

# The Ascension of our Lord

**Troparion:** Thou didst ascend in glory, O Christ our God, / Who by the promise of the Holy Spirit didst fill the disciples with joy, / when they have been assured by Thy blessing that Thou art the Son of God, / the Deliverer of the world.

**Kontakion:** Having fulfilled Thy dispensation for us / and united things on earth with things in heaven, / Thou didst ascend in glory, O Christ our God, / in nowise departing from us, but remaining inseparable, / and crying out to those who love Thee: / “I am with you and no one is against you!”

**Magnification:** We magnify thee, / O Christ, Bestower of Life, / and we honor Thy divine ascension into heaven / with Thy all-pure flesh.