance Use and Addiction Treatment*.
- Brady, D. J., **Phalen, P. L.**, Roche, D. J., Cowan, T., & Bennett, M. E. (2024). A reduction in cigarette smoking improves health-related quality of life and does not worsen psychiatric symptoms in individuals with serious mental illness. *Addictive Behaviors*, 151, 107949.
- Phalen, P.**, Kimhy, D., Jobes, D., & Bennett, M. (2024). Emotional distress and dysregulation as treatment targets to reduce suicide in psychosis: a scoping review. *European Archives of Psychiatry and Clinical Neuroscience*. <https://doi.org/10.1007/s00406-023-01675-x>
- Phalen, P.** and Kivisto, A. (2023). Research on youth suicide and sexual orientation is impacted by high rates of missingness in national surveillance systems. *Archives of Suicide Research*. <https://doi.org/10.1080/13811118.2023.2227233>
- Watson, D., **Phalen, P.**, Medcalf, S., Messmer, S., and McGuire, A. (2023). Evaluation of post-discharge engagement for emergency department patients with opioid use history who received telehealth recovery coaching services. *Substance Abuse Treatment, Prevention, and Policy*.
- Phalen, P.**, Grossmann, J., Bruder, T., Jeong, J., Calmes, C., McGrath, K., Malouf, E., James, A., Romero, E., and Bennett, M. (2022). Description of a Dialectical Behavior Therapy Program in a Veterans Affairs Health Care System. *Evaluation and Program Planning*. <https://doi.org/10.1016/j.evalprogplan.2022.102098>
- Phalen, P.**, Miller, R., Frampton, B., Jones, N., Machin, K., Rose, D., Stewart, H., and Carras M. C. (2022). Peer support for discharge from inpatient mental health care. *The Lancet Psychiatry*. [https://doi.org/10.1016/S2215-0366\(22\)00101-8](https://doi.org/10.1016/S2215-0366(22)00101-8)
- Niculescu, A., Le-Niculescu, H., Roseberry, R., Levey, D., Gill, S., **Phalen, P.**, Mullen, J., Williams, A., Bhairo, S., Voegtline, T., Davis, H., Shekhar, A., and Kurian S. (2021). Precision Medicine for Mood Disorders: Objective Assessment, Risk Prediction, Pharmacogenomics, and Repurposed Drugs. *Molecular Psychiatry*. <https://doi.org/10.1038/s41380-021-01061-w>

