

**Peter L. Phalen, PsyD**  
**BRIEF CURRICULUM VITAE**

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**EDUCATION**

- 2013-2018      **University of Indianapolis**  
Indianapolis, Indiana  
APA Accredited  
Doctorate in Clinical Psychology  
Master of Arts awarded in 2016  
Advisor: Dr. Debbie Warman
- 2006-2010      **Reed College**  
Portland, Oregon  
Bachelor of Arts in Philosophy  
Degree awarded: May 2010  
Thesis advisor: Dr. Mark Hinchliff

**INTERNSHIP TRAINING**

- 2017-2018      **VA Maryland Health Care System/University of Maryland School of Medicine**  
**Psychology Internship Consortium**  
Serious Mental Illness track  
Outstanding Intern Award

**LICENSURE**

- 2019-present      **Psychologist, License #06339**  
Department of Health, State of Maryland

**SELECTED PROGRAMMING PORTFOLIO**

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**R (statistical programming)**

- [Complex survey designs](#)
- [Data visualization](#)
- Bayesian multilevel modeling:
  - [Baltimore Ceasefire](#)
  - [Opiate crisis](#)

**Java (android applications)**

- [Metadata](#)
- [Archives + Absences](#)
- [Breadcrumbs](#)

**Javascript/HTML/CSS**

- [Humanize chrome extension](#)
- [Personal website](#)

## GRANT FUNDING

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VISN 5 VA Capitol Healthcare Network MIRECC. *Suicidality among patients with psychosis*, **Peter L. Phalen, PsyD** (Principal Investigator), \$24,089 (total direct costs), 09/01/19-11/30/20.

The goal of this project is to gain insight into the nature and course of suicidality in psychosis and identify potential treatment gaps. Part one is a quantitative assessment of suicidality in people with psychosis and its relationship with theoretically important constructs including emotion dysregulation. Part two is a qualitative component to understand how emotion dysregulation is currently addressed in treatment for people with psychosis and identify potential treatment gaps.

## PEER-REVIEWED PUBLICATIONS

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Kivisto, A. J., Kivisto, K. L., Gurnell, E., **Phalen, P.**, Ray, B. (in press). Adolescent suicide, household firearm ownership, and the effects of child access prevention laws. *Journal of the American Academy of Child and Adolescent Psychiatry*.

Ryan, A., **Phalen, P.**, Jahn, D., Wastler, H., Bennett, M., Ghahramanlou-Holloway, M., Schwartz, B. (in press). Cognitive Impairment and Depression Symptoms are Independently Associated with Suicidal Ideation in US Veterans. *Psychiatry Research*. <https://doi.org/10.1016/j.psychres.2020.112833>

**Phalen, P.**, Bridgeford, E., Gant, L., Kivisto, A., Ray, B., & Fitzgerald, S. (in press). Baltimore Ceasefire 365: Estimated impact of a recurring community-led ceasefire on gun violence. *American Journal of Public Health*. <https://doi.org/10.2105/AJPH.2019.305513>

R script and data for this paper posted publicly at <https://github.com/peterphalen/code-for-publications/tree/master/Phalen-Bridgeford-Gant-Kivisto-Ray-Fitzgerald>

Wastler, H., Lucksted, A., **Phalen, P.**, & Drapalski, A. (in press). Internalized Stigma, Sense of Belonging, and Suicidal Ideation among Veterans with Serious Mental illness. *Psychiatric Rehabilitation Journal*. <https://doi.org/10.1037/prj0000386>

Fischer, M. W., Dimaggio, G., Hochheiser, J., Vohs, J., **Phalen, P.**, Lysaker, P. (in press). Metacognitive capacity is related to self-reported social functioning and may moderate the effects of symptoms on interpersonal behavior. *Journal of Nervous and Mental Disease*. <https://doi.org/10.1097/NMD.0000000000001117>

Millman, Z.B., Rakhshan, P.J., DeVlyder, J.E., Edmondson Smith, M., **Phalen, P.L.**, Woods, S.W., Walsh, B.C., Parham, B., Reeves, G.M., & Schiffman, J. (2019). Evidence for differential predictive performance of the prime screen between black and white help-seeking adolescents. *Psychiatric Services*, 70(10), 907-914. <https://doi.org/10.1176/appi.ps.201800536>

