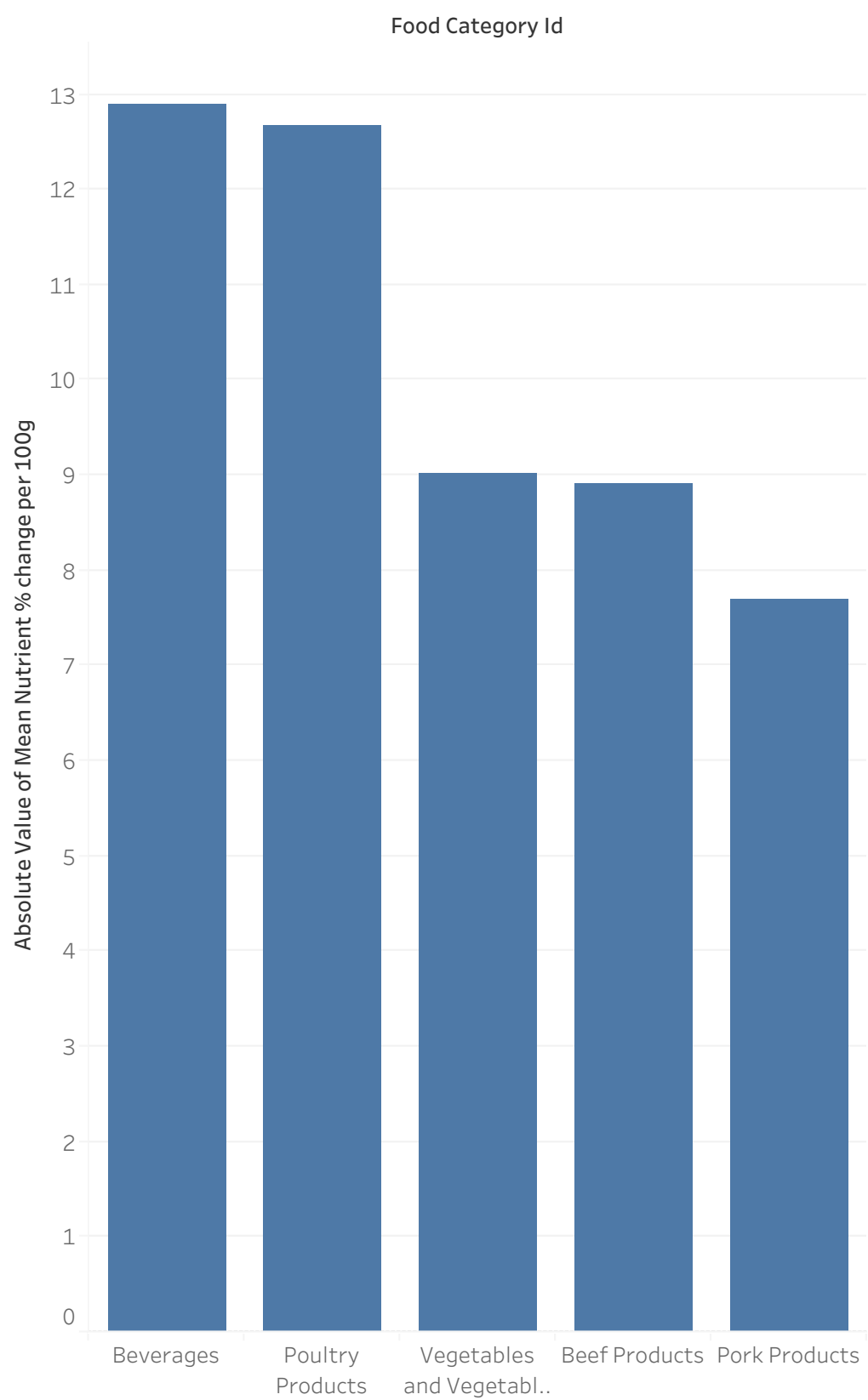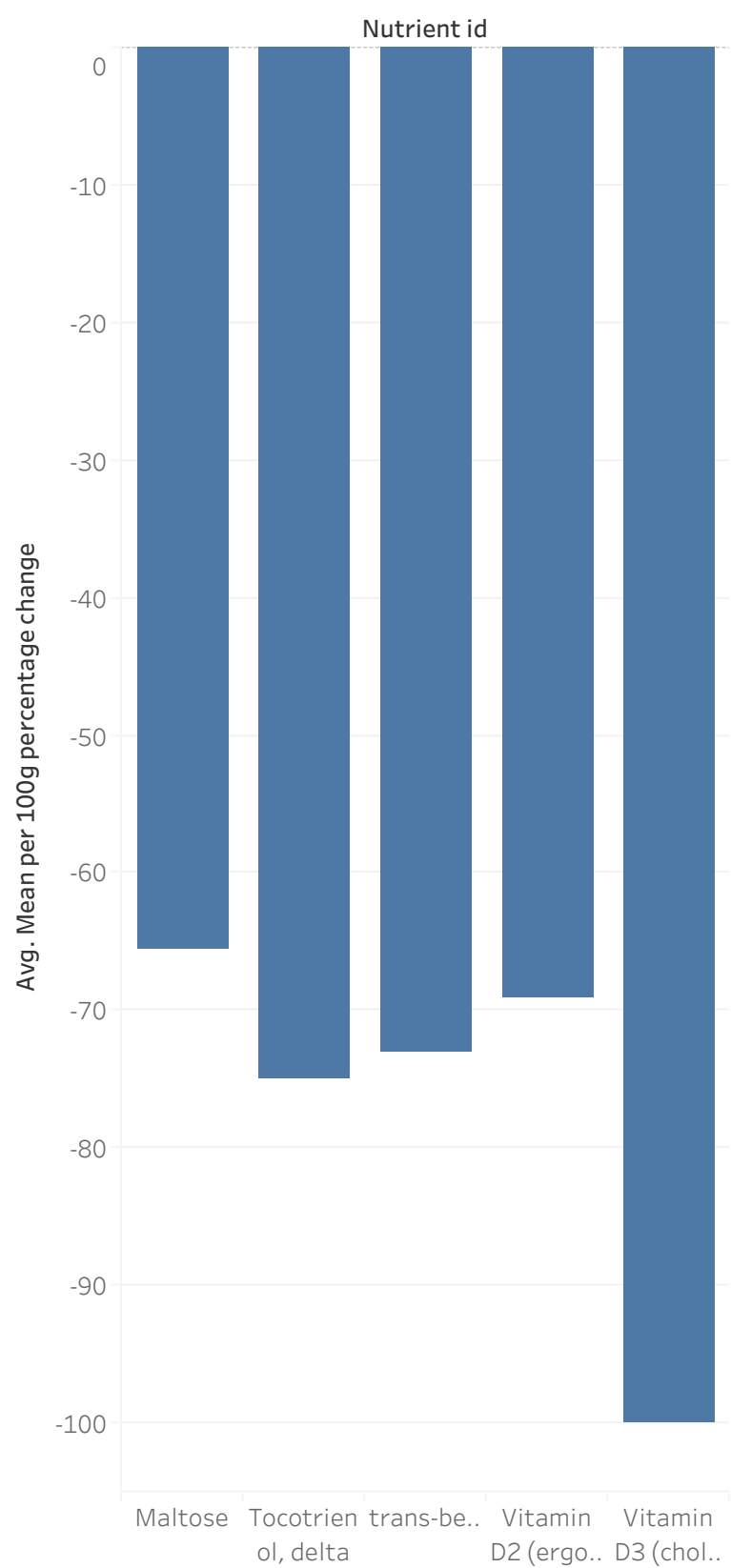