- Jones, N., Atterbury, K., Byrne, L., Carras, M., Hansen, M., & **Phalen, P.** (2021). Lived Experience, Research Leadership, and the Transformation of Mental Health Services: Building a Researcher Pipeline. *Psychiatric Services*. <https://doi.org/10.1176/appi.ps.202000468> (Article selected as *Editor's Choice*)
- Kivisto, A. J., Kivisto, K. L., Gurnell, E., **Phalen, P.**, & Ray, B. (2021). Adolescent suicide, household firearm ownership, and the effects of child access prevention laws. *Journal of the American Academy of Child and Adolescent Psychiatry*. <https://doi.org/10.1016/j.jaac.2020.08.442>
- Phalen, P.**, Millman, Z., Rakhshan Rouhakhtar, P., Andorko, N., Reeves, G., & Schiffman, J. (2021). Categorical Versus Dimensional Models of Early Psychosis. *Early Intervention in Psychiatry*. <https://doi.org/10.1111/eip.13128>
- Muralidharan, A., Peeples, A.D., Hack, S.M., Fortuna, K.L., Klingaman, E.A., Stahl, N.F., **Phalen, P.**, Lucksted, A., & Goldberg, R.W. (2020). Peer and Non-Peer Co-Facilitation of a Health and Wellness Intervention for Adults with Serious Mental Illness. *Psychiatric Quarterly*. <https://doi.org/10.1007/s1126-020-09818-2>
- Ryan, A., **Phalen, P.**, Jahn, D., Wastler, H., Bennett, M., Ghahramanlou-Holloway, M., & Schwartz, B. (2020). Cognitive Impairment and Depression Symptoms are Independently Associated with Suicidal Ideation in US Veterans. *Psychiatry Research*, 286, 112833. <https://doi.org/10.1016/j.psychres.2020.112833>
- Phalen, P.**, Bridgeford, E., Gant, L., Kivisto, A., Ray, B., & Fitzgerald, S. (2020). Baltimore Ceasefire 365: Estimated impact of a recurring community-led ceasefire on gun violence. *American Journal of Public Health*, 110(4), 554-559. <https://doi.org/10.2105/AJPH.2019.305513>  
R script and data for this paper posted publicly at <https://github.com/peterphalen/code-for-publications/tree/master/Phalen-Bridgeford-Gant-Kivisto-Ray-Fitzgerald>
- Wastler, H., Lucksted, A., **Phalen, P.**, & Drapalski, A. (2020). Internalized Stigma, Sense of Belonging, and Suicidal Ideation among Veterans with Serious Mental illness. *Psychiatric Rehabilitation Journal*, 43(2), 91–96. <https://doi.org/10.1037/prj0000386>
- Fischer, M. W., Dimaggio, G., Hochheiser, J., Vohs, J., **Phalen, P.**, Lysaker, P. (2020). Metacognitive capacity is related to self-reported social functioning and may moderate the effects of symptoms on interpersonal behavior. *Journal of Nervous and Mental Disease*, 208(2), 138-142. <https://doi.org/10.1097/NMD.0000000000001117>
- Millman, Z.B., Rakhshan, P.J., DeVylder, J.E., Edmondson Smith, M., **Phalen, P.L.**, Woods, S.W., Walsh, B.C., Parham, B., Reeves, G.M., & Schiffman, J. (2019). Evidence for differential predictive performance of the prime screen between black and white help-seeking adolescents. *Psychiatric Services*, 70(10), 907-914. <https://doi.org/10.1176/appi.ps.201800536>
- Tsuji, T., **Phalen, P.**, Rakhshan Rouhakhtar, P., Millman, Z., Bussell, K., Thompson, E., Demro, C., Roemer, C., Reeves, G., and Schiffman, J. (2019). Using the K-SADS Psychosis screen to Identify People with Early Psychosis or Psychosis Risk Syndromes. *Clinical Child Psychology and Psychiatry*, 24(4), 809-820. <https://doi.org/10.1177/1359104519846582>
- Kivisto, A., Magee, L., **Phalen, P.**, and Ray, B. (2019). Firearm Ownership and Domestic Versus Nondomestic Homicide in the United States. *American Journal of Preventive Medicine*, 57(3), 311-320. <https://doi.org/10.1016/j.amepre.2019.04.009> (Awarded *AJPM Article of the Year*)
- Phalen, P.**, Muralidharan, A., Travaglini, L., Bennett, M., Stahl, N., Brown, C., Hack, S., Klingaman, B., & Goldberg, R. (2019). Predictors of Attendance in Health and Wellness Treatment Groups for People with Serious Mental Illness. *Psychiatric Rehabilitation Journal*. <http://dx.doi.org/10.1037/prj0000376>

