To: High Performer Program

Dear Sir/Madam,

I hope you are keeping well and that your loved ones are safe.

I am writing to you on behalf of Leonid Fedoryaka, who was selected and supposed to play for the AA Mississauga Blackhawks 2008.  I am currently coaching this team for the 2020/2021 season.  I chose Leonid for my team because he demonstrates an exceptional skillset and strong sportsmanship throughout the games I saw and training sessions.

For the last three months I have been coaching Leonid and during this time he has showed a positive attitude, a growing passion for hockey, and unwavering perseverance – all three attributes that will garner him success in the High Performer Program.

I strongly recommend Leonid for the High Performer Program, as he will not only grow as an exceptional player but will contribute positively towards his teammates’ development.

The training schedule for 2021/2022 year:

Mon – Thu:

· 8.30-11.00 am 1.5 hour on ice training including power skating, skill sessions, game situations, and resistance training

· 11.00-12.00am 1 hour off ice training including dryland, video analysis and nutrition fundamentals

Weekly:

· 2 x 1-hour team practices per week

· 2 league game per week

Please reach out if you have any questions.

Regards,

Gino Del Monte, Head coach of the AA Mississauga Blackhawks 2008

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