

Peter Lee Phalen, MA
CURRICULUM VITAE

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EDUCATION

- 2013-present **University of Indianapolis**
Indianapolis, Indiana
(APA Accredited)
Clinical Psychology doctoral program
Advisor: Dr. Debbie Warman
- 2006-2010 **Reed College**
Portland, Oregon
Bachelor of Arts in Philosophy
Degree awarded: May 2010
Thesis advisor: Dr. Mark Hinchliff
- 2007-2008 **Université Paris-Sorbonne (Paris IV)**
Paris, France
Study abroad at the Sorbonne and Université Paris VIII-Saint-Denis

AWARDS

Graduate Assistantship scholarship, under Dr. Debbie Warman, University of Indianapolis, 2013-present.

Commendation for Academic Excellence, Reed College, (awarded three times), 2007-2008, 2008-2009, 2009-2010.

CLINICAL EXPERIENCE

- 2015-present **Psychology practicum intern, Roudebush VA Medical Center, Indianapolis, Indiana**
(1) Provide individual and group psychotherapy for people with severe mental illness on an outpatient basis.
(2) Run skills-based group for people with comorbid PTSD and substance dependence, as well as two process groups.
(3) Perform intake assessments as needed.
(4) Client load is diverse and the range in levels of functioning is broad
- 2014-2015 **Psychology practicum intern, Richmond State Hospital, Richmond, Indiana**
(1) Provided individual psychotherapy for people with severe mental illness.
(2) Caseload of six clients at a time suffering from psychotic disorders, including schizophrenia, schizoaffective disorder, Bipolar I most recent episode manic with psychotic features, and Bipolar I most recent episode depressed with psychotic features.
(3) Facilitated or cofacilitated several group therapy programs for people with severe mental illness, including DBT for men, DBT for women, and ACT-based programs such as an anger management group, on-unit and off-unit versions of a group for living with symptoms, and one group based around the "ACT matrix".
(4) Performed biweekly psychodiagnostic intakes.

- (5) Performed more exhaustive psychodiagnostic/neuro assessments of inpatients by referral.

2012-2013

Community Support Solutions (CSS) Case Manager, Community Psychiatric Clinic (CPC), Seattle, WA

- (1) Clinical Case Manager within a program for homeless and low-income clients with severe and persistent mental illness.
- (2) Developed and implemented well-attended group program targeted at giving clients tools to reduce stigma.
- (3) Constructed treatment plans, provided therapy and crisis intervention as needed.
- (4) Monitored and adapted to client progress and recorded information appropriately.
- (5) Participated in psych consults with two treatment teams.
- (6) Maintained positive working relationships with other departments, supervisors and area providers.
- (7) Implemented Keystone case management pilot project providing tailored services to residential clients.
- (8) Ensured continuum of care across area facilities such as jails and hospitals (e.g., provided psychiatric evaluations, testified for civil commitments hearings, connected providers, etc.).

2012

Assessor, PTSD Research Clinic, University of Washington, Seattle, WA

- (1) Performed structured phone screens for a study evaluating 5-day intensive combined Prolonged Exposure and DBT program at Marsha Linehan's UW laboratory.
- (2) Answered client questions about structure, content and methodology.

11/2011-10/2012

Counselor, Main Shelter, DESC, Seattle, WA

- (1) Maintained therapeutic relationships with clients with a diverse range of mental illnesses and backgrounds.
- (2) Intervened in interpersonal, medical and mental health crises.
- (3) Screened referrals from other agencies.
- (4) Coordinated with medical personnel, law enforcement.
- (5) Served as first point of contact between DESC and individuals we would actively outreach.
- (6) Participated in staff and service meetings.
- (7) Assessed walk-ins for services and created/maintained client files.
- (8) Maintained healthy working relationships with community organizations and external staff regarding client issues and needs.
- (9) Experience as acting Shelter supervisor, assuming responsibility for shelter operations and team of counselors when supervisor was absent due to sick days, vacations, etc.

2011-2012

Behavioral Coder, Dr. Marsha Linehan, Behavioral Research and Therapy Clinics, University of Washington, Seattle, WA

- (1) Assisted and observed the Treatment Development Clinic's (TDC) DBT group therapy sessions.
- (2) Coded client attendance, behaviors and homework completion.
- (3) Interacted with clients during breaks. If coleader was not present, called clients who were initially absent to check in and encourage attendance.
- (4) Observed TDC Team consult sessions.
- (5) Weekly consultation with member of the DBT therapy team.