# Absolute Value of Average of Mean Nutrient % change per 100g, by Food Category
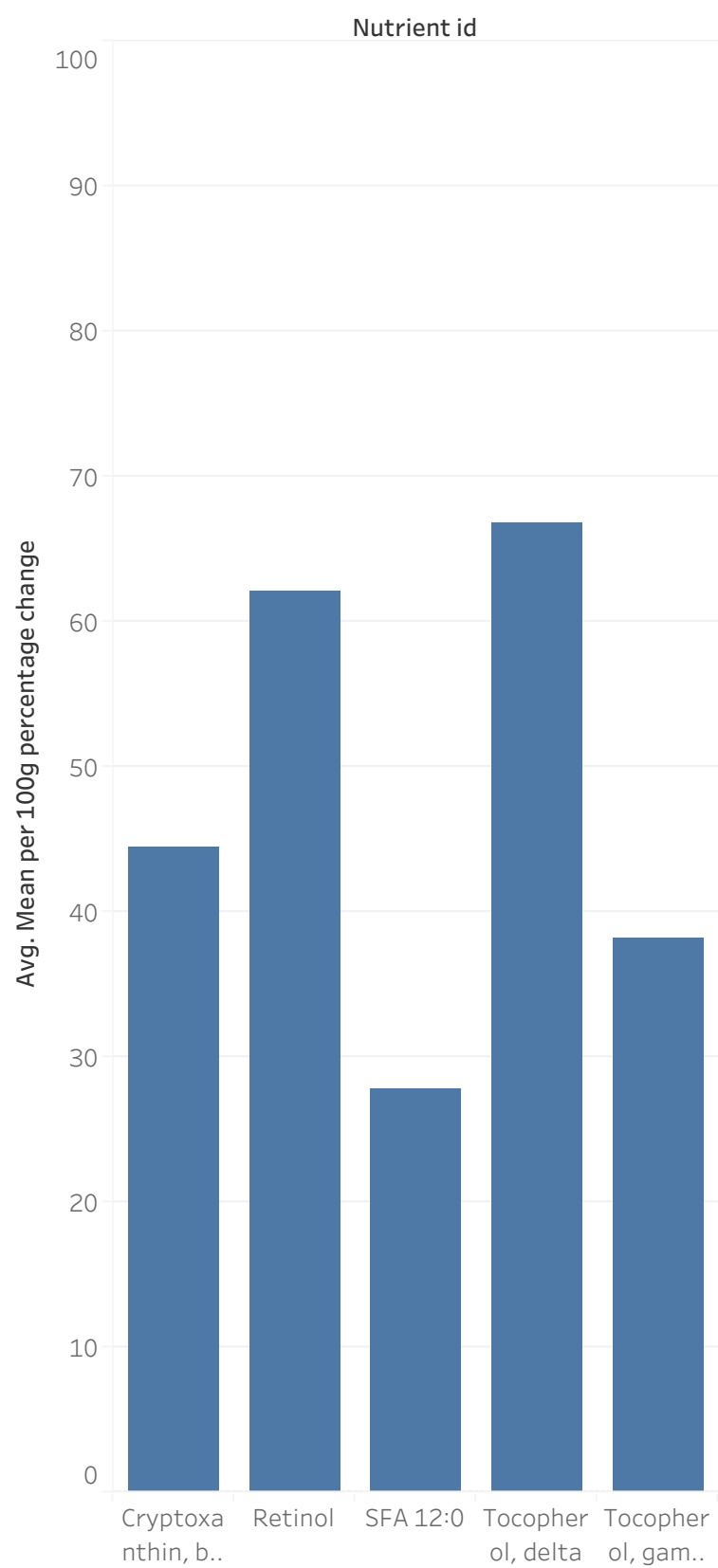
Food Category Id

