# Temperature and energy measurements in ultra-low temperature Helium-3

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## 1 Bolometric model for energy measurement

Specific heat capacity  $C_V$  as a function of the temperature T (in units of  $[J/K/m^3]$ ) has been calculated from the entropy of a system of independent fermions, quasiparticles [1], as

$$C_V(T) = 2(2\pi)^{1/2} k_B N_0 \Delta \left(\frac{\Delta}{k_B T}\right) \exp\left(-\frac{\Delta}{k_B T}\right)$$
 (1)

where  $k_B$  is the Boltzmann constant,  $N_0$  is the density of quasiparticle states in the normal phase at Fermi energy for one spin component,  $\Delta$  ( $\approx 1.76k_BT_c$  at 0 bar) is the average gap energy at low temperature near the critical temperature for superfluidity  $T_c$  ( $\simeq 930\,\mu\mathrm{K}$  at 0 bar). They all depend on pressure P.

 $C_V(T)$  has a strong dependency with temperature (fig. 1)

To obtain the heat variation  $\Delta Q$  between two temperatures  $T_1$  and  $T_2$  for a given volume V of helium-3 is required the integration

$$\Delta Q(T_1, T_2) = \Delta C_V V = V \int_{T_1}^{T_2} C_V(T) dT$$
 (2)

$$= V \left( \int_0^{T_2} C_V(T) dT - \int_0^{T_1} C_V(T) dT \right)$$
 (3)

$$= V (I(T_2) - I(T_1)) (4)$$

where

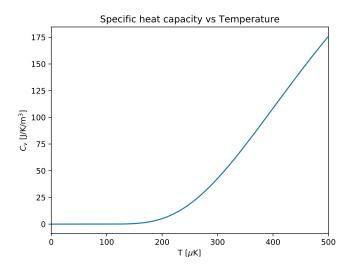


Figure 1:  $C_V$  vs T, below  $T_c$ . He3 has an extremely low heat capacity at low temperatures.

$$I(T) = \int_0^T C_V(T)dT = \sqrt{2}\pi N_0 \Delta^2 \left( 1 - \frac{2}{\sqrt{\pi}} \int_0^{\sqrt{\frac{\Delta}{k_B T}}} e^{-t^2} dt \right)$$
 (5)

$$= \sqrt{2\pi} N_0 \Delta^2 \operatorname{erfc} \sqrt{\frac{\Delta}{k_B T}} \tag{6}$$

therefore

$$\Delta Q(T_1, T_2) = \sqrt{2\pi} N_0 \Delta^2 \left( \operatorname{erfc} \sqrt{\frac{\Delta}{k_B T_2}} - \operatorname{erfc} \sqrt{\frac{\Delta}{k_B T_1}} \right) V \tag{7}$$

We consider the 1 cm<sup>3</sup> volume of helium-3 at a certain base temperature  $T_0$  so we can calculate the temperature variation  $\Delta T$  for an energy deposition  $\Delta Q(T_0, T_0 + \Delta T)$ ; since both  $N_0$  and  $\Delta$  are function of the pressure we calculate the energy deposition for 4 different pressures in the range (0–30) bar (fig. 2)

Higher pressures for higher system temperatures have equivalent effects in terms of temperature variations.

For a vibrating wire resonator (VWR), either from an amplitude sweep or a resonance tracking is possible to calculate the resonance width  $\Delta f$  which

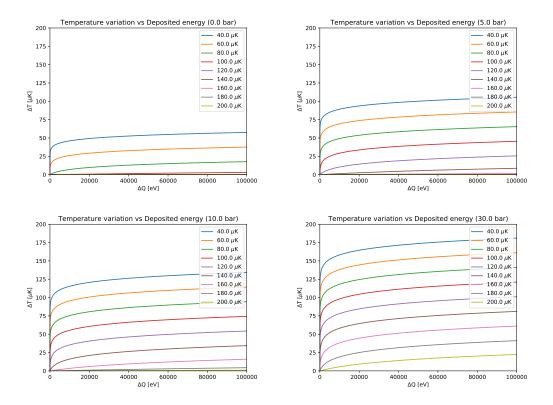


Figure 2:  $\Delta T$  vs  $\Delta Q$  for several  $T_0$  in the range 40–200  $\mu$ K for pressures of 0 bar (top-left), 5 bar (top-right), 10 bar (bottom-left), 30 bar (bottom-right).

