

**Haven't you been COVERING UP  
for long enough?**

**Don't let anyone tell you  
that your skin condition  
is 'incurable'**

**It's time to STOP suffering and bare beautiful skin  
with the safe, natural, proven remedies that WORK**

Dear concerned friend,

I know how difficult and painful it is to suffer with a chronic skin condition. You don't want anyone to see it or touch it. It's just too embarrassing.

If you're like me, you probably spend a lot of time worrying about how to cover it up - under heavy make-up, long sleeves (even in the heat of summer), by fixing your hair differently, giving up bathing suits and shorts, or during your worst flare ups - just staying home. But all that is about to change.

For me, one thing I especially dread is shaking hands when I meet new people. You see, I suffer with eczema on the palms of my hands. My usual 'remedy?' I try to keep so much lotion globbed on my hands that people won't see or feel how scaly they are. But when I have a bad flare up, forget it. I just get so uncomfortable I literally can't stand it. And no treatment that I've tried has ever cleared it up.

So, I understand what it's like to live day in and day out with less than perfect skin. And when I say less than perfect, I'm not talking about laugh lines, 'age spots,' or even under-eye circles. As you well know, this is not about vanity. No, I'm talking about the chronic skin problems that affect hundred of millions of Americans. Believe me; you're not in this by yourself. Did you know that there are over 2,000 different skin diseases? And that over 30 million people suffer from psoriasis alone?

Though, if you're like me, you probably feel alone a lot of the time. And, as we find all too often, it even feels like modern medicine has abandoned us, doesn't it? Yes, there are some strong medications available, but they don't usually work very well, and they carry many nasty side effects. No matter what new cream, pill, or gel you try, inevitably that skin problem comes back again and again.

It's because of these recurring problems that I'm especially excited to be writing to you today. This is news that could change your life permanently!

**No matter what your personal skin condition,  
you don't have to live with it anymore!**

There are literally hundreds of effective alternatives to the dangerous, worthless prescriptions on the market. They've been working miracles for the people who've known about them. And better yet, many of them are all-natural and totally free from any negative side effects.

We felt it was important that you know which treatments are the most effective, the most well-researched, and we especially wanted you to know first-hand from our HSI panelists which treatments have helped their own patients fight skin conditions the best.

That's why we've put together a brand new, ultra-thorough guide - Underground Cures: Natural Ways to Beat Skin Disease. So please, keep reading so you don't miss out on even one amazing, healing idea.

These alternatives treatments include therapies for....

- Adult acne
- Bruises
- Burns
- Warts
- Eczema and psoriasis
- Herpes
- Scars
- Toenail fungus

And, there are many more...

**One all-natural treatment could make your skin problem a thing of the past**

When I first realized that there are highly effective alternative products available to treat eczema, I felt so hopeful and excited, that I rushed directly to the HSI panel to get all the details. What I learned opened my eyes.

Did you know that the underlying cause of eczema (and many other skin conditions) is a genetic vulnerability to certain allergens? And whether your allergy is to poison oak, chocolate, detergent, or woolen sweaters, you come down with the same nasty symptoms: inflamed patches of red, scaly, itchy skin. Then the rash often degenerates into cracked and bleeding skin, blisters, and stretches of dry, leather-like skin. Unfortunately, steroid creams, the standard

treatment for eczema provide no long-term relief. They simply can't prevent future outbreaks. And, aside from that, prolonged use of these creams can actually thin and severely damage the skin.

But if you have this disease, you already know that 'staying away from your allergens' is not a solution to the problem. Even identifying and removing the sweaters and cosmetics that irritate your skin does not make it go away.

Then I learned that sure enough, eczema can be caused by a hidden food allergy. Often you have no idea that certain foods cause problems for you. I found out that one of my food allergies is garlic. I would never have guessed! And neither can you...

But now you can know, for sure, with a simple test that comes highly recommended by HSI panelists. This test will gauge your sensitivity to more than 150 foods and food additives. It will also generate detailed dietary recommendations to help you avoid those trigger foods. (Note: Usually there are simple substitutes to use and you won't even miss the offending food; you won't miss the itchy skin either!) You can order this test immediately and get started on your way to healthier skin without delay. Just turn to page 5 in HSI's new report - Underground Cures: Natural Ways to Beat Skin Disease and find out exactly how to get started.