- 2007-2010 **Crisis Line Counselor, Oregon Partnership: Lifeline (Suicide) and Helpline (D&A), Portland, OR**
- (1) Provided counseling on the suicide crisis line and drug and alcohol line.
 - (2) Independently practiced the ASIST model of suicide intervention with suicidal and at-risk clients with varied backgrounds and psychiatric histories after minimal training.
 - (3) Charted each interaction with clients.
 - (4) Provided referrals, information and support for people affected by drug and alcohol abuse.
 - (5) Maintained database of client information and resources across three states.

RESEARCH EXPERIENCE

- 2013-present **Graduate Research Assistant, Dr. Debbie Warman, University of Indianapolis, Indianapolis, Indiana**
- (1) Investigation of the stigma associated with various mental disorders.
 - (2) Delivered a brief stigma intervention and found significant decreases in stigma among participants as well as changes in participant psychiatric labeling.
 - (3) Responsible for some data collection, performed primary data analysis including t-tests, mixed design ANOVAs and repeated measures ANCOVAs.
 - (4) Published manuscript in 2015.
 - (5) Other manuscripts in preparation.
- 2013-present **Graduate Research Assistant, Dr. Alexander Niculescu, Laboratory of Neurophenomics, Roudebush VA Medical Center, Indiana University-Purdue University of Indianapolis, Indianapolis, Indiana**
- (1) Ongoing genetic/phenotypic study of veterans with serious mental illness.
 - (2) Develop and program Android-based smartphone psychological assessment tools.
 - (3) Data management and analysis using SPSS and R.
 - (4) Conceptual planning, independent hypothesis testing and manuscript preparation. Completed CFP-S suicide risk assessment Android app available for free download on lab website.
 - (5) Manuscript in prep.
- 2013-2014 **Research Assistant, Dr. Alan McGuire, IUPUI, Roudebush VA Medical Center, Indianapolis, IN**
- (1) Multi-state fidelity and dissemination trial of Illness Management and Recovery (IMR), an evidence-based treatment for severe mental illness.
 - (2) Helped manage data and coordinate data entry between sites.
 - (3) Ran descriptive and test statistics to present preliminary findings to lab.
 - (4) Observed and coded community IMR group sessions.
- 2012-2013 **Research Assistant, Dr. Marsha Linehan, Behavioral Research and Therapy Clinics, University of Washington, Seattle, WA**
- (1) Coordinated longitudinal data entry project for:
 - a. NIMH-funded randomized controlled clinical trial examining the efficacy of individual components of Dialectical Behavior Therapy (DBT), and
 - b. NIDA-funded randomized trial for opiate addicted men and women with borderline personality disorder comparing DBT to standard drug counseling.
 - (2) Trained and supervised student volunteers in protocols for managing or entering data and supporting therapists.

- (3) Managed data in Excel, SPSS and web-based proprietary programs, including independent coding in SPSS syntax to clean and smooth data.
- (4) Analyzed data using techniques from relevant literature reviews including spectral analysis and hierarchical linear modeling.
- (5) Contributed to grant application for computerized, transdiagnostic evidence-based treatment.
- (6) Proposal approved for independent project measuring correlates and treatment outcomes associated with psychoticism and paranoia scores in people with borderline personality disorder in DBT. Required factor analysis to validate measures and hierarchical linear modeling with covariates.
- (7) Recruited and delivered phone screen for a study of intensive DBT and Prolonged Exposure treatment for Post Traumatic Stress Disorder.
- (8) Performed literature review and compiled citations for Marsha Linehan's forthcoming revised edition of the DBT manual.

2012

Assessment Team, PTSD Research Clinic, University of Washington, Seattle, WA

- (1) Created a revised draft of the phone screen used in recruitment, calendar, excel documents to track availability. Maintained client information in hard copy and on proprietary software.
- (2) Aided in recruitment and screening process, including contacting and coordinating with area mental health institutions.
- (3) Represented the lab in conducting initial phone screenings, answering questions about the project's theoretical orientation, risk and process.
- (4) Prepared client and therapist treatment folders, manuals.

