

# Lecture 23: Hypothesis Tests for a Mean with a Unknown Standard Deviation

## Chapter 17

Tomer Altman and Alan Hubbard

October 23, 2024

### Recap

- For the last few lectures, for instructions purposes, we have assumed that the population standard deviation ( $\sigma$ ) was known.
- We conducted the z-test and created CIs using this known  $\sigma$
- Today, we generalize the to the more practical situation where  $\sigma$  is unknown and needs to be estimated by  $s$ , the sample standard deviation

### Reduced conditions for inference about a mean

- Data is a SRS form a much larger population (really important)
- Observations follow a Normal distribution (leeway thanks to the CLT if sample size large enough)

### Estimating the standard error based on the sample

- Previously, we learned that the standard error of the sampling distribution is equal to  $\sigma/\sqrt{n}$  and used this in our calculations
- When we don't know  $\sigma$  we can use the sample standard deviation,  $s$ , instead to estimate the standard error by

$$s/\sqrt{n}$$

$s$  vs.  $s/\sqrt{n}$

- Remember,  $s$  is our estimate for the population standard deviation. It estimates the variation between *individuals*.
- In contrast,  $s/\sqrt{n}$  is our estimate for the standard error of the mean,  $\bar{x}$ .  $s/\sqrt{n}$  estimates how much sample *means* vary if we were to take many multiple samples

### Recall the z-test!

$$z = \frac{\bar{x} - \mu}{\sigma/\sqrt{n}}$$

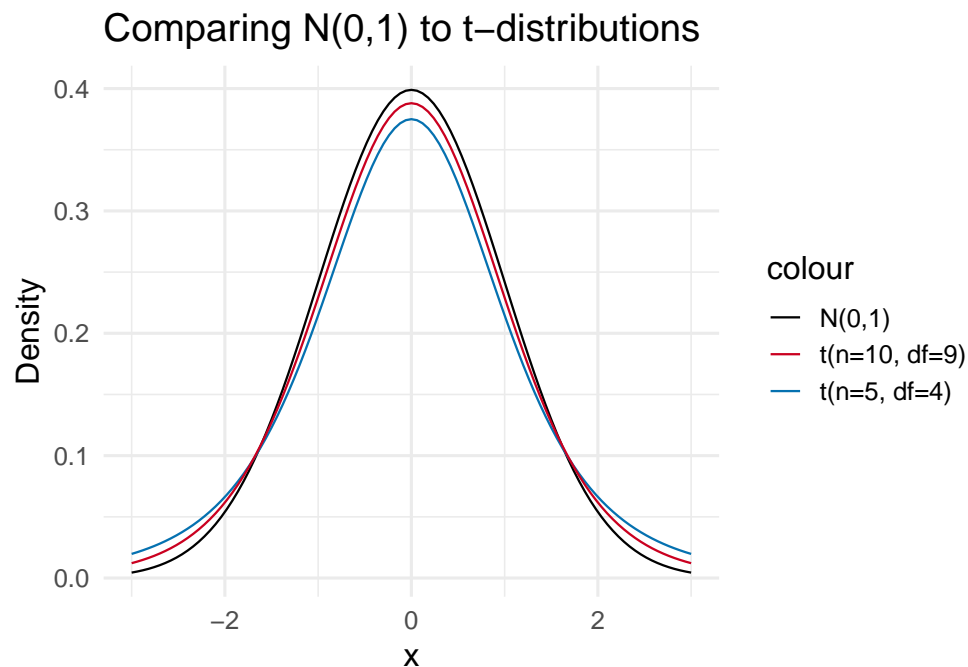
## Meet the t-test!

$$t = \frac{\bar{x} - \mu}{s/\sqrt{n}}$$

- What is the difference between  $z$  and  $t$ ?
- The t-test statistic is more variable, in small sample sizes, than the z-test statistic because we have to estimate  $\sigma$  using  $s$ . Because  $s$  is a statistic, it varies across samples (whereas  $\sigma$  is a population parameter, which implies it is a constant).
- This substitution makes the t-test, in small samples, not follow  $\text{Normal}(0, 1)$  distribution, *even if the original distribution is normal*.
- Its distribution is *more* variable than the standard Normal. Thus, for hypothesis testing and confidence intervals, when sample size is relatively small (say  $< 40$ ) we need a distribution that is like the standard Normal but a little bit wider (i.e., more area in the tails of the distribution).