### **Simple changes will help you fight eczema**

Odds are if you have eczema too, you have low levels of one essential nutrient. This nutrient plays a key role in lubricating your skin and keeping it moist and healthy; it also helps prevent skin inflammation. And, you can fix this nutrient deficiency very easily by supplementing with a special oil that's been shown to benefit over half of all eczema sufferers who take it. In HSI's new report, you'll also learn about the specific vitamins that protect cell membranes,

the antioxidants that lessen the body's allergic responses, and the vitamin that supports healing in skin cells and reduces itchiness. You'll get all this information and more in Underground Cures: Natural Ways to Beat Skin Disease.

Right now I'm tailoring my own complete alternative treatment program to get rid of my eczema for good, and I'm anxious to get started. But in the meantime, I didn't want you to have to wait even one extra day to get all this information and get started yourself. So please, order your copy of Underground Cures: Natural Ways to Beat Skin Disease today!

And, if you or a friend suffers from psoriasis, wait until you read the amazing news below.

**Paula Sullivan suffered with psoriasis for  
60 years. Then, within 30 days,  
her battle was completely over...**

If you're currently suffering with psoriasis, then you're familiar with the buildup of thick, itchy, red, inflamed skin. Sometimes these outbreaks cause deep, painful cracking. The commonly used treatments for psoriasis include oral antibiotics, cortisone or steroidal creams, antifungal medications, prescription dandruff shampoos, and lotions and shampoos containing coal tar. But every one of these treatments aims only to control the symptoms of psoriasis. None in any way cures the disease.

But now there's finally some real help for psoriasis patients. One product that has shown great signs of success with thousands of sufferers is made from an extract known most commonly as the 'Oregon grape.' In 1995, researchers in 89 dermatology practices throughout Germany put this natural product to the test, using 433 patients who suffered from chronic psoriasis. Over the course of 12

weeks, the dermatologists reported that symptoms improved or completely disappeared in 81 percent of the patients! One patient, Paula Sullivan, actually regained clear, smooth skin using this product after suffering with psoriasis for 60 years. And that's not all. Read the personal letter I received from a fellow HSI member about his daughter's fight with psoriasis. She used this very same all-natural, miracle extract:

Dear Jenny,

I wanted to let you know that the product I ordered for my daughter has just about cleared up all of her psoriasis. She had become so depressed she was embarrassed to go out in public. Even the places on her face and body have just about gone. The medication she had been getting from the dermatologist was doing nothing. In fact it was getting worse and spreading from her scalp, to other parts of her body. The oral medication he was giving her was affecting her normal female functions. I cannot thank you and HSI enough for helping my daughter.

- George L., HSI member

You're probably wondering how this product could possibly work so well. Over the years, scientists have isolated several active alkaloids from the bark of this extract that appear to be responsible for its powerful healing actions. These alkaloids perform several different functions that help fight psoriasis, including:

- Inhibition of abnormal proliferation of skin cells
- Protection of cells from oxidative damage
- Reduction of inflammation and histamine release
- Strong antibacterial and antifungal properties.

### **Learn the naked truth about herpes**

Though all types of herpes can affect your skin, the forms most people suffer with are simplex 1 and simplex 2. These are the types of herpes that cause painful cold sores, fever blisters, and sores on the buttocks and genitals. I'm sure you already know that there's no cure for this terrible disease. And, if you suffer with it, you also know the embarrassment and inconvenience it can cause, not to mention the heartache.

But did you know that up to 90 percent of all Americans may be infected with one of the herpes viruses? It's true. Herpes simplex is very common, but it's just one of them. The others are responsible for such diseases as chicken pox, mononucleosis, and shingles. When triggered by stress, or other diseases that weaken the immune system, herpes viruses come to the surface.

Now there is good news at last for herpes sufferers. HSI panelist, Linda Page, has helped her patients find the next best thing to a cure. And, in HSI's new report: Underground Cures: Natural Ways to Beat Skin Disease, she shares all her secrets, success stories, and miraculous recoveries.

### **If you're not taking the RIGHT amino acid, you could be suffering from outbreak after needless outbreak**

Dr. Page will tell you exactly which foods to include in your diet (many of them are probably already in your refrigerator), for example, the juice you should definitely drink once a week, that works to drastically cut down on herpes type 1 and 2 outbreaks. She'll also let you in on what vegetables you need to avoid at all costs, and what things you should be eating to your heart's content that will really make a difference. When you get your copy of HSI's

new report, turn directly to page 35 to learn all the details.

