

Curriculum Vitae
Peter Phalen, PsyD
Assistant Professor, Department of Psychiatry
University of Maryland School of Medicine

Date November 1, 2025

Contact Information

Business Address: Division of Psychiatric Services Research
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Foreign Languages: French (fluent)

Education

2006-2010 B.A., Philosophy, Reed College
2013-2018 PsyD, University of Indianapolis

Post Graduate Education and Training

2017 - 2018 Predoctoral Internship, VA Maryland Health Care System (VAMHCS)/University of
 Maryland School of Medicine (UMSOM) Internship Consortium
2018 - 2021 Advanced Postdoctoral Fellow, VA Maryland Health Care System

Psychologist Licensure

2018 Maryland, #06339

Employment History

Academic Appointments

2016-2017 Adjunct Professor, Public Health and Psychology departments, University of Indianapolis
2021-2022 Adjunct Assistant Professor, Division of Psychiatric Services Research, Department of
 Psychiatry, University of Maryland School of Medicine
2022-present Assistant Professor, Division of Psychiatric Services Research, Department of Psychiatry,
 University of Maryland School of Medicine

Professional Society Membership

2012-2013 Member, Global Mental Health Research Group, Department of Global Health, University
 of Washington

- 2014-2015 Member, Indiana Psychological Association
 2014-2016 American Psychological Association of Graduate Students (APAGS) Member, American Psychological Association
 2023-current ABCT Member, Association for Behavioral and Cognitive Therapies

Honors And Awards

- 2018 Outstanding Intern Award, VA Maryland Health Care System/University of Maryland School of Medicine Psychology Internship Consortium
- 2021 NIH Recidivism Forecasting Challenge Winner: Team DEAP (award number: 2021-nij-rec-ch-0015), National Institutes of Justice. \$18,000 award for 1st through 4th place finishes in the NIH forecasting recidivism challenge, using machine learning techniques to predict blinded outcomes on a real-world dataset. <for a description of the contest, see <https://nij.ojp.gov/funding/recidivism-forecasting-challenge>>
- 2025 University of Maryland School of Medicine Dean's Leadership Council Competitively nominated for executive leadership/management program.

Clinical Activities

- 2007-2008 Counselor, Oregon Partnership: Lifeline (Suicide) and Helpline (D&A), Portland, Oregon
 2011-2012 Counselor, DESC (Main Shelter), Seattle, WA
 2012-2013 Clinical Case Manager, Community Psychiatric Clinic (CPC), Seattle, Washington
 2014-2015 Psychology Intern, Richmond State Hospital, Richmond, Indiana
 2015-2016 Psychology Intern, Roudebush VA Medical Center, clinic dir. Paul Lysaker, Indianapolis, Indiana
 2016 Neuropsychiatry Intern, Indiana University School of Medicine, Indianapolis, Indiana
 2017-2018 Predoctoral Clinical Intern, VA Maryland Health Care System/University of Maryland School of Medicine Psychology Internship Consortium, Baltimore, Maryland
 2018-2021 Postdoctoral Fellow, VISN 5 MIRECC, Baltimore, Maryland
 2021-2022 Staff Psychologist, Washington DC VA Medical Center, Washington, DC
 2022-present Psychologist, Division of Community Psychiatry, University of Maryland Medical Center, Baltimore, MD

Clinical Expertise

Clinical focus is in the area of psychosis, suicide, and community mental health. Experience training clinicians to deliver Dialectical Behavior Therapy (DBT) and Social Skills Training (SST).

Development of any Clinical Programs:

Since 2012, extensive experience designing and implementing group therapy programs for people with serious mental illness. In 2020, cofounded the DBT Clinical Service in the VA Maryland Health Care System, serving 10 to 15 of the veterans in Maryland at highest risk of suicide. Kept detailed program evaluation metrics which demonstrated success (published in 2022 in the journal *Evaluation and Program Planning*).

Since 2023, I have been rolling out DBT programming at multiple clinics across the University of Maryland Division of Community Psychiatry. Founded an on-going DBT Consult Group that supports on-going DBT Skills Groups at UM Midtown, UMMS, and MPRC.

In 2024, founded and currently facilitate a DBT Skills Group at the MPRC First-Episode Psychosis Program.

This year, I am founding a full model DBT program serving patients in the Division of Community Psychiatry, most of whom are on public insurance.

Administrative Service

Institutional Service

- 2022-present Trainer, Division of Community Psychiatry. Provide clinicians across several mental health clinics training in DBT and ongoing DBT Consult group. Provided a free all-day training in Implementing Dialectical Behavior Therapy (DBT) for Patients with Serious Mental Illness, with 19 clinicians attending for Continuing Education credits. Provided a multi-day training (14-hour) in full model DBT to enable the establishment of a full model program serving low income patients in Baltimore City.
- 2022-present Research Supervisor, Pre-doctoral Psychology Internship Program, VA Maryland Health Care System-University of Maryland Baltimore Psychology Internship Consortium. Co-mentor interns' research rotation, with projects including a successfully submitted F32-grant.
- 2023-present Clinical Supervisor, Division of Community Psychiatry. Provided clinical interns across mental health clinics with weekly or biweekly clinical supervision.
- 2023-present Committee Member: Department of Psychiatry Research Infusion Committee, Department of Psychiatry Research/Engagement Committee, Division of Psychiatric Services Research Engagement Committee.
- 2024-present Research Mentor, Residency Program, University of Maryland School of Medicine. Provide mentorship to Medical Doctors engaging in research.

