

Peter L. Phalen, PsyD
BRIEF CURRICULUM VITAE

EDUCATION

- 2013-2018 **University of Indianapolis**
Indianapolis, Indiana
APA Accredited
Doctorate in Clinical Psychology
Master of Arts awarded in 2016
Advisor: Dr. Debbie Warman
- 2006-2010 **Reed College**
Portland, Oregon
Bachelor of Arts in Philosophy
Degree awarded: May 2010
Thesis advisor: Dr. Mark Hinchliff

INTERSHIP TRAINING

- 2017-2018 **VA Maryland Health Care System/University of Maryland School of Medicine**
Psychology Internship Consortium
Serious Mental Illness track
Outstanding Intern Award

LICENSURE

- 2019-present **Psychologist, License #06339**
Department of Health, State of Maryland

SELECTED PROGRAMMING PORTFOLIO

R (statistical programming)

- [Complex survey designs](#)
- [Data visualization](#)
- Bayesian multilevel modeling:
 - [Baltimore Ceasefire](#)
 - [Opiate crisis](#)
 - [Clinical service evaluation](#) – [associated paper](#)

Java (android applications)

- [Metadata](#)
- [Archives + Absences](#)
- [Breadcrumbs](#)

Javascript/HTML/CSS

- [Humanize chrome extension](#)
- [Personal website](#)

GRANT ACTIVITY

Active

- 2025-2026 Co-Investigator (3.5% FTE)
Identification and Promotion of Opportunities for Usage of Maryland Violent Death Reporting System (MVDRS) Data to Inform Local Homicide and Suicide Prevention Efforts in Maryland State of Maryland
Total Direct Costs: \$107,219.93
- 2025-2026 Principal Investigator (3%)
Using Records Linkage to Understand Post-treatment Needs of Patients in Early Psychosis Intervention Programs
University of Maryland
Total Award Amount (including Indirect Costs): \$40,000
- 2024-2029 Co-Investigator (9-10% FTE)
Harnessing a Two-State FEP LHS to Optimize Engagement and Prevent Disengagement in CSC
National Institute of Mental Health (NIMH)
Total Award Amount (including Indirect Costs): \$4,997,963.00
- 2024-2028 Co-Investigator (7.5-10% FTE)
Optimizing Disability Benefit Decisions and Outcomes in First Episode Psychosis.
National Institute of Mental Health (NIMH)
Total Award Amount (including Indirect Costs): \$4,050,615.00
- 2024-2025 Co-Investigator (8% FTE)
University of Maryland Medical Center R Adams Cowley Shock Trauma Center Penetrating Injury Recovery Project
OVC FY24 Byrne Discretionary Community Project Grants/Byrne Discretionary Grants Program
State of Maryland
Total Award Amount (including Indirect Costs): \$1,275,000
- 2022-2026 Principal Investigator (69-85% FTE [09/01/22-08/31/26])
Targeting Emotion Dysregulation to Reduce Suicide in People with Psychosis
National Institute of Mental Health Mentored Patient-Oriented Research Career Development Award
Total Direct Costs: \$721,011.14
Annual Direct Costs: \$182,107

Completed

- 2025 Principal Investigator (N/A)
Coproduced research on medication decision-making: a peer/psychologist collaboration
University of Maryland
Total Direct Costs: \$2,000

- 2023-2024 Faculty Researcher (5% FTE [5/1/23-9/29/24])
State Opioid Response (SOR III) Data Collection, Reporting and Continuous Learning and Quality Improvement
Substance Abuse and Mental Health Services Administration
Total Direct Costs: \$2,807,801
Total Indirect Costs: \$201,698
- 2019-2020 Principal Investigator (50% FTE)
Suicidality Among Patients with Psychosis
VISN 5 VA Capitol Health Care Network Pilot Funding Award
Total/Annual Direct Costs: \$24,089
- 2015-2022 Site Principal Investigator, 5% FTE (in kind) [7/1/15-12/30/20]
Improving Negative Symptoms and Community Engagement in Veterans with Schizophrenia (1101RX001293-01A2)
VA Rehabilitation Research and Development (RR&D) Service. PI: Melanie Bennett, PhD.