Tsuji, T., **Phalen, P.**, Rakhshan Rouhakhtar, P., Millman, Z., Bussell, K., Thompson, E., Demro, C., Roemer, C., Reeves, G., and Schiffman, J. (2019). Using the K-SADS Psychosis screen to Identify People with Early Psychosis or Psychosis Risk Syndromes. *Clinical Child Psychology and Psychiatry*, 24(4), 809-820. <https://doi.org/10.1177/1359104519846582>

Kivisto, A., Magee, L., **Phalen, P.**, and Ray, B. (2019). Firearm Ownership and Domestic Versus Nondomestic Homicide in the United States. *American Journal of Preventive Medicine*, 57(3), 311-320. <https://doi.org/10.1016/j.amepre.2019.04.009> (Awarded *AJPM Article of the Year*)

**Phalen, P.**, Muralidharan, A., Travaglini, L., Bennett, M., Stahl, N., Brown, C., Hack, S., Klingaman, B., & Goldberg, R. (2019). Predictors of Attendance in Health and Wellness Treatment Groups for People with Serious Mental Illness. *Psychiatric Rehabilitation Journal*. <http://dx.doi.org/10.1037/prj0000376>

- Rakhshan Rouhakhtar, P., Pitts, S., Millman, Z., Andorko, N., Redman, S., Wilson, C., Demro, C., **Phalen, P.**, Walsh, B., Woods, S., Reeves, G., and Schiffman, J. (2019). The Impact of Age on the Validity of Psychosis-Risk Screening in a Sample of Help-Seeking Youth. *Psychiatry Research*, 274, 30-35. <https://doi.org/10.1016/j.psychres.2019.02.020>
- Phalen, P.**, Warman, D., Martin, J., Lucksted, A., Drapalski, A., Jones, N., and Lysaker, P. (2019). Public understanding of different kinds of voice-hearing experiences: Causal beliefs, perceptions of mental illness, and stigma. *Psychiatric Rehabilitation Journal*, 42(4), 331-340. <http://dx.doi.org/10.1037/prj0000353>
- Niculescu, A., Le-Niculescu, H., Levey, D., Roseberry, K., Rogers, J., Kosary, K., Prabha, S., Jones, T., Judd, S., McCormick, M., Wessel, A., Williams, A., **Phalen, P.**, Mamdani, F., Sequeira, A., and Kurian, S.. (2019). Towards Precision Medicine for Stress Disorders: Diagnostic Biomarkers and Targeted Drugs. *Molecular Psychiatry*. <https://doi.org/10.1038/s41380-019-0370-z>
- Phalen, P.**, Rakhshan Rouhakhtar, P., Millman, Z. B., Thompson, E., DeVyllder, J., Mittal, V., Carter, E., Reeves, G., & Schiffman, J. (2018). Validity of a Two-Item Screen for Early Psychosis. *Psychiatry Research*, 270, 861-868. <https://doi.org/10.1016/j.psychres.2018.11.002>
- Ray, B., Lowder, E., Kivisto, A., **Phalen, P.**, & Gil, H. (2018). EMS Naloxone Administration as Non-Fatal Opioid Overdose Surveillance: Six Year Outcomes in Marion County. *Addiction*, 113(12), 2271-2279. <https://doi.org/10.1111/add.14426>
- Phalen, P.**, Ray, B., Watson, D. P., Huynh, P., & Greene, M. (2018). Fentanyl Related Overdose in Indianapolis: Estimating trends using multilevel Bayesian models. *Addictive Behaviors*, 86, 4-10. <https://doi.org/10.1016/j.addbeh.2018.03.010>  
R scripts for this paper posted publicly at <https://github.com/peterphalen/code-for-publications/>
- Camacho, D., Vera, E., Scardamalia, K., & **Phalen, P. L.** (2018). What are urban teachers thinking and feeling? *Psychology in the Schools*, 55(9), 1133-1150. <https://doi.org/10.1002/pits.22176>
- Kivisto, A. & **Phalen, P.** (2018). Effects of Risk-Based Firearm Seizure Laws in Connecticut and Indiana on Suicide Rates, 1981-2015. *Psychiatric Services*, 69(8), 855-862. <https://doi.org/10.1176/appi.ps.201700250>
- Rasdale, A., Warman, D., & **Phalen, P.** (2018). An Examination of Perceptions of Individuals with an Intellectual Disability, with and without Co-Morbid Schizophrenia: Effects of Labels on Stigma. *Journal of Intellectual Disability Research*, 62(6), 544-556. <https://doi.org/10.1111/jir.12494>
- Phalen, P. L.**, Warman, D., Martin, J., & Lysaker, P. (2018). The stigma of voice-hearing experiences: Religiousness and voice-hearing contents matter. *Stigma and Health*, 3(1), 77-84. <https://doi.org/10.1037/sah0000075>
- Kivisto, A., J., Ray, B., & **Phalen, P.L.** (2017). Firearm Legislation and Fatal Police Shootings in the United States. *American Journal of Public Health*, 107(7), 1068-1075. <https://doi.org/10.2105/AJPH.2017.303770>
- White, D. A., McGuire, A.B., Luther, L., Anderson, A. I., **Phalen, P.**, & McGrew, J. H. (2017). Consumer factors predicting level of treatment response to Illness Management and Recovery. *Psychiatric Rehabilitation Journal*, 40(4), 344-353. <https://doi.org/10.1037/prj0000284>
- Niculescu, A. B., Le-Niculescu, H., Levey, D. F., **Phalen, P.**, Dainton, H. D., Roseberry, K., Niculescu, E., Niezer, J., Williams, A., Graham, D. L., Jones, T., Venugopal, V., Ballew, A., Yard, M., Gelbart, T.,