Local and National Service

- 2015-present Ad hoc reviewer, *Schizophrenia Bulletin*, *Schizophrenia Research*, *Psychiatric Services*, *Journal of Affective Disorders*, *American Journal of Preventive Medicine*, *Cognitive Behaviour Therapy*, *Injury Prevention*, *Clinical Child Psychology and Psychiatry*, *Psychology and Psychotherapy: Theory, Research and Practice*, *Psychiatria Danubina*, *Journal of Substance Abuse Treatment*, *Psychiatry Research*, *Archives of Suicide Research*, *Translational Psychiatry*, *British Journal of Clinical Psychology*, *British Journal of Psychology*, etc.
- 2018-present Member, the "Building Service User/Survivor Research Capacity" Project. This is a multi-national group of researchers, students, activists, and community members committed to increasing the inclusion, influence and impact of lived experience/mad/service user/survivor/disability perspectives in the context of clinical and

applied services research. This collaboration has led to publications including Phalen, Miller, et al., 2022 and Jones, Atterbury... & Phalen, 2021, and a mentored poster presentation co-produced by a group of aspiring graduate students with mental health difficulties (Turner, Bastos... & Phalen, 2023).

- 2019-2021 Program Evaluator, Baltimore Ceasefire 365. Worked with a non-governmental community-led coalition against murder to produce a program evaluation of their ceasefire weekends, during which time they call on members of their community to not kill anyone. Co-authored with two of the movement's cofounders to produce a peer-reviewed article in the *American Journal of Public Health* detailing findings, which included a 50% reduction in shootings during ceasefire weekends.
- 2020-2023 Founding Member, Friends Committee on National Legislation (FCNL) Baltimore Advocacy Team. Founded an advocacy team in coordination with the FCNL to lobby Maryland legislative representatives on peace promotion, including ending foreign wars and improving oversight of domestic police.
- 2025 Temporary Member (two times), Study Section, Rehabilitation Research and Development Veterans Affairs
- 2024-present Steering Committee Inpatient Psychological Care Collaborative (IPCC)

Teaching Service

- 11/2022 Trainer. *Dialectical Behavior Therapy for Serious Mental illness*, University of Maryland, Baltimore (UMB). 6-hour training conducted at UMB for the Division of Community Psychiatry. CEUs provided.
- 2025 Trainer. *Full model Dialectical Behavior Therapy*, University of Maryland, Baltimore (UMB) and University of Maryland Medical System (UMMS). Training conducted at UMB and UMMS to support the establishment of a comprehensive DBT program. (July and August, 2025; 14 hours)

Community

- 2025 *Dialectical Behavior Therapy for Serious Mental Illness*, Cornerstone Montgomery. Training conducted for therapists at Cornerstone Montgomery (August, 2025; 6 hours)
- 2025 *Dialectical Behavior Therapy for Serious Mental Illness*, Johns Hopkins Medicine. Training conducted for therapists at Johns Hopkins Medicine Community Psychiatry Program (August, 2025; 6 hours)

Other Teaching Service

- 2010-2011 English Teacher, Académie D'Amiens, Soissons, France
- Fall 2016 Adjunct Professor, *Psychopathology*, University of Indianapolis, Undergraduate level

Spring 2017 Adjunct Professor, *Biostatistics for Public Health Professionals*, University of Indianapolis, Master's level course for MPH program

Grant Support

Active

2022-2026 Principal Investigator (69-85% FTE [09/01/22-08/31/26])
Targeting Emotion Dysregulation to Reduce Suicide in People with Psychosis (K23MH125024-01A1)
 National Institute of Mental Health Mentored Patient-Oriented Research Career Development Award
 Total Direct Costs: \$721,011.14
 Annual Direct Costs: \$182,107

2024-2025 Co-Investigator (8% FTE)
University of Maryland Medical Center R Adams Cowley Shock Trauma Center Penetrating Injury Recovery Project
 OVC FY24 Byrne Discretionary Community Project Grants/Byrne Discretionary Grants Program
 State of Maryland
 Total Award Amount (including Indirect Costs): \$1,275,000

2024-2028 Co-Investigator (7.5-10% FTE)
Optimizing Disability Benefit Decisions and Outcomes in First Episode Psychosis.
 National Institute of Mental Health (NIMH)
 Total Award Amount (including Indirect Costs): \$4,050,615.00

2024-2029 Co-Investigator (9-10% FTE)
Harnessing a Two-State FEP LHS to Optimize Engagement and Prevent Disengagement in CSC
 National Institute of Mental Health (NIMH)
 Total Award Amount (including Indirect Costs): \$4,997,963.00

2025-2026 Co-Investigator (3.5% FTE)
Identification and Promotion of Opportunities for Usage of Maryland Violent Death Reporting System (MVDRS) Data to Inform Local Homicide and Suicide Prevention Efforts in Maryland
 State of Maryland
 Total Direct Costs: \$107,219.93

2025-2026 Principal Investigator (3% FTE)
Using Records Linkage to Understand Post-treatment Needs of Patients in Early Psychosis Intervention Programs
 University of Maryland
 Total Direct Costs: \$40,000

Completed

2015-2022 Site Principal Investigator, 5% FTE (in kind) [7/1/15-12/30/20]

Improving Negative Symptoms and Community Engagement in Veterans with Schizophrenia (1I01RX001293-01A2)

VA Rehabilitation Research and Development (RR&D) Service. PI: Melanie Bennett, PhD.