- Rakhshan Rouhakhtar, P., Pitts, S., Millman, Z., Andorko, N., Redman, S., Wilson, C., Demro, C., **Phalen, P.**, Walsh, B., Woods, S., Reeves, G., and Schiffman, J. (2019). The Impact of Age on the Validity of Psychosis-Risk Screening in a Sample of Help-Seeking Youth. *Psychiatry Research*, 274, 30-35. <https://doi.org/10.1016/j.psychres.2019.02.020>
- Phalen, P.**, Warman, D., Martin, J., Lucksted, A., Drapalski, A., Jones, N., and Lysaker, P. (2019). Public understanding of different kinds of voice-hearing experiences: Causal beliefs, perceptions of mental illness, and stigma. *Psychiatric Rehabilitation Journal*, 42(4), 331-340. <http://dx.doi.org/10.1037/prj0000353>
- Niculescu, A., Le-Niculescu, H., Levey, D., Roseberry, K., Rogers, J., Kosary, K., Prabha, S., Jones, T., Judd, S., McCormick, M., Wessel, A., Williams, A., **Phalen, P.**, Mamdani, F., Sequeira, A., and Kurian, S.. (2019). Towards Precision Medicine for Stress Disorders: Diagnostic Biomarkers and Targeted Drugs. *Molecular Psychiatry*. <https://doi.org/10.1038/s41380-019-0370-z>
- Phalen, P.**, Rakhshan Rouhakhtar, P., Millman, Z. B., Thompson, E., DeVlyder, J., Mittal, V., Carter, E., Reeves, G., & Schiffman, J. (2018). Validity of a Two-Item Screen for Early Psychosis. *Psychiatry Research*, 270, 861-868. <https://doi.org/10.1016/j.psychres.2018.11.002>
- Ray, B., Lowder, E., Kivisto, A., **Phalen, P.**, & Gil, H. (2018). EMS Naloxone Administration as Non-Fatal Opioid Overdose Surveillance: Six Year Outcomes in Marion County. *Addiction*, 113(12), 2271-2279. <https://doi.org/10.1111/add.14426>
- Phalen, P.**, Ray, B., Watson, D. P., Huynh, P., & Greene, M. (2018). Fentanyl Related Overdose in Indianapolis: Estimating trends using multilevel Bayesian models. *Addictive Behaviors*, 86, 4-10. <https://doi.org/10.1016/j.addbeh.2018.03.010>  
R scripts for this paper posted publicly at <https://github.com/peterphalen/code-for-publications/>
- Camacho, D., Vera, E., Scardamalia, K., & **Phalen, P. L.** (2018). What are urban teachers thinking and feeling? *Psychology in the Schools*, 55(9), 1133-1150. <https://doi.org/10.1002/pits.22176>
- Kivisto, A. & **Phalen, P.** (2018). Effects of Risk-Based Firearm Seizure Laws in Connecticut and Indiana on Suicide Rates, 1981-2015. *Psychiatric Services*, 69(8), 855-862. <https://doi.org/10.1176/appi.ps.201700250>
- Rasdale, A., Warman, D., & **Phalen, P.** (2018). An Examination of Perceptions of Individuals with an Intellectual Disability, with and without Co-Morbid Schizophrenia: Effects of Labels on Stigma. *Journal of Intellectual Disability Research*, 62(6), 544-556. <https://doi.org/10.1111/jir.12494>
- Phalen, P. L.**, Warman, D., Martin, J., & Lysaker, P. (2018). The stigma of voice-hearing experiences: Religiousness and voice-hearing contents matter. *Stigma and Health*, 3(1), 77-84. <https://doi.org/10.1037/sah0000075>
- Kivisto, A., J., Ray, B., & **Phalen, P.L.** (2017). Firearm Legislation and Fatal Police Shootings in the United States. *American Journal of Public Health*, 107(7), 1068-1075. <https://doi.org/10.2105/AJPH.2017.303770>
- White, D. A., McGuire, A.B., Luther, L., Anderson, A. I., **Phalen, P.**, & McGrew, J. H. (2017). Consumer factors predicting level of treatment response to Illness Management and Recovery. *Psychiatric Rehabilitation Journal*, 40(4), 344-353. <https://doi.org/10.1037/prj0000284>

- Niculescu, A. B., Le-Niculescu, H., Levey, D. F., **Phalen, P.**, Dainton, H. D., Roseberry, K., Niculescu, E., Niezer, J., Williams, A., Graham, D. L., Jones, T., Venugopal, V., Ballew, A., Yard, M., Gelbart, T., Kurian, S. M., Shekhar, A., Schork, N. J., Sandusky, G. E., & Salomon, D. R. (2017). Precision medicine for suicidality: From universality to subtypes and personalization. *Molecular Psychiatry*, 22(9), 1250-1273. <https://doi.org/10.1038/mp.2017.128>
- Phalen, P. L.** (2017). Psychological Distress and Rates of Health Insurance Coverage and Use and Affordability of Mental Health Services, 2013–2014. *Psychiatric Services*, 68(5), 512-515. <https://doi.org/10.1176/appi.ps.201500544>  
R scripts for this paper posted publicly at <https://github.com/peterphalen/code-for-publications/>
- Phalen, P. L.**, Dimaggio, G., Popolo, R., & Lysaker, P. (2017). Aspects of Theory of Mind that attenuate the relationship between persecutory delusions and social functioning in schizophrenia spectrum disorders. *Journal of Behavior Therapy and Experimental Psychiatry*, 56, 65-70. <https://doi.org/10.1016/j.jbtep.2016.07.008>
- Levey, D. F., Niculescu, E., Le-Niculescu, H., Dainton, H. D., **Phalen, P. L.**, Ladd, T. B., Weber, H., Belanger, E., Graham, D. L., Khan, F. N., Vanipenta, N. P., Stage, E., Ballew, A., Yard, M., Gelbart, T., Shekhar, A., Schork, N. J., Kurian, S. M., Sandusky, G. E., Salomon, D. R., & Niculescu, A. B. (2016). Towards understanding and predicting suicidality in women: Biomarkers and clinical risk assessment. *Molecular Psychiatry*, 21, 768-785. <https://doi.org/10.1038/mp.2016.31>
- Phalen, P. L.**, Viswanadhan, K., Lysaker, P. H., & Warman, D. M. (2015). The relationship between cognitive insight and quality of life in schizophrenia spectrum disorders: Symptom severity as potential moderator. *Psychiatry Research*, 230(3), 839-845. <https://doi.org/10.1016/j.psychres.2015.10.014>
- Niculescu, A. B., Levey, D. F., **Phalen, P. L.**, Le-Niculescu, H., Dainton, H. D., Jain, N., Belanger, E., James, A., George, S., Weber, H., Graham, D. L., Schweitzer, R., Ladd, T. B., Learman, R., Niculescu, E. M., Vanipenta, N. P., Khan, F. N., Mullen, J., Shankar, G., Cook, S., Humbert, C., Ballew, A., Yard, M., Gelbart, T., Shekhar, A., Schork, N. J., Kurian, S. M., Sandusky, G. E., & Salomon, D. R. (2015). Predicting suicidality using a combined genomic and clinical risk assessment approach. *Molecular Psychiatry*, 20, 1266-1285. <https://doi.org/10.1038/mp.2015.112>
- Warman, D. M., **Phalen, P. L.**, & Martin, J. M. (2015). Impact of a brief education about mental illness on stigma of OCD and violent thoughts. *Journal of Obsessive-Compulsive and Related Disorders*, 5, 16-23. <https://doi.org/10.1016/j.jocrd.2015.01.003>

