

**Dr. William Campbell Douglass'  
REAL HEALTH BREAKTHROUGHS**

**Everywhere you turn today,  
everyone keeps hollering at you:**

**'You're not eating enough VEGETABLES!  
'You're not getting enough EXERCISE'  
'Give up MEAT! Give up COFFEE!'  
'Get out of the SUN!'  
'While you're at it, GIVE UP EVERYTHING!'**

**Nag, nag, nag! They never let up!  
But I've got great news...**

**My Dear Besieged Friend:**

**Even though everyone else is giving up coffee, alcohol, meat,  
eggs, fatty foods, sunshine and all things that make life  
livable...**

**Even though they're exercising like maniacs, sweating like  
horses and scolding YOU for not joining them...**

**Please don't submit to this self-denial because...**

***It's just JUNK MEDICINE* . It may look like the real thing, but  
when you see what it actually does to you, you'll be appalled.**

**While masses of people meekly submit to these pseudo-**

**science SACRED COWS, not even your doctor dares to ask,  
'WHY? HOW COME? SAYS WHO?'**

**But we're going to ask all those questions right now and you're  
going to love the REAL ANSWERS.**

**So who am I to be swinging this ax?**

***I'm William Campbell Douglass, M.D.***

**I've been called 'the conscience of modern medicine,' and the  
National Health Federation voted me 'Doctor of the Year.'**

**I've also been labeled a 'maverick,' and several less flattering  
names too, but hey, that's part of the territory. And friend, my  
territory is everywhere...**

- **I've flown with US Navy crews as a Flight Surgeon...**
- **Saved lives as a long-time emergency physician...**
- **Battled malaria in bullet-torn regions of Central America...**
- **Fought deadly epidemics at my own health clinic in  
Africa...**
- **Worked alongside doctors at Russia's renowned Pasteur  
Institute...**
- **I've even been called before Congress (they never asked  
me back)...**

***And if there's one undeniable medical fact I've learned in 40 years of treating patients all over the world, it's that...***

**THERE IS NO SUCH THING  
as an undeniable medical fact!**

**As you'll see on the following pages, medicine just doesn't work that way. You're not a number, you're a human being. The most unpredictable thing in creation...**

**And your own road to Dr. Douglass' REAL HEALTH can be easier, cheaper and far more pleasant than any health-nag would ever predict.**

**Just let me send you 5 FREE BONUS GIFTS and you'll soon see and feel what I mean. You'll learn how to make your body immune to CANCER, HEART ATTACKS, JOINT PAIN, FLU, COLDS and DEADLY DISEASE in ways that would make our misinformed 'health authorities' whine for a week...**

**By eating REAL FOOD, taking a few (cheap!) supplements that make you STRONGER, and doing some shockingly PLEASURABLE things that 'everyone knows' can't be healthy!**

**First we'll get the diet Nazis out of your life. I mean...**

**Everyone's hollering 'EAT YOUR VEGETABLES'**

**But please don't overdo it. Because the actual figures reveal:**

- **VEGETARIANS DIE YOUNGER.** Oh, they *tell* you they're healthier, but census data shows the opposite. Plus...

- **VEGETARIAN KIDS ARE SICKLIER.** The Archives of Pediatric Adolescent Medicine reports that children reared on these diets are at higher risk for 'impaired psychomotor development.
- **VEGETARIAN DIETS WON'T EVEN MAKE YOU MORE REGULAR.** Even teenage vegetarians are *8 times more likely to use laxatives!*
- **AND THEY could SAP YOUR SEX LIFE AND YOUR STRENGTH.** This is not a myth. In fact, researchers at the University of Massachusetts Medical School have linked meatless, low-protein diets to slumping sex function *and* muscle loss *and* bone damage.