ABS(AVG([Mean per 100g percentage change])) for each Food Category Id. The view is filtered on Food Category Id, which keeps Beef Products, Beverages, Pork Products, Poultry Products and Vegetables and Vegetable Products.

Top 5 Average % Decreases, by Nutrient

Nutrient id

Avg. Mean per 100g percentage change

Maltose	Tocotrien ol, delta	trans-be..	Vitamin D2 (ergo..	Vitamin D3 (chol..

Average of Mean per 100g percentage change for each Nutrient id. The view is filtered on average of Mean per 100g percentage change, which ranges from -100.00 to -56.00.

Top 5 Average % Increases, by Nutrient
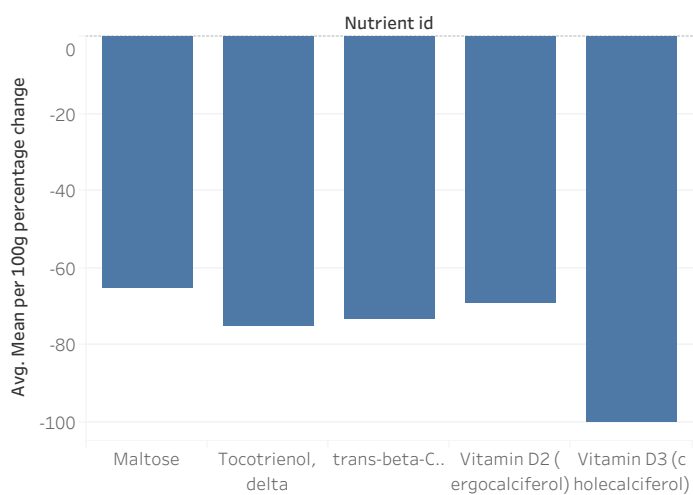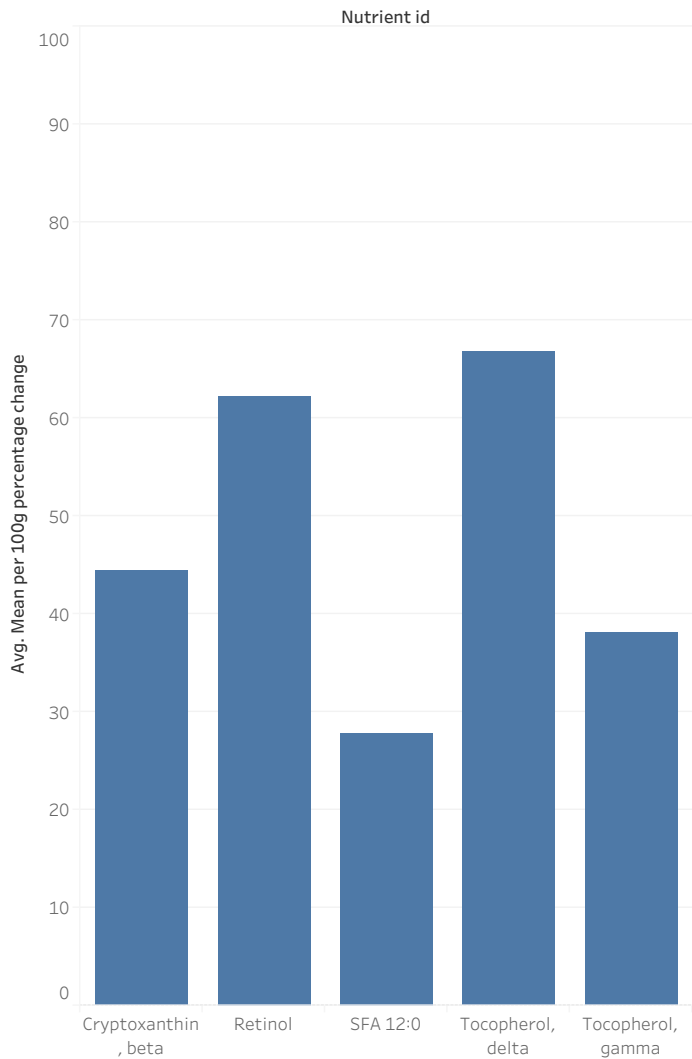
Nutrient id

Average of Mean per 100g percentage change for each Nutrient id. The view is filtered on average of Mean per 100g percentage change, which ranges from 27.00 to 66.83.
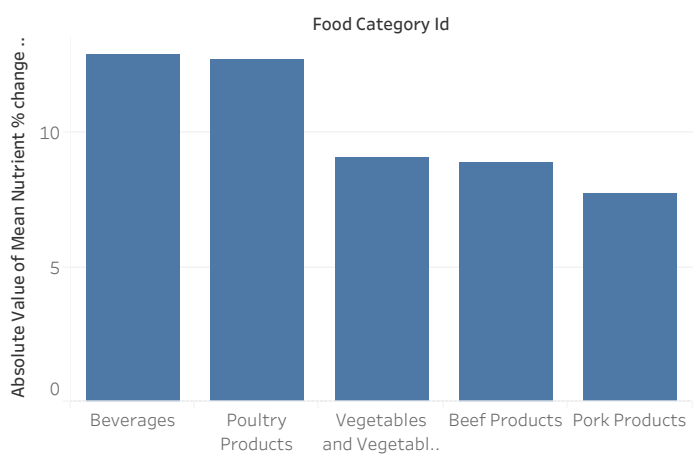
Top 5 Average % Decreases, by Nutrient