## OTHER PUBLICATIONS

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- Wilson, D. B., Lowder, E. M., **Phalen, P.**, & Rodriguez, A. (July, 2022). National Institute of Justice's Forecasting Recidivism Challenge: Team "DEAP" (Final Report). <https://www.ojp.gov/pdffiles1/nij/grants/305037.pdf>
- Phalen, P. L.** (September, 2013), Psychiatrists and African Traditional Healers Ally on Mental Health. *Humanosphere*. <https://web.archive.org/web/20230327231910/http://www.humanosphere.org/global-health/2013/09/psychiatrists-and-traditional-healers-in-west-africa-an-unlikely-alliance/>
- Phalen, P. L.** (1 October 2013), Guinea hospital shows West how to treat mental illness without chains. *Humanosphere*. <http://www.humanosphere.org/2013/10/guinea-hospital-shows-west-how-to-treat-mental-illness-without-chains/>

## **INVITED TALKS**

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- Phalen, P. L.** (March, 2025). Delivering the Columbia-Suicide Severity Rating Scale (C-SSRS). *PEACE program (Psychosis Education, Assessment, Care and Empowerment) in-service*. Invited lecture conducted at Horizon House: Philadelphia, PA.
- Phalen, P. L.** (July, 2024). Research versus Clinical Careers: Do you have to choose? *MPRC DANA Scholar Lecture Series*. Lecture conducted from the Maryland Psychiatric Research Institute.
- Phalen, P. L.** (November, 2023). Addressing suicidality in Coordinated Specialty Care: Data and practice. *EPICENTER Speaker Series*. Lecture conducted from the Ohio State University.
- Phalen, P. L.** (November, 2023). Clinical strategies for assessing and reducing suicide risk. *8<sup>th</sup> Annual Pennsylvania Early Psychosis Conference*. Lecture conducted from the University of Pennsylvania.
- Phalen, P. L.** (February, 2020). Dialectical Behavior Therapy for Psychosis and Mania. *Annual Mental Health In-Service for VA Maryland Health Care System*. Seminar conducted from Perry Point VA Medical Center.
- Phalen, P. L.** (November, 2015). Tracking the Mind: Planet of the Apps. *Translational Neuroscience Topics (TNT)*. Lecture conducted from Indiana University School of Medicine.
- Phalen, P. L.** (September, 2015). Mental Health Disparities After ‘Obamacare’: Methods for analyzing nationally representative datasets with complex survey designs. *ACT Collaborator Meeting*. Lecture conducted from Indiana University-Purdue University of Indianapolis.
- Phalen, P. L.** (January, 2015). Quantitative Psych Assessments: smartphone apps. *Translational Neuroscience Topics (TNT)*. Lecture conducted from Indiana University School of Medicine.