- 2019-2020 Principal Investigator (50% FTE)
Suicidality Among Patients with Psychosis
 VISN 5 VA Capitol Health Care Network Pilot Funding Award
 Total/Annual Direct Costs: \$24,089
- 2023-2024 Faculty Researcher (5% FTE [5/1/23-9/29/24])
State Opioid Response (SOR III) Data Collection, Reporting and Continuous Learning and Quality Improvement
 Substance Abuse and Mental Health Services Administration
 Total Direct Costs: \$2,807,801
 Total Indirect Costs: \$201,698
- 2025 Principal Investigator (N/A)
Coproduced research on medication decision-making: a peer/psychologist collaboration
 University of Maryland
 Total Direct Costs: \$2,000

Publications

Peer-reviewed journal articles

1. Warman, D. M., **Phalen, P. L.**, & Martin, J. M. (2015). Impact of a brief education about mental illness on stigma of OCD and violent thoughts. *Journal of Obsessive-Compulsive and Related Disorders*, 5, 16-23. <https://doi.org/10.1016/j.jocrd.2015.01.003>
2. Niculescu, A. B., Levey, D. F., **Phalen, P. L.**, Le-Niculescu, H., Dainton, H. D., Jain, N., Belanger, E., James, A., George, S., Weber, H., Graham, D. L., Schweitzer, R., Ladd, T. B., Learman, R., Niculescu, E. M., Vanipenta, N. P., Khan, F. N., Mullen, J., Shankar, G., Cook, S., Humbert, C., Ballew, A., Yard, M., Gelbart, T., Shekhar, A., Schork, N. J., Kurian, S. M., Sandusky, G. E., & Salomon, D. R. (2015). Predicting suicidality using a combined genomic and clinical risk assessment approach. *Molecular Psychiatry*, 20, 1266-1285. <https://doi.org/10.1038/mp.2015.112>
3. **Phalen, P. L.**, Viswanadhan, K., Lysaker, P. H., & Warman, D. M. (2015). The relationship between cognitive insight and quality of life in schizophrenia spectrum disorders: Symptom severity as potential moderator. *Psychiatry Research*, 230(3), 839-845. <https://doi.org/10.1016/j.psychres.2015.10.014>
4. Levey, D. F., Niculescu, E., Le-Niculescu, H., Dainton, H. D., **Phalen, P. L.**, Ladd, T. B., Weber, H., Belanger, E., Graham, D. L., Khan, F. N., Vanipenta, N. P., Stage, E., Ballew, A., Yard, M., Gelbart, T., Shekhar, A., Schork, N. J., Kurian, S. M., Sandusky, G. E., Salomon, D. R., & Niculescu, A. B. (2016). Towards understanding and predicting suicidality in women: Biomarkers and clinical risk assessment. *Molecular Psychiatry*, 21, 768-785. <https://doi.org/10.1038/mp.2016.31>

5. **Phalen, P. L.**, Dimaggio, G., Popolo, R., & Lysaker, P. (2017). Aspects of Theory of Mind that attenuate the relationship between persecutory delusions and social functioning in schizophrenia spectrum disorders. *Journal of Behavior Therapy and Experimental Psychiatry*, 56, 65-70. <https://doi.org/10.1016/j.jbtep.2016.07.008>
6. **Phalen, P. L.** (2017). Psychological Distress and Rates of Health Insurance Coverage and Use and Affordability of Mental Health Services, 2013–2014. *Psychiatric Services*, 68(5), 512-515. <https://doi.org/10.1176/appi.ps.201500544>
7. Niculescu, A. B., Le-Niculescu, H., Levey, D. F., **Phalen, P.**, Dainton, H. D., Roseberry, K., Niculescu, E., Niezer, J., Williams, A., Graham, D. L., Jones, T., Venugopal, V., Ballew, A., Yard, M., Gelbart, T., Kurian, S. M., Shekhar, A., Schork, N. J., Sandusky, G. E., & Salomon, D. R. (2017). Precision medicine for suicidality: From universality to subtypes and personalization. *Molecular Psychiatry*, 22(9), 1250-1273. <https://doi.org/10.1038/mp.2017.128>
8. White, D. A., McGuire, A.B., Luther, L., Anderson, A. I., **Phalen, P.**, & McGrew, J. H. (2017). Consumer factors predicting level of treatment response to Illness Management and Recovery. *Psychiatric Rehabilitation Journal*, 40(4), 344-353. <https://doi.org/10.1037/prj0000284>
9. Kivisto, A., J., Ray, B., & **Phalen, P.L.** (2017). Firearm Legislation and Fatal Police Shootings in the United States. *American Journal of Public Health*, 107(7), 1068-1075. <https://doi.org/10.2105/AJPH.2017.303770>
10. **Phalen, P. L.**, Warman, D., Martin, J., & Lysaker, P. (2018). The stigma of voice-hearing experiences: Religiousness and voice-hearing contents matter. *Stigma and Health*, 3(1), 77-84. <https://doi.org/10.1037/sah0000075>
11. Rasdale, A., Warman, D., & **Phalen, P.** (2018). An Examination of Perceptions of Individuals with an Intellectual Disability, with and without Co-Morbid Schizophrenia: Effects of Labels on Stigma. *Journal of Intellectual Disability Research*, 62(6), 544-556. <https://doi.org/10.1111/jir.12494>
12. Kivisto, A. & **Phalen, P.** (2018). Effects of Risk-Based Firearm Seizure Laws in Connecticut and Indiana on Suicide Rates, 1981-2015. *Psychiatric Services*, 69(8), 855-862. <https://doi.org/10.1176/appi.ps.201700250>
13. Camacho, D., Vera, E., Scardamalia, K., & **Phalen, P. L.** (2018). What are urban teachers thinking and feeling? *Psychology in the Schools*, 55(9), 1133-1150. <https://doi.org/10.1002/pits.22176>
14. **Phalen, P.**, Ray, B., Watson, D. P., Huynh, P., & Greene, M. (2018). Fentanyl Related Overdose in Indianapolis: Estimating trends using multilevel Bayesian models. *Addictive Behaviors*, 86, 4-10. <https://doi.org/10.1016/j.addbeh.2018.03.010>
15. Ray, B., Lowder, E., Kivisto, A., **Phalen, P.**, & Gil, H. (2018). EMS Naloxone Administration as Non-Fatal Opioid Overdose Surveillance: Six Year Outcomes in Marion County. *Addiction*, 113(12), 2271-2279. <https://doi.org/10.1111/add.14426>
16. **Phalen, P.**, Rakhshan Rouhakhtar, P., Millman, Z. B., Thompson, E., DeVlyder, J., Mittal, V., Carter, E., Reeves, G., & Schiffman, J. (2018). Validity of a Two-Item Screen for Early Psychosis. *Psychiatry Research*, 270, 861-868. <https://doi.org/10.1016/j.psychres.2018.11.002>