can be used to infer the temperature [2]. Since the resonance width is

$$\Delta f = \frac{2F}{\pi \rho d} \tag{8}$$

where d and  $\rho$  are respectively the diameter and the mass density of the wire, and F is the damping force (in units of length, velocity and diameter), defined as

$$F = \frac{\pi}{4} p_F^2 v_F N_0 \exp\left(-\frac{\Delta}{k_B T}\right) \tag{9}$$

The resonance width expressed in terms of temperature is

$$\Delta f = \frac{p_F^2 v_F N_0}{2\pi \rho d} \exp\left(-\frac{\Delta}{k_B T}\right) \tag{10}$$

e.g. in fig. 3 for a Niobium-Titanium wire of 150 nm diameter in a volume at 1 bar; therefore the temperature can be derived from the resonance width

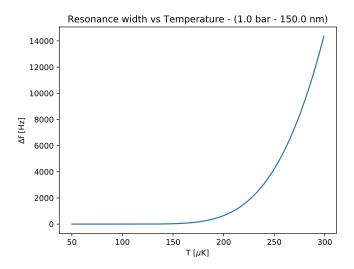


Figure 3: Resonance frequency width dependence on temperature for a nanowire.

$$T = -\frac{\Delta}{k_B \ln\left(\Delta f \frac{2\pi\rho d}{p_F^2 v_F N_0}\right)} \tag{11}$$

The increase of resonance width  $\Delta(\Delta f)$  in response of an energy deposition  $\Delta Q$  is linearly proportional, as shown in figures 4 and 5. The constant of proportionality is inversely proportional to the base temperature (and pressure), so the other way around, in terms of energy deposition

$$\Delta Q = \alpha(T_0, P)\Delta(\Delta f), \alpha \propto T_0 \tag{12}$$

The increase of resonance width  $\Delta(\Delta f)$  can be measured from fitting each bolometric recorded event, e.g. in figure 6 from [3], using the function

$$\Delta f(t) = \Delta f_{\text{base}} + \Delta (\Delta f) \left(\frac{\tau_b}{\tau_w}\right)^{\tau_w/(\tau_b - \tau_w)} \frac{\tau_b}{\tau_b - \tau_w} \left(e^{-t/\tau_b} - e^{-t/\tau_w}\right)$$
(13)

(which is derived for  $\tau_b \neq \tau_w$ ) in order to extract the maximum variation  $\Delta(\Delta f)$ , where  $\Delta f_{\text{base}}$  is the base width at the base temperature of the helium,  $\tau_w$  is the response time of the oscillating wire

$$\tau_w \simeq \frac{1}{\pi \Delta f} = \text{const}$$
 (14)

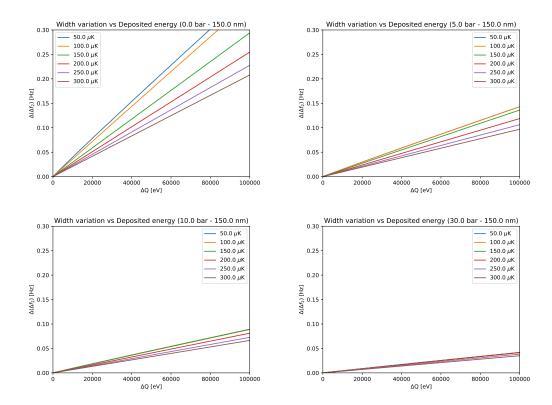


Figure 4:  $\Delta(\Delta f)$  vs  $\Delta Q$  for several  $T_0$  in the range 50–300  $\mu$ K for pressures of 0 bar (top-left), 5 bar (top-right), 10 bar (bottom-left), 30 bar (bottom-right).

and  $\tau_b$  is the decay constant, proportional to the Kapitza resistance (the thermal boundary resistance limiting the heat conduction between the solid metal and the liquid helium)

$$\tau_b = R_K(T)C_V \tag{15}$$

Note that the energy measurement depends only on  $\Delta(\Delta f)$  and not on the response time and decay constant.

Considering that there are three main variables, base temperature, pressure of the helium, wire diameter (considering fixed the wire material and the helium volume), all with an interplay between each other, we can at least extract few conclusions:

• For small wires there is a higher amplitude of the width response  $\Delta(\Delta f)$ . In other terms the *sensitivity* increases reducing the wire diameter (as 1/d), as in figure 7.