## **PROFESSIONAL PRESENTATIONS**

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- Phalen, P., Driscoll, S.** (September, 2025). *Antipsychotic use patterns and outcomes in a national network of early psychosis intervention clinics (EPINET)*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
- Jones, N., **Phalen, P.**, Babusci, C., Kreyenbuhl, J., Marsteller, J., Goldberg, G., Bennett, M. (September, 2025). *Development of a novel early psychosis discharge and transition navigation intervention across a multi-state hub*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
- Jones, N., Babusci, C., Driscoll, S., **Phalen, P.** (September, 2025). *A critical assessment of the implementation of a common assessment battery across a large network of early psychosis programs in the US*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
- Pagdon, S., Phalen, P., Bennett, M., Jones, N. (September, 2025). *Investigating the impact of service user versus clinician conceptualizations of psychosis-related phenomenology on (dis)engagement*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
- Jones, N., Pagdon, S., Babusci, C., Phalen, P., Bennett, M. (September, 2025). *The View from Outside versus Experience Itself: Questioning a Paradigm in the Conceptualization of Psychosis*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.



- Jones, N., Pagdon, S., McNemar, S., Babusci, C., Driscoll, S., Phalen, P., Bennett, M. (September, 2025). *“Breaking boundaries” through embedded co-design and co-production across a disengagement-themed early psychosis learning healthcare system in the United States*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
- Fetisova, A., Bennett, M., Lucksted, A., Hochheiser, J., Yusuf, A., Fox, K., **Phalen, P.** (2025). *Preliminary data on a prepilot Dialectical Behavior Therapy (DBT) skills program for people with psychosis spectrum disorder and high risk of suicide*. Poster accepted for presentation at the 59<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies (ABCT) Conference. New Orleans, Louisiana.
- Manges, M., Title, S., Thompson, E., **Phalen, P.**, & Bornheimer, L. *Advancing Suicide Prevention Efforts for Individuals with Psychosis Spectrum Disorders: Innovations in Measurement, Assessment, and Treatment*. Symposium accepted for presentation at the 2025 IASR/AFSP International Summit on Suicide Research. Boston, MA.
- Menkes, M., Liu, J., Bennett, M., Weiner, E., & **Phalen, P.** (June, 2025). *Program Evaluation of a Dialectical Behavior Therapy (DBT) Skills Group in an Early Psychosis Specialty Care Clinic*. Poster presentation at the University of Maryland Research Day. Baltimore, MD.
- Phalen, P.**, Roe, D., Speyer, H., Jones, N., Driscoll, S. (March, 2025). *Broadening Our Understanding of Antipsychotic Discontinuation by Integrating Lived Experience, Quantitative, and Qualitative Research*. Symposium at the 2025 Schizophrenia International Research Society (SIRS) conference. Chicago, Illinois.
- Eisen, K., Jones, N., Kopelovich, S., **Phalen, P.**, Shapiro, D., Thompson, E. (November, 2024). *Engaging clients, providers, and systems of care in early psychosis treatment: Lessons learned from community-based research*. Panel at the Association for Behavioral and Cognitive Therapies. Philadelphia, Pennsylvania.
- Boumaiz, Y., **Phalen, P.**, Warman, D., Martin, J. (June, 2024). *Distinguishing religious and spiritual beliefs from psychosis-like experiences*. University of Maryland Research Day. Baltimore, MD.
- Phalen, P.**; Jones, N.; Davis, B.; Calkins, M.; Kohler, C.; Sarpal, D.; Chengappa, K.; Margolis, R.; Baker, K.; Marsteller, J.; Jumper, M.; Medoff, D.; Bennett, M. (October, 2023). *Reductions in suicidality among youth receiving specialty services for first episode psychosis*. Poster presented at the 2023 IASR/AFSP International Summit on Suicide Research.
- Phalen, P.** & Bennett, M. (November, 2023). *Implementing Dialectical Behavior Therapy (DBT) without excluding people with psychosis*. Poster presented at the 2023 Association for Behavioral and Cognitive Therapies (ABCT) conference. Seattle, Washington.
- Magee, L., Swartz, J., **Phalen, P.**, McGuire, A., Watson, D. (June, 2023). *Identifying latent classes of emergency department patients receiving telehealth peer recovery coach services for substance use disorder and assessing class predictors and outcomes*. Oral presentation at the 2023 College on Problems of Drug Dependence (CPDD) Annual Scientific Meeting.
- Watson, D. P., **Phalen, P.**, Medcalf, S., Messmer, S., & McGuire, A. (May, 2023). *Factors affecting successful post-discharge engagement of emergency department patients with opioid use history who received telehealth recovery coaching services*. World Congress on Public Health. Rome, Italy.
- Turner, E., Bastos, R., Kodaiarasi, K., Murthy, S., Noumair, M., **Phalen, P.** (May, 2023). *The relationship between level-of-contact with mental illness and stigmatization of voice-hearing experiences depends*

*upon the specific contents of the voice.* Schizophrenia International Research Society 2023 Annual Congress. Toronto, Canada.