Nutrient id

Avg. Mean per 100g percentage change

Maltose | Tocotrienol, delta | trans-beta-C.. | Vitamin D2 (ergocalciferol) | Vitamin D3 (cholecalciferol)

Top 5 Average % Increases, by Nutrient

Nutrient id

Avg. Mean per 100g percentage change

Cryptoxanthin, beta | Retinol | SFA 12:0 | Tocopherol, delta | Tocopherol, gamma

Absolute Value of Average of Mean Nutrient % change per 100g, by Food Category

Food Category Id

Absolute Value of Mean Nutrient % change ..

Beverages | Poultry Products | Vegetables and Vegetabl.. | Beef Products | Pork Products

Top 5 Average % Decreases, by Nutrient

Nutrient id

Avg. Mean per 100g percentage change

Maltose · Tocotrienol, delta · trans-beta-C.. · Vitamin D2 (ergocalciferol) · Vitamin D3 (cholecalciferol)

Top 5 Average % Increases, by Nutrient

Nutrient id

Avg. Mean per 100g percentage change

Cryptoxanthin, beta · Retinol · SFA 12:0 · Tocopherol, delta · Tocopherol, gamma

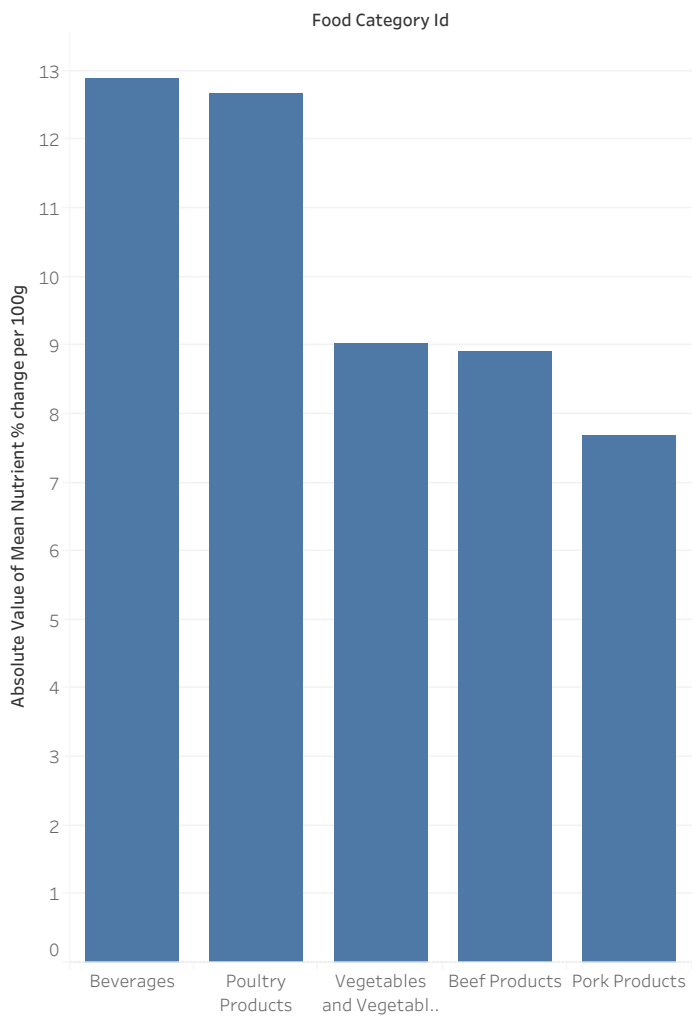## Absolute Value of Average of Mean Nutrient % change per 100g, by Food Category

Food Category Id

Absolute Value of Average of Mean Nutrient % change per 100g

Beverages · Poultry Products · Vegetables and Vegetabl.. · Beef Products · Pork Products