**And if your idea of instant breakfast is  
COFFEE AND A CIGARETTE...**

**Actually, you're half right. That morning cup of coffee you  
crave is one of nature's REAL HEALTH miracles:**

- **JUST DRINK 2-3 CUPS A DAY** and presto! You're 45% less likely to suffer from gallstones...
- **RAISE IT TO 4 CUPS** and you dramatically drop your risk of colon cancer (the second deadliest cancer in America)...
- **WANT ONLY ONE CUP?** Plug in the pot! Because just one cup of coffee packs the antioxidant power of *three fresh oranges.*

**I don't recommend smoking, but if you do, don't give up the coffee! One study shows it may even help protect smokers from bladder cancer.**

**Then, when they pester you to  
'DRINK 8 GLASSES OF WATER A DAY'...**

**Turn back on your tormentors with one simple question. WHY?**

**Know what? NOBODY KNOWS WHY. In the words of a famous nutritionist at Penn State University, 'I can't tell you...and I've written a book on water.'**

**Maybe your kidneys need it? No, according to a kidney expert at the National Institutes of Health, the average healthy adult gets all the water he or she needs from *solid food alone*.**

**Well then, perhaps it's to replace the water you lose from drinking coffee? Wrong again! The Journal of the American College of Nutrition confirms that *caffeine doesn't dehydrate healthy people*.**

**From now on, you have doctor's orders to drink water only when you feel like it. And if you'll take just one precaution with your water supply, you can...**

### **SLASH YOUR RISK OF ALZHEIMER'S OVERNIGHT**

**It's really easy. Starting tomorrow, drink no tap water. Not because of industrial pollution, but because of chemicals that 'health authorities' are *adding* to your water. For example...**

People who warned against FLUORIDATION used to be ridiculed, but guess what? In Scandinavia, in fact all of Europe, and nearly every other medically advanced nation, they have now banned the practice.

Know why? Because fluoride makes your body absorb *extra aluminum* . And where does the aluminum go? Your brain. And what metal shows up alarmingly in the brains of Alzheimer's victims? You guessed it. (Hmm... Maybe our health authorities have been drinking too much water?)

In your FREE BONUS REPORTS, I'll explain the cheapest and easiest way to filter out *all* this toxic JUNK MEDICINE, along with several even easier ways to cut your Alzheimer's risk. Then you'll learn how to slash your cancer risk by IGNORING some of today's most idiotic advice. Including loads of...

### **INCREDIBLY FRIGHTENING CANCER MYTHS that you can stop worrying about right now**

If you don't want cancer, don't believe anyone who tells you:

- **'SUNSHINE CAUSES MELANOMA.'** Just the opposite. In studies all over the world, as sun exposure increases, malignant skin cancer risk goes down. In the sunniest parts of Australia, lifeguards have lower skin cancer rates than office workers.
- **'ELECTRIC BLANKETS GIVE YOU CANCER.'** Know how this myth got canonized? Instead of commissioning new research, a public health authority put the question to a VOTE. (NEWS FLASH: you can't change the laws of nature

by voting.) Yet even these geniuses freely admit that more than 500 existing studies show ZERO compelling evidence of electric fields causing cancer. Rest easy and while you're at it, enjoy your heating pad again.

- **'HIGH FAT DIETS CAUSE BREAST CANCER.'** Fat phobia may be the height of fashion, but it's JUNK MEDICINE. Researchers studied 88,795 women over the course of 14 years, and what did they find? Not one sign that high-fat diets promote breast cancer. Not one hint that low-fat diets *protect* you. And in fact...

Women who consumed the least fat  
got breast cancer **MORE OFTEN**

Yet of all the cancer myths current today, none has killed more innocent people than one particular, truly murderous hoax:

- **'DDT CAUSES CANCER.'** Says WHO? Check the record. Back in the 1970s, the Environmental Protection Agency examiner summed up 9,000 pages of research by flatly declaring, *'DDT is not a carcinogenic hazard to man.'* He also emphasized that it *doesn't harm fish, birds or other wildlife*. Despite this open-and-shut case, his boss, EPA head William Ruckleshaus went ahead and banned DDT. Aides later said he never read even one page of the studies. He had helped to hatch the DDT scare and couldn't bring himself to admit he was wrong.