PEER-REVIEWED PUBLICATIONS

- Klingaman, E., Goldberg, R., Brown, C., Li, L., Kreyenbuhl, J., Gehrman, P., Howell, M., **Phalen, P.**, Fischer, M., Bennett, M. (in press). Results of a Pilot Randomized Controlled Trial of CBT-I for Veterans with Serious Mental Illness and Insomnia. *Journal of Clinical Sleep Medicine*.
- Phalen, P.**, Lucksted, A., Fox, K., Yusuf, A., Hochheiser, H., Jones, N., Fetisova, A., Hackman, A., Bennett, M. (in press). Pilot of Dialectical Behavior Therapy (DBT) Skills Training for People with Psychosis Spectrum Conditions and High Risk of Suicide. *Psychosis*.
- Kacmarek, C.N., Smith, H.C., Lucksted, A., Li, L., Wilkins, L. Coakley, G., **Phalen, P.**, Medoff, D., Dickerson, F., Kreyenbuhl, J., & Bennett, M.E. (in press). Efficacy, acceptability and feasibility of StayQuit for sustaining smoking abstinence after psychiatric hospitalization. *Journal of Patient Centered Research and Reviews*.
- Phalen, P.**, Hall, W., & Jones, N. (in press). Antipsychotics “As Needed”: An Understudied But Widespread Self-Managed Medication Use Pattern. *Psychiatric Services*.
- Marsteller, J., Goldberg, R., Boumaiz, Y., Jumper, M., Taylor, J., Saravana, A., Buchanan, R., Chengappa, K. N. R., Conroy, C. G., Dickerson, F., Ered, A., Jones, N., Kohler, C., Kreyenbuhl, J., Lucksted, A., Margolis, R. L., Medoff, D., **Phalen, P.**, Sarpal, D., Smith, W., Vatz, C., Calkins, M. E., Bennett, M. E. (in press). Building a Two-State Learning Healthcare System for Persons with First Episode Psychosis. *Schizophrenia Research*. <https://doi.org/10.1016/j.schres.2025.02.004>
- Phalen, P.**, Jones, N., Davis, B., Sarpal, D., Dickerson, F., Vatz, C., Jumper, M., Kuczynski, A., Thompson, E., Jay, S., Buchanan, R., Chengappa, K. N. R., Goldberg, R., Kreyenbuhl, J., Margolis, R., Dong, F., Riggs, J., Moxam, A., Burris, E., Campbell, P., Cooke, A., Ered, A., Fauble, M., Howell, C., Kelly, C., Namowicz, D., Rouse, K., Smith, W., Wolcott, M., Boumaiz, Y., Harvin, A., Saravana, A., Nayar, S., Kohler, C., Calkins, M. E., & Bennett, M. (in press). Suicidality among patients in a network of Coordinated Specialty Care (CSC) programs for first-episode psychosis: Rates, changes in rates, and their predictors. *Schizophrenia Research*. <https://doi.org/10.1016/j.schres.2024.07.054>

- Phalen, P.**, Smith, W., Jones, N., Reznik, S., Marti, N., Cosgrove, J., Lopez, M., Calkins, M., Bennett, M. (2025). Reasons for Discharge in a National Network of Early Psychosis Intervention Programs. *Schizophrenia Bulletin*. <https://doi.org/10.1093/schbul/sbae100>
- Pagdon, S, Shahriar, S. S., Murphy, S., Bomnae Babusci, C., Flores, A. T., Rivens, A. J., Ered, A., Smith, W. R., Jones, N., **Phalen, P. L.**, Calkins, M. E., Bennett, M. E. (2024). From Rhetoric to Action: Justice, Equity, Diversity, and Inclusion in Coordinated Specialty Care for Early Psychosis. *Psychiatric Services*. <https://doi.org/10.1176/appi.ps.20240041>
- Watson, D. P., Ray, B., **Phalen, P.**, Duhart Clarke, S. E., Taylor, L., Swartz, J., & Gastala, N. (2024). Fentanyl Exposure and Detection Strategies Utilized by Clinical Trial Participants Seeking Linkage to Opioid Use Disorder Treatment at a Syringe Service Program. *Journal of Medical Toxicology*, 20(1), 13-21. <https://doi.org/10.1007/s13181-023-00979-7>
- Cowan, T., **Phalen, P.**, Brown, C., Blanchard, J., Bennett, M. (2024). We Need to Make Progress on Blunted Affect: A Commentary. *Schizophrenia Research*.
- Benrimoh, D., Dlugunovych, V., Wright, A., **Phalen, P.**, Funaro, M., Ferrara, M., Powers, A., Woods, S., Guloksuz, S., Yung, A., Srihari, V., & Shah, J. (2024). On the Proportion of Patients Who Experience a Prodrome Prior to Psychosis Onset - A Systematic Review and Meta-analysis. *Molecular Psychiatry*. <https://doi.org/10.1038/s41380-024-02415-w>
- Watson, D., Swartz, J., Magee, L., Bray, B., **Phalen, P.**, Medcalf, S., McGuire, A. (2024). Latent class analysis of emergency department patients engaged in telehealth peer recovery support services and associations of identified classes with post-discharge outcomes. *Journal of Substance Use and Addiction Treatment*.
- Brady, D. J., **Phalen, P. L.**, Roche, D. J., Cowan, T., & Bennett, M. E. (2024). A reduction in cigarette smoking improves health-related quality of life and does not worsen psychiatric symptoms in individuals with serious mental illness. *Addictive Behaviors*, 151, 107949.
- Phalen, P.**, Kimhy, D., Jobes, D., & Bennett, M. (2024). Emotional distress and dysregulation as treatment targets to reduce suicide in psychosis: a scoping review. *European Archives of Psychiatry and Clinical Neuroscience*. <https://doi.org/10.1007/s00406-023-01675-x>
- Phalen, P.** and Kivisto, A. (2023). Research on youth suicide and sexual orientation is impacted by high rates of missingness in national surveillance systems. *Archives of Suicide Research*. <https://doi.org/10.1080/13811118.2023.2227233>
- Watson, D., **Phalen, P.**, Medcalf, S., Messmer, S., and McGuire, A. (2023). Evaluation of post-discharge engagement for emergency department patients with opioid use history who received telehealth recovery coaching services. *Substance Abuse Treatment, Prevention, and Policy*.
- Phalen, P.**, Grossmann, J., Bruder, T., Jeong, J., Calmes, C., Mcgrath, K., Malouf, E., James, A., Romero, E., and Bennett, M. (2022). Description of a Dialectical Behavior Therapy Program in a Veterans Affairs Health Care System. *Evaluation and Program Planning*. <https://doi.org/10.1016/j.evalprogplan.2022.102098>
- Phalen, P.**, Miller, R., Frampton, B., Jones, N., Machin, K., Rose, D., Stewart, H., and Carras M. C. (2022). Peer support for discharge from inpatient mental health care. *The Lancet Psychiatry*. [https://doi.org/10.1016/S2215-0366\(22\)00101-8](https://doi.org/10.1016/S2215-0366(22)00101-8)
- Niculescu, A., Le-Niculescu, H., Roseberry, R., Levey, D., Gill, S., **Phalen, P.**, Mullen, J., Williams, A., Bhairo, S., Voegtline, T., Davis, H., Shekhar, A., and Kurian S. (2021). Precision Medicine for Mood Disorders:

Objective Assessment, Risk Prediction, Pharmacogenomics, and Repurposed Drugs. *Molecular Psychiatry*. <https://doi.org/10.1038/s41380-021-01061-w>

Jones, N., Atterbury, K., Byrne, L., Carras, M., Hansen, M., & **Phalen, P.** (2021). Lived Experience, Research Leadership, and the Transformation of Mental Health Services: Building a Researcher Pipeline. *Psychiatric Services*. <https://doi.org/10.1176/appi.ps.202000468> (Article selected as *Editor's Choice*)

Kivisto, A. J., Kivisto, K. L., Gurnell, E., **Phalen, P.**, & Ray, B. (2021). Adolescent suicide, household firearm ownership, and the effects of child access prevention laws. *Journal of the American Academy of Child and Adolescent Psychiatry*. <https://doi.org/10.1016/j.jaac.2020.08.442>

Phalen, P., Millman, Z., Rakhshan Rouhakhtar, P., Andorko, N., Reeves, G., & Schiffman, J. (2021). Categorical Versus Dimensional Models of Early Psychosis. *Early Intervention in Psychiatry*. <https://doi.org/10.1111/eip.13128>

Muralidharan, A., Peeples, A.D., Hack, S.M., Fortuna, K.L., Klingaman, E.A., Stahl, N.F., **Phalen, P.**, Lucksted, A., & Goldberg, R.W. (2020). Peer and Non-Peer Co-Facilitation of a Health and Wellness Intervention for Adults with Serious Mental Illness. *Psychiatric Quarterly*. <https://doi.org/10.1007/s11126-020-09818-2>

Ryan, A., **Phalen, P.**, Jahn, D., Wastler, H., Bennett, M., Ghahramanlou-Holloway, M., & Schwartz, B. (2020). Cognitive Impairment and Depression Symptoms are Independently Associated with Suicidal Ideation in US Veterans. *Psychiatry Research*, 286, 112833. <https://doi.org/10.1016/j.psychres.2020.112833>

Phalen, P., Bridgeford, E., Gant, L., Kivisto, A., Ray, B., & Fitzgerald, S. (2020). Baltimore Ceasefire 365: Estimated impact of a recurring community-led ceasefire on gun violence. *American Journal of Public Health*, 110(4), 554-559. <https://doi.org/10.2105/AJPH.2019.305513>
R script and data for this paper posted publicly at <https://github.com/peterphalen/code-for-publications/tree/master/Phalen-Bridgeford-Gant-Kivisto-Ray-Fitzgerald>

Wastler, H., Lucksted, A., **Phalen, P.**, & Drapalski, A. (2020). Internalized Stigma, Sense of Belonging, and Suicidal Ideation among Veterans with Serious Mental illness. *Psychiatric Rehabilitation Journal*, 43(2), 91–96. <https://doi.org/10.1037/prj0000386>

Fischer, M. W., Dimaggio, G., Hochheiser, J., Vohs, J., **Phalen, P.**, Lysaker, P. (2020). Metacognitive capacity is related to self-reported social functioning and may moderate the effects of symptoms on interpersonal behavior. *Journal of Nervous and Mental Disease*, 208(2), 138-142. <https://doi.org/10.1097/NMD.0000000000001117>

Millman, Z.B., Rakhshan, P.J., DeVlyder, J.E., Edmondson Smith, M., **Phalen, P.L.**, Woods, S.W., Walsh, B.C., Parham, B., Reeves, G.M., & Schiffman, J. (2019). Evidence for differential predictive performance of the prime screen between black and white help-seeking adolescents. *Psychiatric Services*, 70(10), 907-914. <https://doi.org/10.1176/appi.ps.201800536>

Tsuji, T., **Phalen, P.**, Rakhshan Rouhakhtar, P., Millman, Z., Bussell, K., Thompson, E., Demro, C., Roemer, C., Reeves, G., and Schiffman, J. (2019). Using the K-SADS Psychosis screen to Identify People with Early Psychosis or Psychosis Risk Syndromes. *Clinical Child Psychology and Psychiatry*, 24(4), 809-820. <https://doi.org/10.1177/1359104519846582>

Kivisto, A., Magee, L., **Phalen, P.**, and Ray, B. (2019). Firearm Ownership and Domestic Versus Nondomestic Homicide in the United States. *American Journal of Preventive Medicine*, 57(3), 311-320. <https://doi.org/10.1016/j.amepre.2019.04.009> (Awarded *AJPM Article of the Year*)