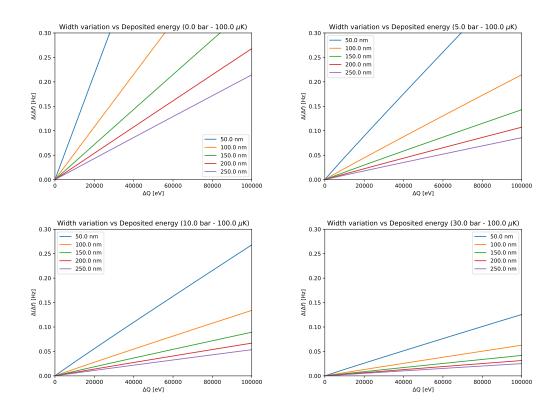


Figure 5:  $\Delta(\Delta f)$  vs  $\Delta Q$  for several wire diameters in the range 50–250 nm for pressures of 0 bar (top-left), 5 bar (top-right), 10 bar (bottom-left), 30 bar (bottom-right).

- For low temperatures there is an higher amplitude of the width response  $\Delta(\Delta f)$
- For high pressures there is a lower width response for a certain energy deposition
- The response time of the oscillating wire is faster for high temperatures
- The decay time of the oscillating wire is faster for high temperatures (low Kapitza resistance), so low temperatures might cause some pile-up of events

#### 1.1 Sensitivity dependence

If we define the sensitivity as the width variation per deposited energy.....

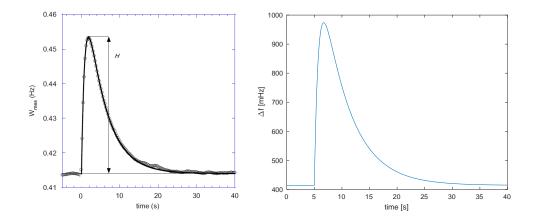


Figure 6: Example of an energy deposition event for a 4.5  $\mu$ m wire in a volume of 0.14 cm<sup>3</sup> of He-3. H in the paper's notation is proportional to  $\Delta(\Delta f)$  with respect to a base width [3] (*left*); fit function as in eq. 13 (*right*) with  $\tau_b$ =5 s,  $\tau_w$ =0.77 s and  $\Delta f_{\rm base}$ =414 mHz.

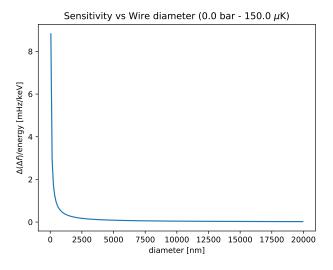


Figure 7: Sensitivity measuring the deposited energy with width variation vs wire diameter.

## 2 Laboratory readout

Ultimately the actual method of measurement performed in the lab is done in terms of voltage readout of the oscillating wire, in two main steps:

- 1. Sweep measurement to extract the resonance frequency of the wire for a certain base temperature and the base width  $\Delta f_{\text{base}}$ . The quantities are extracted from the Lorentzian fits of the in-phase and out-of-phase signal (Voltage vs Frequency). This should provide the error  $\sigma_{\Delta f_{\text{base}}}$ .
- 2. Data acquisition with the setup sitting at the resonance frequency (resonance tracking) for a fixed voltage drive value  $V_D$  (amplitude of the injected voltage). The measurement is voltage height  $V_H$ . From the Lorentzian function we know that

$$\frac{V_H \Delta f}{V_D} = \text{const} = K \tag{16}$$

in particular for the base values at the steady state (before the heat pulse)

$$\frac{V_{H_{\text{base}}} \Delta f_{\text{base}}}{V_D} = \text{const} = K \tag{17}$$

so we are going to measure  $\Delta f(t)$ , as in figure 6, as

$$\Delta f(t) = \frac{V_D}{V_H(t)} K = \frac{V_{H_{\text{base}}} \Delta f_{\text{base}}}{V_H(t)}$$
 (18)

#### 3 Errors

In order to answer to the following questions, we need to find which is the measurement uncertainty coming from the laboratory setup:

- What is the minimum voltage variation we can measure, hence the threshold of the energy deposition?
- Which is the resolution in the resonance width variation (aka temperature variation), hence the resolution of the energy deposition?

