

## **Has Modern Medicine Totally Missed the Mark?**

### **Thousands of Agile, Sharp-Witted, and Carefree Men and Women are Enjoying Life Well into their 90's and Beyond!**

Dear Reader,

There's a place where heart disease, high blood pressure, cancer, arthritis and obesity are nearly unheard of. Where aging and disease don't go hand-in-hand. Here you can see thousands of people in their 80's and 90's moving about gracefully and pain free... enjoying life with family and friends... smiling and laughing... and still as quick and sharp-witted as they ever were.

This carefree life is a reality for hundreds of thousands of people living in China today! But how do they do it?

### **Discover their 2,500 Year-Old Secret**

Here, a long, healthy, and active life isn't unusual -- it's the norm. There are more than 17,000 people over 100! In many cases, healthier than Americans half their age. Certain areas of China are even referred to as 'longevity dense areas' by the United Nations.

This isn't new -- not by a long shot. Two thousand five hundred years of proven and documented results are impossible to hide... and hard to

ignore. They show that getting old has nothing to do with an enlarged prostate or osteoporosis or any of the other diseases that are plaguing so many Americans today.

Though practically unknown in the U.S., the long-term, healing properties of foods have been understood and used in China for millennia.

Even though China is still considered a developing country, the average person there lives 7 years longer than in most so-called developed nations... *And thousands of men and women live decades longer ...*

When Western researchers took a closer look they were baffled by the low incidence of cancers, heart disease, obesity and osteoporosis. They found that many of these diseases plaguing us here were surprisingly almost nonexistent in China. And after carefully studying a group of 15,000 people, researchers discovered *no cases of hypertension* existed in their sampling - that is until their subjects started to eat a North American style diet!

### **The HSI e-Alert**

Since last year, through strong word of mouth and the growing support of our members, we have added over 280,000 readers worldwide. Now you are invited to join people all over the world that receive news of urgent medical issues and life-saving cures.



Our promise is to keep you informed of the most recent breakthroughs and advancements in complementary and alternative medicine. For example, did you know...

- The cure for arthritis could be hiding in your spice rack?

- A natural cancer-killing compound was hidden for seven years by one of America's billion-dollar drug companies?
- The biggest culprit in heart disease is NOT cholesterol and it can't be cured with statin drugs?

Make sure you are the first to know about new cures - and new threats to your health. Sign up now. It's absolutely free - and, should you wish, you can unsubscribe at any time.

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## Prescriptions Filled at Your Local Restaurant?

Imagine getting a prescription from your doctor and instead of heading to your local pharmacy you drop by a special restaurant and get it filled by the chef who prepares a delicious meal made especially for you! This is a reality in China!

This mouth-watering meal is made of specially selected ingredients designed to have a potent, healing effect to wipe out the exact medical condition the doctor is treating you for.

Unlike in the West where the focus has been on developing drugs and complicated surgeries, Eastern doctors have always studied the drug-like medicinal effects of food instead. There, doctors categorize and prescribe

food much like a Western doctor will prescribe drugs! The results aren't as immediate as with drugs, but they are incredibly powerful, and very long-lasting. Eastern doctors have been developing and perfecting this closely-guarded knowledge for 2500 years. They've passed it on from Master to Master. But recently, a renowned 5th generation Master of Chinese medicine, and an expert chef, Master FaXiang Hou, broke that two thousand year tradition of silence....

### **Master's Manuscript Reveals Over 200 Powerful Healing Secrets**

Using these age-old secrets, he has successfully treated many of the illnesses that plague Americans. But, as one of the very few Masters living in the U.S., he found himself swamped with more patients than he could possibly treat.

So, he put down the traditional secret recipes into a limited manuscript: **Unleashing the Power of Food: Recipes to Heal By**. Time-proven recipes that can bring miraculous results even ***AFTER ONLY TWO WEEKS!***

Eastern medicine has truly perfected the science of food. These are nutritional secrets so powerful... so potent... so rejuvenating... they haven't changed in millennia. Yet, they include all your favorite foods beef, lobster, wine -- whatever you want -- but in such a way that each food works in combination and in a ***very exact*** way...to heal and treat every possible ailment that could affect you and every other American.