17. Niculescu, A., Le-Niculescu, H., Levey, D., Roseberry, K., Rogers, J., Kosary, K., Prabha, S., Jones, T., Judd, S., McCormick, M., Wessel, A., Williams, A., **Phalen, P.**, Mamdani, F., Sequeira, A., and Kurian, S.. (2019). Towards Precision Medicine for Stress Disorders: Diagnostic Biomarkers and Targeted Drugs. *Molecular Psychiatry*. <https://doi.org/10.1038/s41380-019-0370-z>
18. **Phalen, P.**, Warman, D., Martin, J., Lucksted, A., Drapalski, A., Jones, N., and Lysaker, P. (2019). Public understanding of different kinds of voice-hearing experiences: Causal beliefs, perceptions of mental illness, and stigma. *Psychiatric Rehabilitation Journal*, 42(4), 331-340. <http://dx.doi.org/10.1037/prj0000353>
19. Rakhshan Rouhakhtar, P., Pitts, S., Millman, Z., Andorko, N., Redman, S., Wilson, C., Demro, C., **Phalen, P.**, Walsh, B., Woods, S., Reeves, G., and Schiffman, J. (2019). The Impact of Age on the Validity of Psychosis-Risk Screening in a Sample of Help-Seeking Youth. *Psychiatry Research*, 274, 30-35. <https://doi.org/10.1016/j.psychres.2019.02.020>
20. **Phalen, P.**, Muralidharan, A., Travaglini, L., Bennett, M., Stahl, N., Brown, C., Hack, S., Klingaman, B., & Goldberg, R. (2019). Predictors of Attendance in Health and Wellness Treatment Groups for People with Serious Mental Illness. *Psychiatric Rehabilitation Journal*. <http://dx.doi.org/10.1037/prj0000376>
21. Kivisto, A., Magee, L., **Phalen, P.**, and Ray, B. (2019). Firearm Ownership and Domestic Versus Nondomestic Homicide in the United States. *American Journal of Preventive Medicine*, 57(3), 311-320. <https://doi.org/10.1016/j.amepre.2019.04.009> (Awarded *AJPM Article of the Year*)
22. Tsuji, T., **Phalen, P.**, Rakhshan Rouhakhtar, P., Millman, Z., Bussell, K., Thompson, E., Demro, C., Roemer, C., Reeves, G., and Schiffman, J. (2019). Using the K-SADS Psychosis screen to Identify People with Early Psychosis or Psychosis Risk Syndromes. *Clinical Child Psychology and Psychiatry*, 24(4), 809-820. <https://doi.org/10.1177/1359104519846582>
23. Millman, Z.B., Rakhshan, P.J., DeVlyder, J.E., Edmondson Smith, M., **Phalen, P.L.**, Woods, S.W., Walsh, B.C., Parham, B., Reeves, G.M., & Schiffman, J. (2019). Evidence for differential predictive performance of the prime screen between black and white help-seeking adolescents. *Psychiatric Services*, 70(10), 907-914. <https://doi.org/10.1176/appi.ps.201800536>
24. Fischer, M. W., Dimaggio, G., Hochheiser, J., Vohs, J., **Phalen, P.**, Lysaker, P. (2020). Metacognitive capacity is related to self-reported social functioning and may moderate the effects of symptoms on interpersonal behavior. *Journal of Nervous and Mental Disease*, 208(2), 138-142. <https://doi.org/10.1097/NMD.0000000000001117>
25. Wastler, H., Lucksted, A., **Phalen, P.**, & Drapalski, A. (2020). Internalized Stigma, Sense of Belonging, and Suicidal Ideation among Veterans with Serious Mental illness. *Psychiatric Rehabilitation Journal*, 43(2), 91–96. <https://doi.org/10.1037/prj0000386>
26. **Phalen, P.**, Bridgeford, E., Gant, L., Kivisto, A., Ray, B., & Fitzgerald, S. (2020). Baltimore Ceasefire 365: Estimated impact of a recurring community-led ceasefire on gun violence. *American Journal of Public Health*, 110(4), 554-559. <https://doi.org/10.2105/AJPH.2019.305513>
27. Ryan, A., **Phalen, P.**, Jahn, D., Wastler, H., Bennett, M., Ghahramanlou-Holloway, M., & Schwartz, B. (2020). Cognitive Impairment and Depression Symptoms are Independently