We assume that the main uncertainty comes from the voltage measurement  $\sigma_{V_H}$  which propagates into the determination of  $\Delta f_{\text{base}}$  and into the quality of the fit to extract  $\Delta(\Delta f)$ 

The error on the energy deposition should be

$$\sigma_{\Delta Q} \simeq \left| \frac{\partial \Delta Q}{\partial (\Delta(\Delta f))} \right| \sigma_{\Delta(\Delta f)} \stackrel{\text{eq.12}}{=} \alpha(T_0, P) \sigma_{\Delta(\Delta f)}$$
 (19)

The analytical error propagation might prove to be ineffective; is worth assigning an error coming from the voltage measurement noise from the lockin amplifier and do a systematic error study starting from a toy distribution

generated  $\Delta f(t)$  (where the noise is present both for the baseline and for the signal distribution); find an error on the fit done to extract  $\Delta(\Delta f)$ ; propagate this error to  $\Delta Q$ .

Since the data acquisition will fit  $\Delta f$  we need to add the uncertainty  $\sigma_{\Delta f}$  on the toy generated function from eq. 13, where

$$\sigma_{\Delta f}^{2}(t) = \left(\frac{\partial \Delta f(t)}{\partial V_{H}(t)}\right)^{2} \sigma_{V_{H}}^{2} + \left(\frac{\partial \Delta f(t)}{\partial \Delta f_{\text{base}}}\right)^{2} \sigma_{\Delta f_{\text{base}}}^{2} = \left(\frac{(\Delta f(t))^{2}}{V_{H_{\text{base}}} \Delta f_{\text{base}}}\right)^{2} \sigma_{V_{H}}^{2} + \left(\frac{\Delta f(t)}{\Delta f_{\text{base}}}\right)^{2} \sigma_{\Delta f_{\text{base}}}^{2}$$

$$(20)$$

if we consider only the error on the voltage measurement  $\sigma_{V_H}$  (while the error on the base frequency  $\sigma_{\Delta f_{\text{base}}}$  would need to be determined by a separate toy simulation on the Lorentzian fit for the amplitude sweep)

$$\sigma_{\Delta f}(t) = \left| \frac{\partial \Delta f(t)}{\partial V_H(t)} \right| \sigma_{V_H} = \frac{(\Delta f(t))^2}{V_{H_{\text{base}}} \Delta f_{\text{base}}} \sigma_{V_H}$$
 (21)

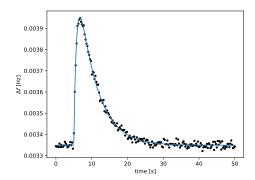
producing a distribution like in figure 8. To summarize the independent parameters present in the simulation are

- volume and pressure of the helium-3 cell (V, P)
- wire density  $(\rho)$
- diameter of the oscillating wire (d)
- base temperature of the helium  $(T_0)$
- decay constant  $\tau_b$  and response time  $\tau_w$
- base voltage height  $(V_{H_{\text{base}}})$
- error on the voltage measurement  $(\sigma_{V_H})$

The randomization and fit of the pseudo-experiments is repeated N times, ultimately extracting the distribution of the deposited energy from the fitted  $\Delta(\Delta f)$  using eq. 12, as in figure 9.

The error for the energy measurement can be related to  $\sigma/\mu$ , so for a range of energies [0–100] keV is possible to obtain distributions of the expected error for a certain configuration (figure 10)

In order to consider the error on the wire diameter we should take into account also the error on the base width, so



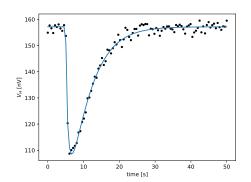


Figure 8: Example of a pseudo-experiment distribution of  $\Delta f(t)$  (left) and  $V_H(t)$  (right).