2012

Treatment Team, Dr. Marsha Linehan, Behavioral Research and Therapy Clinics, University of Washington, Seattle, WA

- (1) Videotaped and coded DBT Skills group.
- (2) Debriefed, discussed sessions and techniques with therapists.
- (3) Coordinated and tracked client attendance, including calling clients to remind of sessions.
- (4) Weekly consult with head of treatment team on DBT and specific therapeutic cases.

2011

Data Team, Dr. Marsha Linehan, Behavioral Research and Therapy Clinics, University of Washington, Seattle, WA

- (1) Organized and entered data and clinical notes.
- (2) Became familiarized with structured interview assessments, social and psychiatric history surveys.

TEACHING/SUPERVISION EXPERIENCE

2012

Acting Shelter Supervisor, DESC Main Shelter

- (1) Assumed responsibility for all shelter operations for 7.5 hour shifts.
- (2) Supervised team of 4-5 counselors to ensure smooth shelter operations.
- (3) Delegated responsibilities effectively in high-stress situations including occasionally simultaneous (e.g.) overdoses, suicide attempts, physical and mental health crises, &c.
- (4) Debriefed next shift on emergent and ongoing issues.
- (5) Distributed and recorded correct doses for clients subscribed to medication monitoring.
- (6) Coordinated with county Designated Mental Health Professionals and other authorities.

(7) Thoroughly documented all extraordinary occurrences.

2012

Research Assistant Project Manager, Behavioral Research and Therapy Clinics, University of Washington

- (1) Trained undergraduates in research data protocols: SPSS, double entry methods, &c.
- (2) Prepped documents and projects to simplify them for newer student workers.
- (3) Supervised research assistants in various projects.

2011-2012

Behavioral Coding Supervisor, Behavioral Research and Therapy Clinics, University of Washington

- (1) Trained undergraduates in setting up for therapy sessions and in behavioral coding methods.
- (2) Supervised coding process.
- (3) Compiled DBT client binders and supplied extra homework sheets.
- (4) Ensured consistent staffing for weekly therapy sessions.

2010-2011

English Teacher, Academie D'Amiens, Soissons, France

- (1) Taught English at a French High School in an underserved neighborhood north of Paris, where over a third of my students were members of ethnic minorities.
- (2) Designed and implemented lesson plans for students ages 15 to 18; taught supplementary community college courses.
- (3) Developed and executed curricula and extracurricular programs and activities.
- (4) Received highest possible marks in end of term evaluation by the school Proviseur and formal request to return to teach the following year.
- (5) Tutored English privately.
- (6) Developed strong fluency in French.

PROFESSIONAL AFFILIATIONS

2014-present

ABCT Member

Association for Behavioral and Cognitive Therapies

2014-present

APAGS Member

American Psychological Association

2014-present

Member

Indiana Psychological Association

2012-2013

Licensed Washington State Agency-Affiliated Counselor

Community Psychiatric Clinic

2012-2013

Member of Global Mental Health Research Group

Department of Global Health

University of Washington

LANGUAGES

Fluent: *English, French*

Intermediate: *Spanish*

Beginning: *German*

OTHER

7/2011-11/2011

Legal Investigator, Public Defender Association, Seattle, WA

The Public Defender Association is one of the four agencies offering public defender services to the City of Seattle. I interviewed witnesses, police officers, performed background checks, wrote Public Document Requests, subpoenas, reports, and was responsible for impeaching witnesses on the stand if needed. I reached dismissals or not guilty verdicts for every case assigned.

2007-2008

Translator, from French, Project Gutenberg

Ceci n'est pas un conte, Denis Diderot
Micromegas, Voltaire

PEER-REVIEWED PUBLICATIONS

Levey, D. F., Niculescu, E., Le-Niculescu, H., Dainton, H. D., **Phalen, P. L.**, Ladd, T. B., Weber, H., Belanger, E., Graham, D. L., Graham, D., Khan, F. N., Vanipenta, N. P., Stage, E., Ballew, A., Yard, M., Gelbart, T., Shekhar, A., Schork, N. J., Kurian, S. M., Sandusky, G. E., Salomon, D. R., & Niculescu, A. B. (in press). Towards understanding and predicting suicidality in women: Biomarkers and clinical risk assessment. *Molecular Psychiatry*.