Kurian, S. M., Shekhar, A., Schork, N. J., Sandusky, G. E., & Salomon, D. R. (2017). Precision medicine for suicidality: From universality to subtypes and personalization. *Molecular Psychiatry*, 22(9), 1250-1273. <https://doi.org/10.1038/mp.2017.128>

**Phalen, P. L.** (2017). Psychological Distress and Rates of Health Insurance Coverage and Use and Affordability of Mental Health Services, 2013–2014. *Psychiatric Services*, 68(5), 512-515. <https://doi.org/10.1176/appi.ps.201500544>  
R scripts for this paper posted publicly at <https://github.com/peterphalen/code-for-publications/>

**Phalen, P. L.,** Dimaggio, G., Popolo, R., & Lysaker, P. (2017). Aspects of Theory of Mind that attenuate the relationship between persecutory delusions and social functioning in schizophrenia spectrum disorders. *Journal of Behavior Therapy and Experimental Psychiatry*, 56, 65-70. <https://doi.org/10.1016/j.jbtep.2016.07.008>

Levey, D. F., Niculescu, E., Le-Niculescu, H., Dainton, H. D., **Phalen, P. L.,** Ladd, T. B., Weber, H., Belanger, E., Graham, D. L., Khan, F. N., Vanipenta, N. P., Stage, E., Ballew, A., Yard, M., Gelbart, T., Shekhar, A., Schork, N. J., Kurian, S. M., Sandusky, G. E., Salomon, D. R., & Niculescu, A. B. (2016). Towards understanding and predicting suicidality in women: Biomarkers and clinical risk assessment. *Molecular Psychiatry*, 21, 768-785. <https://doi.org/10.1038/mp.2016.31>

**Phalen, P. L.,** Viswanadhan, K., Lysaker, P. H., & Warman, D. M. (2015). The relationship between cognitive insight and quality of life in schizophrenia spectrum disorders: Symptom severity as potential moderator. *Psychiatry Research*, 230(3), 839-845. <https://doi.org/10.1016/j.psychres.2015.10.014>