The worldwide witch-hunt against DDT hasn't saved one peregrine falcon. But it has unquestionably murdered tens of millions of human children in tropical nations, who continue to

**die from malaria,**

**Dengue fever, yellow fever and other mosquito-borne plagues.**

**I know this all too well from treating patients at my own clinic in Africa. It steams me to think that the anti-DDT activists who commit this genocide are congratulating themselves for being great humanitarians. And the crowning irony is that...**

**DDT may even prevent breast cancer**

**One of America's greatest medical researchers, Dr. William Hazeltine, has found that small amounts of DDT actually lower the risk of leukemia and breast cancer in lab animals. (The animals appeared so much healthier, lab technicians started referring to this miracle compound as 'vitamin DDT.')**

**Are you starting to see how many deadly health FALSEHOODS have been promoted to FACTS, just by being endlessly repeated? And there's another side to this counterfeit coin. Just as many REAL HEALTH BREAKTHROUGHS that could save your life tomorrow are being ignored. Don't miss the details in your FREE BONUS REPORTS about...**

**THE REAL CANCER BREAKTHROUGHS  
That mass media has BLACKED OUT**

**For example, what if you had a truly foolproof test for detecting hidden cancers? One that finds the cancer early enough to enable a complete cure? Everyone *wants* there to be a test like this, but...**



- **IT SURE ISN'T MAMMOGRAPHY.** One of today's most acclaimed cancer experts, Dr. Michael Baum of University College Hospital, London, recently announced that 'I think there is a deception going on.' Very simply, the latest statistics show that mammograms don't save lives. And half of all women diagnosed with 'early breast cancer' may be having mastectomies *for nothing*.
- **IT ISN'T THE PSA TEST** for prostate cancer, EITHER. Ask your doctor about the alarming study published in the peer-reviewed medical journal The Lancet. Believe it or not, it shows that men who take this test are *more likely to die of prostate cancer* than men who don't.
- The actual rate of missed cancers hasn't changed much in 75 years...But, with the advent of the test I am going to tell you about, this will change for the better.

**So what on earth can you do? Just send for your FREE BONUS REPORTS and let me give you the exciting new details about:**

### **How to detect and defeat NEARLY ANY FORM OF CANCER**

**It's new, it's called the AMAS test, and nothing else even comes close to it. If your doctor runs it twice, your rate of false positives and false negatives drops to under 1%.**

**How important is this accuracy? *Life or death*. For example, if you find prostate cancer early enough, you've got a 99% chance of a cure.**

**And the test couldn't be easier. The doctor takes a blood**

**sample and screens it for a substance called Anti-Malignan Antibody (AMAS). No squeezing the breasts. No poking around you-know-where.**

**The antibody is manufactured by your own immune system, in response to any common kind of cancer cell.**

**Thus, if you simply test for AMAS, you can reliably surmise when *cancer is lurking somewhere in your body*. And get treatment *before* it spreads.**

**Breast cancer, prostate cancer, lung cancer, colon cancer, name it...your chances for beating any of these cancers has suddenly skyrocketed!**

**Exciting? You bet. If there's any cancer in your family, AMAS should absolutely be part of your own regular checkup.**

**And this is not pie in the sky. It's been tested in studies of more than 8,000 patients and awarded U.S. Patent Number 5866690. Your doctor could and should be using it right now...**

***But he probably hasn't heard of it.* So tell him! Full details in your FREE BONUS GIFTS, where I'll also brief you on:**

- **TODAY'S DEADLIEST CANCER-PREVENTION MYTH.**  
You're probably following it at meal-time and hating every minute of it...
- **THE BEST CANCER PREVENTIVE YOU NEVER HEARD OF,** a beverage that cuts off the blood supply to start-up cancer cells...