- Associated with Suicidal Ideation in US Veterans. *Psychiatry Research*, 286, 112833. <https://doi.org/10.1016/j.psychres.2020.112833>
28. Muralidharan, A., Peeples, A.D., Hack, S.M., Fortuna, K.L., Klingaman, E.A., Stahl, N.F., **Phalen, P.**, Lucksted, A., & Goldberg, R.W. (2020). Peer and Non-Peer Co-Facilitation of a Health and Wellness Intervention for Adults with Serious Mental Illness. *Psychiatric Quarterly*. <https://doi.org/10.1007/s11126-020-09818-2>
 29. Kivisto, A. J., Kivisto, K. L., Gurnell, E., **Phalen, P.**, & Ray, B. (2021). Adolescent suicide, household firearm ownership, and the effects of child access prevention laws. *Journal of the American Academy of Child and Adolescent Psychiatry*. <https://doi.org/10.1016/j.jaac.2020.08.442>
 30. Jones, N., Atterbury, K., Byrne, L., Carras, M., Hansen, M., & **Phalen, P.** (2021). Lived Experience, Research Leadership, and the Transformation of Mental Health Services: Building a Researcher Pipeline. *Psychiatric Services*. <https://doi.org/10.1176/appi.ps.202000468>
 31. Niculescu, A., Le-Niculescu, H., Roseberry, R., Levey, D., Gill, S., **Phalen, P.**, Mullen, J., Williams, A., Bhairo, S., Voegtline, T., Davis, H., Shekhar, A., and Kurian S. (2021). Precision Medicine for Mood Disorders: Objective Assessment, Risk Prediction, Pharmacogenomics, and Repurposed Drugs. *Molecular Psychiatry*. <https://doi.org/10.1038/s41380-021-01061-w>
 32. **Phalen, P.**, Millman, Z., Rakhshan Rouhakhtar, P., Andorko, N., Reeves, G., & Schiffman, J. (2021). Categorical Versus Dimensional Models of Early Psychosis. *Early Intervention in Psychiatry*. <https://doi.org/10.1111/eip.13128>
 33. **Phalen, P.**, Miller, R., Frampton, B., Jones, N., Machin, K., Rose, D., Stewart, H., and Carras M. C. (2022). Peer support for discharge from inpatient mental health care. *The Lancet Psychiatry*.
 34. **Phalen, P.**, Grossmann, J., Bruder, T., Jeong, J., Calmes, C., Mcgrath, K., Malouf, E., James, A., Romero, E., and Bennett, M. (2022). Description of a Dialectical Behavior Therapy Program in a Veterans Affairs Health Care System. *Evaluation and Program Planning*. <https://doi.org/10.1016/j.evalprogplan.2022.102098>
 35. Watson, D., **Phalen, P.**, Medcalf, S., Messmer, S., and McGuire, A. (2023). Evaluation of post-discharge engagement for emergency department patients with opioid use history who received telehealth recovery coaching services. *Substance Abuse Treatment, Prevention, and Policy*. <https://doi.org/10.1186/s13011-023-00523-4>
 36. **Phalen, P.** and Kivisto, A. (2024). Research on youth suicide and sexual orientation is impacted by high rates of missingness in national surveillance systems. *Archives of Suicide Research*. <https://doi.org/10.1080/13811118.2023.2227233>
 37. **Phalen, P.**, Kimhy, D., Jobes, D., & Bennett, M. (2023). Emotional Distress and Dysregulation as Treatment Targets to Reduce Suicide in psychosis: A scoping review. *European Archives of Psychiatry and Clinical Neuroscience*. <https://doi.org/10.1007/s00406-023-01675-x>
 38. Watson, D. P., Swartz, J. A., Magee, L. A., Bray, B. C., **Phalen, P.**, Medcalf, S., & McGuire, A. B. (2024). Latent class analysis of emergency department patients engaged in telehealth peer recovery support services and associations of identified classes with post-discharge outcomes. *Journal of Substance Use and Addiction Treatment*, 160, 209282. <https://doi.org/10.1016/j.josat.2023.209282>

39. Cowan, T., **Phalen, P.**, Brown, C. H., Blanchard, J., & Bennett, M. (2024). We need to make progress on blunted affect: A commentary. *Schizophrenia research*, 264, 263-265.
<https://doi.org/10.1016/j.schres.2024.01.001>
40. Brady, D. J., **Phalen, P. L.**, Roche, D. J., Cowan, T., & Bennett, M. E. (2024). A reduction in cigarette smoking improves health-related quality of life and does not worsen psychiatric symptoms in individuals with serious mental illness. *Addictive Behaviors*, 151, 107949.
<https://doi.org/10.1016/j.addbeh.2023.107949>
41. Benrimoh, D., Dlugunovych, V., Wright, A. C., **Phalen, P.**, Funaro, M. C., Ferrara, M., ... & Shah, J. (2024). On the proportion of patients who experience a prodrome prior to psychosis onset: A systematic review and meta-analysis. *Molecular psychiatry*, 1-21.
<https://doi.org/10.1038/s41380-024-02415-w>
42. Watson, D. P., Ray, B., **Phalen, P.**, Duhart Clarke, S. E., Taylor, L., Swartz, J., & Gastala, N. (2024). Fentanyl Exposure and Detection Strategies Utilized by Clinical Trial Participants Seeking Linkage to Opioid Use Disorder Treatment at a Syringe Service Program. *Journal of Medical Toxicology*, 20(1), 13-21. <https://doi.org/10.1007/s13181-023-00979-7>
43. Pagdon S, Shahriar SS, Murphy S, Bomnae Babusci C, Flores AT, Rivens AJ, Ered A, Smith WR, Jones N, **Phalen PL**, Calkins ME, Bennett ME (2024). From Rhetoric to Action: Justice, Equity, Diversity, and Inclusion in Coordinated Specialty Care for Early Psychosis. *Psychiatric Services*.
<https://doi.org/10.1176/appi.ps.20240041>
44. **Phalen, P.**, Smith, W., Jones, N., Reznik, S., Marti, N., Cosgrove, J., Lopez, M., Calkins, M., Bennett, M. (2025). Reasons for Discharge in a National Network of Early Psychosis Intervention Programs. *Schizophrenia Bulletin*. <https://doi.org/10.1093/schbul/sbae100>
45. **Phalen, P.**, Jones, N., Davis, B., Sarpal, D., Dickerson, F., Vatz, C., Jumper, M., Kuczynski, A., Thompson, E., Jay, S., Buchanan, R., Chengappa, K. N. R., Goldberg, R., Kreyenbuhl, J., Margolis, R., Dong, F., Riggs, J., Moxam, A., Burris, E., Campbell, P., Cooke, A., Ered, A., Fauble, M., Howell, C., Kelly, C., Namowicz, D., Rouse, K., Smith, W., Wolcott, M., Boumaiz, Y., Harvin, A., Saravana, A., Nayar, S., Kohler, C., Calkins, M. E., & Bennett, M. (2024). Suicidality among patients in a network of Coordinated Specialty Care (CSC) programs for first-episode psychosis: Rates, changes in rates, and their predictors. *Schizophrenia Research*.
<https://doi.org/10.1016/j.schres.2024.07.054>
46. Marsteller, J., Goldberg, R., Boumaiz, Y., Jumper, M., Taylor, J., Saravana, A., Buchanan, R., Chengappa, K. N. R., Conroy, C. G., Dickerson, F., Ered, A., Jones, N., Kohler, C., Kreyenbuhl, J., Lucksted, A., Margolis, R. L., Medoff, D., **Phalen, P.**, Sarpal, D., Smith, W., Vatz, C., Calkins, M. E., Bennett, M. E. (2025). Building a Two-State Learning Healthcare System for Persons with First Episode Psychosis. *Schizophrenia Research*.
<https://doi.org/10.1016/j.schres.2025.02.004>
47. Phalen, P., Hall, W., & Jones, N. (2025). Antipsychotics “As Needed”: An Understudied But Widespread Self-Managed Medication Use Pattern. *Psychiatric Services*.
<https://doi.org/10.1176/appi.ps.20250097>