- Phalen, P.,** Muralidharan, A., Travaglini, L., Bennett, M., Stahl, N., Brown, C., Hack, S., Klingaman, B., & Goldberg, R. (2019). Predictors of Attendance in Health and Wellness Treatment Groups for People with Serious Mental Illness. *Psychiatric Rehabilitation Journal*. <http://dx.doi.org/10.1037/prj0000376>
- Rakhshan Rouhakhtar, P., Pitts, S., Millman, Z., Andorko, N., Redman, S., Wilson, C., Demro, C., **Phalen, P.,** Walsh, B., Woods, S., Reeves, G., and Schiffman, J. (2019). The Impact of Age on the Validity of Psychosis-Risk Screening in a Sample of Help-Seeking Youth. *Psychiatry Research*, 274, 30-35. <https://doi.org/10.1016/j.psychres.2019.02.020>
- Phalen, P.,** Warman, D., Martin, J., Lucksted, A., Drapalski, A., Jones, N., and Lysaker, P. (2019). Public understanding of different kinds of voice-hearing experiences: Causal beliefs, perceptions of mental illness, and stigma. *Psychiatric Rehabilitation Journal*, 42(4), 331-340. <http://dx.doi.org/10.1037/prj0000353>
- Niculescu, A., Le-Niculescu, H., Levey, D., Roseberry, K., Rogers, J., Kosary, K., Prabha, S., Jones, T., Judd, S., McCormick, M., Wessel, A., Williams, A., **Phalen, P.,** Mamdani, F., Sequeira, A., and Kurian, S.. (2019). Towards Precision Medicine for Stress Disorders: Diagnostic Biomarkers and Targeted Drugs. *Molecular Psychiatry*. <https://doi.org/10.1038/s41380-019-0370-z>
- Phalen, P.,** Rakhshan Rouhakhtar, P., Millman, Z. B., Thompson, E., DeVyllder, J., Mittal, V., Carter, E., Reeves, G., & Schiffman, J. (2018). Validity of a Two-Item Screen for Early Psychosis. *Psychiatry Research*, 270, 861-868. <https://doi.org/10.1016/j.psychres.2018.11.002>
- Ray, B., Lowder, E., Kivisto, A., **Phalen, P.,** & Gil, H. (2018). EMS Naloxone Administration as Non-Fatal Opioid Overdose Surveillance: Six Year Outcomes in Marion County. *Addiction*, 113(12), 2271-2279. <https://doi.org/10.1111/add.14426>
- Phalen, P.,** Ray, B., Watson, D. P., Huynh, P., & Greene, M. (2018). Fentanyl Related Overdose in Indianapolis: Estimating trends using multilevel Bayesian models. *Addictive Behaviors*, 86, 4-10. <https://doi.org/10.1016/j.addbeh.2018.03.010>
R scripts for this paper posted publicly at <https://github.com/peterphalen/code-for-publications/>
- Camacho, D., Vera, E., Scardamalia, K., & **Phalen, P. L.** (2018). What are urban teachers thinking and feeling? *Psychology in the Schools*, 55(9), 1133-1150. <https://doi.org/10.1002/pits.22176>
- Kivisto, A. & **Phalen, P.** (2018). Effects of Risk-Based Firearm Seizure Laws in Connecticut and Indiana on Suicide Rates, 1981-2015. *Psychiatric Services*, 69(8), 855-862. <https://doi.org/10.1176/appi.ps.201700250>
- Rasdale, A., Warman, D., & **Phalen, P.** (2018). An Examination of Perceptions of Individuals with an Intellectual Disability, with and without Co-Morbid Schizophrenia: Effects of Labels on Stigma. *Journal of Intellectual Disability Research*, 62(6), 544-556. <https://doi.org/10.1111/jir.12494>
- Phalen, P. L.,** Warman, D., Martin, J., & Lysaker, P. (2018). The stigma of voice-hearing experiences: Religiousness and voice-hearing contents matter. *Stigma and Health*, 3(1), 77-84. <https://doi.org/10.1037/sah0000075>
- Kivisto, A., J., Ray, B., & **Phalen, P.L.** (2017). Firearm Legislation and Fatal Police Shootings in the United States. *American Journal of Public Health*, 107(7), 1068-1075. <https://doi.org/10.2105/AJPH.2017.303770>

- White, D. A., McGuire, A.B., Luther, L., Anderson, A. I., **Phalen, P.**, & McGrew, J. H. (2017). Consumer factors predicting level of treatment response to Illness Management and Recovery. *Psychiatric Rehabilitation Journal*, 40(4), 344-353. <https://doi.org/10.1037/prj0000284>
- Niculescu, A. B., Le-Niculescu, H., Levey, D. F., **Phalen, P.**, Dainton, H. D., Roseberry, K., Niculescu, E., Niezer, J., Williams, A., Graham, D. L., Jones, T., Venugopal, V., Ballew, A., Yard, M., Gelbart, T., Kurian, S. M., Shekhar, A., Schork, N. J., Sandusky, G. E., & Salomon, D. R. (2017). Precision medicine for suicidality: From universality to subtypes and personalization. *Molecular Psychiatry*, 22(9), 1250-1273. <https://doi.org/10.1038/mp.2017.128>
- Phalen, P. L.** (2017). Psychological Distress and Rates of Health Insurance Coverage and Use and Affordability of Mental Health Services, 2013–2014. *Psychiatric Services*, 68(5), 512-515. <https://doi.org/10.1176/appi.ps.201500544>
R scripts for this paper posted publicly at <https://github.com/peterphalen/code-for-publications/>
- Phalen, P. L.**, Dimaggio, G., Popolo, R., & Lysaker, P. (2017). Aspects of Theory of Mind that attenuate the relationship between persecutory delusions and social functioning in schizophrenia spectrum disorders. *Journal of Behavior Therapy and Experimental Psychiatry*, 56, 65-70. <https://doi.org/10.1016/j.jbtep.2016.07.008>
- Levey, D. F., Niculescu, E., Le-Niculescu, H., Dainton, H. D., **Phalen, P. L.**, Ladd, T. B., Weber, H., Belanger, E., Graham, D. L., Khan, F. N., Vanipenta, N. P., Stage, E., Ballew, A., Yard, M., Gelbart, T., Shekhar, A., Schork, N. J., Kurian, S. M., Sandusky, G. E., Salomon, D. R., & Niculescu, A. B. (2016). Towards understanding and predicting suicidality in women: Biomarkers and clinical risk assessment. *Molecular Psychiatry*, 21, 768-785. <https://doi.org/10.1038/mp.2016.31>
- Phalen, P. L.**, Viswanadhan, K., Lysaker, P. H., & Warman, D. M. (2015). The relationship between cognitive insight and quality of life in schizophrenia spectrum disorders: Symptom severity as potential moderator. *Psychiatry Research*, 230(3), 839-845. <https://doi.org/10.1016/j.psychres.2015.10.014>
- Niculescu, A. B., Levey, D. F., **Phalen, P. L.**, Le-Niculescu, H., Dainton, H. D., Jain, N., Belanger, E., James, A., George, S., Weber, H., Graham, D. L., Schweitzer, R., Ladd, T. B., Learman, R., Niculescu, E. M., Vanipenta, N. P., Khan, F. N., Mullen, J., Shankar, G., Cook, S., Humbert, C., Ballew, A., Yard, M., Gelbart, T., Shekhar, A., Schork, N. J., Kurian, S. M., Sandusky, G. E., & Salomon, D. R. (2015). Predicting suicidality using a combined genomic and clinical risk assessment approach. *Molecular Psychiatry*, 20, 1266-1285. <https://doi.org/10.1038/mp.2015.112>
- Warman, D. M., **Phalen, P. L.**, & Martin, J. M. (2015). Impact of a brief education about mental illness on stigma of OCD and violent thoughts. *Journal of Obsessive-Compulsive and Related Disorders*, 5, 16-23. <https://doi.org/10.1016/j.jocrd.2015.01.003>

