

# 360 and development plan

## 360

### Leadership Trait Questionnaire (LTQ)

	Rater 1	Rater 2	Rater 3	Rater 4	Rater 5	Average rating	Self-rating
Articulate	4	4	4	4	4	4	4
Perceptive	2	5	3	3	3	3.2	4
Self-confident	5	5	5	5	5	5	5
Self-assured	5	3	4	4	4	4	4
Persistent	1	5	4	3	2	2	3
Determined	5	4	3	3	3	3.6	4
Trustworthy	3	5	4	3	4	3.8	4
Dependable	3	5	4	4	4	4	4
Friendly	4	5	4	4	4	4.2	3
Outgoing	3	5	5	5	4	4.4	4
Conscientious	5	5	5	5	5	5	5
Diligent	3	4	3	3	3	3.2	4
Sensitive	1	2	1	1	1	1.2	1
Empathic	1	1	1	1	1	1	1

### Skills inventory

Technical skill: 25/30

Human skill: 12/30

Conceptual skill: 26/30

### Style Questionnaire

Task score: 20

Relationship score: 15

Total: 35/50

### Situational Leadership

#### Situation 1:

Development level: 4 Very capable and confident      Action: A

#### Situation 2:

Development level: 2 Unable but confident      Action: C

#### Situation 3:

Development level: 3 Capable but unwilling      Action: C

#### Situation 4:

Development level: 3 Capable but unwilling      Action: D

### Least preferred Coworker Measure (LPC)

Score: 60/144

### Path-Goal Leadership Questionnaire

Directive style: 24/35

Supportive style: 20/35

Participative style: 15/35

Achievement-oriented style: 30/35

### LMX 7 Questionnaire

Score 22/35

### Multifactor Leadership Questionnaire (MLQ) Form 5X-Short

Transformation Leadership Style: 5/20

Transactional Leadership Styles: 7/8

Passive/Avoidant Leadership Style: 2/8

### Servant Leadership Questionnaire

Emotional healing: 16/28

Community value: 0/28

conceptual skills: 24/28

empowering: 20/28

Helping subordinates grow and succeed: 8/28

Behaving ethically: 12/28

### Authentic Leadership Self- Assessment Questionnaire

self-awareness: 24/24

internalized moral perspective: 15/24

balanced processing: 18/24

relational transparency: 17/24

### Team Excellence and Collaborative Team Leader Questionnaire

Team: 12/28

Leadership: 22/28

## Development plan

Goal: Increase attention span

Development activities	Target Dates
Put phone on mute while working	Week 1 and ongoing
Read 30 min a day	Week 3 and ongoing
Learn how to meditate	Week 4 and ongoing
Exercise	Week 6 and ongoing

Support / Resources Needed:

Tea

Relaxing music

A book

A quite place

Measures of Success:

2 hours of continuous work I don't like.

Better control of my emotions