48. **Phalen, P.**, Lucksted, A., Fox, K., Yusuf, A., Hochheiser, H., Jones, N., Fetisova, A., Hackman, A., Bennett, M. (2025). Pilot of Dialectical Behavior Therapy (DBT) Skills Training for People with Psychosis Spectrum Conditions and High Risk of Suicide. *Psychosis*.
<https://doi.org/10.1080/17522439.2025.2570374>
49. Kacmarek, C.N., Smith, H.C., Lucksted, A., Li, L., Wilkins, L. Coakley, G., **Phalen, P.**, Medoff, D., Dickerson, F., Kreyenbuhl, J., & Bennett, M.E. (in press). Efficacy, acceptability and feasibility of StayQuit for sustaining smoking abstinence after psychiatric hospitalization. *Journal of Patient Centered Research and Reviews*.
50. Klingaman, E., Goldberg, R., Brown, C., Li, L., Kreyenbuhl, J., Gehrman, P., Howell, M., **Phalen, P.**, Fischer, M., Bennett, M. (in press). Results of a Pilot Randomized Controlled Trial of CBT-I for Veterans with Serious Mental Illness and Insomnia. *Journal of Clinical Sleep Medicine*.

Major Invited Speeches

National

1. **Phalen, P. L.** (November, 2023). Addressing Suicidality in Coordinated Specialty Care for Early Psychosis. *Early Psychosis Intervention Center (EPICENTER) Speaker Series*. Lecture conducted from The Ohio State University.
2. **Phalen, P. L.** (December, 2025). Dialectical Behavior Therapy (DBT) for People with Psychosis. *Early Psychosis Intervention Center (EPICENTER) Speaker Series*. Lecture conducted from The Ohio State University.

Local

1. **Phalen, P. L.** (January, 2015). Quantitative Psych Assessments: smartphone apps. *Translational Neuroscience Topics (TNT)*. Lecture conducted from Indiana University School of Medicine.
2. **Phalen, P. L.** (September, 2015). Mental Health Disparities After ‘Obamacare’: Methods for analyzing nationally representative datasets with complex survey designs. *ACT Collaborator Meeting*. Lecture conducted from Indiana University-Purdue University of Indianapolis.
3. **Phalen, P. L.** (November, 2015). Tracking the Mind: Planet of the Apps. *Translational Neuroscience Topics (TNT)*. Lecture conducted from Indiana University School of Medicine.
4. **Phalen, P. L.** (February, 2020). Dialectical Behavior Therapy for Psychosis and Mania. *Annual Mental Health In-Service for VA Maryland Health Care System*. Seminar conducted from Perry Point VA Medical Center.
5. **Phalen, P. L.** (February, 2020). Dialectical Behavior Therapy for Psychosis and Mania. *Annual Mental Health In-Service for VA Maryland Health Care System*. Seminar conducted from Perry Point VA Medical Center.
6. **Phalen, P. L.** (November, 2023). Clinical strategies for assessing and reducing suicide risk. *8th Annual Pennsylvania Early Psychosis Conference*. Lecture conducted from the University of Pennsylvania.

7. **Phalen, P. L.** (July, 2024). Research versus Clinical Careers: Do you have to choose? *MPRC DANA Scholar Lecture Series*. Lecture conducted from the Maryland Psychiatric Research Institute.
8. **Phalen, P. L.** (March, 2025). Delivering the Columbia-Suicide Severity Rating Scale (C-SSRS). *PEACE program (Psychosis Education, Assessment, Care and Empowerment) in-service*. Invited lecture conducted at Horizon House: Philadelphia, PA.