OTHER PUBLICATIONS

Wilson, D. B., Lowder, E. M., **Phalen, P.**, & Rodriguez, A. (July, 2022). National Institute of Justice's Forecasting Recidivism Challenge: Team "DEAP" (Final Report).
<<https://www.ojp.gov/pdffiles1/nij/grants/305037.pdf>>

Phalen, P. L. (September, 2013), Psychiatrists and African Traditional Healers Ally on Mental Health. *Humanosphere*. <<https://web.archive.org/web/20230327231910/http://www.humanosphere.org/global-health/2013/09/psychiatrists-and-traditional-healers-in-west-africa-an-unlikely-alliance/>>

Phalen, P. L. (1 October 2013), Guinea hospital shows West how to treat mental illness without chains. *Humanosphere*. <<http://www.humanosphere.org/2013/10/guinea-hospital-shows-west-how-to-treat-mental-illness-without-chains/>>

INVITED TALKS

Phalen, P. L. (March, 2025). Delivering the Columbia-Suicide Severity Rating Scale (C-SSRS). *PEACE program (Psychosis Education, Assessment, Care and Empowerment) in-service*. Invited lecture conducted at Horizon House: Philadelphia, PA.

Phalen, P. L. (July, 2024). Research versus Clinical Careers: Do you have to choose? *MPRC DANA Scholar Lecture Series*. Lecture conducted from the Maryland Psychiatric Research Institute.

Phalen, P. L. (November, 2023). Addressing suicidality in Coordinated Specialty Care: Data and practice. *EPICENTER Speaker Series*. Lecture conducted from the Ohio State University.

Phalen, P. L. (November, 2023). Clinical strategies for assessing and reducing suicide risk. *8th Annual Pennsylvania Early Psychosis Conference*. Lecture conducted from the University of Pennsylvania.

Phalen, P. L. (February, 2020). Dialectical Behavior Therapy for Psychosis and Mania. *Annual Mental Health In-Service for VA Maryland Health Care System*. Seminar conducted from Perry Point VA Medical Center.

Phalen, P. L. (November, 2015). Tracking the Mind: Planet of the Apps. *Translational Neuroscience Topics (TNT)*. Lecture conducted from Indiana University School of Medicine.

Phalen, P. L. (September, 2015). Mental Health Disparities After ‘Obamacare’: Methods for analyzing nationally representative datasets with complex survey designs. *ACT Collaborator Meeting*. Lecture conducted from Indiana University-Purdue University of Indianapolis.

Phalen, P. L. (January, 2015). Quantitative Psych Assessments: smartphone apps. *Translational Neuroscience Topics (TNT)*. Lecture conducted from Indiana University School of Medicine.

PROFESSIONAL PRESENTATIONS

Phalen, P., Driscoll, S. (September, 2025). *Antipsychotic use patterns and outcomes in a national network of early psychosis intervention clinics (EPINET)*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.

Jones, N., **Phalen, P.**, Babusci, C., Kreyenbuhl, J., Marsteller, J., Goldberg, G., Bennett, M. (September, 2025). *Development of a novel early psychosis discharge and transition navigation intervention across a multi-state hub*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.

Jones, N., Babusci, C., Driscoll, S., **Phalen, P.** (September, 2025). *A critical assessment of the implementation of a common assessment battery across a large network of early psychosis programs in the US*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.

Pagdon, S., Phalen, P., Bennett, M., Jones, N. (September, 2025). *Investigating the impact of service user versus clinician conceptualizations of psychosis-related phenomenology on (dis)engagement*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.