## Introducing the t distribution

- The t-distribution is like the standard Normal distribution, but wider.
- Its width depends on  $n$ , the sample size. This is because as  $n$  increases, our estimate  $s$  gets better and better, and approaches  $\sigma$ . Thus, as  $n$  increases the t-distribution approaches a  $\text{Normal}(0, 1)$  distribution.



## Meet the t-test!

$$t = \frac{\bar{x} - \mu_0}{s/\sqrt{n}}$$

The one-sample t statistic (comparing an average to a null value,  $\mu_0$ ) has a t distribution with  $n - 1$  **degrees of freedom (df)**

**What are degrees of freedom?:** For this test, the degrees of freedom is equal to  $n - 1$ . The higher the degrees of freedom, the closer the shape of the t-distribution is to the Normal distribution.

## Meet the t-test!

Steps to conduct a t-test:

1. Determine whether the assumptions to conduct the t-test are met.
2. Calculate the t-test statistic using  $\bar{x}$  and  $s$  (estimated from your sample),  $n$  which is also a property of your sample, and  $\mu_0$  from the null hypothesis.

$$t = \frac{\bar{x} - \mu_0}{s/\sqrt{n}}$$

3. Compute the probability of observing this test statistic  $t$  or more extreme under the null hypothesis. This is the p-value. We use this using the R function `pt(q=t, df=n-1)`
4. Interpret the p-value. Is the probability very small (and shows evidence against the null distribution in favor of the alternative)? Sometimes, you will be asked to compare the p-value to a pre-defined significance level,  $\alpha$ , where  $\alpha = 0.05$  most commonly (but we talked about why we don't always do this!)

## Guess the R functions

```
pt(q = , df = , lower.tail = )  
qt(p = , df = , lower.tail = )
```

Which one would we use to calculate the p-value for a hypothesis test after we calculated the t-test statistic? `pt` or `qt`?

Suppose you calculated  $t = -2$  and you know that the sample size was 100. Write the code to calculate the p-value for a two-sided test:

```
pt(-2,df=99)*2
```

```
## [1] 0.04823969
```

## Calculating a confidence interval for the t-test

Draw an SRS of size  $n$  from a large population having unknown mean  $\mu$  and unknown standard deviation  $\sigma$ . A level  $C$  **confidence interval for  $\mu$**  is:

$$\bar{x} \pm t^* \frac{s}{\sqrt{n}}$$

where  $t^*$  is the critical value for the  $t(df = n - 1)$  density curve with area  $C$  between  $-t^*$  and  $t^*$ .

Supposing we had  $n = 100$ , what is  $t^*$  for a 95% confidence interval?