Fox, K., & **Phalen, P.** (April, 2023). *Analysis of 911 Behavioral Health Diversions in Baltimore City.* UM Research Day. Baltimore, Maryland.

**Phalen, P.**, Fox, K., & Funk, R. (April, 2023). *Toward a pragmatic clinical trial: Training community psychiatry clinicians to deliver DBT for people with serious mental illness.* UM Research Day.

Rinehimer, K., Wolcott, M., **Phalen, P.**, Rakhshan Rouhakhtar, P. (October, 2021). *Effective Interventions for First Episode Psychosis.* All-day training at Brook Lane Health Services.

Fitzgerald, S., Gant, L., Bridgeford, E., Raphael, C., Kivisto, A., Ray, B., **Phalen, P.** (October, 2020). *Estimated impact of a recurring community-led ceasefire on gun violence in Baltimore.* American Public Health Association Annual Meeting and Expo.

Didion, L., Grossman, J., & **Phalen, P.** (September, 2020). *Dialectical Behavior Therapy Implementation and Initial Outcomes at Baltimore and DC VA Medical Centers.* Seminar for the National Mental Health Recovery & Wellness Webinar Series, Department of Veterans Affairs.

Schiffman, J., Rakhshan Rouhakhtar, P., Millman, Z., Thompson, E., & **Phalen, P.** (April, 2020). *The Role of Contextual Factors and Assessment Strategies in the Accurate Screening of Psychosis-Risk Symptoms.* Oral Session at the 2020 Congress of the Schizophrenia International Research Society (SIRS). Firenze, Italy. Conference canceled due to COVID-19, but abstract published in *Schizophrenia Bulletin* at <https://doi.org/10.1093/schbul/sbaa028.058>

Petti, E., Rakhshan Rouhakhtar, P., Klaunig, M., Bridgewater, M., Roemer, C., Andorko, N. D., DeLuca, J. S., **Phalen, P.**, Smith, M., Pitts, S., & Schiffman, J. (April, 2020). *Mental Health Treatment-Seeking in Individuals with High Levels of Psychosis-like Experiences: Impact of Trauma and Race.* Poster presentation at the 2020 Congress of the Schizophrenia International Research Society (SIRS). Firenze, Italy. Conference canceled due to COVID-19, but abstract published in *Schizophrenia Bulletin* at <https://doi.org/10.1093/schbul/sbaa030.553>

Schiffman, J., Bridgewater, M., Thompson, E., Rakhshan Rouhakhtar, P., Millman, Z., **Phalen, P.**, Klaunig, M., Kline, E., & DeLuca, J. (October, 2019). *Youth at Clinical High Risk and Schools.* Presentation at The Second National Conference on Advancing Early Psychosis Care, American Psychiatric Association. New York, NY.

Niculescu, A., Le-Niculescu, H., Roseberry, K., Levey, D., **Phalen, P.**, Nurnberger, J., Shekhar, A., Kurian, S. (October, 2019). *Towards Precision Medicine for Mood Disorders: Objective assessment and targeted therapeutics for depression and mania.* Poster presentation at the XXVIIth World Congress of Psychiatric Genetics (WCPG). Los Angeles, California.

Jay, S., Thompson, E., **Phalen, P.**, Shan, L., Rakhshan Rouhakhtar, P., Andorko, N., Fitzgerald, J., Millman, Z., Redman, S., Roemer, C., DeLuca, J., Petti, E., Bridgewater, M., Schiffman, J. (September, 2019). *The Relation Between Positive Symptoms and Suicidal Ideation and Behaviors in Adolescents At Clinical High Risk For Psychosis.* Poster presentation at the Thirty-Third Annual Meeting of the Society for Research in Psychopathology. Buffalo, NY.

**Phalen, P.** (July, 2019). *Dialectical Behavior Therapy for Psychosis: A case study.* Poster presented at Beckfest 2019 (International Cognitive Behavioral Therapy for Psychosis). Philadelphia, PA.