- Jones, N., Pagdon, S., Babusci, C., Phalen, P., Bennett, M. (September, 2025). *The View from Outside versus Experience Itself: Questioning a Paradigm in the Conceptualization of Psychosis*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
- Jones, N., Pagdon, S., McNemar, S., Babusci, C., Driscoll, S., Phalen, P., Bennett, M. (September, 2025). *“Breaking boundaries” through embedded co-design and co-production across a disengagement-themed early psychosis learning healthcare system in the United States*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
- Fetisova, A., Bennett, M., Lucksted, A., Hochheiser, J., Yusuf, A., Fox, K., **Phalen, P.** (2025). *Preliminary data on a prepilot Dialectical Behavior Therapy (DBT) skills program for people with psychosis spectrum disorder and high risk of suicide*. Poster accepted for presentation at the 59th Annual Association for Behavioral and Cognitive Therapies (ABCT) Conference. New Orleans, Louisiana.
- Manges, M., Title, S., Thompson, E., **Phalen, P.**, & Bornheimer, L. *Advancing Suicide Prevention Efforts for Individuals with Psychosis Spectrum Disorders: Innovations in Measurement, Assessment, and Treatment*. Symposium accepted for presentation at the 2025 IASR/AFSP International Summit on Suicide Research. Boston, MA.
- Menkes, M., Liu, J., Bennett, M., Weiner, E., & **Phalen, P.** (June, 2025). *Program Evaluation of a Dialectical Behavior Therapy (DBT) Skills Group in an Early Psychosis Specialty Care Clinic*. Poster presentation at the University of Maryland Research Day. Baltimore, MD.
- Phalen, P.**, Roe, D., Speyer, H., Jones, N., Driscoll, S. (March, 2025). *Broadening Our Understanding of Antipsychotic Discontinuation by Integrating Lived Experience, Quantitative, and Qualitative Research*. Symposium at the 2025 Schizophrenia International Research Society (SIRS) conference. Chicago, Illinois.
- Eisen, K., Jones, N., Kopelovich, S., **Phalen, P.**, Shapiro, D., Thompson, E. (November, 2024). *Engaging clients, providers, and systems of care in early psychosis treatment: Lessons learned from community-based research*. Panel at the Association for Behavioral and Cognitive Therapies. Philadelphia, Pennsylvania.
- Boumaiz, Y., **Phalen, P.**, Warman, D., Martin, J. (June, 2024). *Distinguishing religious and spiritual beliefs from psychosis-like experiences*. University of Maryland Research Day. Baltimore, MD.
- Phalen, P.**; Jones, N.; Davis, B.; Calkins, M.; Kohler, C.; Sarpal, D.; Chengappa, K.; Margolis, R.; Baker, K.; Marsteller, J.; Jumper, M.; Medoff, D.; Bennett, M. (October, 2023). *Reductions in suicidality among youth receiving specialty services for first episode psychosis*. Poster presented at the 2023 IASR/AFSP International Summit on Suicide Research.
- Phalen, P.** & Bennett, M. (November, 2023). *Implementing Dialectical Behavior Therapy (DBT) without excluding people with psychosis*. Poster presented at the 2023 Association for Behavioral and Cognitive Therapies (ABCT) conference. Seattle, Washington.
- Magee, L., Swartz, J., **Phalen, P.**, McGuire, A., Watson, D. (June, 2023). *Identifying latent classes of emergency department patients receiving telehealth peer recovery coach services for substance use disorder and assessing class predictors and outcomes*. Oral presentation at the 2023 College on Problems of Drug Dependence (CPDD) Annual Scientific Meeting.
- Watson, D. P., **Phalen, P.**, Medcalf, S., Messmer, S., & McGuire, A. (May, 2023). *Factors affecting successful post-discharge engagement of emergency department patients with opioid use history who received telehealth recovery coaching services*. World Congress on Public Health. Rome, Italy.

- Turner, E., Bastos, R., Kodaiarasi, K., Murthy, S., Noumair, M., **Phalen, P.** (May, 2023). *The relationship between level-of-contact with mental illness and stigmatization of voice-hearing experiences depends upon the specific contents of the voice*. Schizophrenia International Research Society 2023 Annual Congress. Toronto, Canada.
- Fox, K., & **Phalen, P.** (April, 2023). *Analysis of 911 Behavioral Health Diversions in Baltimore City*. UM Research Day. Baltimore, Maryland.
- Phalen, P.**, Fox, K., & Funk, R. (April, 2023). *Toward a pragmatic clinical trial: Training community psychiatry clinicians to deliver DBT for people with serious mental illness*. UM Research Day.
- Rinehimer, K., Wolcott, M., **Phalen, P.**, Rakhshan Rouhakhtar, P. (October, 2021). *Effective Interventions for First Episode Psychosis*. All-day training at Brook Lane Health Services.
- Fitzgerald, S., Gant, L., Bridgeford, E., Raphael, C., Kivisto, A., Ray, B., **Phalen, P.** (October, 2020). *Estimated impact of a recurring community-led ceasefire on gun violence in Baltimore*. American Public Health Association Annual Meeting and Expo.
- Didion, L., Grossman, J., & **Phalen, P.** (September, 2020). *Dialectical Behavior Therapy Implementation and Initial Outcomes at Baltimore and DC VA Medical Centers*. Seminar for the National Mental Health Recovery & Wellness Webinar Series, Department of Veterans Affairs.
- Schiffman, J., Rakhshan Rouhakhtar, P., Millman, Z., Thompson, E., & **Phalen, P.** (April, 2020). *The Role of Contextual Factors and Assessment Strategies in the Accurate Screening of Psychosis-Risk Symptoms*. Oral Session at the 2020 Congress of the Schizophrenia International Research Society (SIRS). Firenze, Italy. Conference canceled due to COVID-19, but abstract published in *Schizophrenia Bulletin* at <https://doi.org/10.1093/schbul/sbaa028.058>
- Petti, E., Rakhshan Rouhakhtar, P., Klaunig, M., Bridgewater, M., Roemer, C., Andorko, N. D., DeLuca, J. S., **Phalen, P.**, Smith, M., Pitts, S., & Schiffman, J. (April, 2020). *Mental Health Treatment-Seeking in Individuals with High Levels of Psychosis-like Experiences: Impact of Trauma and Race*. Poster presentation at the 2020 Congress of the Schizophrenia International Research Society (SIRS). Firenze, Italy. Conference canceled due to COVID-19, but abstract published in *Schizophrenia Bulletin* at <https://doi.org/10.1093/schbul/sbaa030.553>
- Schiffman, J., Bridgewater, M., Thompson, E., Rakhshan Rouhakhtar, P., Millman, Z., **Phalen, P.**, Klaunig, M., Kline, E., & DeLuca, J. (October, 2019). *Youth at Clinical High Risk and Schools*. Presentation at The Second National Conference on Advancing Early Psychosis Care, American Psychiatric Association. New York, NY.
- Niculescu, A., Le-Niculescu, H., Roseberry, K., Levey, D., **Phalen, P.**, Nurnberger, J., Shekhar, A., Kurian, S. (October, 2019). *Towards Precision Medicine for Mood Disorders: Objective assessment and targeted therapeutics for depression and mania*. Poster presentation at the XXVIIth World Congress of Psychiatric Genetics (WCPG). Los Angeles, California.
- Jay, S., Thompson, E., **Phalen, P.**, Shan, L., Rakhshan Rouhakhtar, P., Andorko, N., Fitzgerald, J., Millman, Z., Redman, S., Roemer, C., DeLuca, J., Petti, E., Bridgewater, M., Schiffman, J. (September, 2019). *The Relation Between Positive Symptoms and Suicidal Ideation and Behaviors in Adolescents At Clinical High Risk For Psychosis*. Poster presentation at the Thirty-Third Annual Meeting of the Society for Research in Psychopathology. Buffalo, NY.