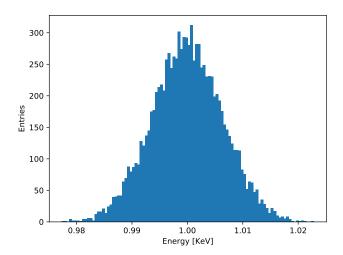


Figure 9: Energy distribution for 10000 toys.

$$\sigma_{\Delta Q}^2 \simeq \left(\frac{\partial \Delta Q}{\partial \Delta f_{\text{base}}}\right)^2 \sigma_{\Delta f_{\text{base}}}^2 + \left(\frac{\partial \Delta Q}{\partial (\Delta(\Delta f))}\right)^2 \sigma_{\Delta(\Delta f)}^2 \tag{22}$$

$$= \left(\frac{\partial \alpha}{\partial \Delta f_{\text{base}}}\Big|_{(T_0, P)} \Delta(\Delta f)\right)^2 \sigma_{\Delta f_{\text{base}}}^2 + \alpha^2(T_0, P)\sigma_{\Delta(\Delta f)}^2$$
(23)

where the derivative of the slope  $\alpha$  can be approximated as

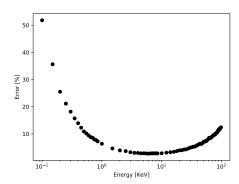


Figure 10: Error vs energy (in a certain configuration), for a 200 nm wire. The relative error increases with high energies because is proportional to the square of the width increase.

$$\frac{\partial \alpha}{\partial \Delta f_{\text{base}}} \simeq \frac{\alpha(\Delta f_{\text{base}} + \delta/2) - \alpha(\Delta f_{\text{base}} - \delta/2)}{\delta} =$$
(24)

$$= \frac{\alpha(T_0 + \delta/2) - \alpha(T_0 - \delta/2)}{\delta} \frac{\partial T(\Delta f)}{\partial \Delta f} =$$
 (25)

$$= \frac{\alpha(T_0 + \delta/2) - \alpha(T_0 - \delta/2)}{\delta} \frac{k_B}{\Delta} \frac{T^2}{\Delta f(T)}$$
 (26)

We can define the base voltage  $V_{H_{\text{base}}}$  fixing the wire velocity to v=1 mm/s, assuming a field B=100 mT and a leg spacing D=2 mm, according to this, describing the induced voltage of the wire moving in a magnetic field as

$$V_H(t) = \frac{\pi}{4}BDv(t) \tag{27}$$

(where the geometrical constant  $\pi/4$  corresponds to a semi-loop),  $V_{H_{\text{base}}} \simeq 157 \, nV$ 

#### 4 SQUID readout

We consider the circuit noise as

$$V_{RMS} = \sqrt{\left|Z(\omega_0) + R + i\omega_0 L_i\right|^2 S_\phi \Delta f / M_i^2 + 4k_B T R \Delta f + k_B T l B^2 / m} \quad (28)$$

so the error on the voltage measurement, rescaled for the bandwidth  $\pi f_{\text{base}}/2$  corresponding to the base width is

$$\sigma_{V_H} = \frac{V_{RMS}}{\sqrt{\pi f_{\text{base}}/2}} \sqrt{0.250 \cdot \pi f_{\text{base}}/2}$$
 (29)

#### 5 Readout

We can study the position of the peak of the energy deposition pulse as in figure 6; considering the pulse starting at t = 0, the maximum correspond to

$$t' = \frac{\tau_b \tau_w}{\tau_w - \tau_b} \ln \frac{\tau_w}{\tau_b} \tag{30}$$

so it depends on the decay constant and on the response time (which depends on the base width). A wire too fast will not be read in time, so the minimum should coincide with the time constant of the readout. A wire too slow would cause some pile-up of events, if the maximum time is slower than the reciprocal of the rate of events.

The rate of events is dominated by the background. The most relevant contribution comes from cosmic rays and cosmic rays induced background, which can be up to one event per minute in absence of any shielding or tagging.

Likely the peak would need to be within a fraction of a second and 10 seconds. This is compatible with a hundred nano-meter wire, operated a zero pressure with a relative temperature of 0.1. A thicker wire would require a higher pressure

### References

- [1] Vollhardt, D., Wolfle, P., The Superfluid Phases of Helium 3 (1990)
- [2] Lawson, C.R., A Novel Measurement Device for use in Multiphase Helium-3 and 4 at Ultra-Low Temperatures, MPHys thesis (2014)
- [3] Winkelmann et al, Bolometric calibration of a superfluid 3He detector for Dark Matter search: Direct measurement of the scintillated energy fraction for neutron, electron and muon events (2007)
- [4] Lev, L., SQUID readout of a vibrating nanowire (2022)