Phalen, P. L., Viswanadhan, K., Lysaker, P. H., & Warman, D. M. (2015). The relationship between cognitive insight and quality of life in schizophrenia spectrum disorders: Symptom severity as potential moderator. *Psychiatry Research*, 230, 839-845. doi:10.1016/j.psychres.2015.10.014

Niculescu, A. B., Levey, D. F., **Phalen, P. L.**, Le-Niculescu, H., Dainton, H. D., Jain, N., Belanger, E., James, A., George, S., Weber, H., Graham, D. L., Schweitzer, R., Ladd, T. B., Learman, R., Niculescu, E. M., Vanipenta, N. P., Khan, F. N., Mullen, J., Shankar, G., Cook, S., Humbert, C., Ballew, A., Yard, M., Gelbart, T., Shekhar, A., Schork, N. J., Kurian, S. M., Sandusky, G. E., & Salomon, D. R. (2015). Predicting Suicidality Using a Combined Genomic and Clinical Risk Assessment Approach. *Molecular Psychiatry*, 20, 1266-1285. doi:10.1038/mp.2015.112

Warman, D. M., **Phalen, P. L.**, & Martin, J. M. (2015). Impact of a Brief Education about Mental Illness on Stigma of OCD and Violent Thoughts. *Journal of Obsessive-Compulsive and Related Disorders*, 5, 16-23. doi:10.1016/j.jocrd.2015.01.003

OTHER PUBLICATIONS

Phalen, P. L. (September, 2013), Psychiatrists and African Traditional Healers Ally on Mental Health. *Humanosphere*. <<http://www.humanosphere.org/2013/09/psychiatrists-and-traditional-healers-in-west-africa-an-unlikely-alliance/>>

Phalen, P. L. (1 October 2013), Guinea hospital shows West how to treat mental illness without chains. *Humanosphere*. <<http://www.humanosphere.org/2013/10/guinea-hospital-shows-west-how-to-treat-mental-illness-without-chains/>>

INVITED TALKS

Phalen, P. L. (November, 2015). Tracking the Mind: Planet of the Apps. *Translational Neuroscience Topics (TNT)*. Lecture conducted from Indiana University School of Medicine.

Phalen, P. L. (September, 2015). Mental Health Disparities After ‘Obamacare’: Methods for analyzing nationally representative datasets with complex survey designs. *ACT Collaborator Meeting*. Lecture conducted from Indiana University-Purdue University of Indianapolis.

Phalen, P. L. (January, 2015). Quantitative Psych Assessments: smartphone apps. *Translational Neuroscience Topics (TNT)*. Lecture conducted from Indiana University School of Medicine.

PROFESSIONAL PRESENTATIONS

Phalen, P. & Warman, D. (November, 2016). *The content of auditory verbal hallucinations determines whether the voice-hearer is perceived as mentally ill*. Poster submitted for presentation at the 2016 ABCT Conference. New York City, New York.

Phalen, P. & Warman, D. (November, 2016). *The ability to consider the possibility that one’s beliefs and perceptions are wrong is associated with negative beliefs about uncertainty*. Poster submitted for presentation at the 2016 ABCT Conference. New York City, New York.

Viswanadhan, K., **Phalen, P. L.**, & Warman, D. M. (November, 2015). *Cognitive Insight and Probabilistic Reasoning*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.

Phalen, P. L., & Warman, D. M. (November, 2015). *Relationship between Obsessive Compulsive beliefs and Psychosis Proneness in a Non-Clinical Sample*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.

Phalen, P. L., & Warman, D. M. (November, 2015). *Obsessive Compulsive beliefs and their relationship with attitudes toward people with violent thoughts*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.

Phalen, P. L., & Niculescu, A. B. (August, 2015). *The effects of childhood trauma on adult psychosis are modulated by temperament*. Poster presentation at the American Psychological Association Conference, Toronto, Canada.

Viswanadhan, K., **Phalen, P. L.**, & Warman, D. W. (August, 2015). *Thought-Action Fusion and Psychosis Proneness*. Poster presentation at the American Psychological Association Conference, Toronto, Canada.

Phalen, P. L., Lysaker, P. H., & Warman, D. W. (November, 2014). *Evaluation of the Peters et al. Delusions Inventory as an assessment of current psychosis severity*. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.

Phalen, P. L., Viswanadhan, K., Lysaker, P. H., & Warman, D. W. (November, 2014). *Clinical insight, cognitive insight, and quality of life for individuals with schizophrenia*. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.