Phalen, P. (July, 2019). *Dialectical Behavior Therapy for Psychosis: A case study*. Poster presented at Beckfest 2019 (International Cognitive Behavioral Therapy for Psychosis). Philadelphia, PA.

Lowder, E., Ray, B., Kivisto, A., **Phalen, P.**, & Gil, H (November, 2018). *Mortality following naloxone encounters with emergency medical services*. Abstract presented at the American Public Health Association's 2018 Annual Meeting & Expo. San Diego, CA.

Phalen, P. Warman, D, & Martin, J. (November, 2018). *Personal beliefs/experiences and stigma toward voice-hearers..* Poster presentation at the 2018 ABCT Conference. Washington, DC.

Rakhshan, P., **Phalen, P.**, Thompson, E., Andorko, N., Millman, Z. B., Sun, S, and Schiffman, J. (July, 2018). *Factor Analysis of the Prime Screen: Introducing the Prime-8*. Paper presentation at the 2018 APA Division 45 (Psychological Study of Culture, Ethnicity, and Race) Research Conference.

Phalen, P., Ray, B., Watson, D. (June, 2018). *Using Bayesian Multilevel Modeling to Avoid Collapsing Small Groups: Epidemiology of Fentanyl as case example*. Poster presentation at UM Research Day. Baltimore, Maryland.

Phalen, P., Rakhshan, P., Schiffman, J, & Reeves, G. (June, 2018). *Validity of a two-item psychosis screener*. Poster presentation at UM Research Day. Baltimore, Maryland.

Phalen, P. (January, 2018). *Modeling the fentanyl crisis in Indianapolis using multilevel Bayesian regression*. Poster presentation at the StanCon 2018 conference. Pacific Grove, California.

Phalen, P. Warman, D, & Martin, J. (November, 2017). *What aspects of religiousness are associated with psychosis-proneness?* Poster presentation at the 2017 ABCT Conference. San Diego, California.

Phalen, P. & Warman, D. (November, 2016). *The content of auditory verbal hallucinations determines whether the voice-hearer is perceived as mentally ill*. Poster presentation at the 2016 ABCT Conference. New York City, New York.

Phalen, P. & Warman, D. (November, 2016). *Cognitive insight and intolerance of uncertainty: pros and cons of second-guessing*. Poster presentation at the 2016 ABCT Conference. New York City, New York.

Viswanadhan, K., **Phalen, P.** & Warman, D. (November, 2016). *Self-transcendence and thought action fusion*. Poster presentation at the 2016 ABCT Conference. New York City, New York.

Viswanadhan, K., **Phalen, P.** & Warman, D. (November, 2016). *Thought action fusion and specific components of religiosity*. Poster presentation at the 2016 ABCT Conference. New York City, New York.

Viswanadhan, K., **Phalen, P. L.**, & Warman, D. M. (November, 2015). *Cognitive insight and probabilistic Reasoning*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.

Phalen, P. L., & Warman, D. M. (November, 2015). *Relationship between Obsessive Compulsive beliefs and psychosis proneness in a non-clinical sample*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.

Phalen, P. L., & Warman, D. M. (November, 2015). *Obsessive Compulsive beliefs and their relationship with attitudes toward people with violent thoughts*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.

Phalen, P. L., & Niculescu, A. B. (August, 2015). *The effects of childhood trauma on adult psychosis are modulated by temperament*. Poster presentation at the American Psychological Association Conference, Toronto, Canada.

Viswanadhan, K., **Phalen, P. L., & Warman, D. W.** (August, 2015). *Thought-action fusion and psychosis proneness*. Poster presentation at the American Psychological Association Conference, Toronto, Canada.

Phalen, P. L., Lysaker, P. H., & Warman, D. W. (November, 2014). *Evaluation of the Peters et al. Delusions Inventory as an assessment of current psychosis severity*. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.