Proffered Communications

1. **Phalen, P. L.**, Viswanadhan, K., Lysaker, P. H., & Warman, D. W. (November, 2014). *Clinical insight, cognitive insight, and quality of life for individuals with schizophrenia*. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.
2. **Phalen, P. L.**, Lysaker, P. H., & Warman, D. W. (November, 2014). *Evaluation of the Peters et al. Delusions Inventory as an assessment of current psychosis severity*. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.
3. Viswanadhan, K., **Phalen, P. L.**, & Warman, D. W. (August, 2015). *Thought-action fusion and psychosis proneness*. Poster presentation at the American Psychological Association Conference, Toronto, Canada.
4. **Phalen, P. L.**, & Niculescu, A. B. (August, 2015). *The effects of childhood trauma on adult psychosis are modulated by temperament*. Poster presentation at the American Psychological Association Conference, Toronto, Canada.
5. **Phalen, P. L.**, & Warman, D. M. (November, 2015). *Obsessive Compulsive beliefs and their relationship with attitudes toward people with violent thoughts*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.
6. **Phalen, P. L.**, & Warman, D. M. (November, 2015). *Relationship between Obsessive Compulsive beliefs and psychosis proneness in a non-clinical sample*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.
7. Viswanadhan, K., **Phalen, P. L.**, & Warman, D. M. (November, 2015). *Cognitive insight and probabilistic Reasoning*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.
8. Viswanadhan, K., **Phalen, P.** & Warman, D. (November, 2016). *Thought action fusion and specific components of religiosity*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
9. Viswanadhan, K., **Phalen, P.** & Warman, D. (November, 2016). *Self-transcendence and thought action fusion*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
10. **Phalen, P.** & Warman, D. (November, 2016). *Cognitive insight and intolerance of uncertainty: pros and cons of second-guessing*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
11. **Phalen, P.** & Warman, D. (November, 2016). *The content of auditory verbal hallucinations determines whether the voice-hearer is perceived as mentally ill*. Poster presentation at the 2016 ABCT Conference. New York City, New York.

12. **Phalen, P.** Warman, D., & Martin, J. (November, 2017). *What aspects of religiousness are associated with psychosis-proneness?* Poster presentation at the 2017 ABCT Conference. San Diego, California.
13. **Phalen, P.** (January, 2018). *Modeling the fentanyl crisis in Indianapolis using multilevel Bayesian regression.* Poster presentation at the StanCon 2018 conference. Pacific Grove, California.
14. **Phalen, P.,** Rakhshan, P., Schiffman, J., & Reeves, G. (June, 2018). *Validity of a two-item psychosis screener.* Poster presentation at UM Research Day. Baltimore, Maryland.
15. **Phalen, P.,** Ray, B., Watson, D. (June, 2018). *Using Bayesian Multilevel Modeling to Avoid Collapsing Small Groups: Epidemiology of Fentanyl as case example.* Poster presentation at UM Research Day. Baltimore, Maryland.
16. Rakhshan, P., **Phalen, P.,** Thompson, E., Andorko, N., Millman, Z. B., Sun, S, and Schiffman, J. (July, 2018). *Factor Analysis of the Prime Screen: Introducing the Prime-8.* Paper presentation at the 2018 APA Division 45 (Psychological Study of Culture, Ethnicity, and Race) Research Conference.
17. **Phalen, P.** Warman, D., & Martin, J. (November, 2018). *Personal beliefs/experiences and stigma toward voice-hearers.* Poster presentation at the 2018 ABCT Conference. Washington, DC.
18. Lowder, E., Ray, B., Kivisto, A., **Phalen, P.,** & Gil, H (November, 2018). *Mortality following naloxone encounters with emergency medical services.* Abstract presented at the American Public Health Association's 2018 Annual Meeting & Expo. San Diego, CA.
19. **Phalen, P.** (July, 2019). *Dialectical Behavior Therapy for Psychosis: A case study.* Poster presented at Beckfest 2019 (International Cognitive Behavioral Therapy for Psychosis). Philadelphia, PA.
20. Jay, S., Thompson, E., **Phalen, P.,** Shan, L., Rakhshan Rouhakhtar, P., Andorko, N., Fitzgerald, J., Millman, Z., Redman, S., Roemer, C., DeLuca, J., Petti, E., Bridgewater, M., Schiffman, J (September, 2019). *The Relation Between Positive Symptoms and Suicidal Ideation and Behaviors in Adolescents At Clinical High Risk For Psychosis.* Poster presentation at the Thirty-Third Annual Meeting of the Society for Research in Psychopathology. Buffalo, NY.
21. Niculescu, A., Le-Niculescu, H., Roseberry, K., Levey, D., **Phalen, P.,** Nurnberger, J., Shekhar, A., Kurian, S. (October, 2019). *Towards Precision Medicine for Mood Disorders: Objective assessment and targeted therapeutics for depression and mania.* Poster presentation at the XXVIIIth World Congress of Psychiatric Genetics (WCPG). Los Angeles, California.
22. Schiffman, J., Bridgewater, M., Thompson, E., Rakhshan Rouhakhtar, P., Millman, Z., **Phalen, P.,** Klaunig, M., Kline, E., & DeLuca, J. (October, 2019). *Youth at Clinical High Risk and Schools.* Presentation at The Second National Conference on Advancing Early Psychosis Care, American Psychiatric Association. New York, NY.
23. Petti, E., Rakhshan Rouhakhtar, P., Klaunig, M., Bridgewater, M., Roemer, C., Andorko, N. D., DeLuca, J. S., **Phalen, P.,** Smith, M., Pitts, S., & Schiffman, J. (April, 2020). *Mental Health Treatment-Seeking in Individuals with High Levels of Psychosis-like Experiences: Impact of Trauma and Race.* Poster presentation at the 2020 Congress of the Schizophrenia International