- **AND THE REAL 'MAGIC BULLET,' a laser-light therapy that can make chemotherapy obsolete, destroying cancer cells *without* harming healthy ones.**

**Then you'll learn about today's most popular form of  
SUICIDE...**

**Want to kill yourself trying to  
AVOID HEART DISEASE?**

**Then just obey the Food Police and eat a VERY LOW-FAT  
DIET.**

**I've been cautioning my readers about this for years and now I'm even hearing agreement from the *Chairman of the Nutrition Committee of the American Heart Association*. Even he now admits that a very low-fat diet can be harmful to many people! So unless you've actually been tested and found to have a very specific condition called 'pattern B LDL,' be careful to get enough animal fat in your diet.**

**At this point patients often ask me, 'But how can I keep my cholesterol down?' Well, maybe you should be more concerned about getting it higher. Because...**

**LOW CHOLESTEROL can be much deadlier than high  
cholesterol**

**Here too, even the American Heart Association is now  
admitting...**

- **LOW CHOLESTEROL CAN TRIGGER THE DEADLIEST KIND OF STROKE.** It's called a 'massive stroke,' and it happens when blood vessels in your brain are so weak, they burst open.
- **EVEN MODERATELY LOW CHOLESTEROL LEVELS** can raise your risk of these strokes. By this, I mean under 200. Yet many doctors routinely prescribe cholesterol-lowering drugs if it's *over* 200!

No wonder the British Medical Journal recently announced:

**'CHOLESTEROL SCREENING IS NOT WORTHWHILE!'**

When they actually looked at the figures, guess what? Folks with lower cholesterol were just about as likely to develop heart disease as those with higher levels. It simply doesn't matter.

So what's the real cause of heart disease? Well, for one thing:

**Too little RED MEAT in your diet**

*See how pleasant real health can be?* Your friends might say 'YOU'RE NUTS,' but the actual biochemistry behind my **EAT LIKE A HUMAN** diet is now endorsed by just about every serious heart researcher.

You see, of all the different substances they can measure in your blood, the deadliest risk factor for heart disease is not cholesterol, but a chemical called **HOMOCYSTEINE**. Because...

***Cholesterol doesn't do diddly* unless it 'catches' on a ridge or a pit in your artery walls. And the secret cause of these 'cholesterol traps' is homocysteine. Too much homocysteine and your arteries corrode like a rusty pipe.**

**But it's so easy to cut down your homocysteine levels! Three vitamins do the trick quickly, including vitamins B6 and B12. And by far the richest source of these vitamins is...**

**You got it. *Red meat* . In your FREE BONUS GIFTS, you'll receive complete details of my EAT LIKE A HUMAN program, which not only heals your arteries, but peels off excess pounds in the bargain.**

**Then you'll learn all about:**

- **HOW TO EXPAND NARROW ARTERIES** almost instantly, after any meal, with a nutrient pill that goes to work in seconds...
- **HOW TO CLEAN OUT DISEASED ARTERIES** permanently and make them flow free again, without surgery, diet or any drugs at all... ..
- **COMMON INFECTIONS** that cause many heart attacks, and the little-known treatment that kills these dangerous germs...

**And the next time you hear anyone say 'HORMONE REPLACEMENT THERAPY PREVENTS HEART DISEASE,' be a good friend and set them straight:**

## **HRT can DOUBLE a woman's risk of heart disease**

**In a recent study of 2,000 women who had suffered heart attacks, taking estrogen doubled their risk of further problems.**

**Understand, I am not saying that Hormone Replacement Therapy is bad for your heart. It's just that most menopausal women are receiving *the wrong mix of hormones*. Doctors are flooding their systems with too much estrogen and progesterone, usually dangerous synthetics, when in fact...**

**The heart-healthy hormone women need is TESTOSTERONE**

**Forget what everyone told you about 'male' and 'female' hormones. As any first-year medical student should know, both women and men produce all the very same types of sex hormones.**

***It's just the proportion that's different* . Healthy women produce more estrogen and progesterone...men make more testosterone...but all of us need some of each to stay healthy.**

***Testosterone, not estrogen* , is the hormone that keeps your heart strong. If you're a woman over 50, there's a good chance your levels are too low (just as in men over 50).**

**In your FREE BONUS GIFTS I'll give you full details about the NATURAL HORMONE THERAPY that combines all the hormones a woman needs. And how to find a doctor with expertise in this neglected field.**