Niculescu, A. B., Levey, D. F., **Phalen, P. L.,** Le-Niculescu, H., Dainton, H. D., Jain, N., Belanger, E., James, A., George, S., Weber, H., Graham, D. L., Schweitzer, R., Ladd, T. B., Learman, R., Niculescu, E. M., Vanipenta, N. P., Khan, F. N., Mullen, J., Shankar, G., Cook, S., Humbert, C., Ballew, A., Yard, M., Gelbart, T., Shekhar, A., Schork, N. J., Kurian, S. M., Sandusky, G. E., & Salomon, D. R. (2015). Predicting suicidality using a combined genomic and clinical risk assessment approach. *Molecular Psychiatry*, 20, 1266-1285. <https://doi.org/10.1038/mp.2015.112>

Warman, D. M., **Phalen, P. L.,** & Martin, J. M. (2015). Impact of a brief education about mental illness on stigma of OCD and violent thoughts. *Journal of Obsessive-Compulsive and Related Disorders*, 5, 16-23. <https://doi.org/10.1016/j.jocrd.2015.01.003>

## OTHER PUBLICATIONS

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**Phalen, P. L.** (September, 2013), Psychiatrists and African Traditional Healers Ally on Mental Health. *Humanosphere*. <<http://www.humanosphere.org/2013/09/psychiatrists-and-traditional-healers-in-west-africa-an-unlikely-alliance/>>

**Phalen, P. L.** (1 October 2013), Guinea hospital shows West how to treat mental illness without chains. *Humanosphere*. <<http://www.humanosphere.org/2013/10/guinea-hospital-shows-west-how-to-treat-mental-illness-without-chains/>>

## INVITED TALKS

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**Phalen, P. L.** (February, 2020). Dialectical Behavior Therapy for Psychosis and Mania. *Annual Mental Health In-Service for VA Maryland Health Care System*. Seminar conducted from Perry Point VA Medical Center.

**Phalen, P. L.** (November, 2015). Tracking the Mind: Planet of the Apps. *Translational Neuroscience Topics (TNT)*. Lecture conducted from Indiana University School of Medicine.

**Phalen, P. L.** (September, 2015). Mental Health Disparities After ‘Obamacare’: Methods for analyzing nationally representative datasets with complex survey designs. *ACT Collaborator Meeting*. Lecture conducted from Indiana University-Purdue University of Indianapolis.

**Phalen, P. L.** (January, 2015). Quantitative Psych Assessments: smartphone apps. *Translational Neuroscience Topics (TNT)*. Lecture conducted from Indiana University School of Medicine.

## PROFESSIONAL PRESENTATIONS

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Schiffman, J., Rakhshan Rouhakhtar, P., Millman, Z., Thompson, E., & **Phalen, P.** (April, 2020). *The Role of Contextual Factors and Assessment Strategies in the Accurate Screening of Psychosis-Risk Symptoms*. Oral Session at the 2020 Congress of the Schizophrenia International Research Society (SIRS). Firenze, Italy. Conference canceled due to COVID-19, but abstract published in *Schizophrenia Bulletin* at <https://doi.org/10.1093/schbul/sbaa028.058>

Petti, E., Rakhshan Rouhakhtar, P., Klaunig, M., Bridgewater, M., Roemer, C., Andorko, N. D., DeLuca, J. S., **Phalen, P.**, Smith, M., Pitts, S., & Schiffman, J. (April, 2020). *Mental Health Treatment-Seeking in Individuals with High Levels of Psychosis-like Experiences: Impact of Trauma and Race*. Poster presentation at the 2020 Congress of the Schizophrenia International Research Society (SIRS). Firenze, Italy. Conference canceled due to COVID-19, but abstract published in *Schizophrenia Bulletin* at <https://doi.org/10.1093/schbul/sbaa030.553>

Schiffman, J., Bridgewater, M., Thompson, E., Rakhshan Rouhakhtar, P., Millman, Z., **Phalen, P.**, Klaunig, M., Kline, E., & DeLuca, J. (October, 2019). *Youth at Clinical High Risk and Schools*. Presentation at The Second National Conference on Advancing Early Psychosis Care, American Psychiatric Association. New York, NY.