Phalen, P. L., Viswanadhan, K., Lysaker, P. H., & Warman, D. W. (November, 2014). *Clinical insight, cognitive insight, and quality of life for individuals with schizophrenia*. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.

CLINICAL POSITIONS

2022-present	<u>Psychologist</u> , Division of Community Psychiatry, University of Maryland, Washington, DC
2021-2022	<u>Staff Psychologist</u> , Washington DC VA Medical Center, Washington, DC
2018-2021	<u>Postdoctoral Fellowship</u> , VISN 5 MIRECC, Baltimore, Maryland
2017-2018	<u>Clinical Psychology Predoctoral Internship</u> , VA Maryland Health Care System/University of Maryland School of Medicine Psychology Internship Consortium, Baltimore, Maryland
2016	<u>Extern</u> , Indiana University School of Medicine, Indianapolis, Indiana
2015-2016	<u>Extern</u> , Roudebush VA Medical Center, clinic dir. Paul Lysaker, Indianapolis, Indiana
2014-2015	<u>Extern</u> , Richmond State Hospital, Richmond, Indiana
2012-2013	<u>Clinical Case Manager</u> , Community Psychiatric Clinic (CPC), Seattle, Washington
2011-2012	<u>Counselor</u> , DESC (Main Shelter), Seattle, WA
2007-2008	<u>Counselor</u> , Oregon Partnership: Lifeline (Suicide) and Helpline (D&A), Portland, Oregon

RESEARCH POSITIONS

2022-present	<u>Assistant Professor</u> , University of Maryland School of Medicine, Division of Psychiatric Services Research, Baltimore, Maryland
2021-2022	<u>Adjunct Assistant Professor</u> , University of Maryland School of Medicine, Division of Psychiatric Services Research, Baltimore, Maryland
2020-present	<u>Consultant (Statistical Programming)</u> , Clients include professors/researchers at Wayne State University, the Lighthouse Institute, and RTI International, engaging primarily in large-scale program evaluations (e.g., statewide forensic health care program, multi-hospital peer support intervention for substance use)
2018-2021	<u>Postdoctoral fellowship</u> , VISN 5 MIRECC, Baltimore, Maryland
2017-2018	<u>Clinical Psychology Predoctoral Internship</u> , <u>Research Rotation</u> , VA Maryland Health Care System/University of Maryland School of Medicine Psychology Internship Consortium, Baltimore, Maryland
2013-2017	<u>Research Assistant</u> , Roudebush VA Medical Center, Indiana University School of Medicine, Dr. Alexander Niculescu, Laboratory of Neurophenomics, Indianapolis, Indiana
2013-2017	<u>Research Assistant</u> , University of Indianapolis, Dr. Debbie Warman, Indianapolis, Indiana
2013-2014	<u>Research Assistant</u> , Indiana University-Purdue University of Indianapolis, Roudebush VA Medical Center, Dr. Alan McGuire, Indianapolis, IN

2011-2013 Research Assistant, Behavioral Research and Therapy Clinics, University of Washington, Dr. Marsha Linehan, Seattle, WA

TEACHING/SUPERVISION EXPERIENCE

Spring 2017 Adjunct Professor, *Biostatistics for Public Health Professionals*, University of Indianapolis, Master's level course for MPH program
Fall 2016 Adjunct Professor, *Psychopathology*, University of Indianapolis, Undergraduate level
2012 Acting Shelter Supervisor, DESC Main Shelter
2012 Research Assistant Project Manager, Behavioral Research and Therapy Clinics, University of Washington
2011-2012 Behavioral Coding Supervisor, Behavioral Research and Therapy Clinics, University of Washington
2010-2011 English Teacher, Académie D'Amiens, Soissons, France

PROFESSIONAL AFFILIATIONS

2014-present **ABCT Member**
Association for Behavioral and Cognitive Therapies

2014-2016 **APAGS Member**
American Psychological Association

2014-2015 **Member**
Indiana Psychological Association

2012-2013 **Licensed Washington State Agency-Affiliated Counselor**
Community Psychiatric Clinic

2012-2013 Member of **Global Mental Health Research Group**
Department of Global Health, University of Washington

AD HOC REVIEWER

<i>Schizophrenia Bulletin</i>	<i>Injury Prevention</i>
<i>Schizophrenia Research</i>	<i>Clinical Child Psychology and Psychiatry</i>
<i>Psychiatric Services</i>	<i>Psychiatria Danubina</i>
<i>Journal of Affective Disorders</i>	<i>Journal of Substance Abuse Treatment</i>
<i>American Journal of Preventive Medicine</i>	<i>Psychiatry Research</i>
<i>Cognitive Behaviour Therapy</i>	<i>Archives of Suicide Research</i>
<i>JAMA Open</i>	<i>Translational Psychiatry</i>
<i>British Journal of Clinical Psychology</i>	<i>British Journal of Psychology</i>

LANGUAGES

Fluent: *English, French*
Intermediate: *Spanish*

OTHER

2021 **National Institute of Justice. NIJ Recidivism Forecasting Challenge Winner: Team DEAP (award number: 2021-nij-rec-ch-0015).**

Updated August 2025

\$18,000 award for 1st through 4th place finishes in the NIJ forecasting recidivism challenge, using machine learning techniques to predict blinded outcomes on a real-world dataset. <for a description of the contest, see <https://nij.ojp.gov/funding/recidivism-forecasting-challenge>>

2009-2010

Translator, from French, Project Gutenberg

Ceci n'est pas un conte, Denis Diderot

Micromegas, Voltaire