**Imagine if you could actually control  
your herpes outbreaks...now you can!**

You'll also read about the 'botaniceutical' used medicinally by Native Americans for years to treat herpes. This natural remedy has been shown to be 99.7 percent effective in the relief of symptoms brought on by the herpes viruses. And, it's shown in clinical tests to have no adverse effects of any kind. Using this cream, one woman's outbreak disappeared in a day; another woman had brand new lesions heal in just 12 hours. Even shingles patients treated with the substance reported complete relief within minutes!

**Make red bumps and nasty  
blemishes a thing of the past**

It may seem 'unfair,' but many people in their thirties, forties, and even sixties and seventies suffer with adult acne and/or acne rosacea. And you don't get over the feelings of distress just because you're out of your teens. You still worry about people looking at your skin up close, or even worse, touching your face.

The cause of adult acne is well known. Increased levels of hormones cause your skin glands to produce more oil. If they produce enough, the glands become blocked and pimples or blackheads form on the skin's surface. In severe cases, acne can even create permanent scars.

Acne rosacea is a bit different. Though it affects approximately 14 million Americans, some of them don't even know it. On the other hand, many people struggle with this relapsing disease and find it a huge source of discomfort. Rosacea may start out looking like a natural blush or flush (you'll often see this on fair-skinned women),



but over time, the blush becomes more frequent, and turns to lengthy periods of redness on cheeks, nose, forehead, chin, neck, chest, scalp and ears. As this disease progresses, it can cause exposed blood vessels, bumps, and small red spots that never go away. Like acne, this condition isn't life threatening. But it can be embarrassing and extremely annoying. What's worse is that often early symptoms of rosacea resemble adult acne and are inappropriately treated. Dermatologists can often partially arrest the symptoms with oral antibiotics and topical therapies, but these don't work very well.

**Erase acne and rosacea  
with very simple lifestyle changes**

You'll be relieved to find that certain dietary and lifestyle changes can dramatically reduce flare ups of both adult acne and rosacea. For example, many patients have had success just by drinking 8 glasses of ice-cold water a day! There's also detailed information on the natural creams and soothing lotions that you can get from your local health food store and start using right away - especially if you're in the middle of a flare up. When you find out the specific vitamins, and other essential nutrients to take that will stave off your bumpy, red skin, you'll wish you had this information years ago.

**Discover the botanical formulation that  
beat the prescription-favorite - tetracycline -  
over 80 percent of the time**

Researchers found that 80 percent of acne sufferers treated with a special botanical formulation (including 8 specific botanicals) had an 'excellent' response. (Note: A 'fair' response was defined as reduction of acne lesions by at least 60 percent!) And, what may be even more important is that in this specific trial, the formulation was tested against the ever-popular and over-prescribed tetracycline. A

mere 20 percent of tetracycline users reported an 'excellent' response after their treatment. You'll find all the information on the botanical mixture, including how much to take, and where to get it. It's all on page 30 of your new report - Underground Cures: Natural Ways to Beat Skin Disease.

There's so much to discuss when it comes to optimal skin health, I couldn't possibly cover everything in these few pages. But remember, your skin is the largest organ on your body. I know firsthand that it's impossible and extremely frustrating to try to hide it. And now, with HSI's new report: Underground Cures: Natural Ways to Beat Skin Disease, you'll be able to learn how to wipe embarrassing, unattractive, and uncomfortable outbreaks away forever. This report contains the best, most natural ways to identify and conquer these 'incurable' problems. And, you'll get specific details on all the treatments I've mentioned and many, many more, including where to find them and complete details on the studies that prove their effectiveness.

Please send for your copy of this report immediately, it's only US\$19.95 plus US\$3.50. Within just a few weeks, you'll start noticing that your outbreaks and skin problems are much fewer and farther between, and that you can put your embarrassment, discomfort, and frustration away FOREVER. Of course, your satisfaction is completely guaranteed. If your skin doesn't feel and look better, just return the report and we'll be sure you get a prompt refund.

But don't be surprised when your friends notice a new glow about you. And, you might want to let your dermatologist know that you won't be in the office with any complaints for a long while.

In best of health,

Jenny Thompson  
Director, HSI

P.S. You're also going to find that with some simple, easy-to-take tests, and special cleansing diets you can do at home, much more than skin problems will start fading fast. Many of your other health problems will also disappear, including difficulty losing weight, headaches, constipation, frequent colds and flu, anxiety, and even fatigue. So please order your copy of Underground Cures: Natural Ways to Beat Skin Disease today!

A rectangular button with a blue gradient background and the text "Order Now" in white, centered within the button.