**Do look into it. Not only is it better for your heart, but it may**

**also *reverse osteoporosis*.**

**It's even been shown in some to cut *breast cancer risk by 90%*.**

**Now what about men? Well, don't let anyone tell you that 'MEN HAVE TOO MUCH TESTOSTERONE.' Because...**

**What doctors don't tell you about testosterone isn't just stealing your potency. IT'S KILLING MILLIONS OF MEN EVERY YEAR.**

**Studies show that many American men over 40 actually suffer a dangerous testosterone *deficiency*. Yet doctors typically don't even test for it, because they too are victims of JUNK MEDICINE:**

- **EVERYONE THINKS** that testosterone causes heart disease. Yet the research shows it's a fabulous *treatment* and may even prevent strokes.
- **EVERYONE FEARS** that testosterone promotes prostate disease. Yet studies show that both benign swelling and cancer typically strike older men, with *declining* testosterone levels.
- **EVERYONE ASSUMES** that the state-of-the-science treatment for impotence is Viagra. While it can help, all-natural testosterone can make you feel and perform like a 21-year-old again. And, a combination of the two...wow!

**In your FREE BONUS GIFTS, I'll give you my 60-SECOND SELF TEST for checking your own testosterone levels. And I'll show**

you several exciting new ways to boost or **DOUBLE** your own natural testosterone levels quite safely, just by stimulating your body to make more.

Plus I'll provide the surprising new facts about...

### **THE REAL MIRACLE FOR ARTHRITIS PAIN**

I am not talking about glucosamine or chondroitin. They do work, but their pain-relief power is limited.

The **REAL** miracle for joint pain and swelling has been sitting right under our noses for decades. I'm certain you've heard of it...

### **Good old reliable CORTISONE!**

Stay with me here. I realize that everyone tells you 'CORTISONE CAN DESTROY YOUR HEALTH,' and so it can...

*But so can any other substance, including water.* And when cortisone's powers were first discovered, doctors got carried away. They gave huge doses that were bound to be destructive.

Now, one courageous doctor has proved that *cortisone can be safe and a Godsend to sufferers*. His name is Dr. William Jeffries. and I'll share his breakthroughs in your **FREE BONUS GIFTS**. You'll learn how:

- **YOUR BODY PRODUCES ITS OWN NATURAL FORM OF CORTISONE**, to help it fight stress, injuries and fatigue...



- **BUT MANY JOINT PAIN SUFFERERS ARE SECRETLY DEFICIENT** in this natural form, called hydrocortisone. Simply correct this with very small doses and the results can transform your life.

**Better still, this same natural therapy can clear up many other anti-immune problems, like hay fever, asthma and more besides. So do let me show you how to get access to this REAL health breakthrough. (Warning: I am not talking about Prednisone, which is dangerous.)**

**It's all in your FREE BONUS GIFTS, where you'll also learn...**

**How to protect your loved ones from the world's #1 killer**

**Everyone thinks that today's biggest threats to your life are heart disease and cancer, but surprise...**

***Germs are back on top again*, as a very worried AMA revealed at a conference not long ago.**

***People who check into hospitals* for treatment of other conditions are dying of bacterial pneumonia that antibiotics can't touch. Tuber-culosis has returned to America in drug-resistant strains...**

***New strains of colds* are lasting for months and doctors are publicly worrying that the killer flu which wiped out 20 million people back in 1919 could be reborn any autumn now...**

***But cheer up*, because despite what everyone tells you...**

## **Antibiotics are not our most powerful weapon against infectious disease**

**They're just the most profitable for drug companies. Right now, however, we already possess an alternative that can blast all the diseases mentioned above and many more to kingdom come.**

**It's safe, backed by decades of solid research, and boy is it ever cheap.**

**You can buy it at drugstores everywhere for 65¢ a bottle. So what *is* this amazing miracle-in-a-bottle?**

## **HYDROGEN PEROXIDE**

**Go ahead and laugh if you like, but what follows is no joke:**

- **DID YOU KNOW** that your own white blood cells produce hydrogen peroxide? Yes they do. Lots of it.
- **KNOW WHY?** Because that's how they kill invading germs. It's your body's first and best defense against any infection. Kills bacteria, viruses, yeast, parasites - all the bad guys.
- **DON'T BELIEVE ME?** Look it up. (Try the Encyclopedia Britannica website. Check the info on 'granulocytes.' See? I told you so.)