## Answer to previous question

```
qt(p = 0.975, df = 99)
```

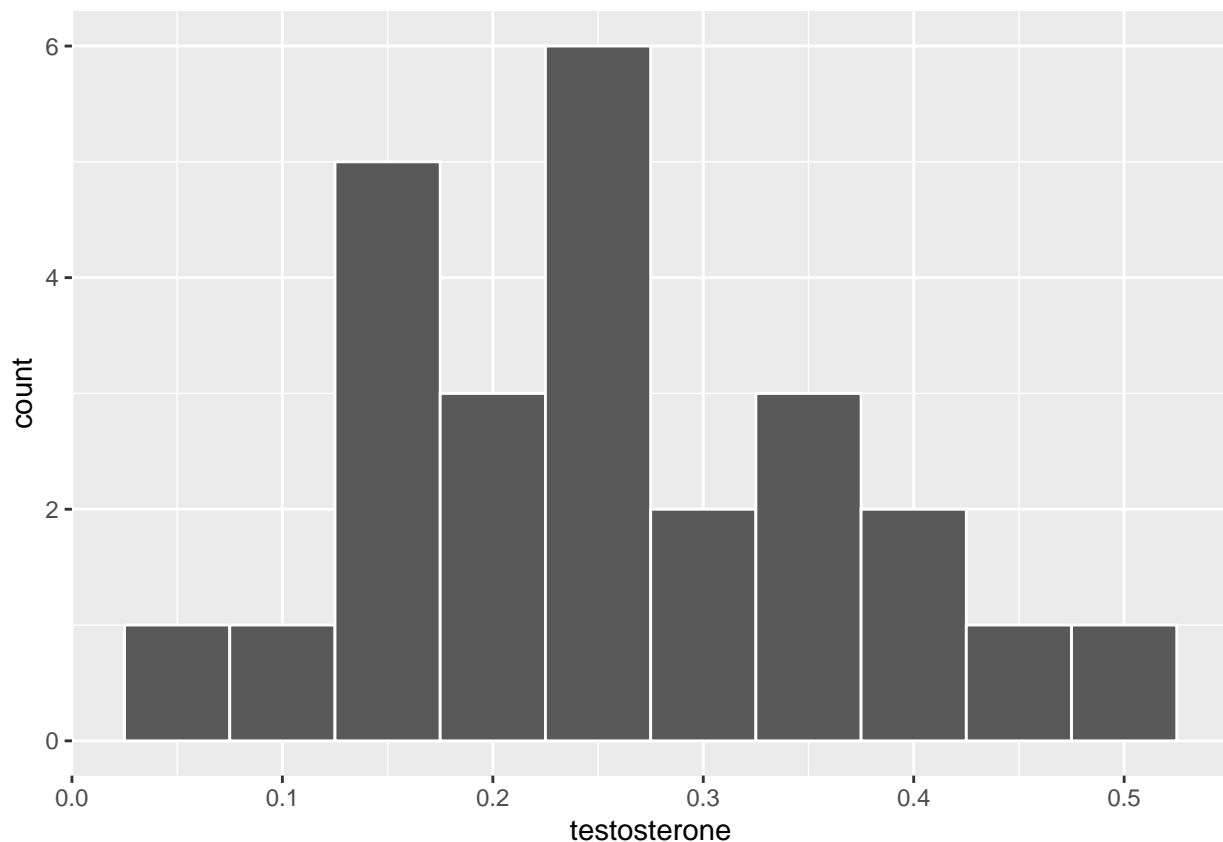
```
## [1] 1.984217
```

### Example: Testosterone and obesity in adolescent males (pg 422 B&M Ed 4)

Here are the data for  $n = 25$  adolescent males between the ages of 14 and 20:

```
library(tidyverse)
testosterone <- c(0.30, 0.24, 0.19, 0.17, 0.18, 0.23, 0.24, 0.06, 0.15,
                 0.17, 0.18, 0.17, 0.15, 0.12, 0.25, 0.25, 0.25, 0.32,
                 0.35, 0.37, 0.39, 0.46, 0.49, 0.42, 0.36)
dat_test <- data.frame(testosterone)

ggplot(dat_test, aes(x = testosterone)) + geom_histogram(binwidth = 0.05, col = "white")
```



### Example: Testosterone and obesity in adolescent males (pg 422 B&M Ed 4)

Use R to calculate a 95% confidence interval for testosterone. We can do this using `summarize`

```
dat_test %>% summarize(sample_mean = mean(testosterone), #sample mean
                      sample_sd = sd(testosterone), #sample standard dev)
```

```
sample_size = length(testosterone), #sample size n
sample_se = sample_sd/sqrt(sample_size)) #standard error of mean
```

```
## sample_mean sample_sd sample_size sample_se
## 1 0.2584 0.1115303 25 0.02230605
```

We still need the  $t^*$  value:

```
t_star <- qt(p = 0.975, df = 24)
t_star
```

```
## [1] 2.063899
```

*# Note, just barely bigger than the  $N(0,1)$  97.5% quantile of 1.96*

### Example: Testosterone and obesity in adolescent males (pg 422 B&M Ed 4)

Expand the previous code chunk to calculate the margin of error (which uses the critical  $t^*$  value), and then calculate the lower and upper CI

```
dat_test %>% summarize(sample_mean = mean(testosterone),
                        sample_sd = sd(testosterone),
                        sample_size = length(testosterone),
                        sample_se = sample_sd/sqrt(sample_size),
                        margin_of_error = sample_se*t_star,
                        lower_CI = sample_mean - margin_of_error,
                        upper_CI = sample_mean + margin_of_error)
```

```
## sample_mean sample_sd sample_size sample_se margin_of_error lower_CI
## 1 0.2584 0.1115303 25 0.02230605 0.04603743 0.2123626
## upper_CI
## 1 0.3044374
```

Interpret: The sample mean  $\bar{x}$  is 0.26 and its 95% confidence interval is 0.21 to 0.30. Using this method, 95% of the confidence intervals we make will contain the true population mean  $\mu$ .