Niculescu, A., Le-Niculescu, H., Roseberry, K., Levey, D., **Phalen, P.**, Nurnberger, J., Shekhar, A., Kurian, S. (October, 2019). *Towards Precision Medicine for Mood Disorders: Objective assessment and targeted therapeutics for depression and mania*. Poster presentation at the XXVIIth World Congress of Psychiatric Genetics (WCPG). Los Angeles, California.

Jay, S., Thompson, E., **Phalen, P.**, Shan, L., Rakhshan Rouhakhtar, P., Andorko, N., Fitzgerald, J., Millman, Z., Redman, S., Roemer, C., DeLuca, J., Petti, E., Bridgewater, M., Schiffman, J. (September, 2019). *The Relation Between Positive Symptoms and Suicidal Ideation and Behaviors in Adolescents At Clinical High Risk For Psychosis*. Poster presentation at the Thirty-Third Annual Meeting of the Society for Research in Psychopathology. Buffalo, NY.

**Phalen, P.** (July, 2019). *Dialectical Behavior Therapy for Psychosis: A case study*. Poster presented at Beckfest 2019 (International Cognitive Behavioral Therapy for Psychosis). Philadelphia, PA.

Lowder, E., Ray, B., Kivisto, A., **Phalen, P.**, & Gil, H (November, 2018). *Mortality following naloxone encounters with emergency medical services*. Abstract presented at the American Public Health Association’s 2018 Annual Meeting & Expo. San Diego, CA.

**Phalen, P.** Warman, D, & Martin, J. (November, 2018). *Personal beliefs/experiences and stigma toward voice-hearers..* Poster presentation at the 2018 ABCT Conference. Washington, DC.

- Rakhshan, P., **Phalen, P.**, Thompson, E., Andorko, N., Millman, Z. B., Sun, S, and Schiffman, J. (July, 2018). *Factor Analysis of the Prime Screen: Introducing the Prime-8*. Paper presentation at the 2018 APA Division 45 (Psychological Study of Culture, Ethnicity, and Race) Research Conference.
- Phalen, P.** (January, 2018). *Modeling the fentanyl crisis in Indianapolis using multilevel Bayesian regression*. Poster presentation at the StanCon 2018 conference. Pacific Grove, California.
- Phalen, P.** Warman, D, & Martin, J. (November, 2017). *What aspects of religiousness are associated with psychosis-proneness?* Poster presentation at the 2017 ABCT Conference. San Diego, California.
- Phalen, P.** & Warman, D. (November, 2016). *The content of auditory verbal hallucinations determines whether the voice-hearer is perceived as mentally ill*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
- Phalen, P.** & Warman, D. (November, 2016). *Cognitive insight and intolerance of uncertainty: pros and cons of second-guessing*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
- Viswanadhan, K., **Phalen, P.** & Warman, D. (November, 2016). *Self-transcendence and thought action fusion*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
- Viswanadhan, K., **Phalen, P.** & Warman, D. (November, 2016). *Thought action fusion and specific components of religiosity*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
- Viswanadhan, K., **Phalen, P. L.**, & Warman, D. M. (November, 2015). *Cognitive insight and probabilistic Reasoning*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.
- Phalen, P. L.**, & Warman, D. M. (November, 2015). *Relationship between Obsessive Compulsive beliefs and psychosis proneness in a non-clinical sample*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.
- Phalen, P. L.**, & Warman, D. M. (November, 2015). *Obsessive Compulsive beliefs and their relationship with attitudes toward people with violent thoughts*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.
- Phalen, P. L.**, & Niculescu, A. B. (August, 2015). *The effects of childhood trauma on adult psychosis are modulated by temperament*. Poster presentation at the American Psychological Association Conference, Toronto, Canada.
- Viswanadhan, K., **Phalen, P. L.**, & Warman, D. W. (August, 2015). *Thought-action fusion and psychosis proneness*. Poster presentation at the American Psychological Association Conference, Toronto, Canada.
- Phalen, P. L.**, Lysaker, P. H., & Warman, D. W. (November, 2014). *Evaluation of the Peters et al. Delusions Inventory as an assessment of current psychosis severity*. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.
- Phalen, P. L.**, Viswanadhan, K., Lysaker, P. H., & Warman, D. W. (November, 2014). *Clinical insight, cognitive insight, and quality of life for individuals with schizophrenia*. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.

