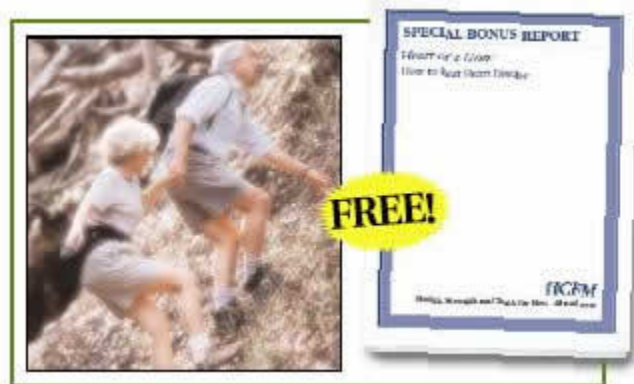


**FREE GIFT #8:****Rejuvenating Joints:****The New Way to Banish Back Pain and Rebuild Hurting Joints**

When we were young, we didn't think anything of banging ourselves around playing sports, or moving a piano for a friend. Now, every one of those youthful exertions comes roaring back to haunt us as back pain, swollen joints, stiffness, or crippling arthritis. Modern medicine gives us pills to fight pain, and exercises to keep us fit. But the pills they give us are dangerous, and even the exercises

can miss the troubled areas, or even cause us more pain...

In this special report, you'll learn:

- Why aerobic exercise may not only not help back pain, but actually aggravate it. Plus, it's probably missing the key muscles needed to help relieve back pain and problems...
- The dangers of the supposedly "safe" anti-inflammatory drugs the doctors love to hand out...
- The little-known and never-discussed (by doctors) side effects of corticosteroid injections...like osteoporosis, congestive heart failure, glaucoma, cataracts, weight gain, loss of muscle mass, and increased chronic pain...
- The little-known exercises (that you shouldn't do more than twice a week!) that will help your back the most. Simply neglecting the important muscles these exercises cover can lead to back problems...
- The little-known therapy that cleans up and repairs the damaged connective tissue of joints and strengthens underlying structures so pain doesn't return. It successfully treats arthritis, back pain, carpal tunnel syndrome, fibromyalgia, disc herniation, hip degeneration, whiplash, headache and post-concussion headaches, rotator cuff tears,

and TMJ dysfunction...

- The super supplement that contains over 10 proven ingredients and no NSAIDS...

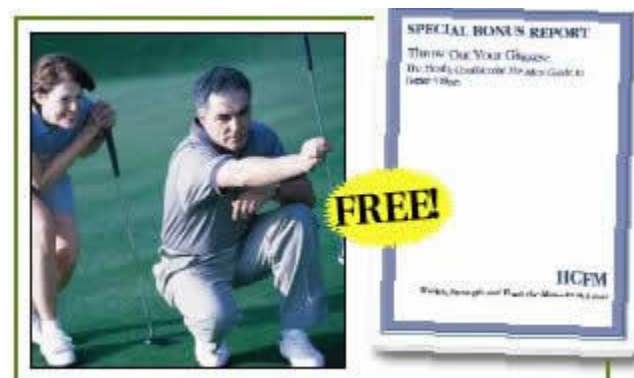
### FREE GIFT #9:

#### Throw Out Your Glasses:

#### The HealthConfidential For Men Guide to Better Vision

Fading eyesight is not an inevitable part of aging. That's a myth. Vision loss can be avoided and in many cases cured.

Unfortunately, the prevailing medical wisdom attempts to correct vision by treating the symptom. In most cases, the underlying cause isn't even understood, let alone connected to diet and lifestyle. But there's where the cure is...



You'll learn:

- The unknown dangers of glasses and contact lenses...
- Little-known dangers of corrective eye surgery...
- The herb that increases vital retinal purple by dramatic amounts in just 20 minutes, with powerful effects improving your vision - one study showed that it improved eyesight and increased ocular blood supply in 75% of patients...
- The mineral that should be in the retina in high concentrations...but it's often deficient in elderly people. One study of 151 people showed that those who took this supplement had better vision than those who didn't...
- The special combination of a vitamin and amino acid that helps avoid cataracts. In fact, the content of a human lens with a cataract has only 15 percent of normal levels of one of these...

- This vitamin has concentrations in the eye that are 30 to 50 times higher than in blood plasma. New research in the American Journal of Clinical Nutrition shows it can cut the risk of cataracts by 77 percent...
- This naturally occurring carotenoid prevents oxidative stress and free radical damage in the retina...
- The super blend of nutritional supplements that contains more than six of the most important supplements you can take for your eyes...

### FREE GIFT #10:

### Live Longer, Be Stronger: How Men Over 40 Are Getting Fit Quick by Exercising Less

Let's face it, you're probably not in fighting shape anymore. Starting at age 40, the average male loses about 1 percent of his muscle mass every year.

But while everyone's talking about the benefits of aerobic exercise, bodybuilders and weightlifters have been turning back the clock faster and faster.

Research is now proving that strength-building exercises help your body produce additional quantities of testosterone - the hormone of youth.



In this special report, you'll learn:

- Proof that bodybuilders who work out just one hour a week (three 20-minute workouts) gained up to 6 pounds of muscle and lost 15 pounds of fat in only seven weeks!
- How as little as 20 minutes of weight training two times a week can build lean muscle, melt body fat, and make you look and feel better...

- Five easy steps to training success...
- How to know what equipment is right for you...
- How proper training will boost your natural HGH (human growth hormone) and your testosterone levels...

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