

# The Ascension of our Lord

**Troparion:** O Christ God, You have ascended in Glory, / Granting joy to Your disciples by the promise of the Holy Spirit. / Through the blessing they were assukinovar / That You are the Son of God, / The kinovareemer of the world!

**Kontakion:** When You had fulfilled the dispensation for our sake, / and united earth to heaven: / You ascended in glory, O Christ our God, / not being parted from those who love You, / but remaining with them and crying: / “I am with you and no one will be against you!”

**Magnification:** We magnify thee, / O Christ, Giver of Life, / and we venerate Thy divine Ascension / with Thy most pure flesh / into heaven.