- Lowder, E., Ray, B., Kivisto, A., **Phalen, P.**, & Gil, H (November, 2018). *Mortality following naloxone encounters with emergency medical services*. Abstract presented at the American Public Health Association's 2018 Annual Meeting & Expo. San Diego, CA.
- Phalen, P.** Warman, D, & Martin, J. (November, 2018). *Personal beliefs/experiences and stigma toward voice-hearers..* Poster presentation at the 2018 ABCT Conference. Washington, DC.
- Rakhshan, P., **Phalen, P.**, Thompson, E., Andorko, N., Millman, Z. B., Sun, S, and Schiffman, J. (July, 2018). *Factor Analysis of the Prime Screen: Introducing the Prime-8*. Paper presentation at the 2018 APA Division 45 (Psychological Study of Culture, Ethnicity, and Race) Research Conference.
- Phalen, P.**, Ray, B., Watson, D. (June, 2018). *Using Bayesian Multilevel Modeling to Avoid Collapsing Small Groups: Epidemiology of Fentanyl as case example*. Poster presentation at UM Research Day. Baltimore, Maryland.
- Phalen, P.**, Rakhshan, P., Schiffman, J, & Reeves, G. (June, 2018). *Validity of a two-item psychosis screener*. Poster presentation at UM Research Day. Baltimore, Maryland.
- Phalen, P.** (January, 2018). *Modeling the fentanyl crisis in Indianapolis using multilevel Bayesian regression*. Poster presentation at the StanCon 2018 conference. Pacific Grove, California.
- Phalen, P.** Warman, D, & Martin, J. (November, 2017). *What aspects of religiousness are associated with psychosis-proneness?* Poster presentation at the 2017 ABCT Conference. San Diego, California.
- Phalen, P.** & Warman, D. (November, 2016). *The content of auditory verbal hallucinations determines whether the voice-hearer is perceived as mentally ill*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
- Phalen, P.** & Warman, D. (November, 2016). *Cognitive insight and intolerance of uncertainty: pros and cons of second-guessing*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
- Viswanadhan, K., **Phalen, P.** & Warman, D. (November, 2016). *Self-transcendence and thought action fusion*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
- Viswanadhan, K., **Phalen, P.** & Warman, D. (November, 2016). *Thought action fusion and specific components of religiosity*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
- Viswanadhan, K., **Phalen, P. L.**, & Warman, D. M. (November, 2015). *Cognitive insight and probabilistic Reasoning*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.
- Phalen, P. L.**, & Warman, D. M. (November, 2015). *Relationship between Obsessive Compulsive beliefs and psychosis proneness in a non-clinical sample*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.
- Phalen, P. L.**, & Warman, D. M. (November, 2015). *Obsessive Compulsive beliefs and their relationship with attitudes toward people with violent thoughts*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.

**Phalen, P. L., & Niculescu, A. B.** (August, 2015). *The effects of childhood trauma on adult psychosis are modulated by temperament*. Poster presentation at the American Psychological Association Conference, Toronto, Canada.

Viswanadhan, K., **Phalen, P. L., & Warman, D. W.** (August, 2015). *Thought-action fusion and psychosis proneness*. Poster presentation at the American Psychological Association Conference, Toronto, Canada.

**Phalen, P. L., Lysaker, P. H., & Warman, D. W.** (November, 2014). *Evaluation of the Peters et al. Delusions Inventory as an assessment of current psychosis severity*. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.

**Phalen, P. L., Viswanadhan, K., Lysaker, P. H., & Warman, D. W.** (November, 2014). *Clinical insight, cognitive insight, and quality of life for individuals with schizophrenia*. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.

## **CLINICAL POSITIONS**

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2022-present	<u>Psychologist</u> , Division of Community Psychiatry, University of Maryland, Washington, DC
2021-2022	<u>Staff Psychologist</u> , Washington DC VA Medical Center, Washington, DC
2018-2021	<u>Postdoctoral Fellowship</u> , VISN 5 MIRECC, Baltimore, Maryland
2017-2018	<u>Clinical Psychology Predoctoral Internship</u> , VA Maryland Health Care System/University of Maryland School of Medicine Psychology Internship Consortium, Baltimore, Maryland
2016	<u>Extern</u> , Indiana University School of Medicine, Indianapolis, Indiana
2015-2016	<u>Extern</u> , Roudebush VA Medical Center, clinic dir. Paul Lysaker, Indianapolis, Indiana
2014-2015	<u>Extern</u> , Richmond State Hospital, Richmond, Indiana
2012-2013	<u>Clinical Case Manager</u> , Community Psychiatric Clinic (CPC), Seattle, Washington
2011-2012	<u>Counselor</u> , DESC (Main Shelter), Seattle, WA
2007-2008	<u>Counselor</u> , Oregon Partnership: Lifeline (Suicide) and Helpline (D&A), Portland, Oregon