**BUT HOW?** The hydrogen peroxide molecule (H<sub>2</sub>O<sub>2</sub>) is basically water (H<sub>2</sub>O) with an extra oxygen atom attached.

**When that oxygen gets released against germs, it 'oxidizes' them. Poof, they're goners.**

**And here's some more of what you'll learn in your FREE BONUS GIFTS:**

- **IT WAS BACK IN 1920** that two English doctors in India tried using hydrogen peroxide to stop a pneumonia epidemic. *It worked* . Patients on the edge of death bounced back to life.
- **YEARS LATER, THE THERAPY WAS PERFECTED** by Charles H. Farr, M.D., P.H.D. He was recently nominated for the Nobel Prize in Medicine.
- **IN THE 1960s, DOCTORS AT BAYLOR UNIVERSITY** proved its safety and effectiveness against many diseases, including such improbable candidates as cancer and hardening of the arteries.
- **I'VE USED IT IN MY OWN PRACTICE** to treat patients suffering from all manner of maladies from influenza and colds to cases of emphysema. It works fast. It works safely. It works, period.

**And this shockingly cheap therapy was a REAL HEALTH MIRACLE** for my patients in Africa, where the ungodly high cost of drugs condemns millions to death every year.

**So how *do* drug companies get away with selling expensive antibiotics, when we've got this stuff that's nearly free? You'd call me paranoid if I told you. But I'll tell you anyway in your**

**FREE BONUS GIFTS, plus how to find a doctor skilled in this secret miracle.**

**NOTE: DON'T EVEN THINK OF DRINKING IT . That's not how hydrogen peroxide therapy works and it's not safe. I'll explain how it's done in your FREE BONUS REPORTS, along with some very nifty 'minor' applications. It can be used to clear up sinus infections, erase benign moles and even clear up periodontitis without surgery. No kidding. You'll see.**

**Getting intrigued? I'm just warming up...**

**I'd love to brief you on many more JUNK MEDICINE MYTHS to avoid and REAL HEALTH BREAKTHROUGHS that truly deliver the goods, but I'm out of space. So why not scratch that itch in the back of your mind, order now for your FREE BONUS GIFTS and find out all about:**

- **THE FIBER FRAUD.** Doctors were getting positively hysterical about your colon. Fiber this, fiber that. Now it appears that some kinds of fiber can trigger *precancerous growths...*
- **HOW TO THROW OFF FATIGUE** by *throwing out* your vitamin C pills and taking the world's most un-hyped vitamin instead.
- **VITAMIN 'O' AND OTHER JOKES** that masquerade as alternative medicine. They say you eat this stuff and it floods your body with oxygen. EAT oxygen? You may as well try to breathe food.

- **POWER NAPPING FOR FUN AND PROFIT.** Napping is fabulous medicine and now you can make it an even more bountiful fountain of health. Winston Churchill, Thomas Edison, Napoleon, JFK and other human dynamos shared this sleepy little secret that can make you smarter, sexier and more productive.

...and there's so much more I'm longing to tell you that will make you stop dreading the word 'health' and start feeling fantastic. Just order now for your 4 FREE BONUS GIFTS! You'll get full details about all the pointlessly punishing MYTHS and life-transforming REAL HEALTH BREAKTHROUGHS mentioned above, plus hundreds more.

And, to keep you ahead of the HEALTH NAGS and on top of the best new REAL HEALTH breakthroughs in the months ahead...

**YOU'LL GET THE BEST MONEY-SAVING DEAL** on my all-you-need-to-save-your-life newsletter, Dr. Douglass' REAL HEALTH. Trust me, this is not another of those boring, preachy, you-heard-it-all-before publications that send you to sleep after raking you over the coals...

**Dr. Douglass' REAL HEALTH BREAKTHROUGHS IS DIFFERENT.** I reveal the ridiculous truth about the latest JUNK MEDICINE MYTHS and hand you amazingly EASY AND PLEASANT new ways to free yourself and your loved ones from pain and disease.