### **Uncover the Real Secret for Health & Longevity**

Food you eat can be your deadliest enemy or the most potent, life-giving gift from Mother Nature...

Picture yourself sitting down to a palate-pleasing feast, beginning with a gourmet salty shrimp appetizer... followed by a spicy mushroom and snow pea soup... then by a savory lamb entrée with sweet and tangy carrots... and even indulging in a tempting dessert!

And all the while, you are also *lowering your cholesterol, helping to prevent heart disease, hypertension, arthritis, diabetes and bronchitis... AND relieving constipation, easing loin and knee pain... even reversing obesity!*

That's not all. Just look what else some of these tasty meals can do for you...

### **Cook Away Heart and Cardiovascular Diseases**

- mouth-watering sparerib entrée to crush arteriosclerosis, high cholesterol, hypertension ...also helps prevent fat gain.
- vegetable rice casserole treats high cholesterol, hypertension, cancer, obesity and diabetes... also improves your digestion.
- tangy cucumber garlic salad to reduce high cholesterol and blood pressure, lower blood sugar, lose weight, improve blood circulation ...and remove toxins.

### **Beat Cancer and Conquer Fatigue Eating this Delicious Dessert**

- warm, rich dessert that can help prevent cancer, combat fatigue, calm the mind and promote sexual health.
- quick seafood sauté to overcome the pain of arthritis, normalize your blood sugar, promote circulation and fight fatigue!
- ginger and garlic duck entrée that can help to prevent cancer, spur weight loss, relieve swelling and assist with kidney disorders.

## **Eliminate Hypertension and Crush Diabetes Chewing on Steak**

- juicy, seared sirloin with a delicious wine sauce that destroy hypertension, diabetes and stimulates blood circulation.
- sesame spinach side dish that promotes weight loss while cutting high blood pressure and beating diabetes.
- creamy pudding to do away with hypertension, obesity and high blood fat, and even summer heat stroke.

### **And So Much More...**

- try a meaty pasta and tomato entrée to conquer prostate troubles, relieve swelling and promote healthy circulation.
- make a simple asparagus dish to defeat osteoporosis, nightly hot flashes, hypertension, diabetes and even relieve indigestion.
- or whip up a speedy morning omelet to treat impotence or untimely ejaculation ...also improves digestion, fights loin and knee pain and reduces frequent night-time urination.

## **Reserve Your Copy of the Ultimate Healing Recipe-Book**

Unleashing the Power of Food: Recipes to Heal By has been called the 'ultimate longevity recipe-book.'

The last edition sold out faster than we thought. And the next edition is just in from the printers. I was able to set copies aside for you and other subscribers... but only on a 'first come, first serve' basis. Please don't chance missing out. Secure your RISK-FREE copy of Unleashing the Power of Food: Recipes to Heal By today!

## **Live Healthier Easier Than You Ever Thought Possible**

The Chinese believe in spending less time in the kitchen and more time enjoying their meals. Most of these tasty dishes are ready in 15 minutes or less. Each of the over 200 healing recipes is easy to prepare -- and made from a handful of *precisely selected* ingredients... most of which can be found in your local supermarket. These carefully selected recipes were chosen for both their taste and their medicinal properties.

And remember, your copy is filled with over 350 pages of age-old, proven secrets to a long, healthy life. The same secrets that are keeping tens of thousands of Chinese men and women healthy, limber and sharp -- well into their 80's and 90's. You'll also get dozens of 'insider' tips directly from the Master himself...details of what to eat and what to avoid for your specific condition... daily diet plans... and much.

## **Secrets Once Known by Only a Handful can now be Yours**

You get all this for only \$29.95... less than a dinner for two at a restaurant. And absolutely nothing compared to the value of good health! So please, take a RISK FREE look at a copy NOW... and let the proven miracles of a 2500 year old, healing profession start working for you today.

Sincerely,  
Alice Wessendorf  
Managing Editor  
Agora Health Books

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