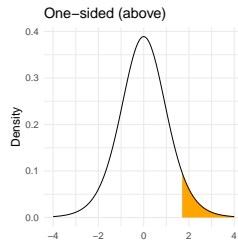
### The t-test

Draw an SRS of size  $n$  from a large population having unknown mean  $\mu$  and unknown standard deviation  $\sigma$ . To test the hypothesis  $H_0 : \mu = \mu_0$ , calculate the t statistic:

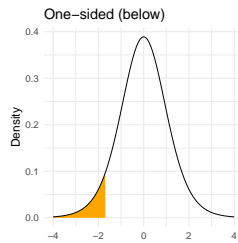
$$t = \frac{\bar{x} - \mu_0}{s/\sqrt{n}}$$

$t$  comes from the t-distribution with  $n - 1$  degrees of freedom. For the  $t$  we calculate from our sample, the next step is to calculate the probability that we would see this  $t$  (or a more extreme value) under the null distribution.

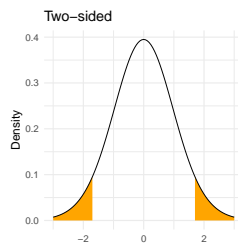
$H_a: \mu > \mu_0$  is  $P(T \geq t)$ , using code: `pt(q = t, df = n-1, lower.tail = F)`



$H_a: \mu < \mu_0$  is  $P(T \leq t)$ , using code: `pt(q = t, df = n-1)`



$H_a: \mu \neq \mu_0$  is  $2 \times P(T \geq |t|)$ , using code: `pt(q = t, df = n-1)*2` if your t is negative, or `pt(q = t, df = n-1, lower.tail = F) * 2` if your t is positive.



### Example of a t-test (pg 426 B&M Ed 4)

Here are 18 measures of pulse wave velocity (PWV) from a sample of children diagnosed with progeria, a genetic disorder that produces rapid aging.

```
pwv <- c(18.8, 17.6, 17.5, 16.0, 14.8, 14.1, 13.7, 13.1, 12.9,
        12.9, 12.4, 10.1, 9.3, 9.1, 8.3, 8.3, 7.9, 7.2)

pwv_dat <- data.frame(pwv)
```

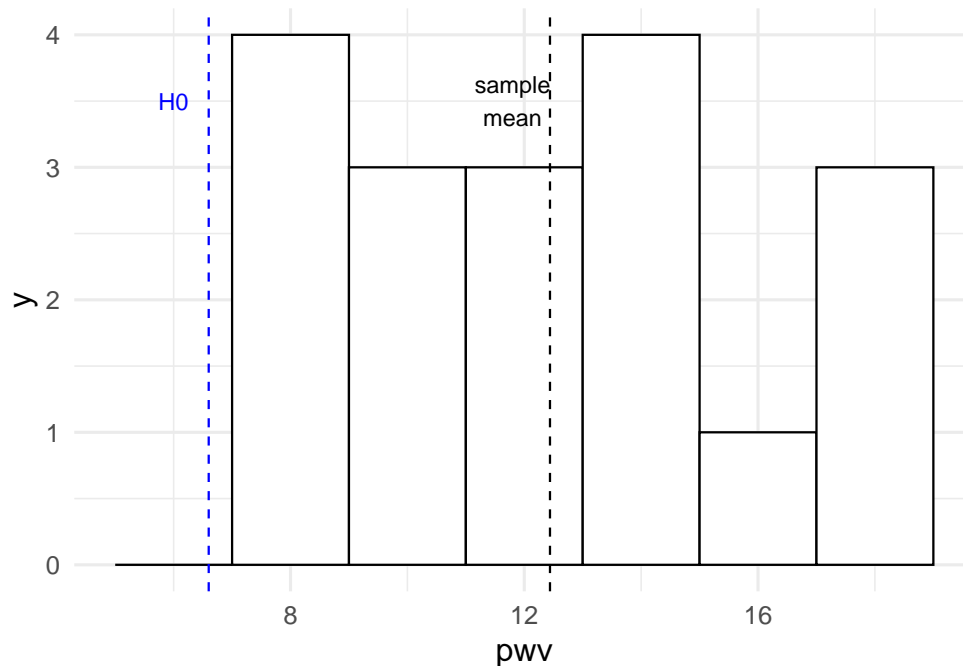
For the general population, pwv measures greater than 6.6 are considered abnormally high. We would like to test the hypothesis that the mean for this subset of children is abnormally high.