**IT'S ALL THE STUFF THAT REALLY WORKS.** I name names, give phone numbers, and tell you exactly how to find and use

everything.

**And remember, along with your one-year or two-year subscription to Dr. Douglass' REAL HEALTH BREAKTHROUGHS, you'll get the following FREE BONUS GIFTS:**

**FREE REPORT 1. JUST SAY NO TO JUNK MEDICINE (And Outlive All The Health Nags)** Your complete and definitive guide to shrugging off HEART DISEASE...banishing CANCER...beating ARTHRITIS PAIN...improving YOUR MEMORY...and otherwise making your health dreams come true. All by TOTALLY IGNORING the unhealthy low-fat, no-meat, no-milk, eat-only-vegetables MYTHS of modern medicine.

**FREE REPORT 2. DR. DOUGLASS' REAL HEALTH MIRACLES FOR REAL WOMEN** and men. Drug companies are making a fortune by frightening women and men with awful advice that's worse than doing nothing. But here's your complete source for the very real breakthroughs that will cut a woman's cancer risk, strengthen your bones, balance your hormones and make the years ahead the happiest in your life.

**And for men...**did you know that the leading drug for benign prostate enlargement can *increase* your risk of prostate cancer? But now you can prevent or reverse benign prostate swelling, fight prostate cancer and protect your potency at the same time, all with no negative side effects.

**FREE REPORT 3. EAT LIKE A HUMAN** Not like a bird . Find out how to shake off 14 pounds of waistline and make your

arteries healthier too - in as little as TWO WEEKS - by eating like a HUMAN BEING and sculpting your body with real food like steak, eggs and plenty of butter.

**FREE REPORT 4. SIX DAYS TO MAXIMUM SEX.** Your complete update on the truly effective natural breakthroughs that are bringing men harder, longer-lasting erections - and *helping women* enjoy more intense and frequent orgasms - all in just 6 days or less.

Will you please let me put the power of all these REAL HEALTH BREAKTHROUGHS into your hands right now?

Don't let self-righteous health sadists nag you to death...

Just give your body what it's begging for!

Let me show you how shockingly pleasant the road to REAL HEALTH can be. If you do, I promise you'll feel illness, pain and weakness fade away like a bad dream. You'll see!

It's always been nature's way and it's today's REAL cutting-edge in modern medicine.

Doesn't this easy new road to REAL HEALTH make more sense than BEATING YOURSELF UP FOR NOTHING?

Of course it does! So please subscribe today!

It saves you up to \$69 on your risk-free subscription to Dr. Douglass' REAL HEALTH BREAKTHROUGHS...

**It brings you all the FREE BONUS GIFTS I've mentioned that will let you turn the tables on medicine's misinformed know-it-alls...**

**Plus you have my publisher's guarantee that your gifts and Dr. Douglass' REAL HEALTH BREAKTHROUGHS will deliver all you're hoping for and more. Or else please, feel free to call off the deal. They'll send you a full, pro-rated refund with no pesky questions. YOU KEEP YOUR FREE BONUS GIFTS.**

**Don't wait. Do it now!**

**Claim your FREE Bonus Gifts and reclaim your health...**

**Walk out of health prison and into the sunlight...**

**And find out how sweet it feels to savor REAL HEALTH!**

**Sincerely,**

**William Campbell Douglass II, M.D.  
Editor**

**P.S. I saved my favorite gift for last. Reply today and you'll get the valuable FREE Extra Bonus Report, HIDDEN & FORBIDDEN, BUT FOR REAL. Here I share the secrets about today's two most effective therapies that NOBODY ever told you about. They kill cold, flu and pneumonia viruses, they destroy drug-resistant germs that antibiotics can't touch, they're our only hope against tomorrow's plagues, and both have Nobel Prize pedigrees. Only problem is, they're TOO CHEAP. Keep an open mind until you see the details. This is a**



**REAL HEALTH scandal. You'll be stunned. Yours FREE if you reply right now.**

**Subscribe Now**