## **RESEARCH POSITIONS**

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2022-present	<u>Assistant Professor</u> , University of Maryland School of Medicine, Division of Psychiatric Services Research, Baltimore, Maryland
2021-2022	<u>Adjunct Assistant Professor</u> , University of Maryland School of Medicine, Division of Psychiatric Services Research, Baltimore, Maryland
2020-present	<u>Consultant (Statistical Programming)</u> , Clients include professors/researchers at Wayne State University, the Lighthouse Institute, and RTI International, engaging primarily in large-scale program evaluations (e.g., statewide forensic health care program, multi-hospital peer support intervention for substance use)
2018-2021	<u>Postdoctoral fellowship</u> , VISN 5 MIRECC, Baltimore, Maryland
2017-2018	<u>Clinical Psychology Predoctoral Internship</u> , <u>Research Rotation</u> , VA Maryland Health Care System/University of Maryland School of Medicine Psychology Internship Consortium, Baltimore, Maryland
2013-2017	<u>Research Assistant</u> , Roudebush VA Medical Center, Indiana University School of Medicine, Dr. Alexander Niculescu, Laboratory of Neurophenomics, Indianapolis, Indiana
2013-2017	<u>Research Assistant</u> , University of Indianapolis, Dr. Debbie Warman, Indianapolis, Indiana
2013-2014	<u>Research Assistant</u> , Indiana University-Purdue University of Indianapolis, Roudebush VA Medical Center, Dr. Alan McGuire, Indianapolis, IN
2011-2013	<u>Research Assistant</u> , Behavioral Research and Therapy Clinics, University of Washington, Dr. Marsha Linehan, Seattle, WA

## **TEACHING/SUPERVISION EXPERIENCE**

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Spring 2017	<u>Adjunct Professor, Biostatistics for Public Health Professionals</u> , University of Indianapolis, Master's level course for MPH program
Fall 2016	<u>Adjunct Professor, Psychopathology</u> , University of Indianapolis, Undergraduate level
2012	<u>Acting Shelter Supervisor</u> , DESC Main Shelter
2012	<u>Research Assistant Project Manager</u> , Behavioral Research and Therapy Clinics, University of Washington
2011-2012	<u>Behavioral Coding Supervisor</u> , Behavioral Research and Therapy Clinics, University of Washington
2010-2011	<u>English Teacher</u> , Académie D'Amiens, Soissons, France

## **PROFESSIONAL AFFILIATIONS**

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2014-present	<b>ABCT Member</b> Association for Behavioral and Cognitive Therapies
2014-2016	<b>APAGS Member</b> American Psychological Association
2014-2015	<b>Member</b> Indiana Psychological Association
2012-2013	<b>Licensed Washington State Agency-Affiliated Counselor</b> Community Psychiatric Clinic
2012-2013	Member of <b>Global Mental Health Research Group</b> Department of Global Health, University of Washington

## **AD HOC REVIEWER**

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<i>Schizophrenia Bulletin</i>	<i>Injury Prevention</i>
<i>Schizophrenia Research</i>	<i>Clinical Child Psychology and Psychiatry</i>
<i>Psychiatric Services</i>	<i>Psychiatria Danubina</i>
<i>Journal of Affective Disorders</i>	<i>Journal of Substance Abuse Treatment</i>
<i>American Journal of Preventive Medicine</i>	<i>Psychiatry Research</i>
<i>Cognitive Behaviour Therapy</i>	<i>Archives of Suicide Research</i>
<i>JAMA Open</i>	<i>Translational Psychiatry</i>
<i>British Journal of Clinical Psychology</i>	<i>British Journal of Psychology</i>

## **LANGUAGES**

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**Fluent:** *English, French*  
**Intermediate:** *Spanish*

## **OTHER**

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2021	<b>National Institute of Justice. <u>NIJ Recidivism Forecasting Challenge Winner: Team DEAP</u></b> (award number: 2021-nij-rec-ch-0015). \$18,000 award for 1 <sup>st</sup> through 4 <sup>th</sup> place finishes in the NIJ forecasting recidivism challenge, using machine learning techniques to predict blinded outcomes on a real-world dataset. <for a description of the contest, see <a href="https://nij.ojp.gov/funding/recidivism-forecasting-challenge">https://nij.ojp.gov/funding/recidivism-forecasting-challenge</a> >
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Updated August 2025

2009-2010

**Translator, from French, Project Gutenberg**

[\*Ceci n'est pas un conte\*](#), Denis Diderot

[\*Micromegas\*](#), Voltaire