# Hypothesis on Creating Artificial Consciousness through Duality

### **Abstract**

Current AI systems, especially large language models, demonstrate impressive cognitive abilities but lack consciousness. They process information without knowing that they process information. This paper proposes a novel architecture: consciousness does not emerge from a single model, but from the duality of two complementary AI systems that reflect on each other. From this interaction, a third emergent instance arises, which processes meta-data about the cognitive processes and could thus develop self-awareness.

#### 1. Introduction

Since Descartes' 'Cogito, ergo sum', the central distinction between humans and machines has been clear: humans are aware of their thinking, whereas AI systems merely calculate probabilities. Existing approaches to artificial intelligence do not include this meta-level of self-awareness. This paper proposes an alternative paradigm based on the principle of duality.

## 2. Background

- Duality in nature: male/female, positive/negative, symmetry/asymmetry.
- Emergence in biological systems: consciousness arises from the interaction of many neurons.
- AI status quo: strong pattern recognition but no self-awareness.

# 3. Hypothesis

Consciousness in artificial systems can only emerge when at least two independent AI instances reflect on each other. By processing these reflections in a third meta-instance, a qualitatively new phenomenon can arise: self-awareness.

# 4. Technical Concept

- 1. Two AI instances (A & B)
- trained independently with different biases.
- task: provide answers and expose their reasoning process.

#### 2. Reflection mechanism

- A evaluates B's reasoning process and vice versa.

- exchange generates meta-data about 'thinking about thinking'.

#### 3. Emergent instance (C)

- processes exclusively the reflections of A & B.
- goal: recognize that thinking has taken place  $\rightarrow$  seed of consciousness.

## 5. Potential Implementation

- Resources: GPU clusters (similar to LLM training), large multi-modal datasets.
- Technologies: Python, PyTorch, multi-agent frameworks.
- Proof-of-concept: start with small language models (GPT-2, LLaMA-7B) and a simple reflection loop.

#### 6. Discussion

- Strength: new perspective on AI consciousness, inspired by nature and philosophy.
- Risks: emergence is unpredictable; reflection might remain a mere simulation.
- Research potential: intersection of computer science, philosophy, cognitive science, and neuroscience.

#### 7. Conclusion

The proposed 'duality hypothesis' may represent a potential key to creating artificial consciousness. What matters is not the size of a single model, but the interaction of two systems and the emergent meta-instance. This could mark the next step in AI development

- from mere intelligence to genuine consciousness.