## **CLINICAL POSITIONS**

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2018-present	<u>VISN 5 MIRECC, Baltimore, Maryland</u>
2017-2018	<u>VA Maryland Health Care System/University of Maryland School of Medicine Psychology Internship Consortium, Baltimore, Maryland</u>
2016	<u>Indiana University School of Medicine, Indianapolis, Indiana</u>
2015-2016	<u>Roudebush VA Medical Center, clinic dir. Paul Lysaker, Indianapolis, Indiana</u>
2014-2015	<u>Richmond State Hospital, Richmond, Indiana</u>
2012-2013	<u>Community Psychiatric Clinic (CPC), Seattle, Washington</u>
2011-2012	<u>DESC (Main Shelter), Seattle, WA</u>
2007-2010	<u>Oregon Partnership: Lifeline (Suicide) and Helpline (D&amp;A), Portland, Oregon</u>

## **RESEARCH POSITIONS**

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2018-present	<u>VISN 5 MIRECC, Baltimore, Maryland</u>
2017-2018	<u>VA Maryland Health Care System/University of Maryland School of Medicine Psychology Internship Consortium, Research Rotation, Baltimore, Maryland</u>
2013-present	<u>Roudebush VA Medical Center, Indiana University School of Medicine, Dr. Alexander Niculescu, Laboratory of Neurophenomics, Indianapolis, Indiana</u>
2013-2017	<u>University of Indianapolis, Dr. Debbie Warman, Indianapolis, Indiana</u>
2013-2014	<u>Indiana University-Purdue University of Indianapolis, Roudebush VA Medical Center, Dr. Alan McGuire, Indianapolis, IN</u>
2011-2013	<u>Behavioral Research and Therapy Clinics, University of Washington, Dr. Marsha Linehan, Seattle, WA</u>

## **TEACHING/SUPERVISION EXPERIENCE**

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Spring 2017	<u>Adjunct Professor, <i>Biostatistics for Public Health Professionals</i>, University of Indianapolis, Master's level course for MPH program</u>
Fall 2016	<u>Adjunct Professor, <i>Psychopathology</i>, University of Indianapolis, Undergraduate level</u>
2012	<u>Acting Shelter Supervisor, DESC Main Shelter</u>
2012	<u>Research Assistant Project Manager, Behavioral Research and Therapy Clinics, University of Washington</u>
2011-2012	<u>Behavioral Coding Supervisor, Behavioral Research and Therapy Clinics, University of Washington</u>
2010-2011	<u>English Teacher, Académie D'Amiens, Soissons, France</u>

## **PROFESSIONAL AFFILIATIONS**

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2014-present	<b>ABCT Member</b> Association for Behavioral and Cognitive Therapies
2014-2016	<b>APAGS Member</b> American Psychological Association
2014-2015	<b>Member</b> Indiana Psychological Association
2012-2013	<b>Licensed Washington State Agency-Affiliated Counselor</b> Community Psychiatric Clinic

2012-2013      Member of **Global Mental Health Research Group**  
Department of Global Health, University of Washington

#### **AD HOC REVIEWER**

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*Schizophrenia Bulletin*  
*Schizophrenia Research*  
*Psychiatric Services*  
*Journal of Affective Disorders*  
*American Journal of Preventive Medicine*

*Cognitive Behaviour Therapy*  
*Clinical Child Psychology and Psychiatry*  
*Psychiatria Danubina*  
*Journal of Substance Abuse Treatment*  
*Psychiatry Research*

#### **LANGUAGES**

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**Fluent:** *English, French*  
**Intermediate:** *Spanish*

#### **OTHER**

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2009-2010      **Translator, from French, Project Gutenberg**  
[\*Ceci n'est pas un conte\*](#), Denis Diderot  
[\*Micromegas\*](#), Voltaire