- Research Society (SIRS). Firenze, Italy. Conference canceled due to COVID-19, but abstract published in *Schizophrenia Bulletin* at <https://doi.org/10.1093/schbul/sbaa030.553>
24. Schiffman, J., Rakhshan Rouhakhtar, P., Millman, Z., Thompson, E., & **Phalen, P.** (April, 2020). *The Role of Contextual Factors and Assessment Strategies in the Accurate Screening of Psychosis-Risk Symptoms*. Oral Session at the 2020 Congress of the Schizophrenia International Research Society (SIRS). Firenze, Italy. Conference canceled due to COVID-19, but abstract published in *Schizophrenia Bulletin* at <https://doi.org/10.1093/schbul/sbaa028.058>
 25. Didion, L., Grossman, J., & **Phalen, P.** (September, 2020). *Dialectical Behavior Therapy Implementation and Initial Outcomes at Baltimore and DC VA Medical Centers*. Seminar for the National Mental Health Recovery & Wellness Webinar Series, Department of Veterans Affairs.
 26. Fitzgerald, S., Gant, L., Bridgeford, E., Raphael, C., Kivisto, A., Ray, B., **Phalen, P.** (October, 2020). *Estimated impact of a recurring community-led ceasefire on gun violence in Baltimore*. American Public Health Association Annual Meeting and Expo.
 27. Fox, K., & **Phalen, P.** (April, 2023). *Analysis of 911 Behavioral Health Diversions in Baltimore City*. UM Research Day.
 28. **Phalen, P.**, Fox, K., & Funk, R. (April, 2023). *Toward a pragmatic clinical trial: Training community psychiatry clinicians to deliver DBT for people with serious mental illness*. UM Research Day.
 29. Turner, E., Bastos, R., Kodaiarasi, K., Murthy, S., Noumair, M., **Phalen, P.** (May, 2023). *The relationship between level-of-contact with mental illness and stigmatization of voice-hearing experiences depends upon the specific contents of the voice*. Schizophrenia International Research Society 2023 Annual Congress.
 30. Watson, D. P., **Phalen, P.**, Medcalf, S., Messmer, S., & McGuire, A. (May, 2023). *Factors affecting successful post-discharge engagement of emergency department patients with opioid use history who received telehealth recovery coaching services*. World Congress on Public Health. Rome, Italy.
 31. **Phalen, P.**; Jones, N.; Davis, B.; Calkins, M.; Kohler, C.; Sarpal, D.; Chengappa, K.; Margolis, R.; Baker, K.; Marsteller, J.; Jumper, M.; Medoff, D.; Bennett, M. (October, 2023). *Reductions in suicidality among youth receiving specialty services for first episode psychosis*. Poster presented at the 2023 IASR/AFSP International Summit on Suicide Research.
 32. **Phalen, P.** & Bennett, M. (November, 2023). *Implementing Dialectical Behavior Therapy (DBT) without excluding people with psychosis*. Poster presented at the 2023 Association for Behavioral and Cognitive Therapies (ABCT) conference. Seattle, Washington.
 33. Boumaiz, Y., **Phalen, P.**, Warman, D., Martin, J. (June, 2024). *Distinguishing religious and spiritual beliefs from psychosis-like experiences*. University of Maryland Research Day. Baltimore, MD.
 34. Eisen, K., Jones, N., Kopelovich, S., **Phalen, P.**, Shapiro, D., Thompson, E. (November, 2024). *Engaging clients, providers, and systems of care in early psychosis treatment: Lessons learned from community-based research*. Panel for the Association for Behavioral and Cognitive Therapies.

35. **Phalen, P.**, Roe, D., Speyer, H., Jones, N., Driscoll, S. (March, 2025). *Broadening Our Understanding of Antipsychotic Discontinuation by Integrating Lived Experience, Quantitative, and Qualitative Research*. Symposium at the 2025 Schizophrenia International Research Society (SIRS) conference. Chicago, Illinois.
36. Menkes, M., Liu, J., Bennett, M., Weiner, E., & **Phalen, P.** *Program Evaluation of a Dialectical Behavior Therapy (DBT) Skills Group in an Early Psychosis Specialty Care Clinic*. Poster presentation at the University of Maryland Research Day. Baltimore, MD.
37. Manges, M., Title, S., Thompson, E., **Phalen, P.**, & Bornheimer, L. *Advancing Suicide Prevention Efforts for Individuals with Psychosis Spectrum Disorders: Innovations in Measurement, Assessment, and Treatment*. Symposium accepted for presentation at the 2025 IASR/AFSP International Summit on Suicide Research. Boston, MA.
38. Fetisova, A., Bennett, M., Lucksted, A., Hochheiser, J., Yusuf, A., Fox, K., **Phalen, P.** (2025). *Preliminary data on a prepilot Dialectical Behavior Therapy (DBT) skills program for people with psychosis spectrum disorder and high risk of suicide*. Poster accepted for presentation at the 59th Annual Association for Behavioral and Cognitive Therapies (ABCT) Conference. New Orleans, Louisiana.
39. Phalen, P., Driscoll, S. (September, 2025). *Antipsychotic use patterns and outcomes in a national network of early psychosis intervention clinics (EPINET)*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
40. Jones, N., Phalen, P., Babusci, C., Kreyenbuhl, J., Marsteller, J., Goldberg, G., Bennett, M. (September, 2025). *Development of a novel early psychosis discharge and transition navigation intervention across a multi-state hub*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
41. Jones, N., Babusci, C., Driscoll, S., Phalen, P. (September, 2025). *A critical assessment of the implementation of a common assessment battery across a large network of early psychosis programs in the US*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
42. Pagdon, S., Phalen, P., Bennett, M., Jones, N. (September, 2025). *Investigating the impact of service user versus clinician conceptualizations of psychosis-related phenomenology on (dis)engagement*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
43. Jones, N., Pagdon, S., Babusci, C., Phalen, P., Bennett, M. (September, 2025). *The View from Outside versus Experience Itself: Questioning a Paradigm in the Conceptualization of Psychosis*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
44. Jones, N., Pagdon, S., McNemar, S., Babusci, C., Driscoll, S., Phalen, P., Bennett, M. (September, 2025). *“Breaking boundaries” through embedded co-design and co-production across a disengagement-themed early psychosis learning healthcare system in the United States*.

Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.