That is:  $H_0 : \mu = 6.6$  and  $H_a : \mu > 6.6$

Look at the data and see if there is evidence against the null hypothesis

```
## Warning in geom_text(aes(x = 6, y = 3.5, label = "H0"), check_overlap = T, : All aesthetics have length 1
## i Please consider using 'annotate()' or provide this layer with data containing
## a single row.
```

```
## Warning in geom_text(aes(x = 11.8, y = 3.5, label = "sample\nmean"), check_overlap = T): All aesthet
## i Please consider using 'annotate()' or provide this layer with data containing
## a single row.
```



### Calculations using R code

```
pwv_dat %>%
  summarize(sample_mean = mean(pwv),
            sample_sd = sd(pwv),
            sample_size = length(pwv),
            sample_se = sample_sd/sqrt(sample_size),
            t_test = (sample_mean - 6.6)/sample_se,
            p_value = 1 - pt(t_test, df = sample_size - 1))
```

```
## sample_mean sample_sd sample_size sample_se t_test p_value
## 1 12.44444 3.637747 18 0.8574252 6.816273 1.501248e-06
```

- Know also how to do these calculations by hand. For example, you could be provided with  $\bar{x}$  and  $s$  for this sample and asked to compute the test statistic
- You cannot compute the p-value by hand, but should know the code required to calculate the p-value and how to interpret it.

### There's a function for that...

Rather than doing the test using `summarize`, we could have R do it for us using `t.test`:

```
t.test(x = pwv_dat %>% pull(pwv), alternative = "greater", mu = 6.6)
```

```
##  
## One Sample t-test  
##  
## data: pwv_dat %>% pull(pwv)  
## t = 6.8163, df = 17, p-value = 1.501e-06  
## alternative hypothesis: true mean is greater than 6.6  
## 95 percent confidence interval:  
## 10.95286 Inf  
## sample estimates:  
## mean of x  
## 12.44444
```

### Matched pairs t procedures

- skip this section for now. We will come back to this next week.

### Robustness of t procedures

- A confidence interval or hypothesis test is called **robust** if the confidence level or p-value does not change very much when the conditions for use of the procedure are violated.
- In particular, how robust are the procedures against non-Normality?
- The t procedures are quite robust against non-Normality of the population except when outliers or strong skewness are present.
- The t procedures are not robust against a few outliers unless the sample size is sufficiently large.

### Checking assumptions

- Always plot your data first:
  - Are there any outliers
  - Is the distribution of the data skewed?

### Guidelines for using the t procedures

- The SRS condition is more important than the Normality condition
- If  $n < 15$ : Use t procedures if the data appear close to Normal (at least roughly symmetric, single peak, no outliers). If the data are skewed or there are outliers, don't use t.
- Moderate sample size  $> 15$ : The t procedures can be used except in the presence of outliers or strong skewness
- Large sample size, roughly  $n \geq 40$ : The t procedures can be used even for strongly skewed distributions when the sample is large, roughly  $n \geq 40$

### Example 17.5: Can we use t?

- Good text example. Here you are provided with four datasets and their distributions and sample sizes and are asked whether it is appropriate to use a t-test.
- Pg. 436 of edition 4.



## Recap

- We use a z-test when the population sd  $\sigma$  is known
- We use a t-test when the population sd has to be estimated by  $s$
- We compare the z test statistic to a  $N(0,1)$  distribution to calculate the p-value
- We compare the t test statistics  $t$  a t distribution with degrees of freedom on  $n-1$
- When  $n$  is large, the t distribution is very close to the  $N(0,1)$  distribution. This means that we have some intuition about whether the p-value is going to be small or large when the sample large is big.